FACILITIES

100 Number of hours the ARC is open per week during the academic year

ARC VISITS:

<p>| | |</p>
<table>
<thead>
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<tbody>
<tr>
<td>Fall</td>
<td>141,916</td>
</tr>
<tr>
<td>Spring</td>
<td>173,201</td>
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<tr>
<td>Total</td>
<td>315,117</td>
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FIELDHOUSE VISITS:

<p>| | |</p>
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<tr>
<td>Fall</td>
<td>54,357</td>
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<tr>
<td>Spring</td>
<td>53,440</td>
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<tr>
<td>Total</td>
<td>107,797</td>
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AQUATIC PROGRAMS

87 Number of hours the pools are open per week during the academic year

LAP/OPEN SWIM GUEST PASSES:

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>2015-2016</td>
<td>476 Guest Passes</td>
</tr>
<tr>
<td>2016-2017</td>
<td>1,230 Guest Passes</td>
</tr>
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</table>

Aquatic Visits

45,427

CLUB SPORTS

15 TOTAL SPORT CLUBS

“3.3” Average team GPA for traveling to nationals

437 STUDENT ATHLETES

122 28% FEMALES

315 72% MALES
1,969 Group Fitness Classes
99 Personal Training Clients
705 Fit Passes Sold
735 Personal Training Sessions*

4,472 Number of Intramural Participants
21 Leagues and Tournaments
1,505 Number of Contests Played
24,148 Number of Intramural Participations
OUTDOOR PROGRAMS

GEAR ITEMS CHECKED OUT

<table>
<thead>
<tr>
<th>Year</th>
<th>Items Checked Out</th>
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<tbody>
<tr>
<td>2014-2015</td>
<td>10,242</td>
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<tr>
<td>2015-2016</td>
<td>10,882</td>
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<tr>
<td>2016-2017</td>
<td>19,150</td>
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OUTDOOR TRIPS & PARTICIPANTS

<table>
<thead>
<tr>
<th>Year</th>
<th>Trips</th>
<th>Participants</th>
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<tr>
<td>2014-2015</td>
<td>34</td>
<td>291</td>
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<tr>
<td>2015-2016</td>
<td>30</td>
<td>331</td>
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<tr>
<td>2016-2017</td>
<td>38</td>
<td>485</td>
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NON-CREDIT COURSE ENROLLMENT

<table>
<thead>
<tr>
<th>Year</th>
<th>Participants</th>
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</thead>
<tbody>
<tr>
<td>2014-2015</td>
<td>89</td>
</tr>
<tr>
<td>2015-2016</td>
<td>154</td>
</tr>
<tr>
<td>2016-2017</td>
<td>191</td>
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</tbody>
</table>

STAFFING

During the 2016 fiscal year, the Campus Recreation department hired 175 individual students in 21 different positions.
Mission Statement

Campus Recreation provides wellness and healthy lifestyle oriented programs, events, and services to Utah State University students and employees via five program areas: Aquatics, Fitness, Club Sports, Intramurals, Outdoor Recreation. Facility operations supplement the program area functions and provide seamless customer service to USU students, employees, and the community. Campus Recreation creates opportunities for student to enhance the college experience through play, wellness, and adventures!

Vision Statement

Campus Recreation is committed to being recognized as a leader on campus and in recreation within higher education across the country. We will continue to provide dynamic and diverse recreational experiences to engage students in a positive manner through learning and leadership opportunities. Campus Recreation is dedicated to creating excellent student and professional development.

Program Information

- **Informal Recreation** - The Aggie Recreation Center, HPER Building and Fieldhouse are multipurpose facilities with several activity spaces, including: a weight room for strength training and cardiovascular conditioning, multi-purpose gymnasiums, an indoor jogging track, six racquetball courts, an indoor climbing wall and bouldering wall, group fitness rooms, locker rooms, administrative offices and meeting spaces, and two pools.
- **Aquatic Programs** provide a safe and inviting environment supported by educated, enthusiastic, and professional American Red Cross Certified Lifeguards and Water Safety Instructors. Aquatics provides a place for physical activity and leisure to individuals with different needs and goals as well as educate participants on water safety practices.
- **Fitness Programs** provide integrated programs, resources and services, in order to promote healthy lifestyles, create opportunities for positive behavior modification and enhance student academic success. Programs and services include Group Fitness classes, Personal Training services, weight management and nutrition consulting, Workshops, incentive programs and special events.
- **Intramural Sports** offer participants the opportunity play organized sports in a recreational but competitive atmosphere, learn new sports skills, and have fun with fellow friends and students. The Intramural Sports program offers a wide variety of team sports, team and individual tournaments, and special events.
- **Club Sports** provide opportunities to participate in competitive and recreational sports and also learn valuable life skills in organization, communication and leadership. Club Sports have been established to promote and develop the interests and skills of their members in a particular sport or recreational activity.
- **Outdoor Programs** provides opportunities for outdoor education and leadership experiences through the climbing and bouldering walls, adventure trips and workshops. Outdoor gear can also be checked out at the Aggie Recreation Center Rental Shop.
- The **Student Staff and Leadership** program includes training and supervising both undergraduate students (200+) and volunteers in facility and game management, teaching and educational sessions, program execution and evaluation, and risk management administration.
Student Learning Outcomes:

1. By participating in Campus Recreation programs and services, students will understand how physical activity will improve health.
2. By competing in Intramural and Club Sport programs, students will learn to work cooperatively as a team and resolve conflicts among team members.
3. Campus Recreation student leaders will experience leadership opportunities that result in improved communication, listening, time management skills, and more self-confidence.
4. By participating in Outdoor Programs, students will develop a greater understanding of sustainability and environmental issues.
5. By participating in Campus Recreation programs and services, students will recognize their connection to the campus community and build relationships with peers.
6. Through participation in Campus Recreation fitness activities, students will discover ways to achieve fitness goals and develop skills to manage weight and stress.
7. Campus Recreation student participants will establish respect for differences through diverse interactions.
8. Through participation in Campus Recreation programs and services, students will integrate knowledge and skills to improve personally and academically.
Campus Recreation Performance Reports

Overview
The Campus Recreation Department is comprised of the following Facilities: Aggie Recreation Center, Health, Physical, Education and Recreation Building (HPER) and the Fieldhouse. The Programs within with Campus Recreation Department consist of Aquatics Programs, Club Sport, Fitness Programs, Intramural Sports and Outdoor Recreation Programs. Attached you will find the 2016-2017 Annual Dashboards for the aforementioned units as of June 30, 2017 compared to the same timeframe for the previous four years.

The purpose of the following dashboards is to provide visibility into the Campus Recreation Department performance indicators at a glance view. The data will be distributed two times per semester. The data will be reviewed in order to develop and assess improvement in areas that are key performance indicators for the University.

Campus Recreation is a comprehensive department designed to help achieve and maintain optimum enrollment (recruitment, retention and graduation rates). It is an institution wide program that permeates virtually every aspect of the University's function and culture.

Time Frame:
1st Bi-Annual- July 1 – December 31
2nd Bi-Annual- January 1 - June 30
Annual- July 1 - June 30

Key
Direction of Change: Importance of Change:
↑ = Significant Increase Green=Better
↓ = Significant Decrease Yellow=Caution
↔ = No Significant Change Black=Neutral
− = Not Available Red=Needs Attention
† = Not Applicable
<table>
<thead>
<tr>
<th></th>
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</thead>
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<tr>
<td><strong>EMBERSHIPS</strong></td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>Faculty/Staff(^1)</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>62</td>
<td></td>
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<tr>
<td>Total Non-Student</td>
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<tr>
<td><strong>USAGE</strong></td>
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<tr>
<td>Student Visits to ARC(^1)</td>
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<td>--</td>
<td>--</td>
<td>179,705</td>
<td>303,636</td>
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<tr>
<td>Faculty/Staff Visits(^1)</td>
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<td>--</td>
<td>469</td>
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<tr>
<td>Other Members(^2)</td>
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<td>2,164</td>
<td>↑</td>
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<td></td>
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<tr>
<td>Visitors</td>
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<td>4,469</td>
<td>8,847</td>
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<td>Welcome Week Event</td>
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<td>2,300</td>
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<td>Spring Student Celebration</td>
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<td>1,990</td>
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<td>Total Facility Usage</td>
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<td>--</td>
<td>186,164</td>
<td>318,035</td>
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<tr>
<td>Open Swim Participants</td>
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<td>19,041</td>
<td>19,780</td>
<td>28,018</td>
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<td>Instructional Courses</td>
<td>43</td>
<td>35</td>
<td>29</td>
<td>43</td>
<td>62</td>
<td>↑</td>
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<td></td>
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<tr>
<td>Course Participants</td>
<td>591</td>
<td>371</td>
<td>387</td>
<td>6,648</td>
<td>8,154</td>
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<td>Total Aquatic Program</td>
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<td>19,457</td>
<td>26,471</td>
<td>36,234</td>
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<tr>
<td>Trip Participants</td>
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<td>243</td>
<td>393</td>
<td>331</td>
<td>485</td>
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</tr>
<tr>
<td>Gear Items Checked Out</td>
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<td>--</td>
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<td>10,882</td>
<td>19,150</td>
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<tr>
<td>Special Program</td>
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<td>125</td>
<td>154</td>
<td>191</td>
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<tr>
<td>Participants</td>
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<td>Total Outdoor Program</td>
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<td>368</td>
<td>518</td>
<td>11,367</td>
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<tr>
<td>Group Fitness Classes</td>
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<td>60</td>
<td>930</td>
<td>1,084</td>
<td>1,219</td>
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<tr>
<td>Group Fitness</td>
<td>--</td>
<td>--</td>
<td>261</td>
<td>239</td>
<td>357</td>
<td>↑</td>
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<tr>
<td>Semester Passes Sold</td>
<td></td>
<td></td>
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<tr>
<td>Personal Training</td>
<td>--</td>
<td>--</td>
<td>--</td>
<td>131</td>
<td>735</td>
<td>↑</td>
</tr>
<tr>
<td>Sessions Sold</td>
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<tr>
<td>Personal Training</td>
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<td>--</td>
<td>18</td>
<td>99</td>
<td>↑</td>
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<tr>
<td>Clients</td>
<td></td>
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<td></td>
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<tr>
<td>Strength and Conditioning Passes</td>
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<td>537</td>
<td>439</td>
<td>278</td>
<td>348</td>
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<tr>
<td>Sold</td>
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<td>597</td>
<td>1,630</td>
<td>1,750</td>
<td>2,758</td>
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<tr>
<td><strong>Total Fitness Program</strong></td>
<td></td>
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<tr>
<td><strong>INTRAMURAL SPORTS</strong></td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>Total Intramural</td>
<td>4,888</td>
<td>4,892</td>
<td>4,785</td>
<td>4,533</td>
<td>4,472</td>
<td>↔</td>
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<tr>
<td>Participants</td>
<td></td>
<td></td>
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<tr>
<td>Total Intramural</td>
<td>1,646</td>
<td>1,739</td>
<td>1,759</td>
<td>1,621</td>
<td>1,505</td>
<td>↓</td>
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<tr>
<td>Events</td>
<td>6,534</td>
<td>6,631</td>
<td>6,544</td>
<td>6,154</td>
<td>5,910</td>
<td>↔</td>
</tr>
<tr>
<td><strong>CLUB SPORTS</strong></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Total Clubs</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>15</td>
<td>↑</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Club Sport</td>
<td>402</td>
<td>--</td>
<td>--</td>
<td>430</td>
<td>437</td>
<td>↑</td>
</tr>
<tr>
<td>Participants</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Post Season Participation</td>
<td>6</td>
<td>--</td>
<td>--</td>
<td>7</td>
<td>8</td>
<td>↑</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Club Sport</td>
<td>408</td>
<td>--</td>
<td>--</td>
<td>451</td>
<td>460</td>
<td>↑</td>
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### Fieldhouse

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<tr>
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</thead>
<tbody>
<tr>
<td>Student Visits to Fieldhouse¹</td>
<td>204,189</td>
<td>197,269</td>
<td>207,510</td>
<td>101,498</td>
<td>97,748</td>
<td>↓</td>
</tr>
<tr>
<td>Faculty/Staff Visits</td>
<td>10,512</td>
<td>9,724</td>
<td>6,243</td>
<td>3,127</td>
<td>9,206</td>
<td>↑</td>
</tr>
<tr>
<td>Other Members¹</td>
<td>995</td>
<td>546</td>
<td>1,255</td>
<td>94</td>
<td>673</td>
<td>↑</td>
</tr>
<tr>
<td>Guests Passes</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>264</td>
<td>↑</td>
</tr>
<tr>
<td>Visitors</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>166</td>
<td>↑</td>
</tr>
<tr>
<td>Total Facility Usage</td>
<td>215,696</td>
<td>207,539</td>
<td>215,008</td>
<td>104,719</td>
<td>108,057</td>
<td>↑</td>
</tr>
</tbody>
</table>

### Notes:
1. "Fieldhouse" includes only students with access.
2. "Faculty/Staff" category includes only students with access.
3. "Other Members" category includes Faculty/Staff Dependents, Alumni, Retired Employees, Affiliates and Community Members.
Aquatic Programs offers a safe and inviting environment supported by educated, enthusiastic and professional American Red Cross Certified Lifeguards, Water Safety Instructors, and Instructor Trainers. It is our mission to provide a place for educational and physical activity and leisure to diverse individuals with different needs and goals as well as educate those participants on water safety practices. Aquatic Programs offers a wide variety of lap/open swim times, special events, swim team and water polo practices, water aerobics, swim lessons for all ages, & American Red Cross courses. In this short report, you will find highlights of Aquatic Programs for the 2016-2017 school year. The participant numbers that swiped into the pools for the 2016-2017 season total 40234 and can be found broken down into membership types below.

Facility usage numbers for Aquatics

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open Swim Participants</td>
<td>32,018</td>
</tr>
<tr>
<td>Instructional Participants</td>
<td>62</td>
</tr>
<tr>
<td>Course Participants (Swim Lessons)</td>
<td>8,154</td>
</tr>
<tr>
<td>Total usage numbers from 7/1/2015 to 6/7/2016</td>
<td>40,234</td>
</tr>
</tbody>
</table>
Learn-to-Swim

In the Learn-to-Swim program, parents or guardians of children up to 5 years of age will actively participate in their kids’ swim lessons. This not only helps increase the child’s comfort level in the water, but can help parents understand the process and practice skills with their children between classes. The Learn-to-Swim program focuses on building skills one step at a time. By giving them the opportunity to master one element before moving on to the next, our kids’ swim classes make it easy to build confidence in the water. During their swim lessons, children spend time on the following six levels:

- **Level 1: Introduction to Water Skills:** Students will learn how to feel comfortable in the water and safely enjoy it.
- **Level 2: Fundamentals of Aquatic Skills:** Children will learn basic swimming skills.
- **Level 3: Stroke Development:** Additional guided practice will help students improve their skills.
- **Level 4: Stroke Improvement:** Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills.
- **Level 5: Stroke Refinement:** Guidance allows kids to refine their strokes and become more efficient swimmers.
- **Level 6: Swimming and Skill Proficiency:** Students will learn to swim with ease and efficiency, and gain the ability to swim smoothly over greater distances. Swimmers will also have the option to participate in more advanced course

For Adult Swim Lessons the Learn-to-Swim program allows swimmers to progress at their own pace, mastering one set of skills before moving on to the next. Swimming lessons for adults are available in the following three levels, developed to meet the needs of adult learners:

1) **Learning the Basics:** earn basic swimming strokes and skills needed to stay safe, and help keep others safe in and around the water.
2) **Improving Skills and Swimming Strokes:** Participants will gain proficiency in basic aquatic skills and the six basic swimming strokes.
3) **Swimming for Fitness:** Participants will learn to refine their front crawl, back crawl, breaststroke and turns to build endurance.

USU’s Learn-to-Swim Program has continued to grow with the support of the American Red Cross, and the dedication of our swim instructors. Below you can see the Learn-to-Swim revenue increase 28% from the 2014-2015 school year to the 2015-2016 school year. Our pools had a total number of 6,648 card swipes throughout swim lessons this year.

<table>
<thead>
<tr>
<th>2015-2016 Swim Lesson Revenue</th>
<th>2016-2017 Swim Lesson Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>$25,400</td>
<td>$44,272.50</td>
</tr>
</tbody>
</table>

**American Red Cross Courses**
Aquatic Programs offers a wide variety of American Red Cross certification courses including Lifeguard Training, Lifeguard Instructor, Water Safety Instructor, First Aid CPR & AED, Emergency Oxygen, Bloodborne Pathogens Training, Safety Training for Swim Coaches, Water Safety Programs, and more upon request. During the 2015-2016 school year we had 210 students access the pools for these courses. Below is a comparison of the 2014-2015 and 2015-2016 school years, showing a 60% increase in American Red Cross Course revenue.

<table>
<thead>
<tr>
<th>2015-2016 ARC Course Revenue</th>
<th>2016-2017 ARC Course Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>$5,311</td>
<td>$4,503</td>
</tr>
</tbody>
</table>

Lap/Open Swim

Aquatic Programs offers various Lap and Open Recreation Swim times for Students, Faculty/Staff and the Community. Students and Faculty/Staff get in free with their USU ID, and Community has a small fee to off-set student fees. Children are only allowed during Open Rec Swim times posted. Below is the revenue summary for Guest Passes sold for Lap and Open Swim times, with a 119% increase from 2014-2015 to 2015-2016.

<table>
<thead>
<tr>
<th>2015-2016 Guest Pass Revenue</th>
<th>2016-2017 Guest Pass Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>$2,381 (476 Guest Passes Sold)</td>
<td>$3,076 (1237 Guest Passes Sold)</td>
</tr>
</tbody>
</table>

Special Events

- Flick N’ Floats: We held 3 Flick N’ Floats (movies in the pool) during the year. All students were invited and Dining Services donated food. We had over 1500 students for these movies.
- Log Rolling Nights: We held 2 Log Rolling Nights where all students were invited to come enjoy a night of log rolling on our Key Log to help reduce stress. Dining Services also donated food for these events.

We had a total number of 1500 students show up to our special events this year, and as these events become more popular we expect more students to be involved, making it so we can do more events like these.

Aquatic Programs Student Staff

Aquatic Programs relies heavily on student leaders and student employees. Our current jobs include Lifeguards, Water Safety Instructors (Swim Lesson Teachers), Supervisors, American Red Cross Instructors, HPER Service Desk Attendants, and Rec Stop Retail Attendants. Below is the number of student employee positions during the 2015-2016 school year.

- Lifeguards: 32
- Water Safety Instructors: 32
- American Red Cross Course Instructors: 12
- Supervisors: 10
- HPER Service Desk Attendants: 25
- Rec Stop Retail Attendants: 10

Staff Trainings/In-Services
Aquatic Programs has weekly 1-hour trainings and monthly 2-hour In-Services for all employees. All trainings and In-Services are mandatory, and if missed must be made up before the next training date. Trainings are instructed by myself and my student supervisors who are all certified through the American Red Cross to instruct Lifeguards. Below is a list of all topics covered within weekly trainings and monthly in-services.

- **Bloodborne Pathogens Training with USU Health & Safety (Kirt Poulsen)**
- **Sexual Harassment Training with Affirmative Action (Stacy Sturgeon)**
- **Customer Service Training/Blackboard/Fusion/Retail**
- **Lifeguard Trainings**
  - Scanning, Zone Validation, Victim Recognition
  - Scanning: Awareness and Recognition
  - Special Situations: Seizures
  - Special Situations: Respiratory and/or Cardiac Medical Scenario: Infant
  - Special Situations: Respiratory and/or Cardiac Medical Scenario: Child
  - Special Situations: Respiratory and/or Cardiac Medical Scenario: Adult
  - Dry-Land Emergency Management: CPR, AR, and First Aid
  - CPR Skills: Identifying and Managing an Obstructed Airway
  - CPR Skills: AED and O2
  - Aquatic First Aid Review
  - First Aid: Land Based
  - Water Rescue Skills
  - Rescue Techniques: Using a Rescue Tube
  - Active Victim Rescue
  - Passive Victim Rescue
  - Submerged Victim Recognition & Rescue
  - Multiple Active Victims: Together
  - Multiple Victims: Separate
  - Spinal Rescues
  - Extrication: Rapid Procedure with Backboard
  - Spinal Injury Management
  - Spinal Injury Scenario: Shallow Water
  - Spinal Injury Scenario: Deep Water
  - Emergency Action Plan: Full Scenario Training
  - Lifeguard Communication
  - Emergency Action Plan
  - Severe Weather
  - Basic Pool Management

- **Water Safety Instructor (Swim Lesson Teacher) Trainings**
  - Attraction to water/making water Safer
  - Water Safety Prevention
  - Recognition and response
  - Hydrodynamics
  - Basic Aquatic Skills
- Stroke Mechanics
- Starts and Turns
- Diving
- Disabilities and other Health Conditions
- Lifetime fitness and Training
- Opportunities in Aquatics

**HPER Service Desk**

The HPER Service Desk plays a large role in the operations of all recreation in the HPER building including Campus Recreation, Employee Wellness and HPER Academic Classes. HPER Service Desk Attendants check out equipment, do laundry, sell guest passes and lockers, with high customer service relations. HPER lockers are a large revenue source, and we have seen a 32% increase from 2014-2015 to 2015-2016.

<table>
<thead>
<tr>
<th>2015-2016 HPER Locker Rental Revenue</th>
<th>2016-2017 HPER Locker Rental Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>$29,889.48</td>
<td>$29,582.50</td>
</tr>
</tbody>
</table>

**Looking towards the 2016-2017 school year**

- **Learn-to-Swim:** We have doubled our offerings for swim lessons for the fall. Last year we offered 6 sessions in the fall, this year we will be offering 12 sessions. We will be marketing to the university community about this great service we offer and hope to get our teachers more experience teaching while bringing in revenue to help offset student fees.
- **American Red Cross Courses:** We will be marketing towards university departments to get their employees certified in CPR/AED/First Aid.
- This is the first year that I will have an Aquatics Graduate Assistant. I look forward to mentoring him and having him help grow our Aquatics programming this year.
Defining the Program and Highlights

Utah State University Competitive Sports Programs consisted of Club Sports and Intramural Sports. The Club Sports Program is an integral part of the Campus Recreation Program at Utah State. The Club Sport Program compliments the University’s intercollegiate athletic programs, intramural activities, and physical education course offerings. The program is administered by the Campus Recreation Department, which offers professional guidance to the teams within the Club Sport Program. Each team is formed, developed, governed and administered by the student membership of that particular team working with the Campus Recreation Department. The key to the success of this program and each team is student leadership, interest, involvement, and participation. The Intramural Sports Program offers the opportunity for individuals to play organized sports in a recreational but competitive atmosphere within their campus community. They have the ability to learn new sport skills, recreate in a social environment, and have fun with fellow Aggies. The program desires to provide sports and activities of interest to the campus community. Sports and activities are organized on a team and individual basis, thereby enabling all to participate. Leagues: Flag Football, Indoor/Sand Volleyball, Soccer, Futsal, Ultimate Frisbee, Basketball, Softball, and more! Tournaments vary based upon interest. Students are able to take their experiences and skills from their involvement into their future careers. Members from the program along with the Competitive Sports Coordinator were also able to attend the NIRSA Region 6 Conference, and the NIRSA Annual Conference.

Personnel

The Coordinator serves as the administrator of the program, which includes but is not limited to budgeting for all teams and programs, scheduling games, practices, leagues, and tournaments, hiring coaches and student employees, development of all personnel, and advisor for all teams. The Athletic Trainer was able to work every home event this year except when traveling with Hockey. They also handled all injuries of Club Sports athletes, and our overall Campus Recreation program participants’ injuries per request. The coaches for Club Sports teams vary on responsibility, involvement, and commitment as agreed upon with the officers at the beginning of each season. Each Club Sports team was required to have two officers who worked closely with the Coordinator on all team related items. This included items such as events, travel, purchases, overall development. The Competitive Sports Supervisors serve as facility and crowd management during all Club Sports home competitions and tournaments, as well as all Intramural Sports league games and tournaments. The Game Manager position was new this year, and they served as scorekeepers, checking in participants, and assisting the Competitive
Sports Supervisor during Intramural Sports league games and tournaments. The Intramural Sports officials position varied per session, and their role was to officiate their assigned sport per our rules and training. This year we had one student office assistant who was able to learn further details about the both programs, which included but was not limited to assisting in handling paperwork, assessment, special events, and updating checklists pertaining to travel.

Club Sports Summary

Looking back at this past year, each team experienced many accomplishments. The individual team highlights during the 2016-2017 school year are listed below:

1. **Baseball** – The team advanced all the way to Nationals this year for their league, the National Club Baseball Association (NCBA). Their overall record was 20-12 (14-1 in Conference), which includes pre and post season games. They traveled for a big Spring Break trip, and to other universities around the region. Their home games were played in Smithfield, and overall followed the program rules well this year.

2. **Climbing** – This was the first year for this team to be a part of the Club Sports Program. The team was a member of USA Climbing, specifically of Collegiate Climbing Series. They were unable to compete this year, but did travel as a team for a Spring Break trip.

3. **Cycling** – The team competed as members of USA Cycling, and they traveled to multiple races in Utah. Their team has a very small roster, but was able to still represent USU well.

4. **Hockey** – The team is a member of the Division 2 league within the American Collegiate Hockey Association (ACHA). They finished the season 23-10-1 and qualified for Nationals. The team traveled to Colorado, Idaho, Arizona, and other cities within the state. Their involvement with the youth hockey league in Cache Valley was great, and their senior night game to raise support for Team Teagan broke record attendance.

5. **Men’s Lacrosse** - The team competed in the Rocky Mountain Lacrosse Conference (RMLC), which is a part of the Men’s Colligate Lacrosse Association (MCLA) at the Division 1 Level. The team finished with the final record of 2-9, and they traveled to Colorado, Arizona, and other in state universities. They have room for improvement as far as following guidelines and financial management.

6. **Women’s Lacrosse** – The team played Division II for the Rocky Mountain Women’s Lacrosse League, and they finished 9-5 (5-3 in Division) overall. This season the team advanced to
Nationals in Salt Lake City, and was originally seeded 11th and finished the tournament seeded 5th. They travelled throughout Utah and went to California and Colorado. The officers on this team worked extremely hard this year, and are a great example to other teams in this program.

7. **Racquetball** – The team competed this year in many tournaments around the state, and was a part of the USA Racquetball Association. They did send several athletes to their Nationals tournament in California. Unfortunately, they had several issues this year with following our policies. There is much room for improvement in that aspect.

8. **Rodeo** – The team competed around the state and region against other universities in rodeos conducted by their league, the Nationals Intercollegiate Rodeo Association (NIRA). They hosted their annual rodeo during the fall semester, and had one individual qualify and attend Nationals in Wyoming.

9. **Men’s Rugby** – The team competed in the Western Conference within USA Rugby Division 1. Their overall record was 11-12 with the data provided, and they did a great job following our policies and completing community service events. They traveled across the state, to Idaho and Colorado throughout the school year. They were able to co-host a spring semester tournament with the women’s team, which was a successful fundraiser.

10. **Women’s Rugby** – The team competed in the Rocky Mountain Women’s Collegiate league, USA Rugby Division 2. They finished their season with a low record, as the information provided was very minimal. They traveled throughout the state, Idaho, and Colorado. They were able to co-host a spring semester tournament with the men’s team, which was a successful fundraiser. This team has the room for most improvement of understanding how the overall Club Sports program works.

11. **Swim/Dive** – The team significantly increased their roster this year, and advanced to Nationals this year. They competed within the US Masters Swim association, and will be joining the first ever collegiate association this upcoming year. They attempted to host an event, but we were not able to accomplish that this year. The team traveled to Atlanta, GA, within cities within Utah.

12. **Men’s Soccer** – The team competed in West Coast Soccer Association (WSCA), and finished their season 8-4-1, which includes post season play. They qualified for Nationals this year through NIRSA, and traveled to Alabama. Their spring semester consisted of a combination Futsal/Intramural tournament, which was a successful fundraiser. They have a lot to learn about how a Club Sports program is ran as well.

13. **Men’s Ultimate** – The team is part of the Big Sky League within the USA Ultimate association. They did advance to Regionals this year, and finished 19-9. They hosted a tournament in the fall, and were able to compete in multiple cities throughout Utah, Idaho, California, and Nevada.

14. **Men’s Volleyball** – The team had a great year with hosting two tournaments, and were able to send two full teams to nationals in Kansas City. They did a great job this year following our rules, and were able to have a non-student coach this year. Other than traveling to nationals, the team traveled to Colorado, Nevada and within the state to compete against other universities in tournaments.
Club Sports Statistics

<table>
<thead>
<tr>
<th>Team</th>
<th>Roster</th>
<th>Hosted</th>
<th>Away</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>37</td>
<td>14</td>
<td>18</td>
<td>32</td>
</tr>
<tr>
<td>Climbing</td>
<td>20</td>
<td>0</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Cycling</td>
<td>13</td>
<td>0</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>Hockey</td>
<td>27</td>
<td>16</td>
<td>23</td>
<td>39</td>
</tr>
<tr>
<td>Men’s Lacrosse</td>
<td>45</td>
<td>8</td>
<td>5</td>
<td>13</td>
</tr>
<tr>
<td>Women’s Lacrosse</td>
<td>28</td>
<td>2</td>
<td>11</td>
<td>13</td>
</tr>
<tr>
<td>Racquetball</td>
<td>13</td>
<td>0</td>
<td>12</td>
<td>12</td>
</tr>
<tr>
<td>Rodeo</td>
<td>32</td>
<td>0</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Men’s Rugby</td>
<td>42</td>
<td>5</td>
<td>11</td>
<td>16</td>
</tr>
<tr>
<td>Total:</td>
<td>437*</td>
<td>150</td>
<td>122</td>
<td>272</td>
</tr>
</tbody>
</table>

*Final number of participants includes any athlete who filled out complete paperwork and was on the teams’ official roster.

Club Sports not only impacted those students who participated in the sports, but the local community and all those students who supported their fellow classmates. Below represents the number of spectators that attended home events for the entire 2016-2017 school year.

Spectator Statistics 2016-2017

<table>
<thead>
<tr>
<th>Team</th>
<th>Number of Spectators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hockey</td>
<td>13,755</td>
</tr>
<tr>
<td>Men’s Lacrosse</td>
<td>1,309</td>
</tr>
<tr>
<td>Women’s Lacrosse</td>
<td>583</td>
</tr>
<tr>
<td>Men’s Rugby</td>
<td>859</td>
</tr>
<tr>
<td>Women’s Rugby</td>
<td>371</td>
</tr>
<tr>
<td>Men’s Soccer</td>
<td>119</td>
</tr>
<tr>
<td>Men’s Volleyball</td>
<td>330</td>
</tr>
<tr>
<td>Total</td>
<td>17,326</td>
</tr>
</tbody>
</table>

Areas of Improvement/Changes for Club Sports during 2017-2018

Prior to this school year, only a few teams were properly educated on the resources available to them. This year was a “rebuilding” year in the sense that each team now has a Constitution, understands resources/policies/procedures, and knows they can communicate with the Coordinator about team items. There will be five teams added for the upcoming school year.
(Figure Skating, Quidditch, Women’s Club Volleyball, Water Polo, and Wrestling), Executive Council, an Incentive Program, a Graduate Assistant, and an Intern. The Executive Council will consist of 5-6 current officers in order to make decisions and be involved with allocation decisions, any disciplinary issues, program wide community service, and special events. The Incentive Program will increase overall program morale, and at the end of the semester have a prize for the top three teams who earn the most points.
<table>
<thead>
<tr>
<th>Team</th>
<th>Starting Balance</th>
<th>Total Revenue</th>
<th>Allocation Funds Granted</th>
<th>Total Needed</th>
<th>Dues</th>
<th>Referees</th>
<th>Rental</th>
<th>Registration</th>
<th>Other</th>
<th>Travel</th>
<th>Remaining Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>$8,065.58</td>
<td>$43,624.55</td>
<td>$3,400.00</td>
<td>$3,420.00</td>
<td>$2,000.00</td>
<td>$820.00</td>
<td>-</td>
<td>$600.00</td>
<td>$10,487.24</td>
<td>$47,246.63</td>
<td>$(6,063.74)</td>
</tr>
<tr>
<td>Climbing</td>
<td>$-</td>
<td>$1,966.27</td>
<td>$-</td>
<td>$-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>$584.79</td>
<td>$856.97</td>
<td>$524.51</td>
</tr>
<tr>
<td>Cycling</td>
<td>$5,054.63</td>
<td>$3,774.10</td>
<td>$1,200.00</td>
<td>$2,021.70</td>
<td>$100.00</td>
<td>-</td>
<td>$600.00</td>
<td>$1,321.70</td>
<td>$3,740.00</td>
<td>-</td>
<td>$4,267.03</td>
</tr>
<tr>
<td>Hockey</td>
<td>$31,060.33</td>
<td>$110,281.55</td>
<td>$13,000.00</td>
<td>$49,088.00</td>
<td>$2,148.00</td>
<td>$7,935.00</td>
<td>$39,005.00</td>
<td>-</td>
<td>-</td>
<td>$24,619.18</td>
<td>$61,611.22</td>
</tr>
<tr>
<td>Lacrosse - M</td>
<td>$(4,545.94)</td>
<td>$57,830.00</td>
<td>$8,000.00</td>
<td>$12,303.88</td>
<td>$7,610.88</td>
<td>$3,693.00</td>
<td>$1,000.00</td>
<td>$23,717.15</td>
<td>$22,135.80</td>
<td>-</td>
<td>$3,412.22</td>
</tr>
<tr>
<td>Lacrosse - W</td>
<td>$4,486.33</td>
<td>$15,932.60</td>
<td>$3,000.00</td>
<td>$4,073.15</td>
<td>$850.00</td>
<td>$993.15</td>
<td>$135.00</td>
<td>$2,095.00</td>
<td>$5,606.15</td>
<td>$14,539.16</td>
<td>$940.66</td>
</tr>
<tr>
<td>Racquetball</td>
<td>$397.64</td>
<td>$1,369.00</td>
<td>$1,500.00</td>
<td>$660.00</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>$660.00</td>
<td>$821.86</td>
<td>$908.70</td>
</tr>
<tr>
<td>Rodeo</td>
<td>$11,425.93</td>
<td>$21,814.30</td>
<td>$7,800.00</td>
<td>$5,403.05</td>
<td>$300.00</td>
<td>$2,431.25</td>
<td>$2,671.80</td>
<td>-</td>
<td>$7,978.30</td>
<td>$14,008.32</td>
<td>$12,451.56</td>
</tr>
<tr>
<td>Rugby - M</td>
<td>$2,746.30</td>
<td>$11,935.72</td>
<td>$1,800.00</td>
<td>$2,311.50</td>
<td>$1,651.50</td>
<td>-</td>
<td>-</td>
<td>$660.00</td>
<td>$6,684.57</td>
<td>$11,242.49</td>
<td>$(4,749.88)</td>
</tr>
<tr>
<td>Rugby - W</td>
<td>$(743.02)</td>
<td>$12,095.00</td>
<td>$1,800.00</td>
<td>$1,846.50</td>
<td>$151.50</td>
<td>$75.00</td>
<td>$720.00</td>
<td>$900.00</td>
<td>$2,813.42</td>
<td>$6,631.76</td>
<td>$1,830.30</td>
</tr>
<tr>
<td>Soccer - M</td>
<td>$(3,285.94)</td>
<td>$25,739.00</td>
<td>$1,500.00</td>
<td>$2,112.79</td>
<td>$300.00</td>
<td>$1,462.79</td>
<td>-</td>
<td>$350.00</td>
<td>$2,536.00</td>
<td>$22,529.40</td>
<td>$(4,582.13)</td>
</tr>
<tr>
<td>Swim/Dive</td>
<td>$1,566.35</td>
<td>$7,841.69</td>
<td>$1,200.00</td>
<td>$3,003.25</td>
<td>-</td>
<td>-</td>
<td>$2,703.25</td>
<td>$300.00</td>
<td>$930.98</td>
<td>$7,819.44</td>
<td>$2,134.37</td>
</tr>
<tr>
<td>Ultimate - M</td>
<td>$5,162.82</td>
<td>$10,262.78</td>
<td>$1,200.00</td>
<td>$2,560.00</td>
<td>-</td>
<td>-</td>
<td>$735.00</td>
<td>$1,825.00</td>
<td>$2,086.55</td>
<td>$10,309.32</td>
<td>$2,108.09</td>
</tr>
<tr>
<td>Volleyball - M</td>
<td>$(478.16)</td>
<td>$14,913.89</td>
<td>$3,600.00</td>
<td>$5,017.74</td>
<td>$1,300.00</td>
<td>$740.00</td>
<td>-</td>
<td>$2,977.74</td>
<td>$2,465.67</td>
<td>$10,204.75</td>
<td>$1,692.57</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$60,912.85</td>
<td>$339,380.65</td>
<td>$49,000.00</td>
<td>$93,821.56</td>
<td>$16,411.88</td>
<td>$14,457.19</td>
<td>$50,263.05</td>
<td>$12,689.44</td>
<td>$95,069.98</td>
<td>$230,043.96</td>
<td>$27,473.57</td>
</tr>
</tbody>
</table>

All Data as of July 25th, 2017. The final journal entry is not included in these numbers, therefore the actual amount could differ. Boxes that are italicized are the inaccuracy numbers.
<table>
<thead>
<tr>
<th>Starting Balance of General Ops</th>
<th>Total Staff Payroll/ Benefits</th>
<th>Total Student Payroll/ Benefits</th>
<th>Other Expenses</th>
<th>Jaclyn Gidley Travel</th>
<th>Sean Faulkner Travel</th>
<th>Nationals Support</th>
<th>Final Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>-$502.50</td>
<td>$122,808.02</td>
<td>$2,170.60</td>
<td>$16,546.16</td>
<td>$3,780.42</td>
<td>$2,228.35</td>
<td>$2,105</td>
<td>$15,388.97</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Starting Balance of R &amp; R</th>
<th>Revenue (Late Travel Fines)</th>
<th>Final Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>$2,937.62</td>
<td>$1,050.00</td>
<td>$3,987.62</td>
</tr>
</tbody>
</table>

All Data as of July 25th, 2017
Intramural Sports Summary

Fall 2016 General Information
- 854 games were played
- 2,543 total participants, 72 graduate students, 692 seniors, 554 juniors, 594 sophomores, 569 freshmen

Fall 2016 Session 1
1. Flag Football – 22 co-rec teams, 6 fraternity teams, 23 men’s A teams, 14 men’s B teams, 1 women’s team
2. Soccer – 30 co-rec teams, 5 men’s teams
3. 6v6 Volleyball – 44 co-rec teams, 4 men’s teams, 8 women’s teams
4. Badminton – 5 doubles teams

Fall 2016 Session 2
1. Futsal – 39 co-rec teams, 24 men’s teams, 7 women’s teams
2. 3v3 Basketball – 42 men’s teams, 17 men’s 6’0 & under, 10 co-rec teams, 8 women’s teams

Spring 2017 General Information
- 641 games were played
- 1,841 total participants, 77 graduate students, 427 seniors, 412 juniors, 426 sophomores, 436 freshmen

Spring 2017 Session 1
1. 5v5 Basketball – 20 men’s 6’0 & under teams, 8 co-rec A teams, 4 co-rec B teams, 5 fraternity teams, 60 men’s A teams, 4 women’s teams

Spring 2017 Session 2
1. Futsal – 32 co-rec teams, 20 men’s teams, 4 women’s teams
2. 4v4 Volleyball – 28 co-rec teams, 4 men’s teams, 4 women’s teams
3. Ultimate – 6 co-rec teams
4. Softball – 28 co-rec teams

Areas of Improvement/Changes for Intramural Sports during 2017-2018
Prior to this school year, there had not been a professional staff dedicated to this program. During the fall semester, it was primarily overseen by the student supervisors who had been with the program for quite a few semesters. The Coordinator became more involved with day-to-day operations by the middle of October, and realized that more attention needed to be dedicated. The student employees did not have job descriptions, and were not previously properly educated on what it takes to truly run the Intramural Sports program. Therefore, the team was able to conduct trainings, have more accountability, and use the resources available to better use. The spring semester was much more successful and smoother than the fall semester. As for this upcoming school year, having a Graduate Assistant to assist with program items will be a huge benefit. The Coordinator is now more versed in the program, and will be able to assist in the hiring, training, and development of all Officials, Game Managers, and Competitive Sports Supervisors. Evaluations will be conducted, and the registration process for the participants is going to be much smoother than it was previously.
Athletic Training Review

The narrative for the injuries suffered by Club Sports participants in the 2016-2017 school year will paint a picture of which sports were inflicted with injuries, how severe they were, where they happened, and to what body part. This past year the Club Sports Program was able to add an injury tracking system, which has greatly increased our ability to report the specific and detailed information of musculoskeletal injuries sustained by students participating in Club Sport practices and competitions. The new system also allows for more detailed information on the background of the injury compared to past years, so in that sense it would not be fair to try and establish trends or if athletes are going through yearly ebbs and flows. Instead the goal was to focus on any individual instances where something stuck out in regards to a particular injury, or team.

The team that accounted for the most injuries this year was the Women’s Rugby team. Next was Hockey, Women’s Lacrosse, and Men’s Lacrosse with a higher amount than the other teams. Men’s Rugby, Men’s Soccer, Men’s Ultimate, and Men’s Volleyball made up the rest of injuries. Concussions made up 40% of injuries sustained by the Women’s Rugby team, and almost 65% of all concussions reported by Club Sports athletes.

The injuries were categorized by severity as first through third degree, head injuries (concussions), and other. First degree injuries are defined as minor overstretching of soft tissue (i.e. muscle/ tendons/ligaments) or contusions (minor superficial soft tissue discoloration, swelling, or tenderness) that cause limited loss of sport time (typically 0-3 weeks). A second-degree injury is considered a further over stretching of soft tissue that can result in partial tearing as well as increased pain, swelling, discoloration, loss of mobility. These types of injuries cause increased loss of time, possibly up to 3-5 weeks depending on the athlete. A third-degree injury in this report refers to a complete rupture of the soft tissue, or a fracture of a bone.

Most teams had a mix of all three types of injury, however the Men’s Lacrosse team had the highest ratio of long-term injuries to total injuries reported compared to other teams. Out of the Men’s Lacrosse teams’ six major reported injuries, four of them were third degree injuries (two broken fibulas, two torn knee ligaments), of which three required surgery. Their other two injuries were graded to be second degree, so while the team as a whole did not have as many injuries as other teams, they had the highest ratio of serious to mild injuries. The head injuries/concussions are a separate designation, because the grade does not pertain to severity scale since every concussion is considered serious, and did not want to minimize its’ impact on a student-athlete by saying it’s only a “mild” concussion. An “other” section was done to

<table>
<thead>
<tr>
<th>Starting Balance</th>
<th>Total Payroll</th>
<th>Other Expenses</th>
<th>Total Revenue</th>
<th>Final Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>-$6,802.35</td>
<td>$63,968.30</td>
<td>$4,087.96</td>
<td>$40,336.01</td>
<td>$836.40</td>
</tr>
</tbody>
</table>

All Data as of July 25th, 2017
include one incident of an athlete fainting during a competition. This episode was due to environmental and nutritional factors, and not a physiological or medical issue. There was one case of a staph infection on the Hockey team this year. This ended up being a one-off case as the Athletic Trainer and school doctors were able to get the athlete on antibiotics and get their equipment and the locker room cleaned so that it did not spread to anyone else on the team.

A little over half of the injuries happened at the various Utah State facilities that host Club Sports competitions, with the largest percentage of those injuries happening at the Aggie Legacy Fields (ALF). Approximately 39% of all injuries occurred while competing on away games. The “other” data is included because there were athletes who came in for treatment or rehab that had injured themselves doing things not involved with their team while they were not on campus during school breaks. An example of this would be a Women’s Lacrosse player who herniated a disc in her back during a workout back home during summer break, but would come in from time to time for treatment.

The last summary includes details on locations of the injuries on the athlete’s body. The most common body part injured was the head (concussions), and right behind that were knee injuries. Shoulders, legs, ankles, backs and hands all had a similar injury distribution. Of the thirteen reported knee injuries by all Club Sports participants, seven were third degree injuries that required the athlete to have surgery.

**Areas of Improvement/Changes for the Athletic Training Aspect during 2017-2018**
The biggest thing that will change is that more attention will be dedicated to concussions, and especially so with the Women’s Rugby team since they seemed to inflate the numbers this past school year. Keeping better track of trends with injuries will be more thoroughly documented as well. The returning athletes who were hurt this past school year, will also be checked on upon their return. The students on the Club Sports teams were more aware of the Athletic Trainer this year, and that will continue to improve during this next school year. The athletes were more comfortable and open about reporting their injuries, and that was a huge improvement from previous years. Lastly, the continued use of the injury tracking system that was brought in this year will continue, and improvement of it to keep better data of injuries that are happening to Club Sports participants will occur.

| AT Supplies | $5,490.68 |
Campus Recreation Facility and Operations Highlights
Academic Year: 2016 – 2017

Aggie Recreation Center

The first full year that the Aggie Recreation Center was open yielded great utilization numbers amongst students. The Facility had over 303,636 student entrees during the year. There were 12,784 distinct student users, meaning that the user checked into the facility at least one time. This is up from the 10,792 distinct Student Users in FY16.

Since the ARC opened in November of 2015 it has received multiple awards for its construction and design. Some of these awards include 2016 Utah Construction and Design “Most Outstanding Sport Facility”, and ENR Mountain States Best Regional Projects “Merit Award for Sports/Entertainment”. The ARC was also awarded the LEED Gold Certification (Leadership in Energy and Environmental Design) by the US Green Building Council. Gold is the second highest rating a project can receive in terms of the projects sustainability, water efficiency, and conservation of energy. In February, the ARC was recognized by the National Intramural Recreational Sports Association as an “Outstanding Sports Facility Award” recipient for 2017. This award was presented at the NIRSA Annual Conference in Washington DC. The award recognizes innovative designs of new, renovated or expanded collegiate recreational facilities of NIRSA Institutions. Winning facilities are considered a standard by which other collegiate recreational facilities should be measured, and from which others can benefit.

The ARC is considered a major recruitment tool for the university and tour visits of potential students and their families are information that the ARC staff keeps track of. This year an estimated 8,847 visitors toured the ARC, up from 5,068 in FY16.

In March of 2017 guest passes were approved by the Student Policy Board to be sold at a cost of $5 per person. From March through June, 619 guest passes were sold in the ARC for $3,095 in revenue. Also, approved by the Student Policy Board was the option to sell summer memberships to both Faculty/Staff and Summer Citizens. Through June 2017, 62 Faculty/Staff memberships had been sold along with 22 Summer Citizen memberships.

Locker Rental Service was offered in the ARC and proved to be a very popular service amongst patrons. During FY 17 there were 335 Locker Service transactions for lockers in the ARC locker rooms which accounted for $14,744 in revenue.

With the facility having been open for a year student’s voices were heard in terms of what they wanted equipment wise in the facility. During fiscal year FY 17 multiple pieces of equipment were added into the ARC to meet the student demand as well as give them the opportunity of variety in their workout. These new machines include:
• Multi Jungle by Hoist: Includes 2 Triceps Extension stations, 2 Hi-Lo Pulleys, 2 Lat Pulldowns, 2 Low Rows, and a Crossover Pull Up Station.
• 12’ Premium 3.0 Rig by Freemotion: This unit supports 10-12 people simultaneously with a dip station, squat rack, monkey bars, landmine, slam ball target, plyo step, pull up bar, heavy boxing bag, and battle rope.
• Selectorized Leg Extension F801 by Freemotion.
• Smith Machine F211 by Freemotion
• 11 RealRyder A8F8 Indoor Spin Bikes: Articulating bike frame allows riders to lean, turn, steer and balance the bike on three planes of motion.
• 3D Body Scanner by FIT3D: In about 40 seconds this machine is able to provide you with a 3D body image, various body measurements, body shape wellness score, body composition, weight, posture analysis and more.

George Nelson Fieldhouse

Even with Campus Recreation transitioning into the new state of the art Aggie Recreation Center, the Fieldhouse still plays an integral part in Campus Recreation programs, events and operations. The building still serves the needs of students as well as Faculty/Staff, Old Main Society members and Visiting Scholars. During FY 17 the Fieldhouse saw 107,797 participants utilize the various programs and services offered within the Fieldhouse. The two largest user groups that utilized the facility were students (97,728 visits) and Faculty/Staff (9,026 visits). Of student participants, there were 6,357 distinct users, Faculty/Staff accounted for 550 distinct users.

Guest Passes were an option for Community members as well as friends or family members of Students and Faculty/Staff. In FY 17 there were 212 guest passes sold in the Fieldhouse for $1,078 in revenue. Locker rentals were another revenue stream for the Fieldhouse with 129 rentals accounting for $4,540 in additional revenue.

Operations

The ARC was open an average of 103 hours per week during the academic year allowing plenty of opportunities for students to participate in the many offerings provided by Campus Recreation. The Fieldhouse was open for 83 hours per week while classes were in session providing another wellness option to the campus community.

The Campus Recreation Facility Operations team provided 68 student jobs to USU students during FY 17. These positions included Facility Attendants, Facility Supervisors, Student Evening Managers, Custodians, and Equipment Technicians. Collectively these 68 students worked a total of 18,556 hours facilitating Campus Recreation services within the ARC and Fieldhouse.

This year there were 2 new services utilized by Campus Recreation that have improved operational efficiency. Fitness EMS is a web based fitness equipment inventory management
system that allows Campus Recreation to create and track internal work orders on fitness equipment. This system allows staff to stay organized in tracking repair progress and minimizes down time when equipment does need repair. The system also allows Campus Rec staff to keep track of costs and track parts that were used as well as labor hours and other factors. Neptune radio was brought into the Aggie Recreation Center as a music service. This service allows the facility to have its own radio station, which has been named “ARC Radio”. The radio station allows a variety of music to be played across multiple genres. Also the service allows Campus Recreation to create custom commercials to be played between songs that gives the department another medium to advertise programs, services, and upcoming events.
Fitness Programs End of Year Report 2016-2017

Noteworthy Accomplishments

- Created an extensive full schedule of fitness programs and offered times
- Created Personal Training curriculum
- Increased supervision within the Strength and Conditioning Program
  - Maintenance of equipment
  - Hourly clock in//out
  - Safety
  - Music volume
  - Participation tracking and involvement
- Held multiple fundraising events
  - Annual Turkey Trot doubled in participation from previous years
    - [42 compared to 89 total]
  - Co-organized grand opening events with FreeMotion
    - Vertical incline challenge
    - RapidFit/Incline Fit/RIP60 involvement
    - Social Media promotion
  - Yoga Three Part workshops- in total 118 participants
  - Zumbathon- 42 total
  - Aggie After Hours at the ARC- [121 teams]—837 people through facility for event
  - Powerlift Meet- 22 participants
  - Turkey Trot 5k- 64 participants

Participant Reports/ # of students using our services in the facility and programs
  Strength & Conditioning 2016-2017 ($80.00/pass)- 348 registered
  All Access Fitness Pass 2015-2016 ($40.00/pass)- 357 registered
  Personal Training clients- 99 total
    Sessions sold 735 total

Student staff roster
  Total staff-29

Surveys/Evaluations
  Please see attached

Meeting Agenda Sample—Provided traditional format of my monthly staff meetings

Staff meeting- Agenda

- New & old instructor’s introduction
  - What you will teach
  - What inspires you within health & well-being
Fun fact

- New uniforms are finished on Wednesday (Each will get one uniform to begin with)
  - Headshots in uniform (w/bio)
  - Completed bios to go online and on poster
  - Need all certifications no questions
- Classes will begin on Thursday Jan. 14th
  - No classes on holidays or spring break
  - Martin Luther King Jr Day/ Presidents Day etc
- Basketball Timeout Jan. 12th
- Rec Stop soft opening on Wednesday the 13th from 5-7pm for Rec employees only- 10% off
  - S & C shirts will be sold in Rec Stop
- Grand Opening Student celebration is this Thursday from 3-10pm
  - Classes will run as normal
  - FreeMotion classes lead by Master trainers and our FreeMotion certified staff
    - 4pm Rip:60
    - 5pm inclinefit
    - 6pm rapidfit
    - 7pm inclinefit
    - 8pm rapidfit
  - Students who participate in a class & sign up for a Health & Fitness Consultation will receive an iFit band! Must sign-in with A# & set-up a time for HFC with a trainer, they will not get their band until completion of HFC.
- Vertical challenge will run on the half hour every half starting at 3:30-9pm
  - Students (7 per challenge) receive a water bottle or t-shirt for competing

Personal Trainers meet with me after to arrange times to attend workshops to learn how we will personal trainer, use equipment, open fitness hours, etc. I need to take photos of the trainers in action on Wednesday evening- who can help?

- New names of the rooms!
  - The Playground- 2nd floor Functional Training Room
  - Locomotion – 2nd Floor Cycling room
  - The Loft – 3rd floor Yoga/Zumba studio

We will hold classes on 3rd floor if the Playground is too filled, mats must be used

New Steps & Yoga gear

- Open Fitness
- Aggie Fit Challenge--- This event will be an 8-week challenge to improve overall fitness & health. The students can choose to attend classes, gain help from any of our experienced personal trainers or improve in these areas all on their own. Those who can participate are any student who has registered their
hand at the ARC. They must participate in the initial testing which will be held from Jan. 19th until Jan. 23rd and the final testing during the week of March 14th. Participants must also attend at least 5 group exercise or strength and conditioning classes (which instructors will sign off for) in order to be eligible for the prizes. We will discuss the Aggie Fit Challenge in more detail at the meeting, but this gives you a brief overview. I will have signs up for the challenge before and during the first few weeks into the semester.

- All equipment in The Playground is open for student use UNLESS a class is being help then they must wait for the class to finish. If someone enters your class and begins exercising ask them politely to join in your class or come back during a non-class time. We will have signs posted regarding this.

- Mirrors
- Lights off/on in Locomotion (Your choice)- monitors will be working by Thursday
- Sound systems are all up & running in the three studios (speak with me if you need to see how they work...Plug music device in, turn volume on)
- Promote on social media!
- Workshops/seminars/fitness events (i.e. Power Lifting [Feb. 20th], Zumbathon, 5k)
- After Hours @ the ARC

Questions😊

Quiz- Who said it?
Top inspirational quotes of 2016

Luck is a matter of preparation meeting opportunity.

I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.

Motivation is what gets you started. Habit is what keeps you going

You live longer once you realize that any time spent being unhappy is wasted
2016-2017 End of Year Report

2016-’17 marks our first full year in our new facility. It has been a year of success and a bit of stumbling trying to figure out the best ways to utilize our space. Our revenue from rentals and retail sales has continued to climb this year. The climbing wall continues to see increased usage and remains a very popular part of the ARC.

Climbing Wall

The Outdoor Programs climbing wall has been a gigantic success. We have seen average visitation during the school year of 70 check-ins in Fusion per day. We’ve had a total of 8,424 Fusion check-ins for the fiscal year, with a total of 4512 membership waivers signed. The vast majority of usage has been bouldering with 6309 check-ins. I’m going to say it again, we need a bigger bouldering facility! The climbing wall has hosted four very successful climbing competitions over the school year. Each competition met participant capacity with a large number of spectators.

The HPER academic climbing classes this fiscal year were a huge success with nearly all classes full. This brought $15,820 into the wall account to pay for instruction, and wear and tear. Fall 2017 classes are currently full with waitlists at capacity. I have also added two sections of advanced climbing class to better serve the students. We continue to have some complaints about being closed for use during scheduled class time, but I feel we are doing a great service for the campus community. Students no longer have to drive across town to get to climbing class. We are selling chalk and renting climbing shoes, which has brought in a small amount of revenue to the climbing wall. Year to date total is $7,079.94.

Climbing wall revenue
- Academic classes- $15,820.00
- Rentals/ retail- $7,079.94
  Total- $22,899.94
Ongoing training with the climbing wall staff is conducted to make sure they are staying on top of AMGA instruction standards. Route setting clinics have been on going this year to increase our pool of route setters, and to spice up the wall a bit with some different styles of routes. I will begin retiring some of our hold inventory this year and replace with new hold sets to keep the wall feeling fresh.

New wall colors for 2016

**Climbing wall membership statistics**
- **Boulder wall memberships- 2599**
- **Top rope memberships- 1731**
- **Lead Climb memberships- 181**
- **Total- 4512**

**Climbing wall employee roster**
- **Coral Kinzie, Wall Supervisor**
- **Grace Luke**
- **Amy Smith**
- **Racheal Gibbs**
- **Sabrina Anderson**
OP Rental Shop

The Outdoor Program rental shop has continued its success over the last year. Rentals are up, again, to an all-time gross revenue high of $121,019 with a total of 19,819 items rented out over the year. Our rental software will not provide a report of actual student rentals we have seen an average of 85% of our rentals going to students. We have run many maintenance workshops over the last year. For example, I am teaching basic bike, raft and ski maintenance, as well as some more advanced techniques to the staff.

Below is an example of a training topic:

PADDE RAFT RENTAL PROTOCOL

BEFORE Sending Out:
- Explain that RAFT IS DUE AT BY 2PM
- Tell them that you expect them to clean the raft upon return, failure to do so will result in a minimum $50 cleaning fee.

Sending Out:
- Set up raft
  - Unroll & inflate
  - Check for leaks
  - Check for 3 thwart
  - Check that rope is bowline (at the front), not sternline (at the back)
    - Attach with a figure eight follow-through
- Explain Inflation techniques
  - Explain Valve System
    - Press down and turn to the right to pump air in/prevent air from being released.
    - Press down and turn to the left to release air.
  - Proper inflation technique
    - The boats have 4 chambers, they must each be inflated equally to ensure their structural integrity.
  - Weather factors
    - When boats get hot (sitting on a trailer or in the water) the air pressure increases them which can damage the boat. If your boat is noticeably hard let a little bit of air out of each tube.
    - When you put an inflated boat in cold water the air pressure will decrease (especially if it is a hot day.) They may need to top-off their boat in the water.
  - Pressure release valve in floor
    - When it bubbles this is (usually) not a leak; it is releasing pressure. This indicates a fully inflated floor. If the floor valve continues to bubble or release air, clean out any sand or mud. If this doesn’t fix the solution, pumping the floor until there is a noticeable release of debris should work.
- Either re-roll or leave inflated, depending on whether they are using a trailer
- Each rental comes with (1 boat, 3 thwart, 7 PFDs, 6 raft paddles, 1 guide paddle, 1 barrel pump, 1 throw bag, 2 flip lines (optional), 7 helmets (optional), repair kit)

Checking in:
- Set up raft
  - Unroll & inflate
  - Check for leaks
- Check for 3 thwarts
- Dry flip lines and throw bag
- Clean raft (customer does the spray-down)
  - Give them boat cleaner to wash (in 5-gallon bucket w/rags or sponges) – Tell them to BE THOROUGH! Make sure they get the inside edges between the floor and outer tubes!
  - Dry completely
  - 303
- Put away
  - Roll ONLY if it is completely dry

**Gross Rental Revenue Last 4 years**

- **2013-2014- $66,000**
- **2014-2015- $91,025**
- **2015-2016- $99,132**
- **2016-2017- $121,019**

Rental shop roster

- Steph Myers
- Charles Emery
- Aubrey Hunsaker
- Steph Buchanan
- Bailey Dunn
- Emilie Conover, Shop Supervisor
- Maddie Barker

**Blind Hollow Yurt**

The Blind Hollow Yurt rental program continues to be successful. With a huge winter snowpack, this year we kept the yurt full every weekend and a lot of the weekdays through mid-March. Numbers have remained stable at around $3500 in gross revenue for the last few years. Every year we hire a team of yurt hosts to take people in and do yurt maintenance. This year we had four wood cutting trips with all of the wood cut by me. Hosts and volunteers split and stacked four cords of wood. With the help of the new USFS recreation planner we re-negotiated a new 10 year operations permit this year.

**Gross Yurt Rental Revenue Last 4 years**

- **2013-2014- $4,052**
- **2014-2015- $3,451**
- **2015-2016- $3,334**
- **2016-2017- $4,807**

2016-2017 Yurt Host Roster

- Casey Brucker, Yurt Supervisor
- Nicole Shepard
• Cole Peterson
• Curtis Grey
• Brad Thompson
• Bailey Dunn
• Dylan Fadgen
Trip Program

Student Participation

Students holding the USU flag with pride on the 2017 spring break Moab Climbing trip.

The Trip Program continues to see significant level of student involvement, diversity of offerings and revenue. The 2016-17 year maintained levels of student participation from 2015-16 with a total of 332 student participants on trips. This sustained level of participation came despite cancelling several trips due to weather and other unforeseen circumstances. Student involvement is expected to continue to grow with the OP’s increasing opportunities with expanded permits and serving satellite campuses.
Trips Completed

In addition to sustained student participation, the Trip Program continues to provide a growing variety of trips to students. During 2016-17, the Trip Program completed a total of 35 trips resulting in 4973 student field days and over 58,968 student contact hours. The following is a list of the types of trips that were offered during the 2016-17 year:

- Logan Canyon Climbing trips
- Moab Rafting
- Moab Rock Climbing
- Full Moon Hikes
- Fall Break Moab Rafting, Hiking, and Climbing
- Fall Break Desert Backpacking
- Blind Hollow Yurt Backcountry Skiing/Boarding
- Powder Mountain Ski Days
- Full Moon Snowshoe Hikes
- Spring Break Desert Backpacking
- Lake Powell Kayaking
- Green Canyon Mountain Biking
- Stand Up Paddleboard Oneida Narrows
- Desolation Canyon Rafting
Number of Trips Completed

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of Trips Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-14</td>
<td>26</td>
</tr>
<tr>
<td>2014-15</td>
<td>34</td>
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<td>2015-16</td>
<td>30</td>
</tr>
<tr>
<td>2016-17</td>
<td>35</td>
</tr>
</tbody>
</table>

Trip Participant Feedback

<table>
<thead>
<tr>
<th>Category</th>
<th>Overall Rating</th>
<th>Organization</th>
<th>Professionalism</th>
<th>Friendly &amp; Helpful</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>83%</td>
<td>83%</td>
<td>84%</td>
<td>84%</td>
</tr>
</tbody>
</table>

- Excellent: 83%
- Very Good: 13%
- Good: 4%
- Poor: 0%

(Charts depict percentages for overall rating, organization, professionalism, and friendly & helpful categories.)
Trip Revenue

Increased revenue is another indication of the performance of the Trip Program during 2016-17. The Trip Program operates on a break-even basis with all of the program revenue directly covering trip related expenses. The Trip Program generated a total of $15,893 which is a small increase from 2015-16.

Student Leadership

OP student trip leaders at orientation and training trip in Moab at the start of the fall 2016 semester.
The trip program had one paid student assistant to the program coordinator and 23 student volunteer trip leaders during the 2016-17 year that put in many hours of their limited free time to plan and lead trips. In addition, these student trip leaders spent additional time in trainings, meetings, conferences and representing the OP at campus events. Trip leaders attended regularly scheduled meetings every other Wednesday night. The purpose of these meetings is to provide trip leaders with a consistent opportunity to interact with each other as well as serve as a regular outlet for leadership development and disseminating important program information.

In addition to the regular meetings, trip leaders participated in field based trainings to develop professional outdoor skill competencies necessary to lead others in specific activities. The following is a list of the activity field trainings that trip leaders participated in during the 2016-17 year:

- Backcountry Skiing
- Mountain Biking
- Moab Rock Climbing
- City of Rocks Climbing
- Traditional Climbing (San Rafael Swell)
- Whitewater Rafting

Trip leaders also participated in certification courses to further their professional development. These courses include avalanche education, swiftwater rescue and wilderness medicine. The following is a list of the certifications obtained (or re-certified) by trip leaders during 2015-16 with the number of trip leaders respectively:

- Wilderness First Responder: 7
- Wilderness First Responder Re-Certification: 4
- Wilderness First Aid: 1
- Avalanche I: 2
- Swiftwater Rescue: 1
Leadership Conferences & Special Events

Two trip leaders were selected by Desert Mountain Medicine to participate in an all-expenses paid trip to the Red Rock Rendezvous climbing festival in Nevada. At the festival, the trip leaders staffed the first aid tent and instructed wilderness first aid clinics for festival attendees.

*OP trip leaders, Becky Fuys and Thomas DeMasters, teach participants how to clean a wound at the 2017 Red Rock Rendezvous in Nevada.*
Non-Credit Courses

The OP offers non-credit certification courses in wilderness medicine, swiftwater rescue and avalanche education. For wilderness medicine, the OP partners with Desert Mountain Medicine(DMM) for updated curriculum and instructor training. The OP offers Wilderness First Responder(WFR), WFR recertification, and Wilderness First Aid courses(WFA). Greg Davis, one of the OP coordinators, is a lead instructor for WFA and an assistant instructor for WFR courses. Two WFR, one WFR recertification and four WFA courses were offered during the 2016-17 year.

Students practice cleaning a wound during a scenario in the April 2017 Wilderness First Aid course.

Swiftwater rescue courses are offered in partnership with Swiftwater Safety Institute(SSI). SSI provides updated curriculum and instructor training. The OP offers an entry level swiftwater rescue training course(SRT-1). Greg Davis is a lead instructor for the swiftwater rescue courses offered by the OP. One SRT-1 course was offered during the spring 2017 semester.
Students practice river crossing techniques during the May 2017 SRT-1 course on the Bear River.

For avalanche education courses, the OP partners with the American Institute for Avalanche Research and Education (AIARE) for updated curriculum and instructor training. The OP offers avalanche level one and level two courses. Greg Davis is an instructor for level one courses offered by the OP. Two level one courses were offered during the 2016 spring semester educating 23 students.

Students learn the basics of the snowpack and how to perform simple snow pit observations in the January 2017 level one course held in the Bear River backcountry.
Non-Credit Courses Offered

Non-Credit Course Enrollment
Alternative Programs

Alternative programs are trips or outdoor activities facilitated by Outdoor Programs for specific campus groups and community organizations. Through these programs, organizations are able to utilize the OP’s outdoor leadership, expertise and equipment to facilitate outdoor experiences. The following is a list of the Alternative Programs the OP facilitated during the 2016-17 year.

USUSA Snake River Rafting
The OP took 24 members of the student senate, Spirit Squad, Greek Council and other student involvement groups whitewater rafting and camping on the Snake River near Jackson Hole Wyoming.
Student Services Snake River Rafting
Student services staff members including the vice president spent a day rafting the Alpine section of the Snake river with OP student trip leaders.

Watershed Sciences (WATS) Graduate Induction Course
As part of the WATS induction course for incoming graduate students, OP trip leaders facilitated a day of rafting, kayaking and stand up paddleboarding on the Snake river in Grand Teton National Park as well as a day of whitewater rafting on the Alpine section of the Snake river.

Natural Connections Freshman Orientation
Six OP trip leaders took three groups of ten incoming freshmen backpacking for five days in the Mt. Naomi wilderness. Each group spent a day at High Creek Lake with a naturalist from Stokes Nature Center learning about the local ecosystem.
Graduate Student Snowshoe Hike
Outdoor Programs worked with the Office of Research and Graduate Studies to take fifteen potential graduate students snowshoeing up Logan Canyon. OP trip leaders led the students on the Limber Pine trail and provided hot chocolate and snacks.

Desolation Canyon Rafting Service Trip
In partnership with the Bureau of Land Management (BLM) the OP facilitated a seven-day rafting trip down the Green River through Desolation and Gray canyons. Various service projects were completed on the river including; trash removal, campsite inspections and trail work.

Summer Citizens Cutler Marsh Canoe Trips
Senior citizens living on campus for the summer spent two mornings canoeing on Cutler Marsh with OP trip leaders. Both trips were full with waiting lists.
Permits

This year’s highlight was the expansion of the OP BLM permit to include Labyrinth Canyon on the Green River. This addition will allow the OP to provide Canoeing and climbing trips in the canyon as well as an opportunity to expand the Natural Connections program to include canoeing in addition to backpacking.

In addition, the OP is in the final stages of acquiring a long-awaited Forest Service permit for the Uinta-Wasatch-Cache National Forest. This permit is expected to be completed and signed by fall 2017.

The OP continues to work with the BLM, Forest Service and other government agencies to secure the appropriate permits for OP trips and represent Utah State as a responsible user of public lands. Permits are the most significant limiting factor to the quantity and variety of trips offered but by demonstrating responsible use and working in cooperation with agencies the groundwork is being laid for future permitting options.

Incidents

Two incidents occurred on Powder Mountain ski trips that resulted in students going to the hospital. One student suffered a minor head injury after going off a jump in the terrain park and another was suffered a small laceration that required stitches after a fall on an intermediate run. Both of these incidents were in-bounds at a resort and without direct OP trip leader supervision. Another incident occurred on the Crimson Trail where a student fainted during a rest break on the trail. The student recovered after more rest and hydration and was able to complete the hike. Lastly, a student caught her hair in a belay device on a climbing trip. The student’s hair was untangled without injury by an OP trip leader.

The very small number of incidents demonstrates the dedication of OP trip leaders to risk management and their ability to act professionally while in the field with students.