

# LESSON 1

## Untying Shoes

### Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
  - A pair of shoes with laces
  - Instructor's Chart
  - Learner's Chart
  - Pencil and crayons for marking charts
  - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

### Directions

Begin with the right shoe on the learner's right foot. Sit on the right side of the learner while teaching him to untie the right shoe. If the learner is left handed, begin with the left shoe and sit on the left side of the learner.

**Note:** Until the learner can untie both shoes on his own, teach Lesson 1 each day.

### Instructor's Dialogue

#### Step A (Show)

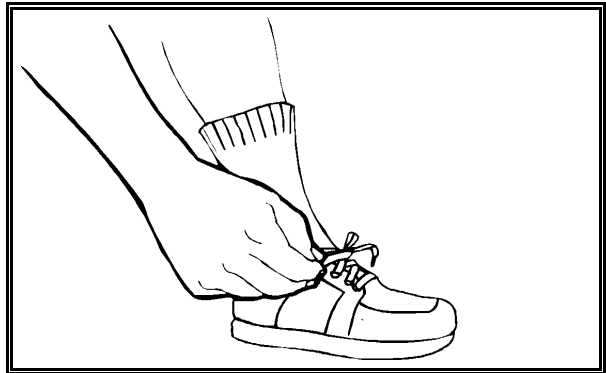
**I: I will help you learn to untie the shoe. Look here.**

(Point to the shoe on the learner's right foot.)

**I: First, I hold the end of the right lace with this**

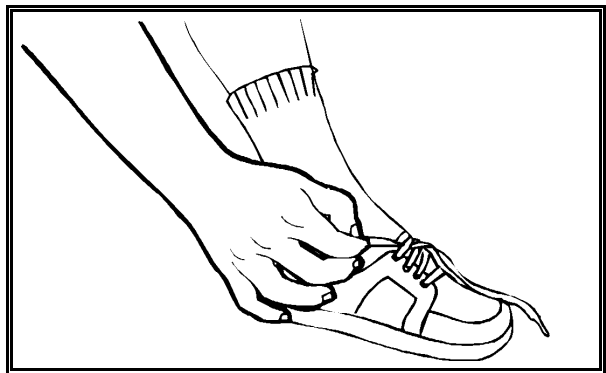
**hand.**

(Hold the end of the right lace with the right hand.)



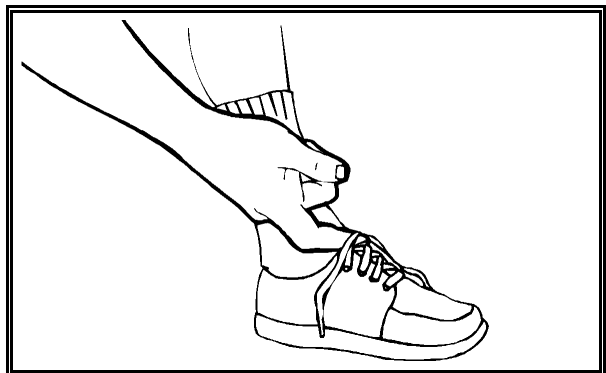
**I: Then I pull the lace.**

(Pull the right lace.)



**I: Next I put this finger under the laces and pull up hard.**

(Place the index finger of your right hand under the laces and pull up hard until the laces are untied.)



**I: There! The shoe is untied.**

(Proceed to Step B.)

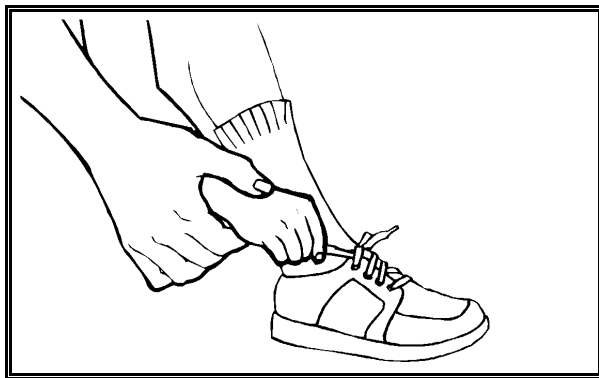
**Step B (Help)**

I: (Tie the learner's shoe.)

Let's try untying the shoe together.

First, we hold the end of the right lace with this hand.

(Help the learner hold the end of the right lace with the right hand.)

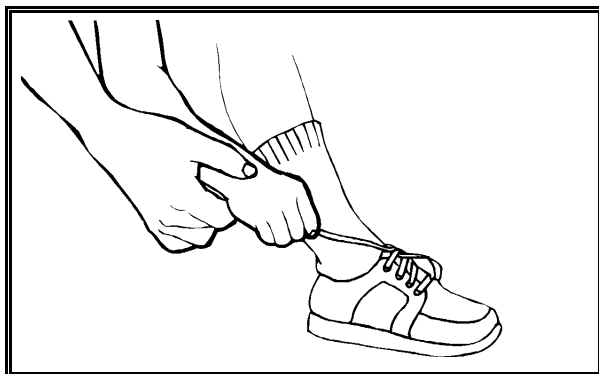


L: (Holds the end of the right lace with the instructor's help.)

I: **Good job holding the lace!**

Now we pull the lace.

(Help the learner pull the right lace.)

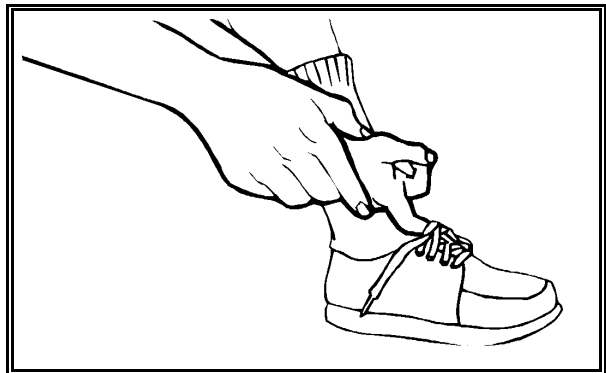


L: (Pulls the right lace with the instructor's help.)

I: **That's the way to pull it!**

I: **Next we put this finger under the laces and pull up hard.**

(Help the learner put the index finger of his right hand under the laces and pull up hard until the laces are untied.)



L: (Finishes untying the laces with the instructor's help.)

I: **We did it! We untied the shoe.**

(Repeat Step B until the learner correctly completes each part of the step with your help. When he does, proceed to Step C.)

**Note:** If the learner is having difficulty with the laces, use long, stiff laces made of rawhide or other material.

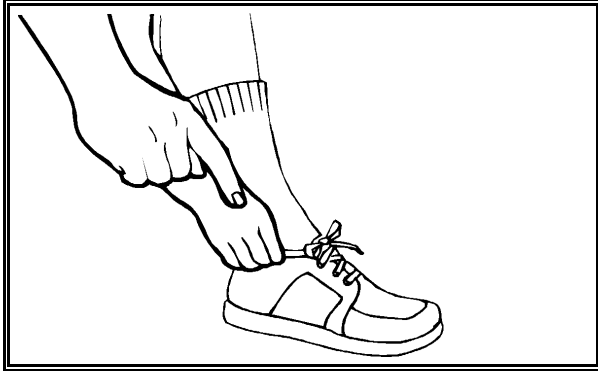
**Step C (Touch)**

**I:** (Tie the learner's shoe.)

**Let's try untying the shoe again.**

**First, hold the end of the right lace with this hand.**

(Touch the learner's hand that will hold the end of the right lace.)

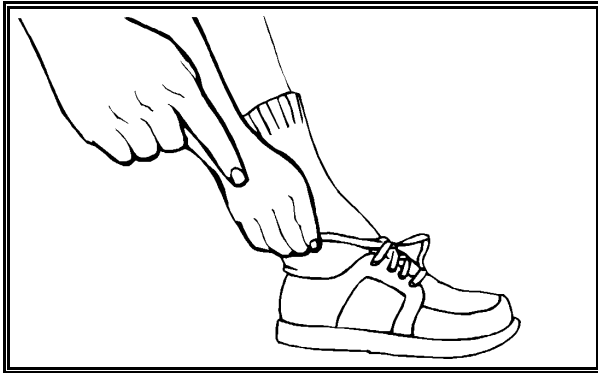


**L:** (Holds the end of the right lace when his hand is touched.)

**I:** **Nice job holding the lace!**

**Now pull the lace.**

(Touch the learner's hand that will pull the right lace.)

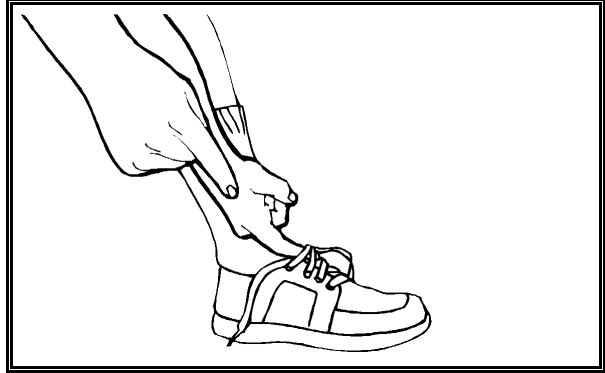


**L:** (Pulls the right lace when his hand is touched.)

**I:** **Excellent! You're good at pulling the lace.**

**I:** **Next put this finger under the laces and pull up hard.**

(Touch the index finger on the learner's right hand.)



**L:** (Finishes untying the laces when his finger is touched.)

**I:** **Great! You untied the shoe.**

**Correction Procedure:** If the learner has difficulty, return to Step B (Help).

(Repeat Step C until the learner correctly completes each part of the step when his hand is touched. When he does, proceed to Step D.)

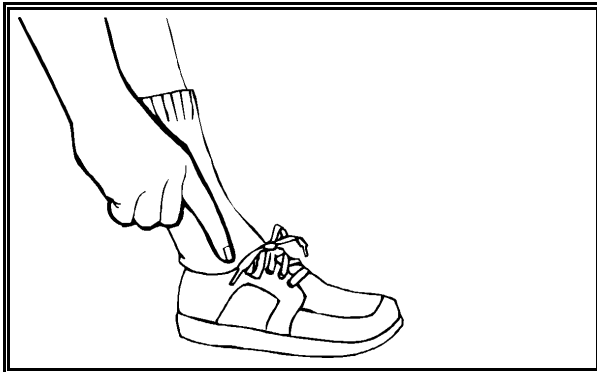
**Step D (Point)**

**I:** (Tie the learner's shoe.)

**Let's untie the shoe again.**

**First, hold the end of the right lace.**

(Point to the end of the right lace.)

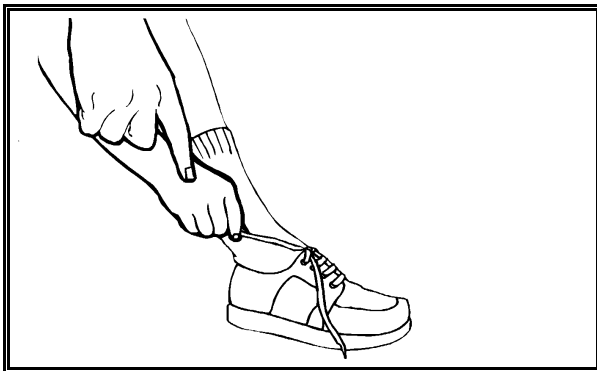


**L:** (Holds the end of the right lace when the instructor points to it.)

**I: Good job holding the lace!**

**Now pull the lace.**

(Point to the right lace.)

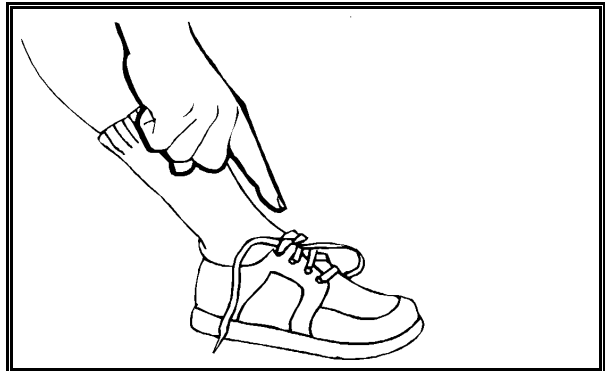


**L:** (Pulls the right lace when the instructor points to it.)

**I: That's the way to pull it!**

**I: Next put your finger under the laces and pull up hard.**

(Point to the laces.)



**L:** (Finishes untying the laces when the instructor points to the laces.)

**I: You did it! You untied the shoe.**

**Correction Procedure:** If the learner has difficulty, return to Step C (Touch).

(Repeat Step D until the learner correctly completes each part of the step when you point. When he does, proceed to Step E.)

**Step E (Tell Steps)**

**I:** (Tie the learner's shoe.)

**Untie the shoe again.**

**First, hold the end of the right lace.**

**L:** (Holds the end of the right lace.)

**I:** **Nice job holding the lace!**

**Now pull the lace.**

**L:** (Pulls the right lace.)

**I:** **You're good at pulling the lace!**

**Next put your finger under the laces and pull up hard.**

**L:** (Finishes untying the laces.)

**I:** **Great! You untied the shoe.**

**Correction Procedure:** If the learner has difficulty, return to Step D (Point).

(Repeat Step E until the learner correctly completes each part of the step when told. When he does, proceed to Step F.)

**Step F (Tell)**

**I:** (Tie the learner's shoe.)

**This time untie the shoe by yourself. Ready. Do it.**

**L:** (Holds the end of the right lace, pulls the lace, puts his finger under the laces, and pulls up hard until the laces are untied.)

**I:** **You did it! You untied the shoe by yourself.**

**Correction Procedure:** If the learner has difficulty, return to Step E (Tell Steps).

(If the learner successfully unties the right shoe three times in a row by himself, repeat Lesson 1 having him use the left shoe. The instructor will sit on the left side of the learner for this lesson.)

(The learner has completed the lesson when he can successfully untie both shoes without help or demonstration. Mark the Instructor's Chart and give the learner a reward badge.)

