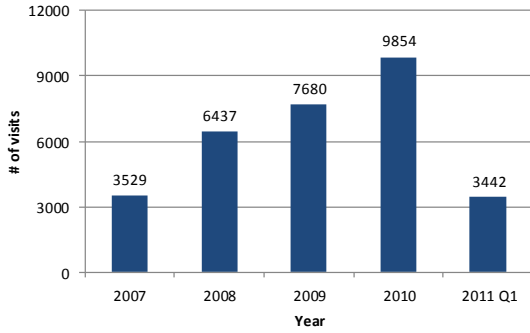
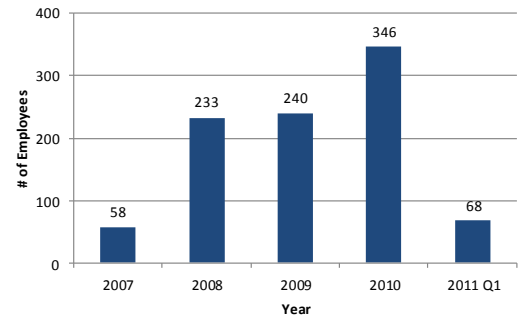


USU At a Glance

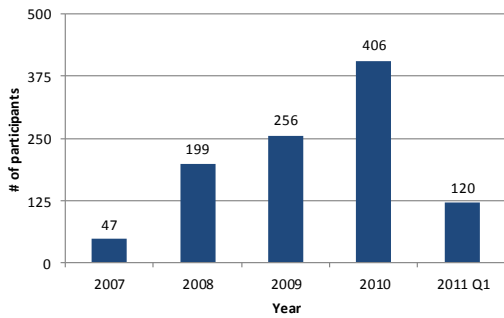
Be Well Program



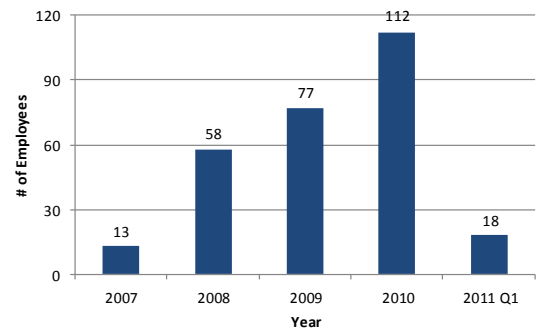
30,942 People have visited the Employee Wellness Center since 2007



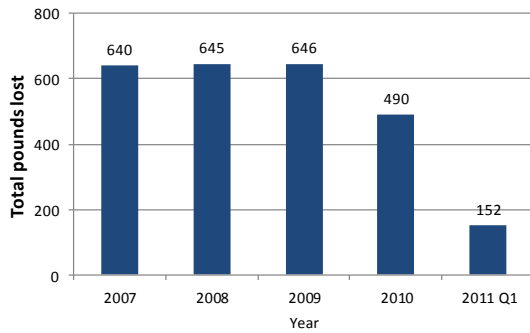
945 Fitness Assessments have been completed



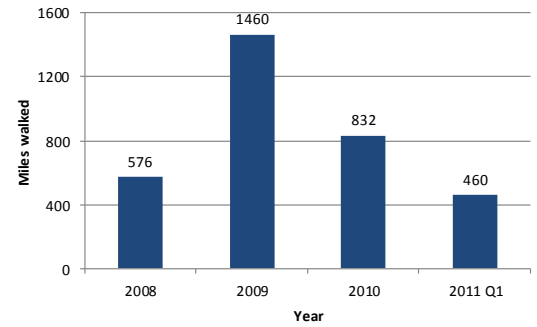
1,028 People have participated in Employee Wellness Classes since 2007



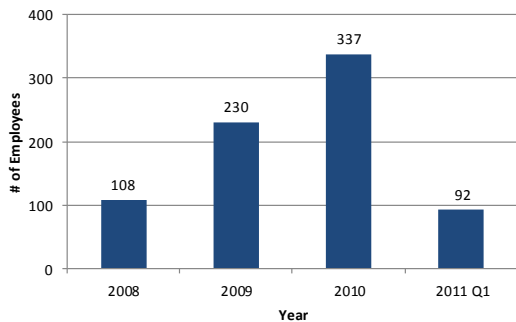
278 Employees/Spouse have taken advantage of Personal Training Since 2007



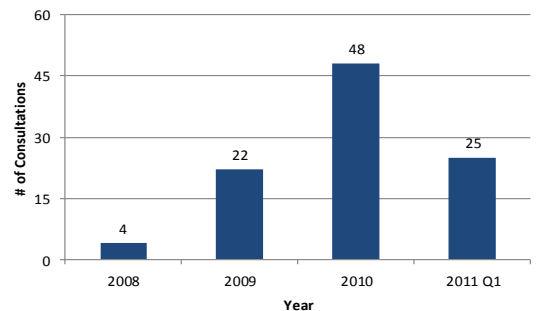
2,573 Pounds were lost in our Weight Watchers at Work program since 2007



3,328 Miles have been walked in our Aggie Walking Club since 2008



767 Health Risk Assessments have been completed since 2008



99 Employees have had a Nutrition Consultation with a campus dietitian since 2008