

# SARAH SMITH

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## EDUCATION

**Bachelor of Science, Kinesiology**

May 20XX

*Emphasis in Pre-Physical Therapy*

GPA 3.6

Utah State University (USU), Logan UT

- Dean's List, 4 semesters
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## CLINICAL EXPERIENCE

**Physical Therapy Observations**

January 20XX-Present

Cache Valley Hospital, Logan UT

- Assist with inpatient and outpatient care by shadowing the physical therapist and making sure that all the patients are having a positive experience
  - Offer help to patients with mobility issues by guiding them in their exercises to help them in recovery
  - Support the office staff by checking in patients to ensure that every patient receives timely care
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## RELEVANT WORK EXPERIENCE

**Kickboxing Instructor**

July 20XX-Present

Logan Rec Center, Logan UT

- Create weekly kickboxing lessons for recreation members by researching the latest kickboxing material to provide the most effective and engaging classes
- Actively engage 15-20 recreation members on a weekly basis by using upbeat music and clear instructions to ensure that everyone has a positive experience
- Encourage individual participation by learning members names and checking in throughout the class to make sure everyone is having a fun and having an effective workout

**Front Desk Employee**

August 20XX-May 20XX

Sports Academy & Racquet Club, Logan UT

- Supported a positive gym culture by greeting every club member to create a welcoming atmosphere
  - Scheduled spa, court, tanning, and training reservations with members through in-person and phone communication to ensure their information was correctly input into the reservation system
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## LEADERSHIP AND VOLUNTEER EXPERIENCE

**President**, USU Kickboxing Club, Logan UT

September 20XX-Present

- Facilitate kickboxing events for club members using the USU ARC gym to increase club participation
- Engage with faculty and staff by reaching out each month to support club growth and longevity

**Summer Camp Volunteer**, Sports Academy & Racquet Club, Logan UT

May 20XX-August 20XX

- Planned activities for children ages 7-12 years old by supporting leadership staff to ensure all participants have a positive experience
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## CERTIFICATIONS

**CPR**, Logan Regional Hospital, Logan UT

August 20XX

**First Aid**, Logan Regional Hospital, Logan UT

August 20XX

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## SKILLS

Microsoft Office

Canvas

Adobe Photoshop

Multitasking

Group Facilitating

Time Management