I read the book "Incidents in the Life of a Slave Girl", by Linda Brent for my first "historical experience". My daughters had both read it last year and I heard that PATHS patrons were turned onto it as well last year. I found it very interesting and a moving account of the how life was for slaves in the 1800's.

I teach a unit I call "Women in History and Their Contributions to Our Country and World" every spring to my third graders. It is one of their favorite units and I plan to share a few passages from the book with them to get them to feel more deeply how awful life as a slave must have been. I will use passages from the chapter, "The Slave Who Dared to Feel Like a Man" (pgs. 16-17) as they are about the author’s little brother at the time he is about the age of a third grader. I know a "real" account will touch many of them.