USUSA Club President QPR Training

Description: Requires that one of the required monthly USUSA club president meetings, led by the USUSA Organizations and Campus Diversity VP, be QPR training.

WHEREAS mental health issues at Utah State University were declared a crisis by USUSA in 2016.

WHEREAS mental health issues at Utah Higher Education Institutions were declared a crisis in the Utah State Legislature in 2017.

WHEREAS many of these students living with mental health issues often experience both passive and active suicide ideation, making them an increased risk to themselves.

WHEREAS students experiencing suicide ideation have an increased risk of dropping out of school.

WHEREAS QPR educates students how to Question, Persuade and Refer individuals who have had or are having suicidal thoughts.

WHEREAS QPR training provides one avenue for students to help their fellow, at-risk students access mental health resources that could improve their well-being.

BE IT THEREFORE ENACTED that QPR training be required as one of the monthly USUSA club president meetings.

WHEREAS USUSA club presidents have a meeting that they are required to attend once a month throughout both academic semesters.

WHEREAS the USUSA clubs include students from different background and majors from across campus.

WHEREAS students from these clubs will likely interact with fellow students in diverse parts of our campus during the fall semester.

WHEREAS there is a possibility that these students will encounter a fellow student that is experiencing passive or active suicide ideation.
BE IT FURTHER ENACTED that the QPR training be required during one of the monthly USUSA club president meetings in the fall semester.

WHEREAS some students may wish to opt out of this training due to discomfort with the subject material.

BE IT FURTHER ENACTED that a USUSA club may opt out of this training by approval of the Diversity & Clubs VP and the SILC Advisor and replace it with an additional approved training.

Tags: USUSA Clubs, Mental Health, QPR

Sponsor: Luis Armenta, USUSA Organizations and Campus Diversity

Co-Sponsors: Rachael Fresh, USUSA Student Alumni Vice President; Ty Aller, USUSA Graduate Studies Senator
ECR 2017-05/USUSA Club President QPR Training

Policy Paper

Committee: Executive Council
Absent: None

History:

The USUSA Student Body Officers of the 2016-17 academic year passed a resolution declaring mental health issues to be a crisis on Utah State University’s campus. In line with this resolution, the Utah State Legislature passed a concurrent resolution declaring mental health issues to be a crisis in the Utah System of Higher Education. In order to help alleviate this problem, student body officers at USU sought to help educate and prepare fellow students to respond to these issues in an effective and safe way. After talking with involved parties regarding the USUSA clubs monthly meeting, it was discerned that QPR training could be effectively disseminated during one of the required, monthly trainings for USUSA clubs.

Purpose:

Because of the identified mental health problem on campus, QPR, a resource that is provided for free at USU by multiple agencies, was identified as a possible solution. This legislation tries to extend the impact of QPR trainings by using the significant outreach of USUSA clubs. An additional purpose of this bill, is to provide students the opportunity to learn QPR training and to enact upon the training they receive, helping create a more informed student body. It is our hope that in making this legislation we will help create a healthier campus and will combat the mental health crisis at this University.

Pros:

- Healthier campus
- More informed students
- More opportunities for leadership
Cons:

Time commitment