



CONVENIENT NEW BENEFIT FOR EMPLOYEES!

**EMPLOYEE ACCESS TO THE STUDENT HEALTH & WELLNESS CENTER
FOR A \$25 COPAY - (applies to your deductible)**

Please Make an Appointment: 435-797-1660

Hours available for employee use: 8:30am-10:00am and 5:00pm-6:00pm

Summer Hours: May 9 – Aug 26, 8:30am-10:00am

Be Well Employee Clinic

The Student Healthcare Providers will:

- Review the confidential online results from your health risk assessment (HRA) available through Health Advocate at www.healthadvocate.portal (1-866-695-8622);
- Order, obtain and review results from blood lipid panels and blood sugar or A1C;
- Perform routine and follow-up blood pressure checks and make recommendations for treatment options as part of *Know Your Numbers* program;
- Obtain body mass index and review impact on health. Make recommendations for follow-up;
- Review results of health screenings such as endoscopies, mammograms, etc., and make referrals;
- Evaluate medical clearance requirements when needed for fitness assessment with USU Wellness Program;
- Provide certain immunizations such as annual flu shots, tetanus, and pneumonia;
- Provide general wellness consultation.

IMPORTANT NOTE TO CHOICE HDHP ENROLLEES: YOU ARE ONLY ELIGIBLE TO USE THE "WELLNESS CLINIC" AND "PREVENTIVE CARE" SERVICES OFFERED THROUGH THE STUDENT HEALTH & WELLNESS CENTER. USING THE "FITNESS FOR WORK CLINIC" WOULD DISQUALIFY YOUR PRE-TAX HEALTH SAVINGS ACCOUNT. CONTACT HR IF YOU HAVE QUESTIONS.

DISCLAIMER: The Student Health & Wellness Clinic is not an emergency room and has little or no ability to evaluate and/or stabilize an emergency situation. They do not have the capacity to provide second opinions, nor are they making time available to refill medications prescribed by others. They will refer ongoing or long-term care back to the patient's own primary care providers.

Fitness for Work Clinic

... in other words, am I well enough to go to work today?

The Student Healthcare Providers will:

- Evaluate illness that starts suddenly or is new, particularly with respect to contagion;
- Treat acute illness *within the capability of the Student Health Center* (See Note 1);
- Evaluate the significance of a change in a long-term illness;
- Evaluate and treat newly-acquired injuries *within the capability of the Student Health Center* (See Note 2);
- Help determine which specialist might help most with a particular health concern and make a referral.

Note 1: Student Health will do all they can toward diagnosing or treating illness, but may have to refer you to in-network physicians/specialists or an in-network hospital, depending on the type or severity of the illness.

Note 2: Student Health will do all they can to diagnose and treat new injuries, but specialized imaging or diagnostic equipment such as CT, MRI or ultrasound imaging is not available. Injuries needing these services will be referred to appropriate in-network physician/specialist.