

USU CLUB GYMNASTICS CONTRACT FOR MEMBERSHIP

I. Introduction

USU Club Gymnastics is a growing and evolving club sport. Our goal is to foster a love for the sport of gymnastics while competing at a less demanding level than a varsity sport. We offer individuals the opportunity to practice and be involved with the club without competing. However, this club sport also competes with other colleges. As a result, we have expenses and responsibilities that are above and beyond those of intramural sports and some other clubs. This club is looking to move towards greater organization and growth, and this calls for increased commitment from members. An individual must complete and sign this contract in order to participate in any activities of the club sport, including practices.

Anyone who fulfills the clauses of this contract is eligible to travel and participate in its activities, whether or not they compete. Full membership and participation is available to all members without regard to race, color, religion, national origin, disability, age, veteran status, sexual orientation, and gender. Each member needs to fulfill their responsibilities if the club is to succeed. If you have questions or problems with anything in this contract, please bring them to the attention of one of the officers.

II. Dues

Dues for USU Club Gymnastics are \$50 in the fall semester for all club members. During the spring semester, dues will be \$75 for competitive members and \$50 for noncompetitive members. Club dues are to be paid on Do Sports Easy (DSE) within two weeks of the individual's first practice, or after they have participated in three practices. This time is provided to allow the individual to decide if they want to join the club. If dues are not paid within this time frame, the individual will not be allowed to practice or participate in any club activities until the dues are paid. Additional dues may be enforced for competing members depending on the location and number of travel competitions.

III. Practices

As this is a club sport, practices are not mandatory. However, attendance at practice is essential for progress in gymnastics and for receiving important information about the club. Above all, it is through practices that the members get to know one another, and a team is formed. Each individual who chooses to compete is responsible for developing their own routines, but should feel free to ask the other team members for help. We have an FIG book of elements and skill values (Code of Points) and other resources available to members at practices to help them create routines successfully. USU Club Gymnastics does not have a formal coach, but may have volunteer coaches depending on the year. Members are welcome to help and correct one another, but should

not be expected to teach skills. All club members are expected to act as gymnasts during practice. Other sports generally should not be brought into the gym during club practices, unless it is for a special purpose or they intend to join the club.

USU Club Gymnastics strives to maintain an inclusive atmosphere at all times. However, gymnastics is inherently a high-risk sport, and while such risk may not be eliminated entirely, it may be greatly reduced through repetitions of skills in practice. It is strongly recommended that each gymnast attend a minimum of five practices each month during the semester of any competition they wish to attend. A gymnast will be held responsible for their travel expenses regardless of whether or not they choose to compete at the competition. If there are a limited number of openings for competitors, a gymnast who has met attendance recommendations will receive priority over a gymnast who has not, regardless of seniority, past performance, difficulty of skills performed, and/or potential scores.

IV. Liability

Each gymnast is required to obtain their own insurance. By signing this contract, the gymnast acknowledges that this is a high-risk sport and that they enter into it at their own risk. USU Club Gymnastics is not responsible for any injury that may occur; furthermore, our training facility is not responsible for any injury that may occur. By signing this contract, the gymnast releases both parties from legal responsibility.

V. Equipment

Each individual is responsible for their own workout apparel and equipment, such as grips and wristbands. USU Club Gymnastics owns and will provide approved competition apparel for those who choose to compete. In the event that the amount of competitors exceeds this inventory, competitors must purchase approved competition apparel. The cost of these will be approximately \$50 for both men and women. Specific financial or other problems should be brought to the attention of the officers on an individual basis.

Each individual is also responsible for understanding practice equipment and proper use of equipment. Each year members must go through an equipment rundown training to ensure proper use of equipment in the gym facilities. Failure to use equipment in a proper manner will result in fines for damage caused and possible elimination from the club.

VI. Facility Use & Volunteer Hours

Each individual is required to participate in the weekly facility cleaning as a requirement to use the gym. In addition to mandatory cleaning, members must contribute volunteer hours at events and larger cleaning needed in the facilities. This includes setting up the Spectrum for USU home gymnastics competitions, helping judges at all USU

home gymnastics meets, participating in service projects, and any other volunteering opportunities that arise. Not all members are required to volunteer at every volunteering opportunity; however, if a member is unable to make any of these volunteering events, they should talk to an officer to determine future steps. In the event this is the case, members who do not meet volunteering requirements will likely need to pay extra club dues to ensure they are doing their part. We strongly recommend each member participate in at least two volunteer events each semester, three of which for the academic year must be separate from NCAA meets and Missy Marlowe. This is particularly important if the member plans on competing.

VII. Fundraising

An important part of club gymnastics is fundraising. The money that the club earns throughout the year allows us to travel, to stay in hotels, to pay entry fees for meets, and to hold our own meets. All club members (not only competitive members) are asked to participate in the club's fundraising activities. There will be several fundraising opportunities throughout the year and every team member (competitive and noncompetitive) is expected to cooperate and participate in these events. Members who have conflicts with these fundraisers should find replacements to fulfill their obligations or come to the officers with specific problems. The most important fundraising opportunity is the Missy Marlowe gymnastics competition in January; for those who wish to compete, spring semester dues will be increased upon failure to participate in this fundraiser.

VIII. Intrasquads and Competition Attendance

Generally, the club will hold one or more intrasquads at different points during the academic year to provide members with specific goals and a timeframe in which to accomplish these goals. This intrasquad helps gauge each individual's routine readiness and is an opportunity to prepare for travel competitions with lower stakes and team spirit. Every gymnast must show up to the intrasquad prepared and by the scheduled time, and it is recommended they present routines prior to the event to ensure they are ready.

Every club gymnast who will be competing in nationals must compete in at least 1 intrasquad and 1 competition (having at least 2 scores in each event they will be competing in nationals) in order to be eligible to compete (per NAIGC rules). Petitions will not be made for any gymnast unless a reason for absence (from the required number of meets) is due to major schoolwork/exams, injury, or any extenuating circumstances. A club gymnastics officer must be promptly notified in these situations. These stipulations are recommended but not required for those wishing to compete but not attend nationals.

IX. Nationals Cancellation Policy

With Nationals being a financial and logistical liability on USU Club Gymnastics every year, a cancellation policy must be implemented to ensure equity in attendance and payment for nationals. Any gymnast interested in attending nationals must sign up by the first of February prior to nationals. After this date, every gymnast signed up is thereby committed to attend and pay for their portion of the cost. If a gymnast must cancel for any reason, that gymnast must then reimburse the club for incurred travel costs and registration costs incurred based on their commitment to attend nationals.

The due dates for these costs will be determined on a yearly basis by the officers depending on when and where the Nationals event is taking place. Late fees may also be applied if a gymnast decides to attend the event after registration deadlines have passed and fees have been paid. Again, all fees and costs will vary on a yearly basis and will be determined by the officers.

X. Monthly Meetings

The club will hold monthly officer meetings that at least 3 officers must be present for, which will go over events, volunteering, budget and any pressing issues. The club president(s) will notify the members of the exact times and dates of these meetings at least one week prior to their actual occurrence. Members are also welcome to join in to get a preview of how club management works and to be caught up in club matters.

There will also be occasionally held meetings for the entire club held during a practice time. These meetings are meant to inform members of important announcements and address problems as soon as possible. While these meetings are not mandatory, attendance is strongly recommended. Individuals are responsible for getting in touch with another member or an officer in the event that they miss a meeting.

XI. Officer Positions

Officer positions will be elected by nomination from previous officers. Any officer or chair position may be a dual role (co-position) at the approval of other officers. All officers should have access to all USU Club Gymnastics documents and social media accounts (Instagram, Facebook, Twitter, YouTube, email account, and Box). All officers should also have at least one year of experience as a club member. The following are the officer positions and their stated duties to the club:

President/Co-President

The president(s) will be nominated each year by other club gymnastics officers, chosen to serve a one-year term. The individual(s) elected as president(s) must have been a member of club gymnastics for at least one year. It is the duty of the president(s) to conduct all club meetings, monitor other officers, provide any assistance to club members, and to ensure that the club sport and all events run smoothly. The president(s) will also register the club with the NAIGC organization and oversee individual member registrations, as

well as ensure constant and effective communication with Utah State Campus Recreation. The president(s) must uphold all club gymnastics ideals and ensure that all members uphold those principles stated in this constitution.

Travel/Safety Officer

The travel/safety officer is responsible for organizing all logistics for away meets. This officer is in charge of booking all travel and lodging for competitions in accordance with Campus Recreation, and must be one of the club's All-Card holders. The travel/safety officer works under the president(s) to ensure that gymnasts are provided with enough meets to prepare them for nationals and to ensure that the home meet is organized and smoothly run. This officer must make sure all events that the club is involved in throughout the year are correctly recorded in Do Sports Easy. The travel/safety officer responsibilities may also be placed on the president(s) in years where there is no travel/safety officer.

Treasurer

The treasurer is responsible for collecting and allocating USU Club Gymnastics dues and managing financial matters of the organization. Treasurer duties also include managing volunteering opportunities and service projects for the club, taking meeting minutes, and maintaining all correspondence. Responsibilities may also be placed on the president(s) in years where there is no treasurer.

Marketing/Social Media Officer

The marketing/social media officer is responsible for monitoring the official USU club gymnastics email and social media accounts, updating them regularly. This officer will also be expected to respond to questions and concerns of potential or new members and be the primary leader of new member recruitment. Responsibilities may also be placed on the president(s) in years where there is no marketing/social media officer.

Communications/PR Officer:

The communications/PR officer serves as the club's primary liaison to the varsity head coach to coordinate practice times, facility and equipment use, home meet volunteering and any other matters that may come up. This officer should keep steady communication with the head coach to ensure the club remains in good standing with the team. Generally, this will be the designated officer to hold a key to the gymnastics facility for club access. Responsibilities may also be placed on the president(s) in years where there is no communications/PR officer.

Coach

In years the club has the opportunity to take advantage of a volunteer coach, this coach will be treated much like other officers and will be expected to attend meetings and be up to date on club matters. The coach should attend practices and provide assistance, advice and spotting to members for at least one third of practice time and will be allowed to train on the equipment for the remaining time if they so desire. Any proper training needed for a coaching role designated by the university must be completed by this individual.

General Officers

General officers for the USU Club Gymnastics will serve to help with any other officers' duties where needed. They are expected to attend officer meetings and be up to date on matters concerning the club in order to be able to aid club members on any questions or concerns. The purpose for general officers is mainly to spread out the officer workload so that all club duties can get done efficiently and smoothly.

In addition to these specified officer duties, at least one officer must be CPR certified to be a safety officer in accordance with USU Club Sports policies. This may or may not be the designated travel/safety officer. This officer must be present at every competition held or attended by the club.

By signing this USU Club Gymnastics Contract for membership, you are assenting to all above stated policies of USU Club Gymnastics and will be held responsible for any breach of this contract.

Signature of Participant

Date