



Fall 2010

In this issue of the newsletter:

- [Message from the PEA President](#)
- [Legislative Committee – Volunteer](#)
- [PEA Scholarship Fund](#)
- [Health Advocate](#)
- [Recent Happenings](#)
- [Be Well News](#)

Message From the PEA President

As your new Professional Employee Association (PEA) President, I would invite you to get involved with PEA, if you're not already. We have a great organization working to meet your needs. We have a Scholarship Committee (Tonya Davis, Chair) that helps solicit funds so we can provide scholarships for several students (both undergraduate and graduate). We have a PEA Quarterly Employee Recognition Award that is overseen by our Professional Relations Committee (JanaLee Johnson, Chair). The Professional Development Committee (Melissa Scheaffer, Chair) promotes professional enrichment by encouraging involvement in PEA activities. To learn more, visit the PEA website at www.usu.edu/pea. If you have thoughts or ideas, we would love to have your help. Some of the committee chairs have changed recently and each have good ideas to help us in our jobs.

If you feel there is an area or specialty in which USU could improve, please let me know. Send me an email at lisa.leishman@usu.edu. We really do have the ear of the Administration and they work hard to make our experience at USU superior. They realize how each of us makes Utah State University legendary by the way we do our jobs. Let's continue to do this. We have made a difference and we can continue to make a difference.

We are also tied into staff organizations from the other institutions around the state. We collaborate with them on at least a monthly basis where we share thoughts and ideas. This

has been motivational and will continue to help us meet our objectives.

Thank you for all you do! I look forward to hearing your ideas.

Lisa Leishman – PEA President

Legislative Committee

It appears (for the time being) that the some of the turbulent waters may have subsided. However, it is extremely important that we continue working with our State Representatives, University Leaders, and fellow Staff members on key issues that we face. Now is the time to get involved!

Our Legislative Committee is growing and we would like you to join us as we work to represent our salary and benefit issues for the Professional Employee Association with our University and State Representatives. During the past year, our staff associations have seen numerous changes in salary and benefits that affect us. It is vital that we improve and continue to develop those lines of communication within our University, with our University Leaders, and State Representatives. Now is the time to fortify ourselves as a staff association! We need to be vigilant in every opportunity that we have with our University Leaders and our State Legislation to ensure the strength of our staff at our Institution.

We need your help! Our Association's goals will only be accomplished and become successful with your assistance.

If you feel strongly about any of these issues or would like to see how the State Legislature works, please volunteer! Your efforts are welcomed and needed! Become part of the Legislative Committee; please contact me directly for more information.

Thank you for all the great things you do for USU!

Matt Lovell - Legislative

PEA Scholarship Fund

DID YOU KNOW?

The Professional Employees Association has a scholarship fund to assist professional employees and their families in pursuing a college education at USU? The scholarship is supported entirely by contributions made by USU professional employees.

The PEA Executive Board would like to thank the 100+ employees who donated to the PEA Scholarship last year. Your donations allowed us to award ten scholarships totaling \$7,000 for the 2010-2011 academic year. However, for every scholarship awarded, we had to turn away 3 eligible students. For many of our students, scholarship dollars make the difference in whether or not they are able to complete the lifelong goal of attaining an Aggie education.

Please consider contributing to the PEA Scholarship so that we may assist an even greater number of professional employees and their families in attaining their educational goals. Donation payroll deduction forms are available at:

<http://advmttools.advancement.usu.edu/Forms/Payrollded.php>

Tonya Davis - Scholarship

Health Advocate

One of the new benefits for Utah State University employees is Health Advocate. Some of the services they provide include help in finding a doctor or other healthcare providers, arranging support for an elderly parent, and help with insurance claims or bills when you have questions or disagreements with the insurance company. You can learn more by going to the Health Advocate web page:

<https://members.healthadvocate.com/Secure/Default.aspx>

There is no cost to USU employees for this assistance.

Steve Mecham - Employee Benefits

Recent Happenings



Approximately 230 employees and their families attended the first annual CEA/PEA Swim Night raising over \$250 in scholarship donations. Based on the success of this event, PEA and CEA look forward to co-sponsoring this event again next summer. This and other collaborations provide outstanding opportunity for employees to support PEA and CEA scholarship programs.

Be Well News



Don't miss out on this year's
USU Employee Flu Shot Clinic
Thursday, Oct. 7, 2010
TSC Ballroom
8:30 am – 4:00 pm

Free Flu Shots for benefit-eligible employees
and their eligible dependents. Must pre-register
at <http://flushots.usu.edu/>



USU Weight Watchers @ Work program.
New session starts October 7th.

Register by September 30th and receive a
FREE Be Well gift (pedometer or mini mag

flashlight). Group meetings are held every
Thursday, 11:45 a.m. to 12:30 p.m. in the TSC,
Room 335. For more information: please
contact shannon.johnson@usu.edu

Two additional incentives for this Weight
Watchers @ Work session:

1) Get your Walking Shoes Ready for the
Walking Challenge: Starting October 21st
everyone who completes at least 60% of a
minimum 10,000 steps for six weeks will receive
a Be Well gift (a very nice first aid kit).

2) Receive \$25 off your next Weight
Watcher session when you lose 10% of your
goal weight.

Caroline Shugart - Be Well

Benefit-eligible employees
and their spouse/partner:



Receive a FREE 15-minute chair massage with
your FREE fitness assessment and 4 sessions
with a personal trainer.

Email caroline.shugart@usu.edu or
dayna.barrett@usu.edu for your appointment

For questions and/or comments concerning this newsletter, please contact carl.ellsworth@usu.edu.