WHEN TO QUARANTINE

I was exposed to someone with COVID-19 within at least 6 feet for at least 15 minutes

or

I live with someone who tested positive for COVID-19.

- I am fully vaccinated or have had COVID-19 within the past 90 days.
  - I have received one dose of Johnson and Johnson or two doses of Pfizer or Moderna, and it has been at least two weeks since my last vaccination dose.
  - Immediately complete a USU COVID-19 Questionnaire to alert the USU case containment team.
  - If you have not done so, upload your vaccine record to aggiehealth.usu.edu.
  - If you are vaccinated, get tested 3-5 days following the last day of known exposure to someone with suspected or confirmed COVID-19.
  - Wear a mask in public indoor settings for 14 days or until you receive a negative test result.
  - You do not need to stay home or quarantine unless you are experiencing symptoms.

- I am not fully vaccinated and have not had COVID-19 in the past 90 days.
  - I have received no vaccine doses or only one dose of Pfizer or Moderna, or it hasn’t been two weeks since my second vaccination dose.
  - Immediately complete a USU COVID-19 Questionnaire to alert the USU case containment team.

You must quarantine:

Follow the directions from the case containment team, but generally you may leave quarantine when:

- On day 10 without testing if no symptoms.
- On day 7 with a negative test result on the 7th day.
- On day 10 when living with someone who has COVID-19 if no symptoms.