

Brian J. Higginbotham, Ph.D., LMFT

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EDUCATION

Auburn University 2005 Ph.D. Human Development/Family Studies
Dissertation: *The Remarriage Belief Inventory: Testing the factorial structure and validity with a remarried sample.*

Auburn University 2002 M.S. Marriage and Family Therapy
Thesis: *The association between adult attachment styles, religiosity, and courtship violence experienced by females.*

Brigham Young University 2000 B.S. Psychology (*Magna Cum Laude*)

EMPLOYMENT

Current Position:

07/05 – present **Assistant Professor** of Family, Consumer and Human Development, & **State Family Life Extension Specialist**; Utah State University.

Past Positions:

05/05 – 07/05 **Instructor**, Department of Human Development and Family Studies, Auburn University, Auburn, Alabama.

09/02 – 07/05 **Program Manager**, Healthy Couples, Healthy Children. Alabama Cooperative Extension System, Auburn, Alabama.

09/02 – 07/05 **Marriage and Family Therapist**, Family and Children's Services. Opelika, Alabama.

GRANTS

- * undergraduate student
- ** graduate student
- + county Extension staff

Funded Research Projects:

- 07/09 – 06/10 **Co-Principal Investigator, *Couple and Relationship Education*.** Department of Workforce Services. K. Bradford and L. Skogrand, co-Principal Investigators. \$160,000; indirect costs \$20,869.
- 04/09 – 07/10 **Co-Investigator, *Youth and Families with Promise*.** Department of Workforce Services. K. Kessler, Principal Investigator. \$600,000.
- 10/07- 09/12 **Principal Investigator, *Teaching Healthy Marriage Skills to Latino, Low-Income Couples in Stepfamilies (90YD0227)*.** U.S. Department of Health and Human Services, Office of Head Start. L. Skogrand, Co-Investigator. Federal share \$1,648,391; indirect costs \$194,450.
- 10/06 – 09/11 **Principal Investigator, *Teaching Healthy Marriage Skills to Ethnically Diverse, Low-Income Couples in Stepfamilies (90FE0129)*.** U.S. Department of Health and Human Services, Administration for Children and Families, Office of Family Assistance. S. Allgood and L. Skogrand, Co-Investigators. Federal share \$2,330,248; indirect costs \$324,277.
- 08/07 – 07/08 **Co-Investigator, *Empowering Youth through 4-H Mentoring*.** Utah State University Extension. +K. Riggs, Principal Investigator. \$10,000.
- 07/06 – 06/11 **Principal Investigator, *Relationship Quality and Stability in Rural Newlywed Remarriages: The Rural Utah Remarriages Study*.** Utah Agriculture Experiment Station (AES), \$8,343 (07/06); Department of Family, Consumer, and Human Development, Utah State University, \$1,000 (01/07); Utah State University Extension, \$1,000 (01/07); Utah State University Extension, \$4,000 (04/07); Utah AES, \$11,000 (07/07); Utah AES, \$8,800 (11/08); \$9,000 (07/09). Total: \$43,143.
- 05/06 – 06/07 **Co-Investigator, *Rural Spouses' Perceptions of Step-parenting as Predictors of Marital Quality and Stability*.** Utah State University; Undergraduate Research and Creative Opportunity (URCO) Grant. *A. Anderson, Principal Investigator. \$1,000.

- 05/06 – 06/07 **Principal Investigator, *Remarriage in Utah*.** Utah State University's Office of Research. \$15,000.
- 08/03 – 05/05 **Principal Investigator, *Validation of the Remarriage Belief Inventory (RMBI)*.** Auburn University. \$2,500.
- 08/04 – 07/05 **Co-Principal Investigator/Project Manager, *Healthy Couples, Healthy Children*.** Alabama Children's Trust Fund. F. Adler-Baeder, Principal Investigator. \$40,000.
- 10/03 – 07/04 **Co-Principal Investigator/Project Manager, *Healthy Couples, Healthy Children*,** Alabama Children's Trust Fund. F. Adler-Baeder, Principal Investigator. \$40,000.

Grants Written but not Funded:

- 06/06 *Utah Healthy Marriage Multi-Media Campaign.* Lead Applicant was the Utah Department of Workforce Services. **B. Higginbotham, Co-Investigator.** 35% contribution on proposal/project preparation. Proposed \$275,000,000 from U.S. Department of Health and Human Services, Administration for Children and Families.
- 02/06 **Principal Investigator, *Low-Income Remarriages: Economic, Stepfamily, and Interactional Factors Associated with Marital Quality and Stability*.** Proposed \$20,000 from National Poverty Center.

Collaborator on Proposal/Project Development:

- 06/06 *Utah Healthy Marriage Initiative for Couples of Children with Special Needs/Disabilities.* U.S. Department of Health and Human Services. Lead applicant was the USU Center for Persons with Disability. \$275,000,000. *Not funded.*
- 06/05 *The Alabama Marriage and Family Project.* U.S. Department of Health and Human Services, Compassion Capital Fund Intermediary Grant. F. Adler-Baeder, Principal Investigator. 10% contribution on proposal. \$950,000 awarded for project period October 05 – February 07.
- 05/05 *Healthy Couples, Healthy Children.* Alabama Children's Trust Fund. F. Adler-Baeder, Principal Investigator. 50% contribution on proposal. \$25,000 awarded for project period August 05 – July 06.

- 05/05 *Healthy Couples, Healthy Children: Targeting Youth.* Alabama Children's Trust Fund. F. Adler-Baeder and J. Kerpelman, Co-Principal Investigators. 50% contribution on proposal. \$25,000 awarded for project period August 05 – July 06.
- 05/05 *Family Connections in Alabama.* U.S. Department of Health and Human Services, Office of Child Support Enforcement, Special Improvement Project. F. Adler-Baeder, Principal Investigator. 5% contribution on proposal. \$300,000 for project period October 05 – October 08.

Evaluator of Funded Projects:

- 10/07-9/10 *4-H Afterschool Mentoring of Utah County.* Department of Education Office of Safe and Drug-Free Schools. **L. Jewell, Principal Investigator. +J. Bunnell, Co-Investigator. Federal share \$575,310; Evaluation contract \$15,000.
- 10/04-9/07 *Alpine School District 4-H After School Mentoring of Utah County.* Department of Education Office of Safe and Drug-Free Schools. +K. Dimick, Principal Investigator. +J. Bunnell, Co-Investigator. Federal share \$582,936; Evaluation contract \$15,000.

Funded Extension Products:

- 10/07 *The Utah Marriage Handbook: Keys to a Healthy Marriage.* (Publication #FR2007-05). **B. Higginbotham, Project Manager.** Authored by Adler-Baeder, F., Higginbotham, B., Schramm, D., & Paulk, A. Funding by Department of Workforce Services (\$15,750) and USU Extension (\$1,768). Total \$ 17,518.

PUBLICATIONS

- * undergraduate student
- ** graduate student
- + county Extension staff

Peer-Reviewed Journal Publications:

a. Published

Higginbotham, B., **MacArthur, S., & Dart, P. C. (in press, *Fall 2010*). Youth and Families with Promise: Adult engagement and the development of youth strengths. *Journal of Prevention and Intervention in the Community.*

- Skogrand, L., **Higginbotham, B.**, & **Torres, E. (in press, *Summer 2010*). Stepfamily education: Perceived benefits for children. *Journal of Divorce & Remarriage*.
- Higginbotham, B.** & Adler-Baeder, F. (in press, *Summer 2010*). Enhancing knowledge and agreement among ethnically and economically diverse couples in stepfamilies with the Smart Steps: Embrace the Journey program. *Journal of Extension* [on-line].
- Skogrand, L., **Reck, K., **Higginbotham, B.**, Adler-Baeder, F., & *Dansie, L. (in press, *Spring 2010*). Recruitment and retention for stepfamily education. *Journal of Couple and Relationship Therapy: Innovations in Clinical and Educational Interventions*.
- Higginbotham, B.**, **Reck, K., & ⁺Brooks, N. (in press, *Fall 2009*). Difficulties experienced among newly remarried elderly couples. *Journal of National Extension Association of Family and Consumer Sciences*.
- Higginbotham, B.** & **Felix, D. (2009). Economic predictors of marital quality among newly remarried rural and urban couples. *Family Science Review*. 14(2), 18-30.
- Skogrand, L., *Bell, A., & **Higginbotham, B.** (2009). Stepfamily education for Latino couples and families: Implications for practice. *Journal of Couple and Relationship Therapy: Innovations in Clinical and Educational Interventions*, 8, 113-128.
- Higginbotham, B.**, **Miller, J., & Niehuis, S. (2009). Remarriage preparation: Usage, perceived helpfulness, and dyadic adjustment. *Family Relations*, 58, 316-329.
- Schramm, D. G. & **Higginbotham, B. J.** (2009). A revision of the Questionnaire for Couples in Stepfamilies. *Journal of Divorce & Remarriage*, 50(5), 341-355.
- Higginbotham, B.**, & Adler-Baeder, F. (2008). The Smart Steps, Embrace the Journey Program: Enhancing relational skills and relationship quality in remarriages and stepfamilies. *The Forum for Family and Consumer Issues* [on-line], 13(3). <http://ncsu.edu/ffci/publications/2008/v13-n3-2008-winter/higginbotham-adler.php>
- Higginbotham, B.** & Adler-Baeder, F. (2008). Assessing beliefs about remarriages and stepfamilies: The remarriage belief inventory. *Journal of Divorce & Remarriage*, 48(3/4), 33-54.
- ⁺Dimick, K., **Higginbotham, B.**, **McArthur, S., & ⁺Poulson, M. (2008). Recruiting college students to be youth mentors. *Forum for Family and Consumer Issues* [on-line], 12(2). <http://ncsu.edu/ffci/publications/2007/v12-n2-2007-summer-fall/dimick.php>
- Higginbotham, B.**, *Anderson, A., & Lown, J. (2007). Advising recently remarried clients: Implications from social science research. *Journal of Personal Finance*, 6(1), 81-92.

- Marshall, J., **Higginbotham, B.**, **Harris, V., & Lee, T. (2007). Assessing program outcomes: Rationale and benefits of posttest-then-retrospective-pretest designs. *Journal of Youth Development: Bridging Research and Practice* [on-line], 2(1). 0701RS001.
- Higginbotham, B. J.**, Ketring, S. A., Hibbert, J., Wright, D., & Guarino, A. (2007). Religiosity, adult attachment styles, and courtship violence experienced by females. *Journal of Family Violence*, 22(2), 55-62.
- Adler-Baeder, F., Kerpelman, J. L., **Schramm, D. G., **Higginbotham, B.**, & **Paulk, A. (2007). The impact of relationship education on adolescents of diverse backgrounds. *Family Relations*, 56, 291–303.
- Higginbotham, B.**, *Henderson, K., & Adler-Baeder, F. (2007, Spring). Using research in marriage and relationship education programming. *Forum for Family and Consumer Issues* [on-line], 12(1). <http://ncsu.edu/ffci/publications/2007/v12-n1-2007-spring/higginbotham/fa-4-higginbotham.php>
- Adler-Baeder, F., **Ericson, M., & **Higginbotham, B.** (2007, Spring). Marriage education for stepcouples. *Forum for Family and Consumer Issues* [on-line], 12(1). <http://ncsu.edu/ffci/publications/2007/v12-n1-2007-spring/adler-baede-erikson/fa-8-adler-baede-erikson-higginbotham.php>
- Higginbotham, B.**, **Harris, V., Marshall, J., & Lee, T. (2007). Youth and Families with Promise: A multi-component youth development program. *Journal of Youth Development: Bridging Research and Practice* [on-line], 1(3). Article 0603PA004.
- Higginbotham, B. J.** & Adler-Baeder, F. (2005, June). Development of the Remarriage Belief Inventory for researchers and educators. *Journal of Extension* [on-line], 43(2), 3IAW2.
- Hedges, D. W., **Higginbotham, B. J.**, Salyer, D. L., & Lund T. D. (2005). Transcranial magnetic stimulation effects on one-trial learning and response to anxiogenic stimuli in adult male rats. *Journal of ECT*, 21, 25-30.
- Adler-Baeder, F. & **Higginbotham, B.** (2004). Implications of remarriage and stepfamily formation for marriage education. *Family Relations*, 53, 448-458.
- Adler-Baeder, F., **Higginbotham, B.**, & Lamke, L. (2004). Putting empirical knowledge to work: Linking research and programming focused on marital quality. *Family Relations*, 53, 537-546.
- Hedges D. W., Salyer D.L., **Higginbotham B. J.**, Lund T. D., Hellewell J. L., Ferguson D., & Lephart E.D. (2002). Transcranial magnetic stimulation effects on testosterone, prolactin, and corticosterone in adult male rats. *Biological Psychiatry*, 51(5), 417-21.

b. Under Review

Skogrand, L., **Torres, E., & **Higginbotham, B. J.** *Stepfamily education: Perceived benefits from a group-formatted intervention.*

Higginbotham, B. & **Myler, C. *Do participants judge facilitators by their cover? The influence of facilitator and facilitation characteristics on participants' ratings of stepfamily education?* Revise and Resubmit

Allgood, S. & **Higginbotham, B.** *Facilitators of stepfamily education and their perceived effectiveness.*

Higginbotham, B. & **Omer, L. *Pre-remarriage history and current (step)parenting difficulties.* Revise and Resubmit

Skogrand, L., **Higginbotham, B.**, *Crook, R., *Larson, P. *Benefits of stepfamily education for low-income and Latino families.*

*Dansie, L., **Davis, P., Skogrand, L., & **Higginbotham, B.**, *Long term benefits of stepfamily education: One-year post program.*

c. In Preparation

Skogrand, L., **Higginbotham, B.**, & **Torres, E. *Social learning in stepfamily education.* To be submitted to the *Contemporary Family Therapy*.

Higginbotham, B. & **Omer, L. *Remarrying after a divorce or death: A comparison of parenting difficulties in stepfamilies.* To be submitted to the *Journal of Comparative Family Studies*.

Anderson, A. & **Higginbotham, B. *Difficulties associated with stepparent as predictors of remarital satisfaction and adjustment.* To be submitted to the *Journal of Divorce and Remarriage*.

Reck, K., **Davis, P., Skogrand, L., & **Higginbotham, B. *Teaching Latino stepfamilies.* To be submitted to the *TBD*.

Davis, P., **Higginbotham, B., & Skogrand, L. *Caucasian men in stepfather roles: Relationship benefits of stepfamily education.* To be submitted to *TBD*.

Higginbotham, B., **MacArthur, S., & Ho, E. *The effects of non-academic mentoring on school-related cognitions: A pilot study.* To be submitted to the *Journal of Child and Youth Services*.

Peer-Reviewed Extension Publications:

Adler-Baeder, F., **Higginbotham, B.**, **Schramm, D., & **Paulk, A. (2007). *The Utah Marriage Handbook: Keys to a Healthy Marriage*. (Publication #FR2007-05). Logan, UT: Utah State University.

Higginbotham, B., *Henderson, K., & Adler-Baeder, A. (2007). Using research in marriage and relationship education programming. In T. G. Futris (Ed.), *Cultivating Healthy Couple and Marital Relationships: A Guide to Effective Programming* (pp. 16-22). Athens, GA: National Extension Relationship and Marriage Education Network.

Adler-Baeder, F., **Erickson, M., & **Higginbotham, B.** (2007). Marriage education for stepcouples. In T. G. Futris (Ed.), *Cultivating Healthy Couple and Marital Relationships: A Guide to Effective Programming* (pp. 42-52). Athens, GA: National Extension Relationship and Marriage Education Network.

Adler-Baeder, F., **Higginbotham, B.**, **Schramm, D., & **Paulk, A. (2006). *The Alabama Marriage Handbook: Keys to a Healthy Marriage* (Publication #HE-0829). Auburn, AL: Alabama Cooperative Extension System.

Peer Reviewed Fact Sheets:*a. Published*

Skogrand, L., *Arrington, R., & **Higginbotham, B.** (2008). *Developing Strengths in Stepfamilies*. FR/Marriage/2007-04pr. Logan, UT: Utah State University.

Skogrand, L., *Arrington, R., & **Higginbotham, B.** (2008). *Desarrollando Fortalezas en la Familia Ensamblada*. FR/Marriage/2007-04sp. Logan, UT: Utah State University.

Skogrand, L., *Arrington, R., & **Higginbotham, B.** (2008). *Managing Stress in Stepfamilies*. FR/Marriage/2007-03pr. Logan, UT: Utah State University.

Skogrand, L., *Arrington, R., & **Higginbotham, B.** (2008). *Controlando el Estrés en Familias Ensambladas*. FR/Marriage/2007-03sp. Logan, UT: Utah State University.

Allgood, S., **Higginbotham, B.**, & Skogrand, L. (2007). *Helpful Strategies to Deal with Ex-partners in Remarriages*. FR/Marriage/2007-02pr. Logan, UT: Utah State University.

Allgood, S., **Higginbotham, B.**, & Skogrand, L. (2007). *Estrategias Útiles para Tratar con Ex Parejas en un Segundo Matrimonio*. FR/Marriage/2007-02sp. Logan, UT: Utah State University.

Allgood, S., **Higginbotham, B.**, *Crook R., & Skogrand, L. (2007). *Creating Rituals in Remarriages*. FR/Marriage/2007-01pr. Logan, UT: Utah State University.

Allgood, S., **Higginbotham, B.**, *Crook R., & Skogrand, L. (2007). *Creando Rituales en Familias Ensambladas*. FR/Marriage/2007-01sp. Logan, UT: Utah State University.

Higginbotham, B. *Henderson, K., & +Riggs, K. (2007). *4-H Mentoring: Youth and Families with Promise*. 4-H/YFP/2007-01. Logan, UT: Utah State University.

Higginbotham, B., *Henderson, K., & Skogrand, L. (2006). *Marital transitions and the sandwich generation: The implications of divorce and remarriage*. FR/Marriage/2006-02pr. Logan, UT: Utah State University.

Skogrand, L., *Henderson, K., & **Higginbotham, B.** (2006). *Sandwich generation*. FR/Marriage/2006-01pr. Logan, UT: Utah State University.

Invited Book Reviews:

Higginbotham, B. (2006). Review. [Review of the book: *Making adult stepfamilies work: Strategies for the whole family when a parent marries later in life*.] *Journal of Comparative Family Studies*, 37(3), 486-487.

Other Professional Publications/Reports:

Adler-Baeder, F., Kerpelman, J., **Higginbotham, B.**, Schramm, D., & Paulk, A. (2005). *Program impact results of a pilot marriage education program for youth*. Available at: www.aces.edu/users/adlerfr/ACES%20HCHCYouth%20summary%202005.pdf (Technical Report). Auburn, AL: Auburn University.

Adler-Baeder, F., Lippert, L., Pflieger, J., **Higginbotham, B.**, Armstrong, S., & Long, A. (2004). *Evaluating a marriage education program for low-resource families: The Family Connections in Alabama project*. Available at: www.aces.edu/users/adlerfr/FCA%20impact%20brief-handout%20final.pdf (Technical Report). Auburn, AL: Auburn University.

PRESENTATIONS

- * undergraduate student
- ** graduate student
- + county Extension staff

Refereed Presentations:*a. Refereed National and International Presentations*

- *Dansie, L., **Davis, P., Skogrand, L., & **Higginbotham, B.** (2009, November). Benefits of Stepfamily Education: One Year Later. Paper to be presented at the annual conference of the National Council on Family Relations. San Francisco, CA.
- Skogrand, L. & **Higginbotham, B.** (2009, January). *Stepfamily education for Latino couples and families: Implications for practice*. Poster presented at the annual Hawaii International Conference on Education. Honolulu, HI.
- Higginbotham, B.** & Skogrand, L. (2008, November). *Remarriage and stepfamily education with non-married adults*. Paper presented at the annual conference of the National Council on Family Relations. Little Rock, AK.
- Skogrand, L., Barrios-Bell, A., & **Higginbotham, B.** (2008, November). *Stepfamily education for Latino couples and families: Implications for practice*. Paper presented at the annual conference of the National Council on Family Relations. Little Rock, AK.
- **Omer, L. & **Higginbotham, B.** (2008, November). *The influence of pre-remarital cohabitation on stepparenting difficulties*. Poster presented at the annual conference of the National Council on Family Relations. Little Rock, AK.
- *Dansie, L., Skogrand, L., *Arrington, R., *Larsen, P., & **Higginbotham, B.** (2008, November). *Stepfamily education through the lens of low-income and Latino families*. Poster presented at the annual conference of the National Council on Family Relations. Little Rock, AK.
- **Felix, D. & **Higginbotham, B.** (2008, November). *Marital quality among newly-remarried rural and urban couples*. Paper presented at the annual conference of the National Council on Family Relations. Little Rock, AK.
- **Anderson, A. & **Higginbotham, B.** (2008, October). *Marital satisfaction as affected by stepparenting issues*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy. Memphis, TN.
- Higginbotham, B.** & Skogrand, L. (2008, January). *Stepfamily education*. Poster presented at the annual Hawaii International Conference on Education, Honolulu, HI.
- Morrill, P., **Higginbotham, B.**, Skogrand, L., **Henderson, K., **Dansie, L., Bell, A., & Allgood, S., (2007, November). *Recruitment and retention of stepfamilies in family life education classes*. Poster presented at the annual conference of the National Council on Family Relations. Pittsburgh, PA.

Higginbotham, B., Morrill, P., Allgood, S., Skogrand, L., & **Henderson, K. (2007, November). *Documenting the effectiveness of stepfamily education*. Paper presented at the annual conference of the National Council on Family Relations. Pittsburgh, PA.

Anderson, A. **Higginbotham, B., & **Henderson, K. (2007, November). *Difficulties associated with stepparenting as predictors of remarital quality and stability*. Poster presented at the annual conference of the National Council on Family Relations. Pittsburgh, PA.

Higginbotham, B., & **Henderson, K.. (2007, November). *Characteristics of rural newlywed remarriages*. Poster presented at the annual conference of the National Council on Family Relations. Pittsburgh, PA.

Dart, C., **Higginbotham, B.**, & Kesler, K. (2007, October). *4-H Mentoring: Youth and Families with Promise*. Program presentation at the National Association of Extension 4-H Agents annual conference. Atlanta, GA.

Higginbotham, B., **Huffaker, S., **Harris, V., Marshall, J., & Lee, T. (2006, November). *Enhancing at-risk youth development programs*. Poster presented at the annual conference of the National Council on Family Relations. Minneapolis, MN.

MacArthur, S., Ho, E., Prince, K., **Higginbotham, B. & Lee, T. (2006, November). *Evaluating the effectiveness of the YFP mentoring program*. Poster presented at the annual conference of the National Council on Family Relations. Minneapolis, MN.

Marshall, J., **Higginbotham, B.**, **Harris, V., & Lee, T. (2006, November). *Assessing program outcomes: Rationale and benefits of posttest-then-retrospective-pretest designs*. Poster presented at the annual conference of the National Council on Family Relations. Minneapolis, MN.

Adler-Baeder, F., Kerpelman, J., **Schramm, D., & **Higginbotham, B.** (2006, November). *The impact of relationship education among ethnically-diverse high school youth*. Poster presented at the annual conference of the National Council on Family Relations. Minneapolis, MN.

Nye, T., Lee, Y. G., **Higginbotham, B., Lee, T. R., & Schramm, D. (2006, March). *Financial problems and marital well-being for newly-wed individuals*. Poster presented at the annual conference of the American Council on Consumer Interest. Baltimore, MD.

Higginbotham, B. & Adler-Baeder, F. (2005, November). *The Remarriage Belief Inventory: Validity testing with a remarried sample*. Poster presented at the annual conference of the National Council on Family Relations. Phoenix, AZ.

Futris, T., Adler-Baeder, F., **Higginbotham, B.**, et al. (2005, November). *National Extension Relationship and Marriage Education Network*. Poster presented at the National Council on Family Relations Extension Pre-Conference. Phoenix, AZ.

- Higginbotham, B.** & Adler-Baeder, F. (2005, October). *The Remarriage Belief Inventory*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy. Kansas City, MO.
- Adler-Baeder, F., Kerpelman, J., **Higginbotham, B.**, & **Schramm, D. (2005, March). *Healthy Couples, Healthy Children: Targeting youth*. Poster presented at the National Extension Family Life Specialists Conference. Washington, DC.
- Adler-Baeder, F., **Lippert, L., **Pflieger, J., **Higginbotham, B.**, **Armstrong, S., & **Long, A., (2004, November). *Evaluating a marriage education program for low-resource families*. Poster presented at the annual conference of the National Council on Family Relations. Orlando, FL.
- Higginbotham, B.** & Ketrting, S. (2004, November). *Relationship religiosity, attachment and courtship violence*. Paper presented at the annual conference of the National Council on Family Relations, Orlando, FL.
- Higginbotham, B.** & Adler-Baeder, F. (2004, November). *Examining inequalities and experiences in a marriage education program*. Poster presented at the annual conference of the National Council on Family Relations. Orlando, FL.
- Higginbotham, B.** & Adler-Baeder, F. (2004, September). *Development of a remarriage belief inventory for therapists*. Poster session presented at the annual conference of the American Association for Marriage and Family Therapy. Atlanta, GA.
- Higginbotham, B.** & Adler-Baeder, F. (2003, November). *Development and validation of the Remarriage Belief Inventory (RMBI)*. Poster presented at the annual conference of the National Council on Family Relations. Vancouver, B.C.
- Higginbotham, B.** & Adler-Baeder, F. (2003, November). *Healthy Couples, Healthy Children” in Alabama: Building collaboratives and capacity for marriage education*. Poster presented at the annual conference of the National Council on Family Relations, Vancouver. B.C.
- Adler-Baeder, F. & **Higginbotham, B.** (2003, March). *Developing a program for remarrying couples*. 90-minute workshop at the National Conference on Child Abuse and Neglect. St. Louis, MO.
- Adler-Baeder, F., **Higginbotham, B.**, & Luckie, A. (2003, March). *Building Community Collaboration in Alabama: The “Healthy Couples, Healthy Children” project*. 90-minute workshop. National Conference on Child Abuse and Neglect, St. Louis, MO.

b. Invited National Presentations

- Higginbotham, B.** (2009, July). *Stepping together for stepfamilies*. 90 workshop at the annual Smart Marriages conference. Orlando, FL.
- Higginbotham, B.** & Morrill, P. (2009, June). *Recruiting and serving stepfamilies*. National Healthy Marriage Resource Center Webinar Training.
- Higginbotham, B.** (2009, April). *Evaluating healthy marriage programs*. Roundtable of Healthy Marriage Grantees from the Office of Family Assistance. Oklahoma City, OK.
- Higginbotham, B.** & Skogrand, L. (2008, November). *Recruiting stepfamilies*. Annual Technical Assistance Conference for the Office of Head Start. Washington, D.C.
- Higginbotham, B.** & Adler-Baeder, F. (2008, October). *Building strong marriages: resources for and lessons learned from working with stepfamilies*. CYFERnet.
- Higginbotham, B.** (2008, August). *Recruiting stepfamilies*. Annual Technical Assistance Conference for the Office of Family Assistance. Washington, D.C.
- Futris, T. & **Higginbotham, B.** & (2008, February). *Resources for the field: Cooperative Extension services and the National Extension Relationship and Marriage Education Network*. National Healthy Marriage Resource Center Webinar Training.
- Higginbotham, B.** & Adler-Baeder, F. (2007, September). *Meeting the needs of stepfamily couples in marriage education*. Alabama Healthy Marriage, Healthy Families and Responsible Fatherhood Conference on best Practices. Opelika, AL.
- Higginbotham, B.**, Dart, C., & ⁺Riggs, K. (2006, October). *Youth and Families with Promise*. National Association of Extension 4-H Agents annual conference. Milwaukee, WI.
- Higginbotham, B.** (2006, April). *A framework for using research and evaluation in marriage education programming*. Annual Family Life Electronic Seminar Series. Produced and hosted by the Ohio State University. Columbus, OH.
- Adler-Baeder, F., & **Higginbotham, B.** (2002, November). *Putting empirical knowledge to work: building a framework for linking research and programming focused on marital quality*. Symposium presented at the annual conference of the National Council on Family Relations. Houston, TX.

c. Refereed State and Regional Presentations

- **Reck, K. & Higginbotham, B.** (2008, April). *Difficulties experienced by remarried couples*. Presented poster at the annual Graduate Research Symposium. Logan, UT. (Won 3rd place).
- **Reck, K. & Higginbotham, B.** (2008, March). *Difficulties experienced by remarried couples*. Presented poster at the Centennial Conference of Utah Academy of Sciences, Arts, and Letters. Salt Lake City, UT.
- **Anderson, A. & Higginbotham, B.** (2007, November). *Difficulties associated with stepparenting as predictors of remarital quality and stability*. Poster presented at the UNL Student Research Conference. Lincoln, NE.
- *Anderson, A. & Higginbotham, B.** (2007, February). *Difficulties associated with stepparenting as predictors of remarital quality and stability: A study of rural Utah stepfamilies*. Poster presented at the Utah Conference on Undergraduate Research. Salt Lake City, UT.
- *Anderson, A. & Higginbotham, B.** (2007, January). *Difficulties associated with stepparenting as predictors of remarital quality and stability: A Study of Rural Utah Stepfamilies*. Poster presented at the annual Undergraduate Research Day at the State Capitol. Salt Lake City, UT.
- Higginbotham, B. & Adler-Baeder, F.** (2003, October). *Meeting the needs of couples in stepfamilies in marriage education*. 90-minute workshop at the Southeast Regional Conference on Family Support. Birmingham, AL.
- Adler-Baeder, F. & Higginbotham, B.** (2003, October). *Developing a program for remarrying couples*. 90-minute workshop at the Southeastern Conference on Family Support. Birmingham, AL.
- Higginbotham, B. J.** (2003, April). *Development and validation of the remarriage belief inventory*. Paper presented at the Southeastern Conference for Child and Family Development. Auburn, AL.

d. Extension Presentations

- Higginbotham, B.** (2009, July). *Youth and Families with Promise - Evaluation*. 30 minute training. 45 participants. 4H:YFP Annual Training. Provo, UT.
- Higginbotham, B.** (2009, March). *Showing appreciation*. 60 minute presentation. 50 participants. Head Start Parent Conference. Logan, UT.
- Higginbotham, B. & Skogrand, L.** (2008, November). *Money and marriage*. 90-minute workshop. 30 participants. Annual FCS In-service. Saint George, UT.

- Higginbotham, B. & *Smith, L.** (2008, May). *Matri-money*. Two 60 minute presentation. 90 participants. Davis County 'Utah Saves' Series. Farmington, UT.
- Higginbotham, B.** (2008, April). *Stepfamily education*. 75 participants. 8th Annual Uintah basin Research Conference. Vernal, UT.
- Higginbotham, B.** (2008, April). *Achieving harmony in remarriages and stepfamilies*. 60 minute presentation. 15 participants. 3rd Annual Family and Children Conference. Blanding, UT.
- Higginbotham, B.** (2008, April). *Creating strong marriages and families*. 20 participants. 3rd Annual Family and Children Conference. Blanding, UT.
- Higginbotham, B.** (2008, March). *Newly Utah remarried couples*. 20 participants. Annual Extension Conference. Logan, UT.
- ⁺Riggs, K., & **Higginbotham, B.** (2008, March). *Iron County YFP program*. 20 participants. Annual Extension Conference. Logan, UT.
- Higginbotham, B.** (2008, March). *Showing appreciation*. 60 minute presentation. 40 participants. Head Start Parent Conference. Logan, UT.
- Higginbotham, B.** (2008, February). *Showing appreciation*. 60 minute presentation. 35 participants. Cache County 'Lunch and Learn' Series. Logan, UT.
- Higginbotham, B.** (2007, October). *Marriage and relationship education resources*. 60 minute presentation. 30 participants. Annual FCS In-service. Provo, UT.
- Higginbotham, B.** (2007, August). *What does love have to do with it?* 90 minute panel discussion. 60 participants. The Face of Hunger in Utah Conference. SLC, UT.
- Higginbotham, B.** (2007, June). *Supporting children in stepfamilies*. Two 50-minute workshops. 15 participants. Career and Technical Education Family and Consumer Science Conference. Midvale, UT
- Higginbotham, B.** (2007, April). *Achieving harmony in remarriages and stepfamilies*. 50 minute workshop. 9 participants. Conference on Children and Families. Blanding, UT.
- Higginbotham, B.** (2007, April). *Parenting and enjoying it*. 50 minute opening plenary. 30 participants. Conference on Children and Families. Blanding, UT.
- Higginbotham, B.** (2007, February). *Successful couples are "intentional" couples*. 60 minute presentation at a Sweetheart Banquet. 60 participants. USU Alumni Association – SLC chapter. Salt Lake City, UT.

- Higginbotham, B.** (2007, February). *Successful remarriages*. 60 minute workshop at 15th Annual Celebration of Marriage. 150 participants. Utah Commission on Marriage. Salt Lake City, UT.
- Dart, C., **Higginbotham, B.**, ⁺Hoshimoto, C., & ⁺Wesley, J. (2006, November). *Vision of 4-H*. 30 minute panel discussion. 50 participants. Annual 4-H in-service. Lehi, UT.
- Higginbotham, B.** (2006, October). *Strength based assessment*. 90-minute workshop. 40 participants. Annual FCS In-service. Homestead, UT.
- Higginbotham, B.** (2006, September). *Achieving Harmony in Remarriages and Stepfamilies*. 45 minute workshop. 15 participants. Women's Forum in Kanab. Kanab, UT.
- Higginbotham, B.** (2006, September). *Parenting and enjoying it*. Two 45 minute workshops. 50 participants. Women's Forum in Kanab. Kanab, UT.
- Higginbotham, B.** (2006, September). *Careers in Extension: Marriage and family Relations*. 30 minutes orientation to graduate students. 8 participants. Utah State University. Logan, UT.
- Higginbotham, B.** (2006, June). *Understanding and working with students in stepfamilies*. Two 50-minute workshops. Career and Technical Education Family and Consumer Science Conference. Midvale, UT
- Skogrand, L. S. & **Higginbotham, B.** (2006, March). *Marital transitions and the sandwich generation*. 90 minute workshop. 30 participants. Cache County Extension Sandwich Generation Series. Logan, UT.
- Higginbotham, B.** (2006, March). *Celebrating healthy relationships and healthy remarriages*. 90 minute keynote address. 150 participants. Washington County Marriage Coalitions' Marriage Celebration. St. George, UT.
- Higginbotham, B.** (2006, March). *Achieving harmony in remarriages and stepfamilies*. 60 minute workshop. 20 participants. Women's Conference in Dixie. St. George, UT.
- Higginbotham, B.** (2006, February). *2005-2006 Youth and Families with Promise Evaluation Update*. 10-minute satellite presentation to YFP sites in Utah. 30 participants. Utah State University Extension. Logan, UT.
- Higginbotham, B.** (2005, December). *2005-2006 Youth and Families with Promise Evaluation Update*. 10-minute satellite presentation to YFP sites in Utah. 30 participants. Utah State University Extension. Logan, UT.

Higginbotham, B. & *Henderson, K. (2005, November). *Remarriages in Utah*. 90-minute colloquium address to students and faculty. 25 participants. Utah State University Department of Family, Consumer, and Human Development. Logan, UT.

Higginbotham, B. (2005, September). *Careers in Extension: Marriage and Family Relations*. 30 minutes orientation to graduate students. 10 participants. Utah State University. Logan, UT.

Higginbotham, B. & Marshall, J. (2005, September). *Evaluating the 2005-2006 Youth and Families with Promise Project*. 30-minute satellite broadcast to YFP sites in Utah. 30 participants. Utah State University Extension. Logan, UT.

Higginbotham, B. (2005, October). *Remarriages in Utah*. 90-minute workshop. 40 participants. Annual FCS In-service. Provo, UT.

Higginbotham, B. & *Henderson, K. (2005, October). *Serving Stepfamilies*. 60-minute satellite broadcast to county extension sites in Utah. 20 participants. Utah State University Extension. Logan, UT.

e. Stepfamily Dynamics Trainings:

Higginbotham, B. (2007, June). *Smart Steps for Remarriages*. Two-day training workshop hosted by the Michigan Healthy Marriage Coalition. Livonia, MI.

Adler-Baeder, F., & **Higginbotham, B.** (2004, July). *Smart Steps for Remarriages*. One-day training workshop presented at the annual Smart Marriages conference. Dallas, TX.

Adler-Baeder, F. & **Higginbotham, B.** (January, 2003). *Smart Steps for Adults and Children in Stepfamilies*. Full day training institute. Auburn University Extension. Montgomery, AL.

TEACHING

Instruction:

Utah State University
Fall 2007

Instructor, Divorce & Remarriage (FCHD 6220/7220)

Overall quality of course: 5.9 out of 6.0 (USU average: 5.0)

Instructor effectiveness: 5.9 out of 6.0 (USU average: 5.1)

Spring 2006

Instructor, Remarriage and Stepfamilies (FCHD 6200/7200)

Overall quality of course: 5.6 out of 6.0 (USU average: 5.0)

Instructor effectiveness: 5.5 out of 6.0 (USU average: 5.1)

2005 to present Guest Lecturer
Stepfamilies & Policy; Oct 2006, (FCHD 4230, Social Policy)
Stepfamily dynamics; April 2006, (FCHD 2400, Family Dynamics)
Parenting in Stepfamilies; April 2006, (FCHD 2610,
 Parenting/Child Guidance)
Stepfamily dynamics; November 2005, (FCHD 2400, Family
 Dynamics)
Trends in Stepfamily Research; October 2005, (FCHD 6010,
 Survey of Family Relations Research)
Understanding Stepfamilies; September 2005 (FCHD 6200,
 Marriage and Couple Relationships)

Auburn University

2004-2005 Instructor, Human Sexuality (HDFS 3040)
2002-2003 Instructor, Professional Development & Ethics (HDFS 2030)
2001-2005 Guest Lecturer
Adolescent Psychopathologies, Spring 03, summer 03, Fall 03,
 Spring 04 (HDFS 3030, Adolescent and Adult Development
Death and Dying, Spring 01 (HDFS 4500, Hospitalized Children
 and their Families)
Interpersonal Skills, Spring 01 (HDFS 3080, Development of
 Interpersonal Skills)
Parenting High Risk Adolescents, Fall 02, Spring 04, Fall 05
 (HDFS 4670, Parent Education)
Program Development, Fall 03, Summer 04, Fall 2004 (HDFS
 4200, Program Development and Evaluation)
 Solution Focused Therapy, Fall 04 (HDFS 7600, Marriage and
 Family Therapy Theory)

Guest Lectures at other Institutions

Spring 2008 *Stepfamily Education* (ED PS 5960/6960-093, Achieving Peace
 after Divorce). University of Utah.
*Remarriage and Stepfamilies: Understanding and Fostering
 Adaptation and Resiliency* (MFHD 335, Family Adaptation and
 Resiliency). Brigham Young University.

Undergraduate Committees:

a. Committee Chair

<i>Name</i>	<i>Degree</i>	<i>Status</i>
Aaron Anderson	B.S. with Honors	Defended August 2007
Thesis: <i>Difficulties associated with stepparenting as predictors of remarital satisfaction and adjustment.</i>		

Graduate Committees:*a. Committee Chair*

<i>Name</i>	<i>Degree</i>	<i>Status</i>
Julie Miller Thesis: <i>Preparation for remarriage: Utilization of different forms and their rated helpfulness.</i>	M.S.	Defended April 2007
JaNae Gittins Thesis: <i>Consistency of cognitions in remarriage: A test of the consistency tenant of the multi-dimensional cognitive development model.</i>	M.S.	Defended April 2008
Lyndy Agee Thesis: <i>Cognitions and consistency in cognitions in remarriage.</i>	M.S.	Defended April 2009
Katie Reck Dissertation: <i>TBD</i>	Ph.D.	In progress
Marcie Campbell Dissertation: <i>TBD</i>	Ph.D.	In progress

b. Committee Member

<i>Name</i>	<i>Degree</i>	<i>Status</i>
Courtney Wyatt	M.S./MFT	Defended November 2005
Cory Eddington	M.S./MFT	Defended November 2006
Matt Reiser	M.S.	Defended March 2007
Rachel R. Rudd	M.S./MFT	Defended December 2008
Heather H. Brown	M.S./MFT	Proposed
Chien-Ti Lee	Ph.D.	In process
Mitch Vaterlaus	M.S./MFT	In process
Heather Malmburg	M.S./MFT	In process
Jacob Harris	Ph.D.	In process

SERVICE

03/08 – present *Member, Editorial Board, Journal of Couple and Relationship Therapy: Innovations in Clinical and Educational Interventions.* Advise editor on how to improve the journal, review articles, and encourage submissions.

www.haworthpress.com/store/product.asp?sku=J398

10/07 – 5/09 *Member, Undergraduate Research Advisory Board (Utah State University).* The Undergraduate Research Advisory Board was created in Fall 2007 by the USU Office of Research in order to

assess and improve the undergraduate research program. The work of the board focuses on removing impediments to student access and launching new efforts to enhance the current program. Faculty members invited to serve have exemplary track records of working with undergraduate researchers and scholars.

http://research.usu.edu/undergrad/htm/about_undergraduate_research/undergraduate-research-advisory-board/

- 06/06 – present *Member, Expert Council for the National Stepfamily Resource Center (NSRC)* (Prior to 2006 was known as the Stepfamily Association of America). The Center’s primary objective is to serve as a clearinghouse of information, linking family science research on stepfamilies and best practices in work with couples and children in stepfamilies. www.stepfamilies.info
- 07/05 – present *Member, Executive Team of the National Extension Relationships and Marriage Education Network (NERMEN)*. A group of selected Specialists working with the National Program Leader for Family and Consumer Sciences and Nutrition. Provide guidance to the Cooperative Extension system on best practices for Relationship and Marriage Education. www.nermen.org
- 09/05 – present *Commissioner, Utah Commission on Marriage*. The commission plans activities and recommends policies that will strengthen marriages in the State. www.utahmarriage.org
- 11/06 – 11/08 *New Professional Representative, Education and Enrichment Section of the National Council on Family Relations*. Served as a member of the Section Executive Committee, assisted Section officers with special projects, reviewed conference proposals, and encouraged student/new professional membership in the Section. www.ncfr.org
- 01/03 – 12/05 *Board Member, American Association for Marriage and Family Therapy*. Represented approximately 23,000 marriage and family therapists. Established vision, policies, and strategic plan for the association. Monitored progress on short- and long-range goals. Approved organizational budgets and allocation of resources. www.aamft.org
- 01/03 – 12/05 *Trustee, Board of Trustees, American Association for Marriage and Family Therapy Research and Education Foundation*. Determined policies, procedures and rules to facilitate the Foundations purpose of supporting and enhancing: (a) family well-being, and (b) the practice and the profession of marriage and family therapy. www.aamft.org

EDITORIAL BOARDS AND AD-HOC REVIEWER

Editorial Boards:

03/08 – present Journal of Couple and Relationship Therapy: Innovations in Clinical and Educational Interventions.

Reviewer:

10/05 – present Family Relations
Journal of Comparative Family Studies
Journal of Consulting and Clinical Psychology
Journal of Family Issues

HONORS AND AWARDS

- 04/09 *Researcher of the Year.* Department of Family, Consumer, and Human Development. Utah State University.
- 03/09 *Innovative Program Award.* Utah State University Extension Specialists Association. Awarded for the *Remarriage and Stepfamily Education* project directed by **B. Higginbotham**. Co-Investigators are L. Skogrand & S. Allgood.
- 07/07 *APEX Grand Award.* Communications Concepts, Inc., Given to the Alabama Cooperative Extension System for the *Alabama Marriage Handbook* written and compiled by F. Adler-Baeder, **B. Higginbotham**, D. Schramm, & A. Paulk.
- 04/07 *Undergraduate Research Mentor of the Year (2006-2007).* College of Education and Human Services. Utah State University.
- 03/07 *National Publication Award: Silver Award.* Association of Communication Excellence in Agriculture, Natural Resources, and Life and Human Sciences. Given to the Alabama Cooperative Extension System for the *Alabama Marriage Handbook* written and compiled by F. Adler-Baeder, **B. Higginbotham**, D. Schramm, & A. Paulk.
- 03/07 *Taggart-Ballard Award of Excellence.* Utah State University Extension.
- 06/06 *Family Strengthening Award.* Annie E. Casey Foundation. **B. Higginbotham** applied on behalf of Utah State 4-H office for the *4-H Mentoring: Youth and Families with Promise* program. (\$15,000).

04/06

Program of Distinction. National 4-H Headquarters. **B. Higginbotham** applied on behalf of the Utah State 4-H office for the *4-H Mentoring: Youth and Families with Promise* program.

PROFESSIONAL ORGANIZATION MEMBERSHIPS:

National Council on Family Relations
American Association of Marriage and Family Therapy
International Association for Relationship Research