

2025 Aggie Rec Camp and Aggie Sports Camp Parent Manual

This manual is designed for each parent/guardian to assure they have, and we have, all the necessary information to ensure Aggie Rec Camp and Aggie Sports Camp is successful for all individuals involved. Included in this manual are important policies and procedures for you to review.

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Last updated 6/30/25

Welcome

We are extremely excited to be hosting Aggie Rec Camp as well as our new Aggie Sports Camp at Utah State University Campus Recreation. Thank you for registering your camper with us! We look forward to being a part of your child's summer.

At our Youth Camp, we are committed to giving campers a wide array of recreational experiences. Aggie Rec Camp will be for campers ages 6-14 yrs old. For our Rec Camp, we will be focusing on the activity theme of the week each morning, and afternoon activities will vary. Our camper to staff ratio during our activities will be a maximum of 8:1. While in the Pool the ratio will be at a maximum of 5:1. On Tuesday and Thursday afternoons, the activities will vary, and the ratio will be 8:1.

For Aggie Sports Camp we will do a variety of sports that will not require any skills and will be split into two age groups of 8-11yrs and 12-14yrs. The campers will also have opportunities to partake in some of our recreation facilities like the climbing wall and HPER pools. Please take the time to read through this manual. It contains important information to ensure a successful camp for all parties involved.

Aggie Rec Camp and Sports Camp Mission Statement

Campus Recreation camps are designed to give each camper the opportunity to learn new things while having fun in a safe and engaging environment. Aggie Rec Camp and Sports Camp are made to promote active lifestyles, cooperation, skill development, and hopefully a lifelong love of recreating.

Camp Contacts

Trey Gross - Camp Director - Phone Line: (435) 797-2236, Email: Trey.grossiii@usu.edu

General Camp Questions – aggiereccamp@usu.edu

General Schedule of Camp

This is a generic schedule for a day of camp for Aggie Rec Camp. Changes will be communicated through email.

7:45-9am - Camper Drop Off/Free Play

9:15-11am - Structured Time (Arts and crafts, counselor led activities, climbing wall, etc.)

10:15am - Snack Time

11:25am - Structured Time continued (Arts and crafts, counselor led activities, climbing wall, etc.)

12:30pm - Lunch

1:30pm - Line-up and Dismissal Games

1:45pm - Field Trip/Special Event

3:30pm - Snack

4:00-5:15pm - Free Time/Camper Pick Up, Movie Time (Fridays)

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This is a generic schedule for a day of camp for Aggie Sports Camp. Changes will be communicated through email.

7:45 - 9am - Camper Drop Off/Free Play

9am - Line-up and put away backpacks

9am - Review of Camper Expectations/Dismissal Games

9-12:20pm – Various Sport drills and games

10:15am - Snack Time

12:30pm - Lunch

1:30pm - Line-up and Dismissal Games/All Group Activity

1:45pm - Field Trip/Special Event

3:30pm - Snack

4:00-5:15pm - Free Time/Camper Pick Up, Movie Time (Fridays)

Aggie Rec Camp - Weekly Schedule

The activities planned on Tuesday and Thursday afternoons vary. Below is a schedule of our planned activities and weekly guests. The special guests should be a surprise to our children, so please keep this between the manual and yourself.

Session 1 – Pathfinder; Dates: June 2nd-6th

Prepare for a week brimming with adventure amidst the natural beauty of summer in Logan Canyon. We will connect with the outdoors and the ways of the West at the American West Heritage Center, and a nature scavenger hunt!

Session 2 – Wild Wild West; Dates: June 9th-13th

Campers will spend the week learning about the history of the Western American Territories back when Cowboys and Outlaw ran wild, and get a chance to play some Rodeo games with the USU Club Rodeo Team.

Session 3 – Mad Science; Dates: June 16-18th & 20th*

It's an electrifying week of mad science! Campers will have the opportunity to visit real labs around campus, and get hands-on in different experiments every day!

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Session 4 – Aggie Olympics; Dates: June 23rd-27th

No need to go to Paris when you can participate in the Olympics right here in Cache Valley! Get ready for friendly competition between the campers as they go for gold showing off their skills in sports, art, games and more.

Session 5 – Party in the U.S.A.; Dates: June 30th – July 3rd*

We are celebrating the Fourth of July at camp this year! The week will be filled with all things red, white and blue. A week filled with patriotic fun!

Session 6 – Global Travelers; Dates: July 7th-11th

Campers will experience different cultures and get to travel the world and still make it home for dinner every night during this camp.

Session 7 – Future Aggies; Dates: July 14th-18th

Step into the shoes of a Utah State University Aggie! Campers will get to get a sweet taste of what it's like to be an Aggie while experiencing campus life by exploring the departments and facilities of USU!

Session 8 – Water & Ice; Dates: July 21st-23rd & 25th*

Campers will beat the heat in the dog days of summer with tons of water games, pool time, and Ice skating, and you can't forget about the delicious Aggie Ice Cream.

Session 9 – Farm to Table; Dates: July 28th-August 1st

Campers will have the opportunity to see what it takes for the food they enjoy every day to get to their plate. We will spend time at the USU Greenhouses to see how food is grown, and hear from USU Registered Dietitians on what it takes to fuel our bodies.

Session 10 – Camp Carnival; Dates: August 4th-8th

Join us for our grand finale of the summer! This week includes our famous talent show, and campers are in for a treat at our annual camp carnival, where they can take part in carnival games, bounce houses, and face painting!

Aggie Sports Camp - Weekly Schedule

Join us for our Aggie Sports Camp! We will be offering four sessions where campers can experience various sports including basketball, badminton, soccer, volleyball, kickball, and more. Campers of all skill level are welcome!

- Session 1- June 16th-18th & 20th*
- Session 2- June 30th-July 3rd*
- Session 3- July 21st-23rd & 25th*
- Session 4- July 28th-August 1st

Child Check-in & Check-out Policy and Procedure

A check-in and check-out sheet will remain with the Counselors at all times. This sheet will list each child's name, age, allergies, parent phone numbers, and who is allowed to pick them up. We will require an initial from this individual for both check-in and check-out. All parents/guardians/approved persons will be required to show proof of identity via a driver's license or other state/federal ID, when they sign a camper out. No one under the age of 18 may sign a camper in or out. Campers may not sign themselves in or out.

Aggie Rec Camp Roster & Check-in/Check-out

Name and Age	Approved Pick-up	Allergies	Contact #	Monday		Tuesday		Wednesday	
John Smith	Candice Smith	Peanuts	435-797-2222	In	Out	In	Out	In	Out

Drop off & Pick up Details

Drop off details

Before Camp Hours/Drop-off Time: Between 7:45am and 9:00am in George Nelson Fieldhouse or Aggie Rec Center

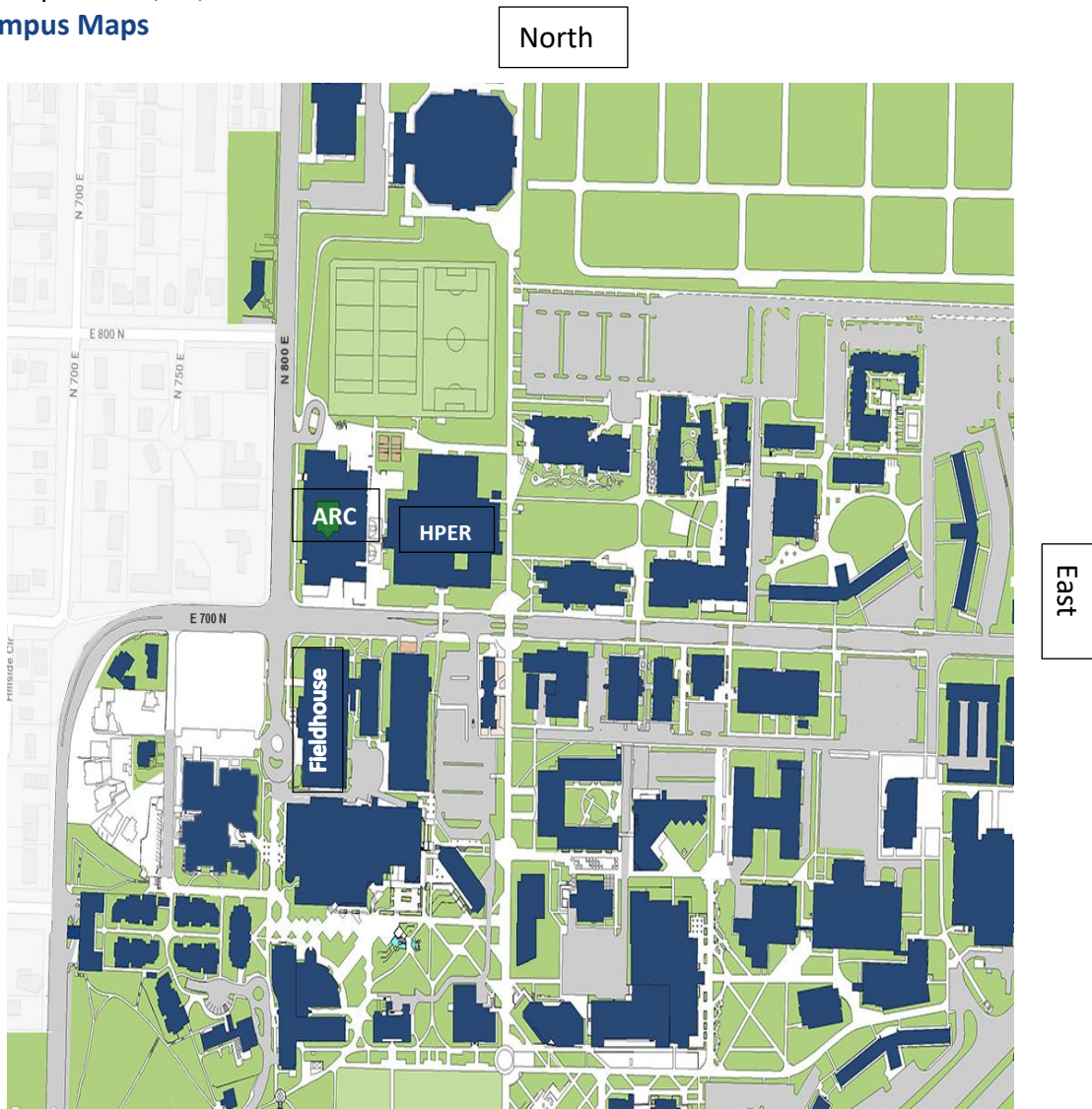
Check-in Procedure: If the individual dropping off each child does not possess a USU Parking Pass, they will have the option to park at the Green line off of Champ Drive or park at Aggie Blue Terrace or Visitor Center, but must be out before 10 minutes or you will have to pay for parking.

Pick up details

Pick up Time: Between 4:00pm and 5:15pm for regular hour pick up. Children not picked up by 5:15pm will be charged for After Camp Hours, which is \$15 per 15-minute increments. If the camper is picked up 23 minutes late, a late fee of \$30 will be assessed and Counselors will fill out a late pick-up form and submitted to the Aggie Recreation Center service desk that will be due by the last day of that particular session.

Location: George Nelson Fieldhouse, Aggie Rec Center, or HPER Gym

Check-out Procedure: All parents/guardians/approved persons will be required to show proof of identity via a driver's license or other state/federal ID, when they sign a camper out. No one under the age of 18 may sign a camper out. Campers may not sign themselves out.



Field Trips During Camp Hours

We try and utilize our wonderful USU community as much as we can but some weeks we will go on field trips around town to experience our greater Logan community as well. All field trip costs are covered by your registration. We will be utilizing USU Motor Pool vans that will be driven by staff who have completed the appropriate training.

What to Bring to Camp

Required Daily Items

- Athletic Footwear – when we are in the gym campers will need tennis shoes to participate in games.
- Athletic Clothing – we will be very active!
- A Brown Bag Lunch – something that is not required to be refrigerated or microwaved
- Swimming Suit and Towel
- Closed toe shoes- a must when at Ropes Course or Climbing Wall

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Items to Leave at Home

Campers must leave all cell phones, money, toys, & electronics at home so that they do not risk losing them while in attendance at camp or distract from daily activities.

Cell Phone Policy

Campers are **PROHIBITED** from having their cell phones with them while at camp. Any camper who is caught with a phone will have it confiscated and locked away until the end of the day.

General Camp Policies

Free Play

At times, Aggie Rec Camp provides campers the opportunity to engage in free play. During these times, we provide equipment and supervision. This gives campers the opportunity to engage in freely chosen and camper directed activities. Counselors can jump in and play if asked by campers, otherwise, they will supervise. We will limit free play time and provide campers with guided activities most of the time, however, we want to make you aware of this commitment at our camp. Specific times you may see free play is during drop-off and pick-up time.

Restroom Use

When we are on Aggie Legacy Fields, the campers have entry to the outdoor restrooms as well as the restrooms inside of the ARC. If we are in the ARC, HPER Pool, or Fieldhouse, we are able to use a regular restroom facility.

Counselor Safety Training

At Aggie Rec Camp, we are committed to doing everything we can to keep your child safe while in our care. Each of our counselors and staff members are trained in the following ways:

- American Red Cross - Adult and Child CPR/AED Training and First Aid
- Aggie Rec Camp Emergency Action Plan and Staff policies and procedures
- Sexual Assault Training
- In addition to the above training, a background check has been done on each staff member.

Camp Staff

One of the goals of creating camp is to provide quality professional experience for students at Utah State University. The professional staff are a part of the Campus Recreation Department and the counselors are all students at Utah State University. Our camps create an environment for the counselors to apply the skills, abilities, and knowledge they learn in the classroom out in the field. All counselors are encouraged to take on leadership roles in creating curriculum, adapting it to each age group, and executing it in the field.

Camp Director

The Camp Director is responsible for ensuring a safe, fun, and rewarding summer camp experience for the youth of our USU and the surrounding community. They oversee all curriculum, risk management, personnel, and budgeting operations.

About The Camp Director

Last updated 6/30/25

Trey Gross

- Born and raised in Dallas, TX.
- Master's in Business Administration.
- B.A. in Sports Management and Minor in Marketing & Coaching.
- Has experience working at all levels of athletics from the youth up to the professional level.
- Has coached football, baseball, and volleyball at various levels.
- Has 8+ years of experience working with children as a coach, school administrator, and teacher.

Counselors

Counselors are responsible for executing the camp curriculum and mentoring, coaching and providing a safe environment for all campers

Parental/Guardian Registration

During the registration process, parents have several forms to fill out. These forms address the aspects listed below. Please be aware of these and know that any information that will help counselors provide a successful camp experience for each camper will be discussed weekly in our daily huddles.

1. Medical Information
 1. Insurance Information
 2. Medical information and concerns (allergies, activity restrictions, prescription, medications)
2. Permission to Receive First Aid
3. Consent for Emergency Medical Treatment
4. Mental, Emotional, Learning, and Social Health
 1. Impacts Learning
 2. Psychiatric Diagnosis
 3. Emotional Health
 4. Professional Counseling
 5. Significant Life Event
5. Emergency Contact Information
6. Authorized Pick-Up Individuals
7. Acknowledgement of Risk Consent
8. Camper Conduct
9. Cancellation Policy
10. Payment and Refunds
11. Photos and/or Video – Promotional Use

Parental Acknowledgement of Risk

I, the undersigned, affirm that Utah State University Campus Recreation is providing my child/ward with permission to, and use of, certain programs and facilities at Utah State University ("USU"). I understand that participation in camp programs and facilities requires physical exertion and that, as with any activity or program involving physical exertion, there are certain inherent risks to personal health, safety, and/or property.

I understand that my child should not participate in any said programs unless I am willing to accept the associated risks. I understand that USU cannot guarantee my child's health and safety while participating in these programs. I understand that my failure to acknowledge and accept these risks will disqualify my child from gaining entry to, and use, the programs. By accepting this I acknowledge and accept the inherent risks provided with this program.

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I hereby acknowledge that certain risks of injury are inherent to participation in camp recreational and classroom activities. These types of injuries may be minor or serious and may result from the camper's actions, or the actions or interactions of others, or a combination of both. I understand that certain activities require a minimum level of fitness and health (physical, mental, and emotional) and that each person has a different capacity for participating in these activities.

I agree that as the parent/guardian of a participant in the above program(s), I am responsible for my child's behavior and well-being. I understand that in the event of an accident or injury, personal judgment may be required by program personnel regarding what actions should or must be taken on my child/ward's behalf.

I also understand that it is my responsibility to secure personal health insurance in advance, if desired, and to take into account my child's personal health and physical condition. My child has no serious health issues or problems that would preclude them from participating in the program(s) or that present an abnormal, unusual, or unreasonable risk of, or susceptibility to, injury. I further agree to abide by any and all Campus Recreation rules and policies applicable to this program; and, I will take responsibility for abiding by specific requests made of me for my child's safety, the safety of others, or the welfare of any general interest concerning the program. I understand that USU reserves the right to exclude my child's participation in the program(s) if at any time my child's participation or behavior is deemed detrimental to the safety and welfare of others.

I acknowledge that engaging in the program(s) may require a degree of skill and knowledge different from other activities and that I have responsibilities as the parent/guardian of a participant. I acknowledge that Campus Recreation has been available to fully explain to me the nature and physical demands of the program(s) and the inherent risks, hazards, and dangers associated with this activity. I acknowledge that my child's participation in the program(s) is purely voluntary, and I elect to have them participate with full knowledge of the inherent risks.

FITNESS TO PARTICIPATE

I have fully informed myself of the contents of this affirmation by reading it before I signed it. I am of lawful age and legally competent to sign this affirmation and acknowledgment of risk. I assume responsibility of the physical fitness and capability of my child to perform the activities involved in the program(s). I understand if I have any questions as to whether a physical or medical condition would prevent my child's full participation in the program(s), I will immediately notify a Campus Recreation employee.

Consent for Emergency Medical Treatment

Utah State University does not provide medical insurance. To assure that medical treatment may be made available to participants in a timely manner, should the need arise, the University requests that the treatment authorization below is signed by the appropriate parent or guardian.

TREATMENT AUTHORIZATION STATEMENT: I hereby authorize any appropriate medical treatment services which may be necessary to assure physical health and well-being during the period of my child's participation at Utah State University Aggie Rec Camp and Aggie Rec Sport Camp. It is fully understood and agreed that I shall be responsible for payment of any expense incurred for medical attention and Utah State University or medical services shall make a sincere effort to contact me to obtain verbal authorization prior to relying on this written authorization.

Permission to Receive First Aid

My child is sufficiently fit to participate in this program. The health history information I provided is accurate, complete, and true to the best of my knowledge. I agree to notify the program facilitators of any changes to my child's health and fitness, which may occur before or during the program. Should my child become ill or injured, I give my permission for any representatives of Campus Recreation or Utah State University to render first aid.

Medication

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All medications, prescriptions or over the counter must be checked in with counselors, and stored in either Trey Gross or Drew Giel office where it can be locked. Campers are not permitted to hold onto medications or to self-administer without supervision. Medications must be in the original container.

Photographic and Video Image Release

I agree that the camp may utilize my photograph, or video of me participating in the Activity for any purpose, including but not limited to printed and electronic marketing material, and printed or electronic educational material, and that any such image is the sole property of USU Campus Recreation.

Camper Conduct Agreement

Aggie Rec Camp and Aggie Sports Camp reserves the right to dismiss a camper if their behavior jeopardizes their safety or another camper's safety and well-being. Aggie Rec Camp, Aggie Sports Camp, Adventure Camp, and Esports Camp are all under the same entity, and any dismissal from one camp is a dismissal from all camps. In these situations, guardians will be called immediately. For minor issues regarding camper conduct, guardians will be notified in person, by phone, or by email.

Cancellation Policy

Aggie Rec Camp and Aggie Sports Camp reserves the right to cancel any session or modify activities due to enrollment numbers, facility problems, staff concerns, or circumstances beyond its control. Guardians will be notified immediately if a session is altered in any way.

Refunds

A refund of 50% will be given if the cancellation is done two weeks prior to the first day of the camp season by 5pm. A refund of up to 75% may be given if a family cancels their child's session with three weeks or more notice of their child's expected start date at camp. ****Any cancellations less than two weeks of camp will not receive any refunds.****