Marriage and Family Therapy, MMFT

Department: Family, Consumer, and Human Development Department
College: Emma Eccles Jones College of Education & Human Services

Overview

About This Degree

The MMFT is designed to prepare students for clinical careers in marriage and family therapy. As they study human development and marital and family relations, students are provided with basic academic and initial clinical practice requirements for Utah state licensure as marriage and family therapists and for clinical membership in the American Association for Marriage and Family Therapy. This program is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) and qualifies students for intern-level licensure as marriage and family therapists in the state of Utah.

The Department of Family, Consumer, and Human Development is housed in the College of Education and Human Services, which is in the top 2% of all graduate colleges of education in the nation and is ranked third in total research dollars received.

Career Options

Recent graduates have found employment as counselors in the following areas:

- Public schools
- Academic departments at colleges and universities
- Research centers
- Hospitals
- Head Start
- Child care programs
- Social services agencies
- Mental health agencies
- Private and clinical practice settings
- Extension services
- Financial institutions and agencies
- Any related agencies that teach about, study, or serve individuals and families

What it takes

Admissions Requirements

It is preferred that applicants have the equivalent of at least a minor in family, consumer, or child studies. However, competent students have been admitted from a variety of backgrounds. If a student does not have a family, consumer, or child studies background, they may be required to take prerequisite courses depending on their experience.

Application Requirements:

- Complete the online application
- Pay the $55 application fee
- Score at or above the 40th percentile on the GRE or MAT
- Have a 3.0 or higher GPA on your last 60 semester or 90 quarter credits
- Provide transcripts of all college/university credits
- Provide three contacts for letters of recommendation

International students have additional admissions requirements.

Admissions Deadlines

The department has the following deadline:

- Fall semester – January 10th

Master's Degree Plan Options

Students can receive the MMFT by pursuing the following option:

- The **Plan B** option requires the production of a paper or creative work of art and is expected to reflect equivalent scholarship standards as a thesis.

Financial Assistance

The department has a variety of scholarships, fellowships, and assistantships available for students. The department tries to arrange funding for all first-year students. After the student's first year, they must find their own funding, but various funding opportunities are still available.

A variety of additional funding opportunities are available, including tuition awards and travel support. Additionally, students may be eligible for subsidized health insurance through qualifying assistantships.

Program Requirements

Click here to see course requirements for the **Master of Marriage and Family Therapy**.

Contact

Advisor(s)

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Faculty

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Get Involved

Professional Organizations, Honor Societies, and Clubs

American Association for Marriage and Family Therapy: AAMFT is the professional association for the field of marriage and family therapy. The association leads the way to increasing understanding, research, and education in the field of marriage and family therapy, and ensuring that the public's needs are met by trained practitioners. The AAMFT provides individuals with the tools and resources they need to succeed as marriage and family therapists.

National Council on Family Relations: NCFR is the oldest, multi-disciplinary, non-partisan professional organization focused solely on family research, practice, and education. It is an association of professionals dedicated to understanding and strengthening families.

Labs, Centers, Research

Marriage and Family Therapy Clinic: The Marriage and Family Therapy Clinic is sponsored by the Department of Family, Consumer, and Human Development in the Emma Eccles Jones College of Education and Human Services. The clinic's dual mission is to provide high-quality, low-cost marital and family therapy services to the public and to provide a training environment for master's degree students majoring in marriage and family therapy. While conducting therapy, the therapists-in-training are under the direct supervision of clinical faculty members who are all licensed marriage and family therapists.