

Program Goals

Goal	Action Steps	Resources Needed	Target Date
			Progress Celebrated <input data-bbox="1920 586 1979 638" type="checkbox"/>
			Progress Celebrated <input data-bbox="1920 1281 1979 1333" type="checkbox"/>

How to set SMART goals:

S: Say what you will do, use action words. **M:** Measurable: Be able to track your progress. **A:** Attainable: Your goal is realistic and you have the tools to attain it. **R:** Relevant: Ensure that your goal aligns with your vision. **T:** Time based: Nothing gets done quickly without a deadline. Report your deadline to Kendra so you are accountable.