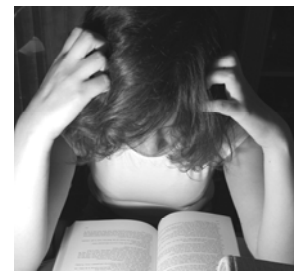


Strategies for Academic Success

PSY 1730 – Spring 2007 (Session 1)



Tues./Thurs. 10:30 – 11:45 FL 115
Instructor: Debi Jensen
Office Hours: By Appointment
Academic Resource Center TSC 305
E-Mail: debi@cc.usu.edu
Phone: 797-1006

“College requires a different set of skills and success strategies than high school did – a set of skills that any college student can learn.”

~D. Jensen, 2007

Required Text: Effective College Learning by Holschuh and Nist

Required Lab Packet: PSY 1730 – Lab Packet

Course Description:

This is a skills-based course where students learn a variety of skills and techniques that enable academic success at the college level. Through a combination of lecture, assigned reading, in-class activities, and hands-on practice students will learn concrete ways to improve college-level reading, note taking, self-management, college-level learning and thinking strategies, as well as test preparation and test-taking skills. Students assess their current strengths and weaknesses and focus on specific areas they want to improve. This is a rigorous course where class attendance, participation, and consistent quality of effort are expected.

Course Objectives:

1. Identify (or assess) barriers to your academic success.
2. Assess your study skills strengths and weaknesses and implement a plan of improvement.
3. Learn, practice, and use a variety of effective study strategies and learning techniques.
4. Analyze which strategies are most effective for your needs and adapt as necessary to your courses and study requirements.

Grading: 600 Total Course Points

558-600 Points	93-100%	A	438-455 Points	73-75.9%	C
534-557	89-92.9%	A-	414-437	69-72.9%	C-
516-533	86-88.9%	B+	396-413	66-68.9%	D+
498-515	83-85.9%	B	354-395	59-65.9%	D
474-497	79-82.9%	B-	<354	<59%	F
456-473	76-78.9%	C+			

Grade Points:

7 Labs	300
Participation/Attendance	50
Semester Planner	20
Midterm Exam	50
5 Quizzes	45
Student Survey	20
ACT – Pre and Post	40
Final Project	75
TOTAL	600 Points

*****Please turn off your cell phones and pagers before class begins*****

Class Attendance:

Class attendance is required. The student cannot succeed in this course without attending class and participating in class activities. **Missed activities and in-class assignments cannot be made up.** Absences are zeros in the participation category. Excused absences (such as acute illness) are at the professor's discretion and require a phone call **before the missed class.**

Participation:

This course is about modeling behaviors conducive to academic success. These include, attending class, being on time and in your seat before class begins, asking appropriate questions, being alert, taking notes, thinking about ideas and concepts introduced in class, and bringing materials for in-class work. **Assignments are due at the BEGINNING of class. No late work is accepted.** Participation checks are taken in the form of in-class exercises, short journal assignments, and unannounced pop quizzes.

Tests:

There will be 1 midterm exam, part objective and part subjective, covering information covered to date.

Student Responsibility Statement:

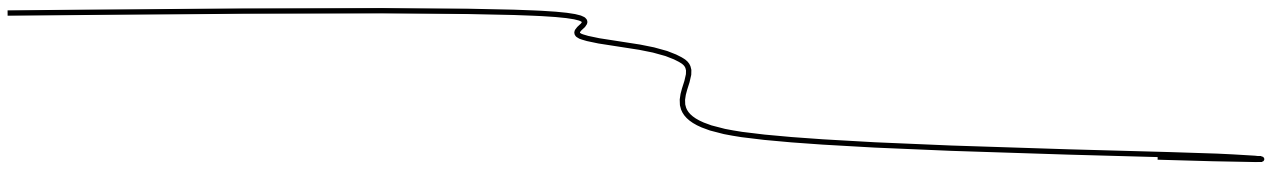
Not every assignment will fit your needs exactly. If a particular assignment does not meet your needs, it is your responsibility to construct an alternative assignment that meets your needs and still fulfills the class objectives. After discussing the new assignment with the instructor, the student will type a description of the new assignment and turn in a copy well before the old assignment due date. It is the student's right and responsibility to make the assignments for this course fit his/her needs.

Course Fee: You were automatically assessed a \$10.00 course fee when registering. The course fee provides enriched instruction and course outcomes through classroom support materials, handouts, consumable supplies, skills videos, and assessment instruments used to determine learning outcomes.

Disability Statement:

Students with physical, sensory, emotional or medical impairments may be eligible for reasonable accommodations in accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973.

All accommodations are coordinated through the Disability Resource Center (DRC) in Room 101 of the University Inn, 797-2444 voice, 797-0740 TTY, or toll free at 1-800-259-2966. Please contact the DRC as early in the semester as possible. Alternate format materials (Braille, large print or digital) are available with advance notice.



Class Format

(Read Carefully and Retain for the Semester)
(Instructor reserves the right to alter the syllabus)

In general, class will include topic introduction, topic discussion, individual or group activities and in-class guided practice.

COURSE ASSIGNMENTS:

Some assignments will be done in-class, and others will be done out-of-class. In addition to the assignments listed below, you are also expected to read the assigned chapters in the textbook. Quizzes and assignments are designed to test your understanding of the assigned reading.

Keep in mind that the entire class is designed to build your knowledge, understanding, and skill of effective study techniques and strategies. The instructor is more concerned about how you creatively apply new skills to develop your confidence and satisfaction as a life-long learner, as well as build your emerging GPA!

See Course Outline for Due Dates and Assignment Point Values.

LAB ASSIGNMENTS (Usually Completed During Lab):

<u>Topic</u>	<u>Assignment</u>	<u>Points</u>
Lab 1: Getting the Most Out of Lab	Self-Assessment	20
Lab 2: Getting Organized	Binder Activity – Peer Review	30
Lab 3: Time Management	Weekly Calendar Study-Time Estimator	40
Lab 4: Effective Note Taking	1 Set of “Cornelled” Lecture Notes	50
Lab 5: The Library and Information Literacy	Completed Library Packet	50
Lab 6: Annotating Textbooks	10 Pages Photo-copied, Annotated	60
Lab 7: Concentration and Memory Aids: Visual Organizers	Visual Organizer and Worksheet	<u>50</u>
	Lab Sub Total	300
	Course Grand Total	600

SPRING 2008

COURSE OUTLINE and REQUIRED READINGS

(Instructor reserves the right to alter the syllabus)

	<i>Date</i>	<i>Topic</i>	<i>Read Before Class</i>	<i>Assignments Due in Class</i>	
WEEK 1	Tues. Jan. 8	You've Arrived...Attitudes and Motivation	Ch. 1, 3, 4	*In class assignment – TBA (10 POINTS)	LAB 1
	Thurs. Jan. 10	Getting Things Done...Organization	Ch. 2, 3	**QUIZ 1 (5 POINTS) *In class assignment - TBA Pre-ACT Assigned	
WEEK 2	Tues. Jan. 15	Time Management	Ch. 2	Pre-ACT Due (20 POINTS) Semester Planner Assigned	LAB 2
	Thurs. Jan. 17	Student Beliefs and How People Learn	Ch. 4, 6	**QUIZ 2 (10 POINTS) *In class assignment – TBA Semester Planner Due (20 POINTS)	
WEEK 3	Tues. Jan. 22	What Does the Professor Want? Active Listening	Ch. 7, 8	*In class assignment - TBA	LAB 3
	Thurs. Jan. 24	Taking Notes That Get You the Grade!	Ch. 8	**QUIZ 3 (10 POINTS) *In class assignment - TBA	
WEEK 4	Tues. Jan. 29	Textbook Reading	Ch. 9	Assign Lab 5:Worksheet 1 – Lab Packet	LAB 4
	Thurs. Jan 31	PROGRESS EXAM (50 POINTS) Research Questions – Research Librarian/Help for You!	Covers Ch. 1-4 & 6-9	Lab 5:Worksheet 1 in Class	
WEEK 5	Tues. Feb. 5	Annotating College Texts – Why? How?	Ch. 9	*In class assignment - TBA	LAB 5
	Thurs. Feb. 7	Flexible Reading and Studying	Ch. 15	**Quiz 4 (10 Points)	
WEEK 6	Tues. Feb. 12	Concentration and Memory – Rehearse and Review	Ch. 10, 11	*In class assignment - TBA	LAB 6
	Thurs. Feb. 14	Preparing for Exams – Relax...	Ch. 12, 13	**QUIZ 5 (10 POINTS) *In class assignment - TBA	
	Tues. Feb 19	GO TO YOUR MONDAY CLASSES ON THIS DAY. Tuesday Lab must attend a Wednesday or Thursday lab.	Lab Time: _____ Lab Place: _____		
WEEK 7	Thurs. Feb. 21	Test Taking – Before, During, After	Ch. 12, 13	Post-ACT Assigned Pilot Evaluation Assigned Student Evaluation (20 POINTS)	LAB 7
	Tues. Feb. 26	Where Do I Go From Here?		Post-ACT Due (20 POINTS) Pilot Evaluation Due FINAL PROJECT (75 POINTS)	

*Note: In-class participation/attendance points CANNOT be made up – even in the event of illness or emergency.

**Quizzes are Open-note and based on the chapter reading listed for that day in the preceding column.