

# LESSON 4

## Sit Down

### Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
  - Chair
  - Another child or adult to demonstrate
  - Instructor's Chart
  - Learner's Chart
  - Pencil and crayons for marking charts
  - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

### Directions

Until the learner can respond to the direction "Sit down" without any mistakes, teach Lesson 4 each day. Allow the learner to color a portion of his chart after each session.

### Instructor's Dialogue

#### Step A (Show)

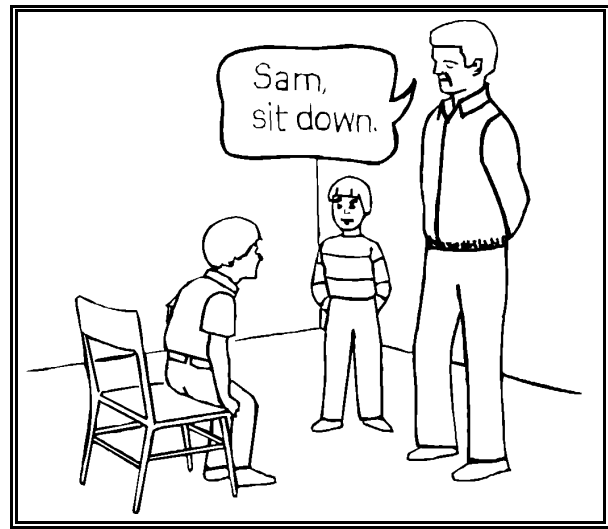
**I:** (Instructor, model, and learner should stand in front of the chair.)

**[Learner's name],** look at **[Model's name]**.

**L:** (Looks at the model.)

**I:** **[Model's name],** sit down.

**M:** (Sits down.)



**I:** **Good sitting down!**

**[Model's name],** come here.

**M:** (Returns to the instructor.)

**I:** **Good coming here!**

**[Learner's name],** sit down.

**L:** (Sits down.)

**I:** **Good sitting down!**

**[Learner's name],** come here.

**L:** (Returns to the instructor.)

**I:** **Good coming here!**

**Correction Procedure:** If the learner has difficulty, move to Step B (Help).

(Repeat Step A twice and then proceed to Step C.)

#### Step B (Help)

**I:** (Instructor, model, and learner should stand in front of the chair.)

**[Learner's name],** sit down.

**L:** (Does not sit down.)

**I:** (Give the spoken direction again in a firm tone of voice and at the same time have the model take the learner's hand or arm and help him sit down.)

**[Learner's name], sit down.**

**L:** (Sits down with the model's help.)

**I: Good sitting down!**

**[Learner's name], come here.**

**L:** (Learner and model return to the instructor.)

**I: Good coming here!**

(This time have the model guide the learner only part of the way. Tell him to give less help each time.)

**[Learner's name], sit down.**

**L:** (Sits down with less help each time.)

**I: Good sitting down!**

**[Learner's name], come here.**

**L:** (Learner and model return to the instructor.)

**I: Good coming here!**

**Note:** If the learner does not appear to be paying attention, say "[Learner's name], look at me" before giving the direction.

(Continue to give the spoken direction and reward the learner if he sits down with less help each time. Repeat the process until he has done it once by himself. Then proceed to Step C.)

### Step C (Tell)

**I:** (Instructor and learner should stand in front of the chair.)

**[Learner's name], sit down.**

**L:** (Sits down without help.)

**I: Good sitting down!**

**I: Come here.**

**L:** (Returns to the instructor.)

**I: Good coming here!**

**Correction Procedure:** If the learner has difficulty, return to Step A (Show).

(If the learner follows the spoken direction three times in a row without help or demonstration, mark the Instructor's Chart in the Date Mastered column. Give the learner a reward badge.)

