

# LESSON 1

## Unzipping a Jacket

### Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
  - A jacket with a zipper
  - Instructor's Chart
  - Learner's Chart
  - Pencil and crayons for marking charts
  - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

### Directions

Begin with the learner wearing the jacket. The zipper tab should be pulled up three-quarters of the distance to the top of the jacket opening. Stand behind the learner while teaching him to unzip the jacket.

**Note:** Until the learner can unzip the jacket on his own, teach Lesson 1 each day.

### Instructor's Dialogue

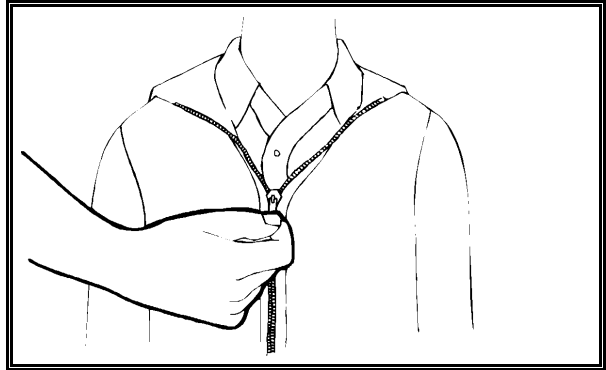
#### Step A (Show)

**I: I will help you learn to unzip the jacket. Look here.**

(Point to the zipper tab.)

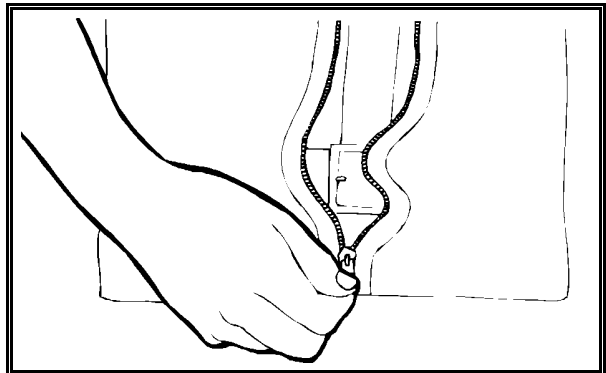
**I: First, I hold the zipper tab with this hand.**

(Hold the zipper tab with the thumb and index finger of your right hand.)



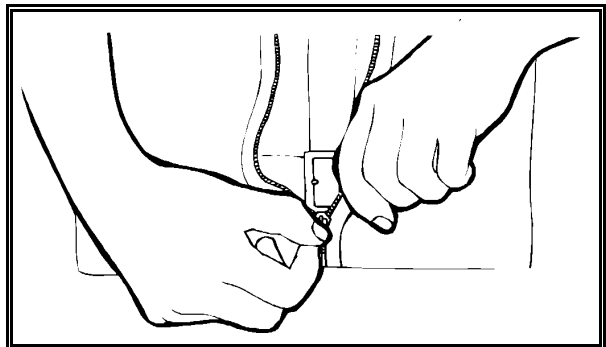
**I: Then I pull the zipper tab down to the bottom.**

(Pull the zipper tab down to the bottom, but not off the track.)



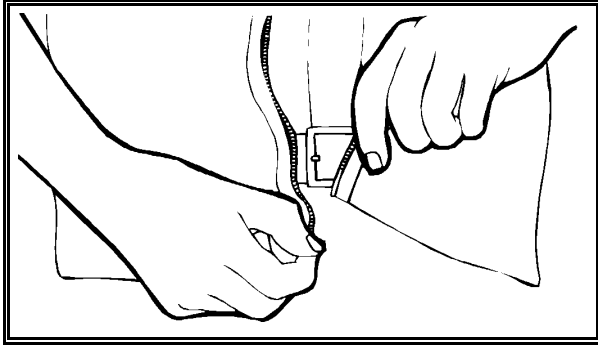
**I: Next I hold the other side of the zipper with this hand.**

(Hold the other side of the zipper with the thumb and index finger of your left hand.)



**I: Now I pull up on this side of the zipper while pulling down on the zipper tab.**

(Pull down on the zipper tab and up on the other side of the zipper until the jacket is unzipped.)



**I: There! I unzipped the jacket.**

(Proceed to Step B.)

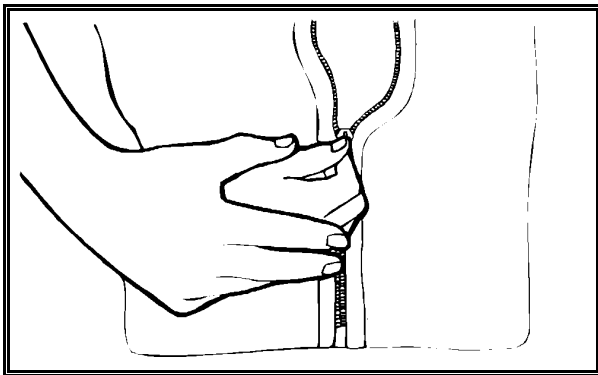
**Step B (Help)**

**I: (Rezip the jacket.)**

**Let's try unzipping the jacket together.**

**First, we hold the zipper tab with this hand.**

(Help the learner hold the zipper tab with the thumb and index finger of his right hand.)

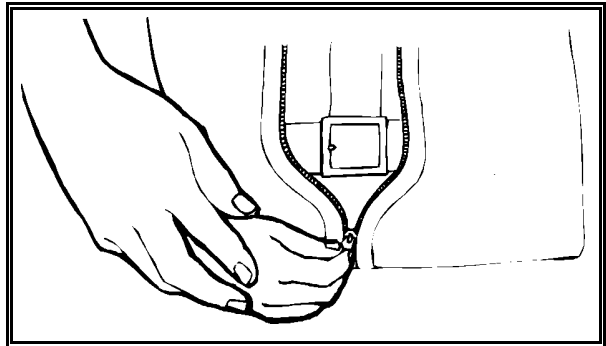


**L: (Holds the zipper tab with the instructor's help.)**

**I: Good job holding the tab!**

**I: Now we pull the zipper tab down to the bottom.**

(Help the learner pull the zipper tab down to the bottom, but not off the track.)

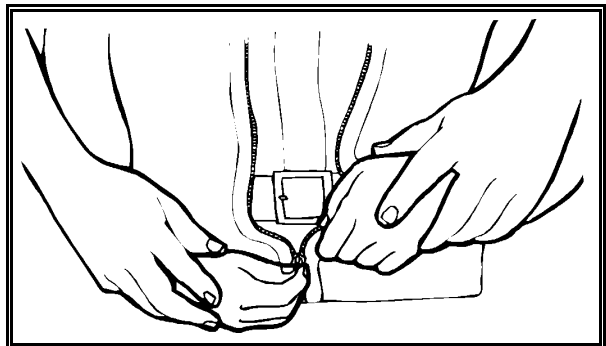


**L: (Pulls the zipper tab down to the bottom, but not off the track, with the instructor's help.)**

**I: That's the way to pull the tab!**

**Next we hold the other side of the zipper with this hand.**

(Help the learner hold the other side of the zipper with the thumb and index finger of his left hand.)

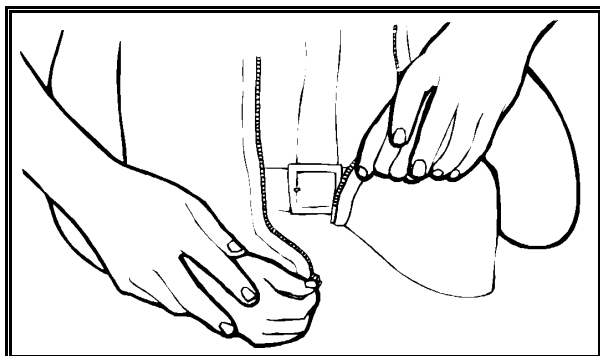


**L: (Holds the other side of the zipper with the instructor's help.)**

**I: Good holding the other side of the zipper!**

**I:** Now we pull up on this side of the zipper while pulling down on the zipper tab.

(Help the learner pull down on the zipper tab and up on the other side of the zipper until the jacket is unzipped.)



**L:** (Finishes unzipping the jacket with the instructor's help.)

**I:** We did it! We unzipped the jacket.

(Repeat Step B until the learner correctly completes each part of the step with your help. When he does, proceed to Step C.)

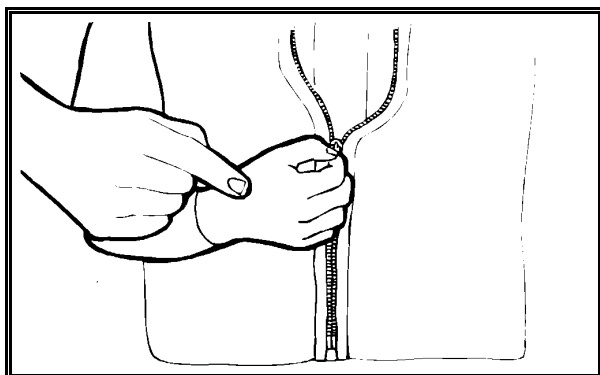
**Step C (Touch)**

**I:** (Rezip the jacket.)

**Let's try unzipping the jacket again.**

**First, hold the zipper tab with this hand.**

(Touch the learner's hand that will hold the zipper tab.)

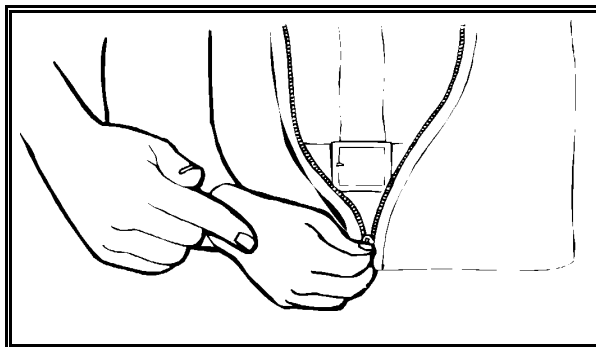


**L:** (Holds the zipper tab when his hand is touched.)

**I:** Nice job holding the tab!

**Now pull the zipper tab down to the bottom.**

(Touch the learner's hand that will pull the zipper tab.)

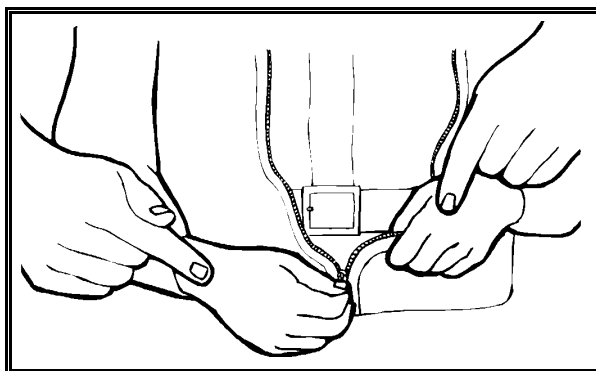


**L:** (Pulls the zipper tab down to the bottom, but not off the track, when his hand is touched.)

**I:** Excellent! You're good at pulling the tab.

**Next hold the other side of the zipper with this hand.**

(Touch the learner's hand that will hold the other side of the zipper.)

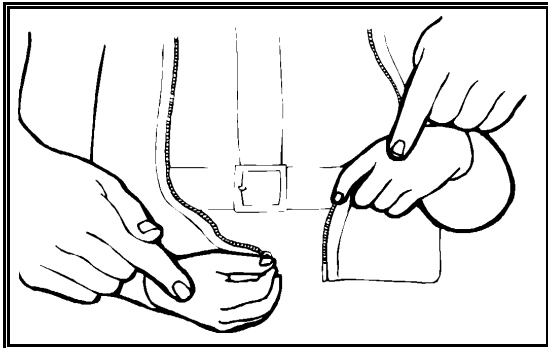


**L:** (Holds the other side of the zipper when his hand is touched.)

**I:** Good holding the other side of the zipper!

**I: Now pull up on this side of the zipper while pulling down on the zipper tab.**

(Touch the learner's hands.)



**L:** (Finishes unzipping the jacket when his hands are touched.)

**I: Great! You unzipped the jacket.**

**Correction Procedure:** If the learner has difficulty, return to Step B (Help).

(Repeat Step C until the learner correctly completes each part of the step when his hands are touched. When he does, proceed to Step D.)

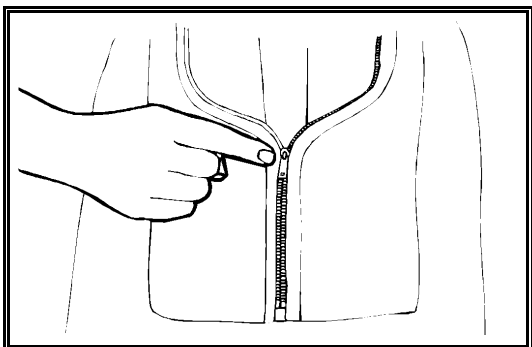
**Step D (Point)**

**I:** (Rezip the jacket.)

**Let's unzip the jacket again.**

**First, hold the zipper tab.**

(Point to the zipper tab.)

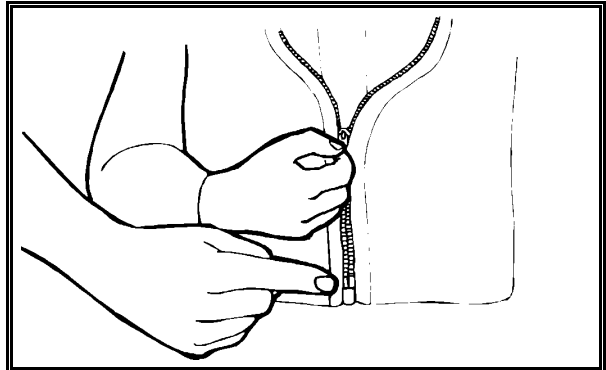


**L:**(Holds the zipper tab when the instructor points to it.)

**I: Good job holding the tab!**

**Now pull the zipper tab down to the bottom.**

(Point to the bottom of the zipper.)

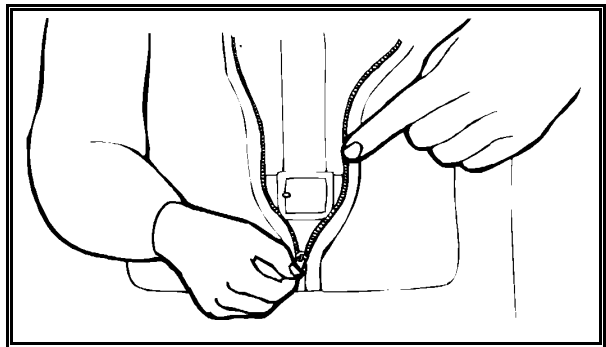


**L:**(Pulls the zipper tab down to the bottom, but not off the track, when the instructor points to the bottom of the zipper.)

**I:That's the way to pull the tab!**

**Next hold the other side of the zipper.**

(Point to the other side of the zipper.)

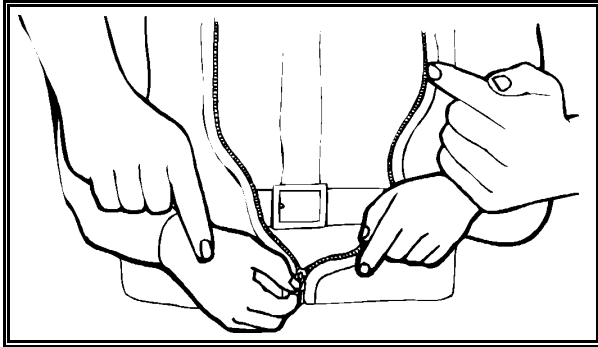


**L:**(Holds the other side of the zipper when the instructor points to it.)

**I:Good holding the other side of the zipper!**

**I: Now pull up on this side of the zipper while pulling down on the zipper tab.**

(Point to the zipper tab and the other side of the zipper.)



**L: (Finishes unzipping the jacket when the instructor points.)**

**I: You did it! You unzipped the jacket.**

**Correction Procedure:** If the learner has difficulty, return to Step C (Touch).

(Repeat Step D until the learner correctly completes each part of the step when you point. When he does, proceed to Step E.)

### Step E (Tell Steps)

**I: (Rezip the jacket.)**

**Unzip the jacket again.**

**First, hold the zipper tab.**

**L: (Holds the zipper tab.)**

**I: Nice job holding the tab!**

**Now pull the zipper tab down to the bottom.**

**L: (Pulls the zipper tab down to the bottom, but not off the track.)**

**I: You're good at pulling the tab!**

**Next hold the other side of the zipper.**

**L: (Holds the other side of the zipper.)**

**I: Good holding the other side of the zipper!**

**Now pull up on the side of the zipper while pulling down on the zipper tab.**

**L: (Finishes unzipping the jacket.)**

**I: Great! You unzipped the jacket.**

**Correction Procedure:** If the learner has difficulty, return to Step D (Point).

(Repeat Step E until the learner correctly completes each part of the step when told. When he does, proceed to Step F.)

### Step F (Tell)

**I: (Rezip the jacket.)**

**This time unzip the jacket by yourself. Ready. Do it.**

**L: (Holds the zipper tab, pulls it down, holds the other side of the zipper, and then pulls up on the side and down on the tab until the jacket is unzipped.)**

**I: You did it! You unzipped the jacket by yourself.**

**Correction Procedure:** If the learner has difficulty, return to Step E (Tell Steps).

(Repeat Step F until the learner unzips the jacket three times in a row by himself.)

(The learner has completed the lesson when he can unzip the jacket three times in a row without help or demonstration. Mark the Instructor's Chart and give the learner a reward badge.)

