

USU SAAVI Office
[Sexual Assault & Anti-Violence Information](#)
Tel: (435) 797-1510
Hotline: (435) 797-RAPE (7273)
www.usu.edu/saavi

Dating Violence Danger Assessment

Assessment of danger in dating violence cases is difficult and no one can infallibly predict that a dating violence situation will escalate to the point of serious harm or death. The following are risk factors that may indicate an abusive and dangerous relationship. If you believe that you are in a dangerous relationship, please contact the USU SAAVI Office (435-797-7273), or CAPSA (435-753-2500) for help.

Is This Your Situation?

1. Have either you or your partner ever gotten to the point of threatening the other with homicide? Have either of you ever formulated a plan to follow through with the threat?
2. Have either you or your partner ever become so sad or despondent that you or your partner has threatened to commit suicide? If so has there been a plan developed on how they would follow through with their threat?
3. Has either you or your partner ever used or threatened use of a weapon in a fight? (A weapon is any object that can be used to injure another).
4. Have you or your partner recently separated or discussed separation?
5. Have either you or your partner received an injury due to a fight? Have either of you required medical attention due to a fight?
6. In your relationship who would you say has the most control? Who makes most decisions, handles the finances, etc?
7. Have either you or your partner ever been arrested for assault?
8. Do either you or your partner use drugs or alcohol on a regular basis and do either of you become violent when using?
9. Indicators of obsessiveness in a relationship:
 - a. Would you consider yourself or your partner to be extremely jealous of other friendships, family, past relationships, etc.
 - b. Have either you or your partner ever stalked the other or former partners? (Stalking consists of repeated following, phone calls, letter writing, or any unwanted repeated behaviors.)
 - c. Do you or your partner have a need to know where the other is at all times and who they are interacting with?

- d. Do you or your partner try to control the other's relationships, freedom, decisions, time, or interests?
- 10. How are or were disagreements handled by your parents? Did you ever witness violence between your parents? What about your partner?
- 11. Have either you or your partner ever intentionally harmed an animal?
- 12. Have either you or your partner ever been diagnosed with a mental health problem?

Adapted from:
Salt Lake Area Domestic Violence Coalition
Teen Dating Violence Training Toolbox