

Health Education Specialist Major, School Health Emphasis Plan

The following four-year course of study is suggested for students working toward a Bachelor of Science degree in the Health Education Specialist Major with a School Health Emphasis.

Students should consult with their advisor to develop a plan of study tailored to their individual needs and interests.

Freshman Year (28-29 credits)

Fall Semester (14-15 credits)

HEP 2500 Health and Wellness	2
ENGL 1010 (CL1) Introduction to Writing: Academic Prose	3
FCHD 1500 (BSS) Human Development Across the Lifespan.....	3
STAT 1040 (QL) Introduction to Statistics (3 cr) or	
MATH 1050 (QL) College Algebra (4 cr)	3 or 4
NFS 1020 (BLS) Science and Application of Human Nutrition.....	3

Spring Semester (14 credits)

HEP 2000 First Aid and Emergency Care	2
Breadth American Institutions (BAI) course.....	3
Breadth Creative Arts (BCA) course.....	3
Breadth Humanities (BHU) course	3
Breadth Physical Sciences (BPS) course.....	3

Sophomore Year (33 credits)

Fall Semester (16 credits)

BIOL 2420 Human Physiology	4
HEP 3000 Drugs and Human Behavior.....	3
HEP 3200 Consumer Health	3
Minor course(s).....	3
Breadth Exploration course	3

Spring Semester (17 credits)

ENGL 2010 (CL2) Intermediate Writing: Research Writing in a Persuasive Mode	3
BIOL 2320 Human Anatomy	4
Depth Humanities and Creative Arts (DHA) course.....	3
Minor courses.....	7

Junior Year (34 credits)

Fall Semester (17 credits)

HEP 3100 School Health Programs	3
HEP 3600 (CI) Introduction to Community Health.....	3
Minor courses	11

Spring Semester (17 credits)

HEP 4500 Sexuality Education within the Schools.....	3
HEP 5000 (CI) Race, Culture, Class, and Gender Issues in Health.....	3
Level I courses ¹	11

Senior Year (27 credits)

Fall Semester (15 credits)

HEP 4200 (QI) Planning and Evaluation for Health Education.....	3
Level II courses ²	12

Spring Semester (12 credits)

Level III courses ³	12
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¹Level I courses include the following:

INST 4015 Technology Tools and Integration for Teachers (F,Sp).....	1
SCED 3100 Motivation and Classroom Management (F,Sp)	3
SCED 3210 (CI/DSS) Educational and Multicultural Foundations (F,Sp).....	3
Clinical Experience course (in teaching minor)	1
Methods of Teaching course (in teaching minor).....	3

²Level II courses include the following:

SPED 4000 Education of Exceptional Individuals (F,Sp).....	2
SCED 4200 (CI) Reading, Writing, and Technology (F,Sp)	3
SCED 4210 Cognition and Evaluation of Student Learning (F,Sp)	3
HEP 4300 Clinical Experience II (or minor Clinical Experience II) (F,Sp).....	1
HEP 4400 Creative Methods in Teaching Health Education (F,Sp).....	3

³Level III courses include the following:

HEP 5500 Student Teaching Seminar (2 weeks) (F,Sp).....	2
HEP 5630 Student Teaching (13 weeks) (F,Sp)	10