

LESSON 2

Zipping a Jacket

Getting Ready

1. Read through the lesson before working with the learner.
2. Organize the materials you will need for the lesson:
 - A jacket with a zipper
 - Instructor's Chart
 - Learner's Chart
 - Pencil and crayons for marking charts
 - Reward badge
3. Arrange a work space that will best suit lesson activities.
4. Begin working with the learner.

Directions

Begin with the learner wearing the jacket. The zipper should be completely undone with the zipper tab pulled up about one inch from the catch at the bottom. Stand behind the learner while teaching him to zip the jacket.

Note: Until the learner can zip the jacket on his own, teach Lesson 2 each day.

Instructor's Dialogue

Step A (Show)

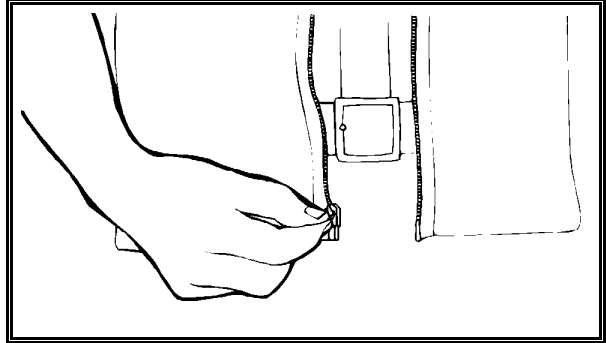
I: I will help you learn to zip the jacket. Look here.

(Point to the zipper tab.)

I: First, I hold the zipper tab with this hand and

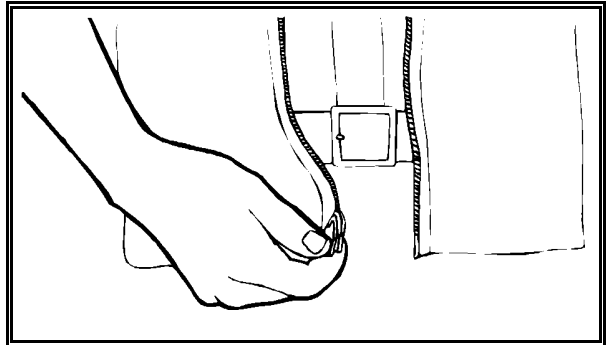
pull it all the way down to the catch.

(Hold the zipper tab with the thumb and index finger of your right hand and pull it down to the catch.)



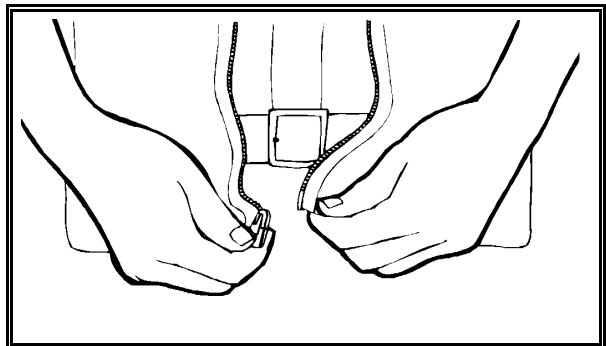
I: Then I hold the zipper tab and catch together like this.

(Hold the zipper tab and catch together with your right hand.)



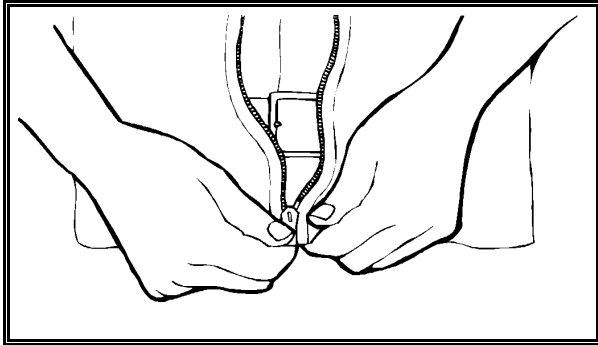
I: Next I hold the zipper end with this hand.

(Hold the zipper end with the thumb and index finger of your left hand.)



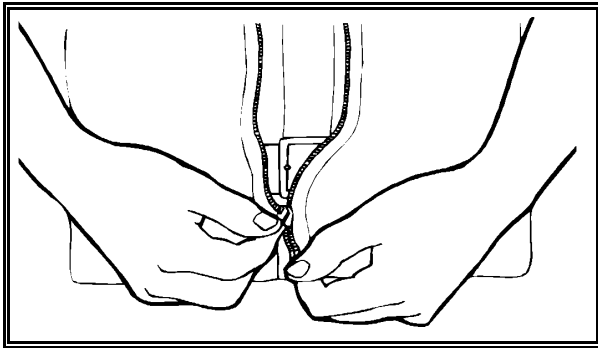
I: Now I put the zipper end into the zipper tab and catch.

(Put the zipper end into the zipper tab and catch.)



I: Then I hold the zipper end and catch while pulling up on the zipper tab.

(Hold the zipper end and catch together with your left hand and pull up on the zipper tab with your right hand until the jacket is zipped.)



I: There! I zipped the jacket.

Now you unzip the jacket.

L: (Unzips the jacket.)

I: Great! You unzipped the jacket by yourself.

(Proceed to Step B.)

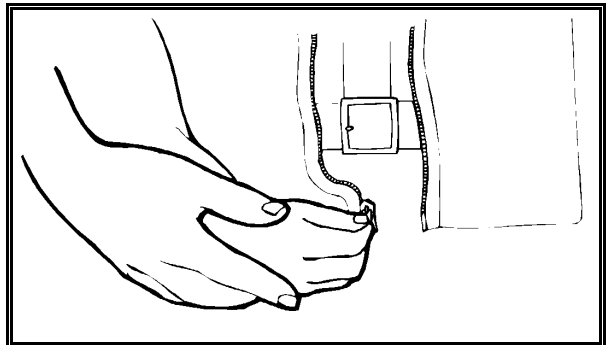
Step B (Help)

I:(Begin with the jacket unzipped.)

Let's try zipping the jacket together.

First, we hold the zipper tab with this hand and pull it all the way down to the catch.

(Help the learner hold the zipper tab with the thumb and index finger of his right hand and pull it down to the catch.)

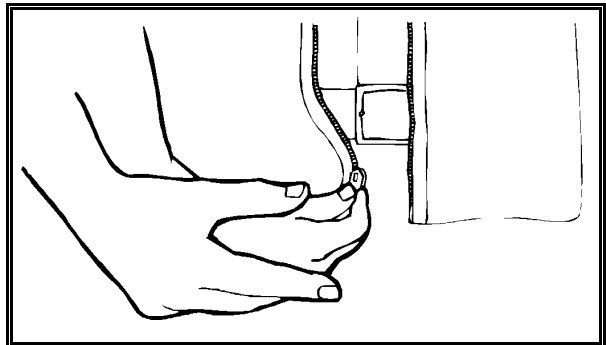


L:(Holds the zipper tab and pulls it down to the catch with the instructor's help.)

I: Good pulling the tab!

Now we hold the zipper tab and catch together.

(Help the learner hold the zipper tab and catch together with his right hand.)

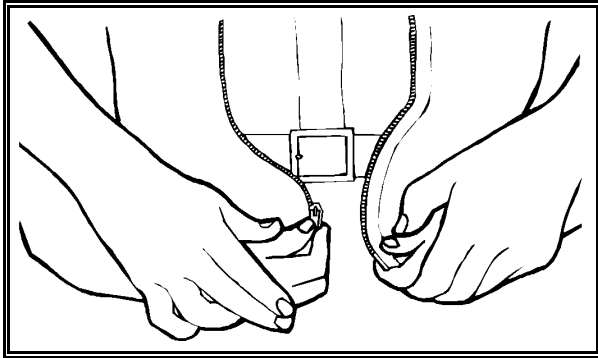


L:(Holds the zipper tab and catch together with the instructor's help.)

I: That's the way to hold the tab and catch together!

I: Next we hold the zipper end with this hand.

(Help the learner hold the zipper end with the thumb and index finger of his left hand.)

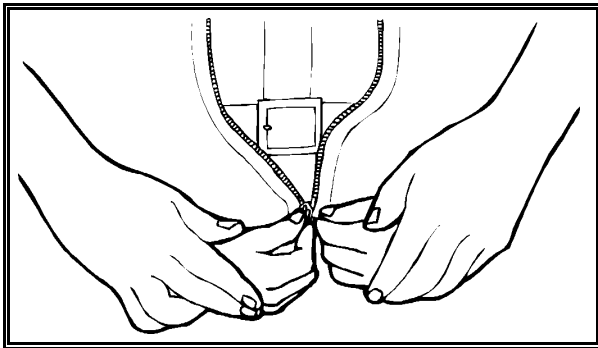


L: (Holds the zipper end with the instructor's help.)

I: Nice job holding the zipper end!

Now we put the zipper end into the zipper tab and catch.

(Help the learner put the zipper end into the zipper tab and catch.)

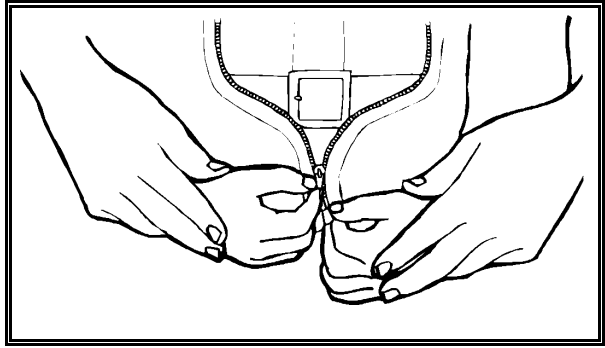


L: (Puts the zipper end into the zipper tab and catch with the instructor's help.)

I: Excellent! You're good at putting them together.

I:Next we hold the zipper end and catch while pulling up on the zipper tab.

(Help the learner hold the zipper end and catch together with his left hand and pull up on the zipper tab with his right hand until the jacket is zipped.)



L:(Finishes zipping the jacket with the instructor's help.)

I:We did it! We zipped the jacket.

Now you unzip the jacket.

L:(Unzips the jacket.)

I:Good unzipping the jacket!

Reducing Help: Repeat Step B reducing the amount of assistance by using the Help, Touch, Point, and Tell Steps method (used in Lesson 1). When the learner correctly responds to Tell Steps, proceed to Step C.

Step C (Tell)

unzipping skills, reteach the lesson(s) and provide more practice.

I: (Begin with the jacket unzipped.)

This time zip the jacket by yourself. Ready. Do it.

L: (Holds and pulls the zipper tab down to the catch, holds the zipper end, puts the zipper end into the tab and catch, holds the zipper end and catch together, and pulls up on the zipper tab until the jacket is zipped.)

I: Great! You zipped the jacket by yourself.

Correction Procedure: If the learner has difficulty, return to Step B (Help).

(Repeat Step C until the learner zips the jacket three times in a row by himself.)

(The learner has completed the lesson when he can zip the jacket three times in a row without help or demonstration. Mark the Instructor's Chart and give the learner a reward badge.)

**Summary**

With the completion of this unit, the learner has acquired the skills of zipping and unzipping a jacket. To ensure that he continues to use these skills, provide him with plenty of practice. Continue to praise him for zipping and unzipping when he dresses and undresses. Encourage him to demonstrate his new skills to other adults or members of his family. This will not only provide practice but it will also be an excellent source of reinforcement.

In addition, encourage the learner to use his new skills with other clothing; for example, zipping and unzipping his pants and boots.

Should the learner "lose" or forget his zipping or