

USU *Be Well* Program

Summer Water Aerobics



This class is offered M/W/F 12-1 pm throughout the summer months. Come enjoy a low impact activity that provides a great cardio workout. You will love the pool temperature and the instructors. Come and make new friends. We meet in the HPER small pool. Perfect for summer fun!

Summer Class: May 18 – August 7

\$35 USU ID and Summer Senior Citizens

\$45 without USU ID

Register at the HPER Campus Rec/Pool Service Desk

**For more information, call Dayna Barrett at (435) 797-8519
or by email: dayna.barrett@usu.edu**