

LESSON 1

Look at Me

Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
 - Cup of edible items
 - Toy, book, or puzzle
 - Instructor's Chart
 - Learner's Chart
 - Pencil and crayons for marking charts
 - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

Directions

Until the learner can respond to the direction "Look at me" without any mistakes, teach Lesson 1 each day. Allow the learner to color a portion of his chart after each session.

The lesson suggests using a raisin or piece of cereal to reward the learner. You may substitute any edible item in place of these. It might be useful to determine in advance what edible items are reinforcing to the learner.

Note: It is first necessary to teach the learner to follow the direction "Look at me" so he will direct his attention to the instructor or model when the instructor shows him what to do in other lessons.

Instructor's Dialogue

Step A (Show)

I: (Sit in front of the learner, close enough to touch him. Hold a reward, such as a raisin or piece of cereal, in front of your face.)

[Learner's name], look at me.

L: (Looks at the instructor.)

I: (Give the reward to the learner.)

Good looking at me!

(When the learner looks away or back at the toy between each direction, hold up another reward and repeat the direction.)

[Learner's name], look at me.

L: (Looks at the instructor.)

I: (Give the reward to the learner.)

Good looking at me!

Correction Procedure: If the learner has difficulty, move to Step B (Help).

(Repeat Step A twice and then proceed to Step C.)

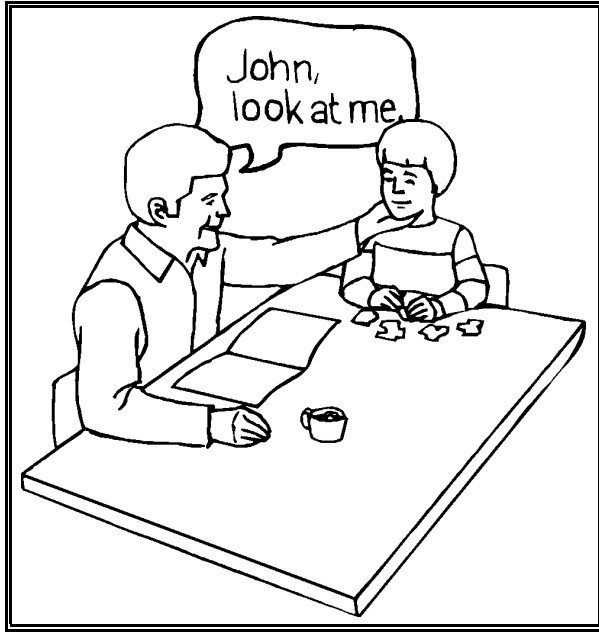
Step B (Help)

I: (Sit in front of the learner, close enough to touch him. Hold a reward, such as a raisin or piece of sugared cereal, in front of your face.)

[Learner's name], look at me.

L: (Does not look at the instructor.)

I: (Give the spoken direction again in a firm tone of voice and at the same time gently turn the learner's head until he is looking at you.)



I: [Learner's name], look at me.

L: (Turns his face toward the instructor with help.)

I: (Give the reward to the learner.)

Good looking at me!

(Take out another reward and hold it up.)

(You should be able to judge whether the learner is turning his head by himself. Try to give a little less help this time but don't give any unless it is needed. A slight tap may be enough.)

[Learner's name], look at me.

L: (Turns his face toward the instructor with less help.)

I: (Give the reward to the learner.)

Good looking at me!

(Continue to give the spoken direction, help, and reward the learner several times until he has done it once by himself. He must look away or turn to another activity after following each direction. Then proceed to Step C.)

Step C (Tell)

I: (Sit in front of the learner, close enough to touch him. Hold a reward in front of your face.)

[Learner's name], look at me.

L: (Looks at the instructor without help.)

I: (Give the reward to the learner.)

Good looking at me!

Correction Procedure: If the learner has difficulty, return to Step A (Show).

(Repeat the direction three times. Smile and praise the learner but don't provide the tangible reward of food. If the learner follows the spoken direction three times in a row without help or demonstration, mark the Instructor's Chart in the Date Mastered column. Give the learner a reward badge. Go on to Extra Practice.)



Extra Practice

When the learner can respond to the spoken direction "Look at me" consistently and without any help or demonstration, use the same method to teach him the following:

Look at Mom.

Look at Dad.

Look at [name of any brothers or sisters].

Look at the dog.

Look at the cat.

Look at the table.

Look at the book.

Look at [name of the child or adult who will model and show the learner what to do in the following lessons].

Note: Make sure the objects or people you ask the learner to look at are familiar to him because you are teaching the direction "Look at," not the names of objects or people.

This extra practice will allow the learner to generalize the direction "Look at" to other people and objects.