

LESSON 2

Buttoning a Sweater

Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
 - A sweater with buttons (large buttons and buttonholes are best)
 - Instructor's Chart
 - Learner's Chart
 - Pencil and crayons for marking charts
 - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

Directions

Begin with the learner wearing the sweater. All of the buttons should be unbuttoned. Stand behind the learner while teaching him to button the sweater.

Note: Until the learner can button the sweater on his own, teach Lesson 2 each day.

Instructor's Dialogue

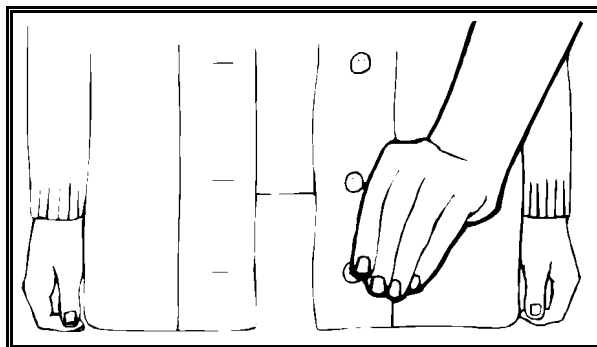
Step A (Show)

I: I will help you learn to button this sweater. Look here.

(Point to the bottom button on the sweater.)

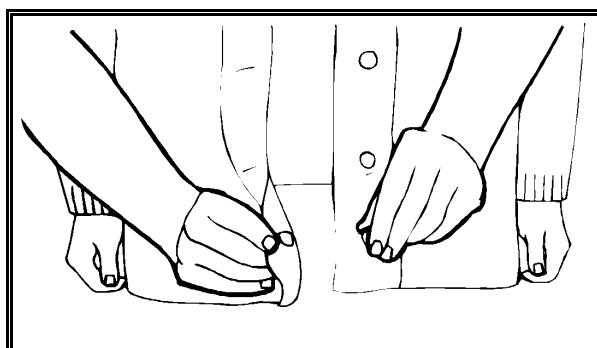
I: First, I hold the button with this hand.

(Hold the button between the thumb and index finger of one hand.)



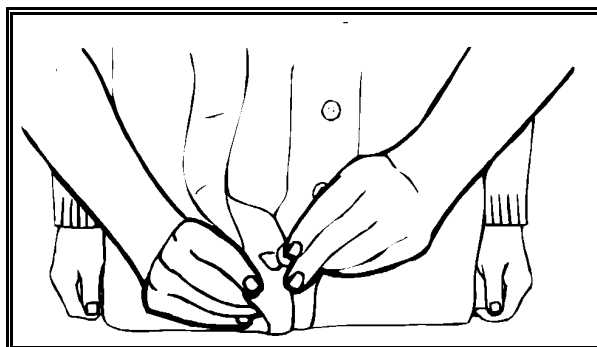
I: Then I hold and turn the buttonhole with this hand.

(Hold the edge of the buttonhole between the thumb and index finger of the other hand. Turn out the underside of the buttonhole.)



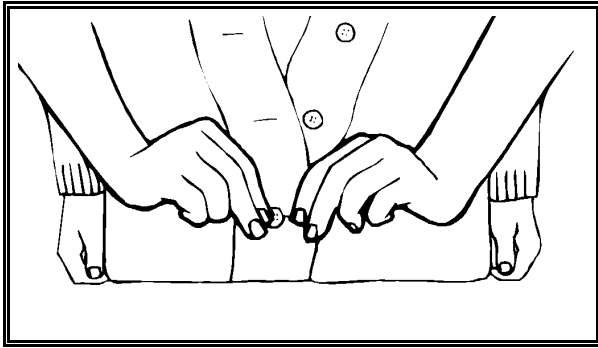
I: Next I push the button through the buttonhole until it hits my thumb.

(Push the button through the buttonhole until it hits your thumb.)



I: Now I pull the button through the buttonhole with this hand while keeping the buttonhole open with the other hand.

(Pull the button through the buttonhole. At this point you will have changed hands. The hand that pushed the button through the buttonhole will now be used to keep the buttonhole open. The other hand will pull the button through the buttonhole.)



I: There! It's buttoned.

Now you unbutton it.

L: (Unbuttons the button.)

I: Great! You unbuttoned it by yourself.

(Proceed to Step B.)

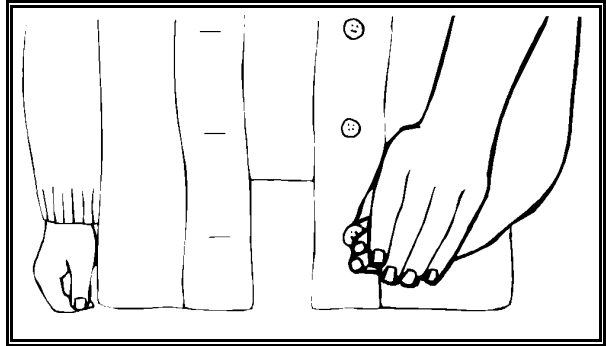
Step B (Help)

I:(Begin with an unbuttoned button.)

Let's try the next button together.

First, we hold the button with this hand.

(Help the learner hold the button between the thumb and index finger of one hand.)

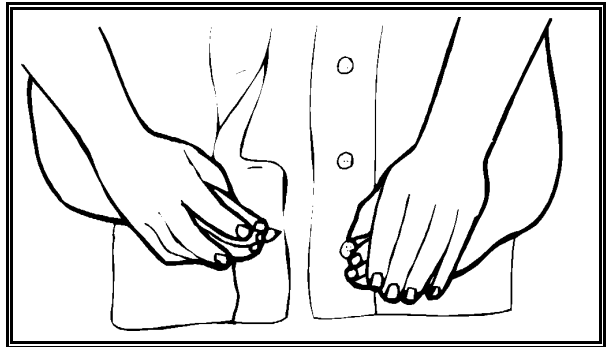


L:(Holds the button with the instructor's help.)

I:Good holding the button!

Now we hold and turn the buttonhole with this hand.

(Help the learner hold the edge of the buttonhole between the thumb and index finger of his other hand. Help him turn out the underside of the buttonhole.)

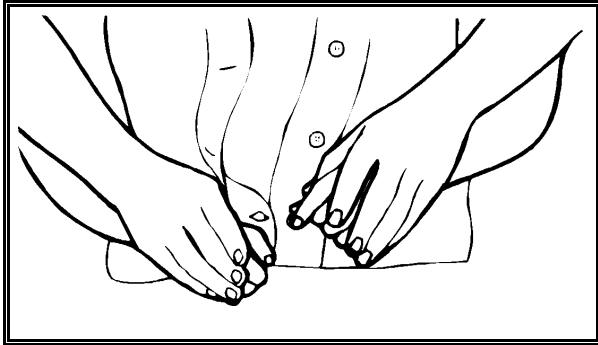


L:(Holds and turns the edge of the buttonhole with the instructor's help.)

I:That's the way to turn the buttonhole!

I: Next, we push the button through the buttonhole until it hits your thumb.

(Help the learner push the button through the buttonhole until it hits his thumb.)

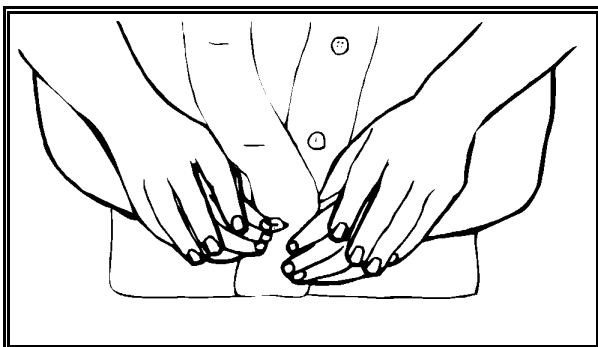


L: (Pushes the button through the buttonhole until it hits his thumb with the instructor's help.)

I: Nice job pushing the button!

Now we pull the button through the buttonhole with this hand while keeping the buttonhole open with the other hand.

(Help the learner pull the button through the buttonhole. Remember to have the learner change hands at this point. The hand that pushed the button through the buttonhole is now used to keep the buttonhole open. The other hand will pull the button through the buttonhole.)



L: (Finishes buttoning the button with the instructor's help.)

I: We did it! We buttoned a button.

Now you unbutton it.

L: (Unbuttons the button.)

I: Good job! You unbuttoned it by yourself.

Reducing Help: Repeat Step B reducing the amount of assistance by using the Help, Touch, Point, and Tell Steps method (used in Lesson 1). When the learner correctly responds to Tell Steps, proceed to Step C.

Step C (Tell)

I: (Begin with an unbuttoned button.)

This time button the next button by yourself. Ready. Do it.

L: (Holds the button, holds and turns out the buttonhole, pushes the button through the buttonhole, and pulls the button through the buttonhole while keeping the buttonhole open.)

I: You did it! You buttoned it by yourself.

(Unbutton the sweater so the learner can button the whole sweater.)

Now button all of the buttons on the sweater.

L: (Buttons all of the buttons on the sweater.)

I: Great! You buttoned all of the buttons on the sweater by yourself.

Correction Procedure: If the learner has difficulty, return to Step B (Help).

(Repeat Step C until the learner buttons all of the buttons on the sweater three times in a row by himself.)

I: (The learner has completed the lesson when he can button all the buttons on the sweater three times in a row without help or demonstration. Mark the Instructor's Chart and give the learner a reward badge.)



Correcting Common Problems

Once the learner has learned to button the sweater, some problems might still arise. He may begin buttoning with the wrong button (not the bottom button), or he may skip a button. The following suggested activities are designed to help prevent or correct such mistakes:

Activity 1

I: (Stand beside the learner in front of a mirror and button your sweater, skipping a button.)

I forgot something. Point to the mistake.

L: (Points to the button you forgot to button.)

To Correct:

I:Have I buttoned all my buttons?

(Point to unbuttoned button.)

No, I forgot this one.

Activity 2

I: (Stand beside the learner in front of a mirror and button your sweater, putting the second button from the bottom in the bottom button-hole.)

Something is wrong with the way I buttoned my sweater. Point to the mistake.

L: (Points to the mistake.)

To Correct:

I:Did I start with the right button?

(Point to the bottom of the sweater.)

No, I didn't.

Activity 3

I:(Stand beside the learner in front of a mirror.)

Shut your eyes.

L:(Shuts his eyes.)

I:(Begin to button the learner's sweater, putting the second-from-bottom button in the bottom buttonhole.)

Open your eyes and look in the mirror. Something is wrong with the way I buttoned your sweater. Point to the mistake?

L:(Points to the mistake.)

To Correct:

I:Look here.

(Point to the bottom button.)

Did I button it the right way?

No, I didn't.

I:Button the sweater the right way.

L:(Buttons the sweater the right way.)

I:(Repeat Activity 3, but do not use a mirror.)

Note: Periodically button your sweater incorrectly and ask the learner to point to any mistakes. Praise him when he does. Tell him you'll be checking to see if he makes any mistakes when he buttons. If he hasn't made a mistake when you check, give him plenty of praise!

Summary

With the completion of this unit, the learner has acquired the skills of buttoning and unbuttoning a sweater. To ensure that he continues to use these skills, provide him with plenty of practice. Continue to praise him for buttoning and unbuttoning when he dresses and undresses. Encourage him to demonstrate his new skills to other adults or members of his family. This will not only provide practice but it will also be an excellent source of reinforcement.

In addition, encourage the learner to use his new skills with other clothing; for example, buttoning and unbuttoning his shirts.

Should the learner "lose" or forget his buttoning or unbuttoning skills, reteach the lesson(s) and provide more practice.