



Got Personal training?

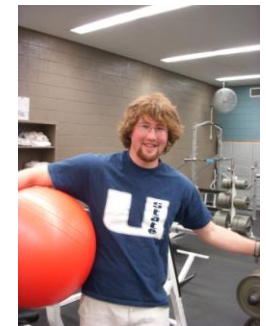
Based on Availability, USU is offering personal training to employees and their spouse/partner at NO-COST using exercise science students.

Matt Kohler, an exercise science student, can provide you with personal training once your fitness assessment has been completed. Contact him at (435) 225-4338 or matt.kohler@usu.edu.



Shaun Anderson can provide you with personal training once your fitness assessment has been completed. Contact him at (435-764-2612) or s.g.a@aggiemail.usu.edu.

Alex Baldwin, a member of our wellness staff, can provide you with personal training. Contact him at (435) 770-7283 or alexbaldwin2@yahoo.com. He is currently a student and training to be a certified personal trainer.



Dayna Barrett, our Wellness Assistant, is available for exercise advice and personal training. Contact her at (435) 797-8519 or dayna.barrett@usu.edu. (Returns: September 1.)

For more info on programs, contact: caroline.shugart@usu.edu.

