

## **Adding Insight to Intrusive Advising and Its Effectiveness with Students on Probation**

The group engaged in an insightful dialogue regarding advising students on academic probation. It was an excellent opportunity to share the challenges advisors face and gather ideas for addressing academic difficulties.

In the referenced NACADA article discussed in the meeting, the author examined the effectiveness of adding insight-oriented strategies to an intrusive academic-advising approach with students on academic probation. Twenty males and 22 females at a comprehensive private university participated in the study.

Students who attended three to eight meetings had a significant improvement in semester GPA compared to students who attended one or two meetings or no meetings. This study suggests that insight-oriented intrusive advising had a positive effect on academic achievement; however, other factors, such as motivation, may also play a role and are worthy of future investigation.