Inspire Me Wellness Award
Nomination Form

The *Inspire Me Wellness Award* is a chance to celebrate the many ways that we work together to create a healthy campus environment. The award is sponsored by *The Statesman, USU Today,* and the *USU Employee Wellness Program*. We invite you to nominate an employee or student who models a healthy lifestyle, has made significant changes in health behaviors, motivates others to make health improvements, or has implemented a policy to help create a positive wellness culture at Utah State University.

One employee and one student will be selected from the nominees each month and spotlighted. Individuals selected for the award will receive a desktop acrylic *Inspire Me Wellness Award*, and a free Be Well t-shirt from the Employee Wellness Program for serving as an inspirational role model. Please describe the person you are nominating and provide digital pictures if available.

Please complete the following information about you:

Name:	☐ Employee ☐ Student
Employee Department / UMC:	Student Year:
Job Title:	Student Major:
Email Address:	
Phone:	

Please complete the following information about your nominee:

Name:	☐ Employee ☐ Student
Employee Department / UMC:	Student Year:
Job Title:	Student Major:
Email Address:	
Phone:	

Please tell us why you are nominating this employee or student for the Inspire Me Wellness Award:

Send this form to Dayna Barrett by fax 435-797-1816, UMC 8800, or email dayna.barrett@usu.edu.

Wellness Follow-up: Does this individual agree to share info about their wellness journey, to be a resource, to be recognized in the *Statesman* & *USU Today*, and to respond to emails from another member of our USU community?___