



## **Fall 2009 Water Aerobics.**

**C**ome enjoy a low impact activity that provides a great cardio workout. Come and make new friends. Attend as many classes as you can!

**Meets in HPER small pool.**

**Dates Aug 31 – Dec 4**

**MWF 12-1 pm**

**MW 5-6 pm**

**USU ID: \$35 & Community: \$45**



**Register at the Camp Rec Service Desk (pool cage, HPER)**

**Contact: [caroline.shugart@usu.edu](mailto:caroline.shugart@usu.edu) (435) 797-0735**

