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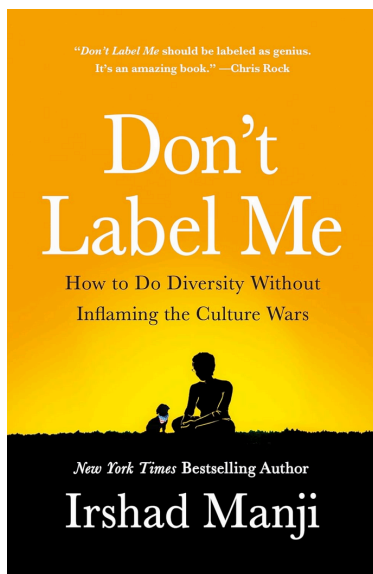
IRSHAD MANJI

DON'T LABEL ME

Disagree Better Book Club
Discussion Guide

About This Selection

Irshad Manji's *Don't Label Me: How to Do Diversity Without Inflaming the Culture Wars* was the Disagree Better Book Club selection for January 2024. Manji visited Utah State University to discuss her work on moral courage with the Aggie Family on February 5 and 6, 2024.



Discussion Questions

- In *Don't Label Me*, Irshad Manji argues against the tendency to reduce individuals to single identity labels. How do labels shape our understanding of ourselves and others, and what are the potential pitfalls of relying too heavily on them?
- Manji calls for a shift from a culture of outrage and condemnation to one of curiosity and empathy. How can we cultivate a culture of curiosity and empathy in our communities and society at large, and what role can individuals play in promoting this shift?
- Manji suggests that embracing complexity and ambiguity is essential for genuine human connection and understanding. How can we cultivate a mindset of openness and curiosity towards those whose experiences and perspectives differ from our own?

Discussion Questions Continued

- Manji discusses the importance of questioning our own assumptions and biases. How can we cultivate a practice of self-awareness and introspection to better understand how our identities shape our perceptions of and interactions with the world?
- Manji discusses the role of social media and identity politics in exacerbating divisions and tribalism. How do these forces influence our perceptions of identity, and what strategies can we employ to resist their negative effects?
- Manji emphasizes the value of intellectual humility in engaging with others who hold different viewpoints. How can we cultivate humility in our interactions with others, especially when discussing sensitive topics related to identity and diversity?
- Manji stresses the role of education in promoting tolerance and understanding across lines of difference. How can educators create inclusive learning environments that honor the diversity of students' identities and experiences?
- Manji shares personal anecdotes and experiences throughout the book to illustrate her points about the limitations of identity labels. How do these stories contribute to the overall message of the book, and what insights can we gain from them?
- One of the key ideas in *Don't Label Me* is the concept of moral courage—the willingness to speak out against injustice and challenge prevailing norms, even when doing so is uncomfortable or unpopular. How can individuals cultivate moral courage in their own lives, and what role does it play in fostering dialogue and understanding?
- Manji emphasizes the importance of empathy and listening in bridging divides and finding common ground. How can we practice active listening and empathy in our interactions with others, especially those who hold different beliefs or identities?
- Reflecting on the insights and ideas presented in *Don't Label Me*, how can we apply them to our own lives and communities to foster greater understanding, empathy, and acceptance of diversity?