

# Family, Consumer, and Human Development

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**Degrees offered:** Bachelor of Science (BS), Bachelor of Arts (BA), Master of Science (MS), and Doctor of Philosophy (PhD) in Family, Consumer, and Human Development; BS and BA in Early Childhood Education; BS and BA in Family and Consumer Sciences; Master of Family and Human Development (MFHD)

**Undergraduate emphases:** *BS, BA in Family, Consumer, and Human Development*—Deaf Education, Family and Community Services, Family Finance; Human Development; *BS, BA in Early Childhood Education*—licensure, K-3rd grades

**Graduate specializations:** *MS*—Adolescence and Youth, Adult Development and Aging, Consumer Sciences, Infancy and Childhood, Marriage and Family Relationships, Marriage and Family Therapy

**Gerontology Certificate Program:** The Gerontology Certificate Program at Utah State University is administered through the Department of Family, Consumer, and Human Development, and is open to all majors. Students preparing for careers in the field of aging complete selected aging-related coursework, including a supervised field practicum in a gerontological setting. For a list of requirements for this interdisciplinary certificate, contact the department. A minimum GPA of 2.75 is required for the Gerontology Certificate.

## Undergraduate Programs

### Objectives

The Family, Consumer, and Human Development Department offers undergraduate programs in Family, Consumer, and Human Development; Family and Consumer Sciences; and Early Childhood Education. All programs are designed to prepare students for successful careers.

The Family, Consumer, and Human Development major prepares students for careers serving individuals and families across the life span. Through classroom study and applied experiences, majors study how human development, family relationships, family economics, and consumer issues affect the individual and family.

Faculty members provide instruction and practicum supervision to prepare students to meet the needs of the people they will serve in their future careers in agencies and organizations serving individuals from infancy through later life, as well as families and consumers in many settings.

Student majors in Family, Consumer, and Human Development are required to complete a practicum experience, which is arranged with the department practicum coordinator. Types of practicum sites include state agencies, hospitals, pre-schools and child care centers, nursing homes, senior citizen centers, parenting programs, detention centers, crisis intervention programs, public schools, head start programs, and after-school programs, as well as financial institutions, credit counseling services, and housing services. Practicum experience in the Deaf Education and Human Development emphases includes the Adele and Dale Young Child Development Lab setting. Students majoring in Early Childhood Education complete a formal internship in the Adele and Dale Young Child Development Labs and in primary school grades as part of this focus.

Majors in Family, Consumer, and Human Development (FCHD), as well as in Early Childhood Education, receive the necessary preparation for graduate study in a family, consumer, and human development related field or employment. Early Childhood Education majors acquire a teaching license so they can also teach in the public schools.

In addition to preparation for advanced study or job opportunities, FCHD majors receive increased knowledge and skills in topics which will enhance their personal and family lives.

**Certified Family Life Educator (CFLE).** Students who complete the Family and Community Services emphasis are eligible to apply for the Certified Family Life Educator credential through the National Council on Family Relations.

**Gerontology Certificate.** Students pursuing the Gerontology Certificate must take additional courses and complete a gerontology practicum as required for certification. A complete list of requirements may be obtained in Family Life 214 or by calling (435) 797-7140.

**Honors Program.** The Department of Family, Consumer, and Human Development participates in the University Honors Program. Students can graduate with Departmental Honors. For further information, see the *Honors Program* section on page 226, or access the Honors Program home page at: <http://www.usu.edu/honors>.

### ***Departmental Requirements for Family, Consumer, and Human Development Major***

**Admission Requirements.** Students with less than 24 semester credits can declare a premajor in FCHD. Completion of at least 24 semester credits (including FCHD 1100, 1500, and 2400) with a cumulative GPA of 2.75 is required for admission into the major.

**Departmental Program Requirements.** The department has established the following regulations, which govern students' academic progress:

1. The *P/D+*, *D*, and *F* option cannot be used for courses required in the FCHD major or minor.
2. An overall cumulative GPA of 2.75 is required to enter the major, and a cumulative 2.75 GPA is required for graduation. A GPA of 2.75 in FCHD major courses is also required for graduation.

**Background Check.** All students will be required to pass a background check prior to participation in a practicum experience (FCHD 4950, 4970, 4980, or 5950).

**Emphasis Requirements.** After admission to the FCHD major, students must complete the requirements for *one* of the following four emphases: Family and Community Services, Human Development, Deaf Education, or Family Finance. These requirements are shown below.

### ***Family and Community Services and Human Development Emphases***

Majors choosing one of these two emphases prepare for employment in a variety of occupational settings. Previous graduates have found employment in such settings as child care, Head Start programs, social services agencies, drug treatment centers, youth and adult residential care centers, foster care, youth centers, crisis centers, parent education programs, senior citizen centers, long-term care facilities, adult day care centers, and a host of related federal, state, and local agencies serving families and children. Students are prepared to work in their communities to develop and guide policies for families and children. In addition, FCHD majors receive increased knowledge and skills in topics which will enhance their personal and family lives.

**Core Courses (54 credits).** Core courses for the **Family and Community Services** and **Human Development** Emphases are as follows: FCHD 1100, 1500, 2400, 2610, 3100, 3110, 3130, 3210, 3510, 3520, 3530, 3540, 4220, 4230, 4240, 4900, 4980; PSY 2800 or SOC 3120. In addition to completing these core courses, all students must complete all courses listed below for *either* the Family and Community Services Emphasis *or* the Human Development Emphasis.

**Family and Community Services Emphasis (7 credits).** FCHD 3500 (Interdisciplinary Lab: Infancy *or* Middle Years; take concurrently with FCHD 3510 or 3520), 3350, 5540.

**Human Development Emphasis (8 credits).** FCHD 3500 (Interdisciplinary Lab: Infancy; take concurrently with FCHD 3510) 3500 (Interdisciplinary Lab: Middle Years; take concurrently with FCHD 3520), 4550, 4960.

**Suggested Electives.** FCHD 5550 (Workshop: Casework Training I) and FCHD 5550 (Workshop: Casework Training II).

### ***Deaf Education Emphasis***

Majors choosing this emphasis are prepared to work with infants and young children who are hearing impaired and their families. Once students have completed their undergraduate degree, they can apply to the graduate program in the Department of Communicative Disorders and Deaf Education and work toward a master's degree with a specialization in Early Childhood Communicative Disorders. This master's program can be completed in two semesters plus a summer session. Students completing the master's program will have the skills necessary to work in early intervention programs called Parent-Infant Programs (or PIP programs). These programs may be found in every state of the country. Upon completion of the undergraduate FCHD major with the Deaf Education emphasis and the graduate Early Childhood Communicative Disorders specialization, students will have the coursework necessary to cover the competencies for the 0-3 Hearing Endorsement and the EI-2 credential which are necessary to be a parent advisor in Utah.

**Required Courses.** The following courses are required for students selecting the Deaf Education Emphasis: FCHD 1100, 1500, 2400, 2610, 3100, 3110, 3130, 3210, 3500, 3510, 3520, 4220, 4550, 4900, 4960, 4980; COMD 2500, 2910, 3080; PSY 2800 or SOC 3120; SPED 4000. In addition to these courses, students must complete the following courses during their senior year: COMD 3080, 3910, 4630, 4750, 4770, 4780, 5610; SPED 5810. Students in this emphasis must meet with their advisor each semester.

### ***Family Finance Emphasis***

Majors choosing this emphasis will be prepared for careers in financial counseling, advising, and education. Coursework focuses on the financial decisions that individuals and families face relating to insurance, investing, credit, budgeting, and home ownership. Students will complete an off-campus practicum and a Financial Counseling practicum at the Family Life Center on campus. At the Family Life Center, students will encounter various types of financial experiences, including new home buyer counseling sessions and workshops, as well as financial problems related to credit and budgeting, mortgage defaults, and reverse mortgages. The Family Life Center is a U.S. Department of Housing and Urban Development (HUD) approved housing and financial counseling agency that provides free counseling and education to the community. Employment opportunities exist with consumer credit counseling services, credit unions, the armed forces, corporate employee assistance programs, employee benefits counseling firms, college financial aid offices, bank loan offices, hospitals, corporate credit offices, bankruptcy courts, community housing programs, Federal Home Administration, and Housing and Urban Development. A student graduating with a Family Finance emphasis may be employed as a personal banker, mortgage loan officer, credit counselor, financial counselor or educator, consumer relations coordinator, military financial educator, debt collections coordinator, credit investigator, fraud detective, insurance broker, stockbroker, or financial planner.

**Admission Requirements.** Students must complete at least 24 credits, including the following courses, with at least a 2.75 GPA in order to be admitted to the Family Finance emphasis: FCHD 1100, 1500, 2400, 2450.

**Major Courses (46 credits).** The following courses are required for students selecting the Family Finance Emphasis: FCHD 3130, 3280, 3310, 3340, 3350, 3450, 4220, 4330, 4350, 4460, 4950, 5340, 5950.

**Required General Education Courses.** Students in the Family Finance Emphasis must complete the following three courses, for which General Education credit will be granted: ECON 1500 (BAD), STAT 1040 (QL), and SPCH 1050 (CI).

**Suggested Support Courses.** The following courses are *suggested* (but not required) for students in the Family Finance Emphasis: PFP 5060, BIS 2450, Econ 2010.

### ***Family and Human Development Minor***

The minor in Family and Human Development (FHD) is designed to provide a knowledge base for understanding families and human development in order to enhance the training of majors in other academic disciplines. A 2.75 GPA is required for this minor. No more than 6 transfer credits may be used toward the FHD minor. Students applying for an FHD minor at USU, but transferring courses from other universities, must complete a minimum of three USU FCHD courses in order to earn an FHD minor. Courses counted toward the minor **may not** be taken *pass-fail*.

**Required Courses (6 credits).** The following two courses are required for the FHD minor: FCHD 1500, 2400.

**Elective Courses (9 credits).** Students must complete *three* of the following courses: FCHD 2610, 3100, 3110, 3210, 3510, 3520, 3530, 3540, 4220, 4230, 4240.

Students should be aware that the following courses *cannot* be used to fulfill requirements for the FHD minor: FCHD 2250, 2500, 3130, 4550, 4800, 4940, 5550; practica (FCHD 4900, 4950, 4960, 4970, 4980); and Readings and Conference (FCHD 4990).

### ***Family Finance Minor***

**Required Courses (6 credits).** The following two courses are required for the Family Finance minor: FCHD 2450, 3350.

**Elective Courses (9 credits).** Students must complete *at least 9 credits* in courses selected from the following: FCHD 3280, 3310, 3340, 3450, 4350.

### ***Early Childhood Education Major***

Majors in early childhood education are licensed to teach in preschool, kindergarten, and grades 1-3. Several practica and field experiences with children are provided, and a subject matter emphasis is selected. This major is a cooperative effort between the Department of Family, Consumer, and Human Development and the Department of Elementary Education. Students are required to complete a student teaching practicum in a preschool program, a kindergarten, and in the public schools grades 1, 2, or 3. Additional materials describing the ECE major in the Department of Family, Consumer, and Human Development are available from the advisors in FL 205.

### ***Family and Consumer Sciences Major***

The Family and Consumer Sciences (FCS) major is an integrative major that links the various fields within the family and consumer sciences profession and prepares the student for positions requiring interdisciplinary problem-solving skills. The Family and Consumer Sciences major prepares graduates for positions in business, local/state/federal agencies, child care centers, youth programs, job training centers, and other related agencies.

**Admission Requirements.** Prior to being admitted to the FCS major, students must complete at least 24 credits, including the following courses, with at least a 2.75 GPA: FCHD 1100, 1500, 2400, 2450.

**Major Courses (48 credits).** Students must select courses from each of the following five areas. The minimum number of credits to be selected from each area is shown in parentheses.

*Human Development and Family Studies (12 credits):* FCHD 2610, 3100, 3110, 3210, 3500, 3510, 3520, 3530, 3540, 4220, 4230, 4240, 4550.

*Consumer and Family Finance (12 credits):* FCHD 3280, 3310, 3340, 3350, 3450, 4330, 4350, 5340.

*Foods and Nutrition (9 credits):* NFS 1000, 1020, 1240, 1250, 2020, 2030, 3020, 3110, 4070, 4480.

*Research Methods and Professional Courses (9 credits):* FCHD 3130 (required); choose one of: BIS 1550, 2550, FCHD 4900, SPCH 1050, 2600; choose one of: FCHD 4900, PHIL 2400, 2500, 3520.

*Practicum (6 credits):* Complete a total of 6 credits from one or both of the following: FCHD 4950, 4960.

**Suggested Support Courses.** The following courses are *suggested* (but not required) for students in the FCS major: FCSE 1040, 2040, 3030, 3040, 3060; ID 1750, 1790, 3740, 3750.

### ***Additional Information***

For more detailed information about the Family, Consumer, and Human Development; Early Childhood Education; and Family and Consumer Sciences majors, see the current major requirement sheets or an advisor in the FCHD Advising Center (Family Life 205). Major requirements are also available on the department's home page at: <http://www.usu.edu/fchd>.

### ***Financial Support***

In addition to the scholarships, assistantships, grants-in-aid, and work-study programs available through the University, the College of Education and Human Services and the Department of Family, Consumer, and Human Development also give scholarships and other types of support each year. Students should inquire at the Dean's Office in Education 109, the departmental advising office in Family Life 205, or the Financial Aid Office in Student Center 106.

## ***Graduate Programs***

### ***Admission Requirements***

See general admission requirements on pages 90-91. Students may use either the GRE or MAT for application for all specializations in the MS degree, but the GRE is required for the PhD program. Additional assessment is required for admission to the MS marriage and family therapy specialization. An applicant's MAT

score, or the GRE verbal and quantitative scores, should be at or above the 40th percentile. Applications are expected to be completed by January 15, but may be considered throughout the year.

### ***Degree Programs***

Graduate students receive a strong research and theoretical base in family relationships, consumer sciences, and human development. In addition to the core courses required for each of the specializations, students have the opportunity to achieve their program goals with a wide range of other graduate courses in the department, as well as designated courses in related programs at USU. Graduate students also engage in independent study, practica, and other specialized professional experiences that help them to acquire specific skills.

The department provides advanced graduate education and training for students to (1) establish the professional competency necessary for employment in research, teaching, marriage and family therapy, extension, and administration; (2) develop skills necessary for agency administration in the field of family and child care services; (3) receive clinical training in marriage and family therapy; (4) develop the skills for supervisory responsibilities in child development laboratories, child-care facilities, and adolescent programs; and (5) develop the skills and expertise to work in financial and consumer services agencies and organizations.

**MS in Family, Consumer, and Human Development.** Students in the MS program complete a research thesis that makes a contribution to knowledge in family studies or human development.

All students in the MS Marriage and Family Therapy specialization also complete required clinical experiences. The MS Marriage and Family Therapy specialization satisfies basic educational requirements for Utah State licensure in marriage and family therapy and clinical membership in AAMFT. The Marriage and Family Therapy specialization is accredited by the Commission on Accreditation for Marriage and Family Therapy Education.

**Master of Family and Human Development (MFHD).** The MFHD is a practice-oriented, but nonclinical, master's degree especially suitable for individuals already working or planning to work in the family or social service sectors, education, corrections, or related fields. The MFHD does not require a thesis.

**PhD in Family, Consumer, and Human Development.** Students in the PhD program complete a major research dissertation that makes a significant contribution to the theoretical and empirical knowledge in family studies, consumer sciences, or human development.

**Background Check.** Students may be required to pass a background check prior to participation in a practicum experience (FCHD 6980 or 7980).

### ***Specializations***

The department offers the Master of Science (MS) degree in Family, Consumer, and Human Development and the Master of Family and Human Development (MFHD) degree. The department also offers a doctorate degree (PhD) in Family, Consumer, and Human Development. The MS degree has specializations in

Adolescence and Youth, Adult Development and Aging, Consumer Sciences, Infancy and Childhood, Marriage and Family Relationships, and Marriage and Family Therapy. Further information may be obtained from the department and by accessing the department's home page at: <http://www.usu.edu/fchd>.

### ***Course Requirements***

The core substantive courses for the master's degree are FCHD 6030, 6050, 6060, and 6070. Master's students also complete course requirements under their chosen specialization in Marriage and Family Relationships, Marriage and Family Therapy, Consumer Sciences, Infancy and Childhood, Adolescence and Youth, or Adult Development and Aging. Elective courses and thesis topics are individualized with each student by faculty supervisory committees.

Doctoral core courses are FCHD 7060, 7070, and 7080. Doctoral students also complete topical seminars, methods and statistics courses, research and teaching internships, comprehensive exams, and dissertation research. For more specific information, see the department's *Graduate Student Handbook*.

### ***Research***

The department has three major child development laboratories, other research labs, marriage and family therapy facilities, and housing and financial counseling facilities that are available for research and training in the graduate program. The department enjoys a long history of research activities with preschools, public schools, extension programs, financial institutions, and other agencies throughout the state, and is building a program of gerontology research.

Recent faculty and graduate student research projects have been funded by the state Office of Child Care and the Office of Juvenile Justice, and by the national Office of Head Start, the Office of Adolescent Pregnancy Programs, Child Trends Inc., the National Institute of Child Health and Human Development, the National Institute of Health, the U.S. Department of Agriculture, the U.S. Department of Justice, and the Kellogg Foundation, among others.

### ***Financial Assistance***

Extensive teaching, research, and extension graduate assistantships are available for applicants for both the MS and PhD degrees. Attractive fellowships are available for strong PhD students with high GPA and high GRE scores. When an applicant's folder is complete, it is reviewed by the Graduate Admissions and Finance Committee, which makes specific recommendations regarding admission and financial support. Assistantships and fellowships include waivers for out-of-state tuition. Doctoral students can also receive waivers for in-state tuition with a half-time teaching or research assistantship.

### ***Career Opportunities***

Recent recipients of advanced degrees have found employment in public schools, academic departments at colleges and universities, research centers, hospitals, Head Start, child-care programs, social services agencies, mental health agencies, private and clinical practice settings, extension services, financial institutions and agencies, and related agencies that teach about, study, or serve individuals, families, and consumers.

### ***Additional Information and Updates***

The department publishes a *Graduate Student Handbook* providing more detail about graduate program admission and requirements. This handbook is available online at:  
<http://www.usu.edu/fchd>.

## ***Family, Consumer, and Human Development Faculty***

### **Professors**

*Ann M. Berghout Austin*, alternative child care and family life, development from birth to 12 years of age

*Thomas R. Lee*, parenting, family life education, family resiliency, at-risk youth, marriage education

*Shelley L. Knudsen Lindauer*, alternative child care, gender role development, early childhood education, curriculum administration, socialization, development in infancy and early childhood

*Jean M. Lown*, consumer and family economics

*Brent C. Miller*, marriage and family relationships, adolescent pregnancy, adoption, research methods

*Lori A. Roggman*, infant social development, attachment, parenting stress, play across the life span, physical attractiveness, early intervention

*Barbara R. Rowe*, family resource management, extension

### **Adjunct Professors**

*Frank R. Ascione*, prosocial development, moral development, developmental psychopathology

*Sarah Rule*, methods of early intervention, applications of technology to staff development, improvement of service delivery systems

### **Professors Emeritus**

*Glen O. Jensen*, marriage education, in-law and grandparent role performance, family life education, work/family challenges

*Jay D. Schvaneveldt*, marriage and family studies, family life education, international families, theory and methods

### **Associate Professors**

*Scot M. Allgood*, family therapy process, assessment, and marital studies

*Randall M. Jones*, adolescent development, identity, problem behavior, prevention, research methods

*Thorana S. Nelson*, marriage and family therapy, gender, family therapy training and supervision

*D. Kim Openshaw*, marriage and family therapy, research and application, typological and intervention strategy advancement of youthful sexual offending, theoretical conceptualization of self-esteem, martial arts and mental health related syndromes

*Kathleen W. Piercy*, midlife, older adults and family caregiving, family policy, qualitative methodology

### **Assistant Professors**

*Troy E. Beckert*, life span, human development, adolescence, research methods, parenting

*Lucy Delgadillo*, family and consumer sciences, housing

*Yoon G. Lee*, family and consumer sciences, family finance

*Sylvia Niehuis*, premarital relationships, transition from courtship to marriage, marriage preparation, prediction of marital outcomes, longitudinal research methods

*Maria C. Norton*, geriatric mental health, psychosocial and biological factors, research methodology and epidemiology

*Linda M. Skogrand*, families from diverse populations, transcending traumatic childhoods, marriage and family education

### **Adjunct Assistant Professor**

*Carol M. Baumann*, child welfare, foster care, adoption

### **Adjunct Research Assistant Professor**

*Lisa K. Boyce*, infancy and early childhood, language development, parent-child interaction

### **Senior Lecturer**

*Deborah B. Ascione*, marriage, human development, child abuse and neglect

### **Lecturers**

*Jana Darrington*, adult development and aging, relationship development, family policy

*Susan L. Ericksen*, undergraduate practicum coordinator, undergraduate advisor, marriage and family therapy, professional development

*Alena Johnson*, family financial management, financial counseling, students and debt

*Farol Ann G. Nelson*, early childhood education, child development, parent education, experiences in the arts for early childhood

*Kaelin Olsen*, infant and toddler development, developmentally appropriate practice in early childhood education, preschool curriculum, child guidance

## ***Course Descriptions***

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pages 394-397