



LIFE ASSISTANCE COUNSELING

PEHP has selected **Blomquist Hale Employee Assistance** as the exclusive provider for your **Life Assistance Benefit**.

Who Is Eligible?

All State and quasi state Risk Pool employees with PEHP Traditional and PEHP STAR medical plans, and their covered dependents, are eligible to receive Life Assistance counseling services with no co-pay or fees. PEHP pays 100% of the cost of the Life Assistance Counseling care.

Brief, Solution-Focused Therapy

At Blomquist Hale, we use a brief, solution-focused therapy model to resolve problems quickly. Using this approach, clients take more responsibility in learning how to resolve their own problems than in traditional therapy. If a more intensive level of service is needed, a Blomquist Hale counselor will assist you in finding the appropriate resource. Blomquist Hale does not cover the costs of referred services.

Confidentiality

Blomquist Hale practices strict adherence to all professional, state and federal confidentiality guidelines. Confidentiality is guaranteed to all participants.

How to Access the Service

Access is as simple as calling and scheduling an appointment. No paperwork or approval is needed! All that is required is your PEHP ID number to verify that you are eligible for these services.

-  **Licensed Professional Clinicians**
-  **100% Confidential**
-  **Convenient Locations**

Contact Us

800-926-9619

blomquisthale.com



*Blomquist Hale has other contracted providers throughout the state of Utah and the Nation.