

Sample Student Wellness Center Education Class Evaluation

Please help us to improve the education class by responding to a few short questions. This survey will enable us to add to the program in order to better serve the USU student body. Please answer honestly as all answers will remain confidential.

1. What would you consider the strengths of the class?

2. What would you consider as weaknesses of the class?

3. Comment on the effectiveness and/or ineffectiveness of methods used such as the group circle, audiovisual aids, class size, class discussion, team-builders, etc.

4. Comment on the organization and planning of the class (class length, content of the class, class exercises etc.).

5. Would you suggest a class like this to individuals struggling with a substance dependence problem?

6. What was the most impressive lesson or component of the class and why?

7. Did you become more aware of different aspects of yourself by taking this class? How and in which ways?

8. How effective do you think 0-1-3 was for you? Why?

9. Have you noticed that you are more aware of your drinking? Describe your attempts (if any) to restrict or monitor your drinking.

10. How useful was session one (law enforcement, autobiographies, etc.)? Suggestions for change?

11. How useful was session two (collages, values, advertising, 0-1-3, refusal skills, etc.)? Suggestions for change?

12. How useful was session three (alcohol, cocaine, genogram, medical speaker)? Suggestions for change?

13. How useful was session four (Cruel Spirits, sexual assault, binge drinking)? Suggestions for change?

14. How useful was session five (marijuana, Colors, Five Areas of Life)? Suggestions for change?

15. How useful was session six (Recovering Addict speaker, things to do for fun)? Suggestions for change?

16. With all of the information received in class, how has it impacted your use of illegal, prescribed, and/or over-the-counter drugs?

17. Please circle your overall reaction to the class:

LOW 1 2 3 4 5 HIGH

18. Please circle your overall reaction to the Student Wellness Center (assessment process, review

process, class process, personal treatment, accessibility, availability, etc.):

LOW 1 2 3 4 5 HIGH

Additional Comments: