Level I Equipment List

This checklist is to help you prepare for your AIARE Level I avalanche course.

1. Backcountry Clothing:
   - Waterproof/Breathable Jacket *
   - Waterproof/Breathable Pants *
   - Down/Synthetic Puffy Jacket
   - Synthetic long john top
   - Synthetic long john bottoms
   - Synthetic Briefs/Boxers
   - Synthetic Sports Bra
   - Fleece Hat/Beanie
   - Waterproof Gloves
   - Synthetic Glove Liners
   - Balaclava/Scarf
   - Synthetic/Wool Ski Socks
   - Synthetic Liner Socks
   - Sun hat/bandanna
   - Sunglasses w/chums

2. Ski/Board Equipment:
   - Skis or Splitboard (No Snowshoes)
   - Climbing Skins* (cut to skis/board)
   - Touring Bindings*(adjusted to boots)
   - Ski/Board Boots*
   - Adjustable Poles*
   - Ski Helmet*
   - Goggles*
   - Backpack (30 liters)

3. Avalanche Safety Equipment:
   - Digital Transceiver* (Check Batteries!)
   - Avalanche Shovel*
   - Avalanche Probe*
   - Snow Saw*(optional)
   - Inclinometer
   - Compass

4. Personal Equipment:
   - Water Bottle
   - Lunch/Snacks (calories & carbs!)
   - Pencil/Pen
   - Sunscreen/Lip Balm (45+SPF)
   - Hand Warmers (optional)
   - Binding Repair Kit w/Tools

5. Materials Provided
   - AIARE Course Manual
   - AIARE Field Book

Items marked with an * are available to rent from USU Outdoor Programs. **Make sure to check the function/fit of equipment before the course.**

Dress in layers that can be shed as we hike and move around and added during breaks and outdoor instruction.