Objective
Accompany your students to your workshop location to learn more about the importance of communication and conflict resolution. Students are exposed to key skills and concepts in resolving conflicts in a variety of relationships: family, roommates, friends, and instructors.

Description:
Communication Workshop: Accompany your students to the workshop and participate as invited by the workshop presenters.

Presenters:
Clair Canfield and Matthew Sanders from the Communications Studies Department

Instructional Time: Class 60 minutes (pre-scheduled)
Required Assignment: NO

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Workshop Format
In the Communication Workshop, students will be introduced to basic communication techniques and conflict resolution strategies. Most significantly, they will be exposed to the reality that personal communication is a learned skill and important to all successful relationships. Things to think on:

- How will the way I communicate with roommates impact my sense of connection and belonging?
- What are appropriate ways to communicate with my professors and university staff?
- How might my communications and relationships with friends and family change while I’m at USU?