Human Movement Science - Physical Education Teaching

Emma Eccles Jones College of Education and Human Services

**Major Description**

The human movement science degree at USU provides three different options for students who wish to pursue careers in exercise science, physical therapy, or physical education. In all of these areas, students study the psychological, neurophysiological, and biomechanical/biophysical aspects of human movement. This emphasis prepares students to teach or coach physical education activities in grades K-12.

**Admission Requirements**

New freshmen admitted to USU in good standing qualify for admission as human movement science majors.

**How to Customize Your Own Class Schedule**

1. **ACT/SAT Scores, AP, IBO, and Concurrent Enrollment/Transfer Credits**

Gather your ACT/SAT and advanced placement (AP) scores, any concurrent enrollment, International Baccalaureate (IB), and transfer credits you have taken or are currently taking.

- Know your ACT/SAT scores so you can determine which prerequisites you have already met (particularly for math). Make sure these scores are all in Banner by clicking “Test Scores” in your student records, and double check when you took the test (math scores are only good as prereqs if taken after January 1, 2019).
- See how your AP credits will count at USU by viewing the AP table in the University Catalog. You can see if USU has received your AP scores by viewing your transcript by clicking on “View Transcript” in your student records.
- See how your IBO credits will count at USU by viewing the IBO table in the University Catalog.
- See if your transfer or concurrent enrollment credits are equivalent to any courses or requirements at USU by looking at the “Course by Course” page on the transfer page. Make sure your previous courses are on your USU transcript by clicking “View Transcript” in your student records.
- Go to the Finding Your Scores/Courses webpage if you need help getting current scores or credits transferred to USU.

If you have already satisfied some recommended first semester courses listed on this guide, you may need additional credits to complete your schedule. Refer to the four-year plans in the University Catalog, register for the next courses listed in your plan, and then verify your course selections with your advisor after the date listed in the advising section below.

2. **Placement Tests**

**Math Placement**

Every incoming student has access to the ALEKS math system for free. ALEKS is the software you will use to place into a math class, and brush up on math skills you lack. You can take up to five proctored exams for placement purposes, and you can work through customized learning modules for up to six months so you can place higher in math, or learn some basic skills so your math class isn’t as difficult once you get into it.
Go to ALEKS and take a proctored math exam to determine where you can place in math. After that, feel free to study in ALEKS before the semester begins, and take additional placement exams if you think you can place higher. This website has information about how to take a proctored exam in Logan, throughout Utah, and at an out-of-state location.

Note: some students with math ACT/SAT scores, AP scores, or college-credit math grades earned after January 1, 2019 are able to automatically register for a math class because they meet the pre-requisite for the course. If you think you can automatically qualify to register for a math class, click on a specific math class in the math path below to see pre-requisite scores needed for that class.

Language Placement

If you have foreign language skills, take the language placement exam by going to https://lpcs.usu.edu/programs/languages/language-testing/ if you would like to earn inexpensive elective credits for previous knowledge, or place into a higher language course.

Call the freshman hotline at 435-797-0283 if you have additional questions as you prepare.

3. Class Schedule

Use the results from steps one and two, along with the recommended courses below, to make a list of several classes you would like to take. Be sure to include a few extra courses as back-ups.

First Semester Registration Guide

Recommended First Semester Courses

Register for five of the following classes, which have been recommended by your academic advisor. We recommend you take 15 to 16 credits your first semester. Make sure you register for a math class each semester until you are finished with math/stats.

Critical First Semester Courses are the classes you need to take during your first semester at USU. Additional Classes should be used to fill in to reach 15 to 16 credits. If more credits are needed, refer to the four-year plan in the University Catalog or take additional breadth courses.

Critical First Semester Courses

Do everything you can to get into these classes. If a class is full, add yourself to a waitlist. If the class doesn’t have a waitlist option, check back frequently to look for openings. You’ll be surprised how quickly waitlists turn over, and remember you can add yourself to multiple waitlists for the same course. (Don’t forget to check your email daily so you see any waitlist notifications before they expire.)

ENGL 1010 (3 credits, CL1)

(or ENGL 2010* (CL2) if you already have ENGL 1010 credit)

MATH CLASS (QL)

3-5 credits

(See Math Path below)

PEP 2000 (2 credits)

Intro and History of PE
**Intro to Human Movement Science** (choose at least two)

**PEP 2200 (1 credit)**

Lifetime Activities

**PEP 2300 (1 credit)**

Softball, Basketball, Soccer

**PEP 2400 (1 credit)**

Tennis, Badminton, Track

**Additional Courses**

Fill in the rest of your schedule with these classes as needed until you have 15-18 credits.

**General Education Options** (choose one to two)

**USU 1010 (2 credits)**

University Connections

**NDFS 1020 (3 credits, BLS)**

Science & Application of Nutrition

**BREADTH AMER. INSTITUTIONS**

(click link to view all options)

**Your Math Path**

- The following math path has been recommended by the advisor for this major. Start at the highest math class you can. Click on the course below to see the catalog description, along with prerequisites needed to register for the course. All math prerequisites expire after one year, so your prerequisite will only be valid to get you into another math class if it was earned after January 1, 2019.
- If you don't have a current prerequisite needed to get into a course, or if you aren't sure where to start in math, take a proctored ALEKS exam (see math placement section above). This applies to nearly all students who have been on leave for an extended period of time, i.e. missionaries or students on military leave.
- The highest math that this major requires is STAT 1040 or STAT 1045 or MATH 1050 or higher math depending on your goals post bachelor's degree. Please consult with your advisor.

**Math 0950** and **Math 0995** are developmental courses and do not count for credit toward graduation. They are not required for your major.

**MATH 0950 --> MATH 0995* --> MATH 1050* (QL)**

Additional math may be required depending on student's post bachelor's degree.

**Prerequisites and Course Descriptions**

The classes marked with an asterisk(*) have prerequisites. For course descriptions and prerequisite information, click on the course in this guide or see the University Catalog and click on "Course Numbers and Descriptions."
If you have met a class prerequisite via AP or IBO scores or college credits, but have not yet transferred them to USU, you can request a temporary prerequisite override. Only do this if you have already met the prerequisite and are certain you can get your test scores/credits to USU and into Banner well before December 12, 2019. This is the day that your temporary override will expire and your class will be dropped unless you meet the prerequisite in Banner. After you submit a temporary override request, allow for up to 3-4 business days for the request to be processed. Once processed, the Registrar’s office will reach out to you via email.

**Math prerequisites only last 1 year, so will not be valid for spring 2020 semester unless they were earned after January 1, 2019.**

**English 1010 (CL1) and English 2010 (CL2)**

The Communications Literacy 1 requirement (CL1) is typically fulfilled by ENGL 1010. You have already satisfied the CL1 requirement if you have any of the following:

- ACT English Test: Score of 29 or higher
- SAT (taken before March 2016) Critical Reading Test: Score of 640 or higher
- RSAT (SAT taken since March 2016) Reading Test: Score of 34 or higher
- AP English Language Test: Score of 3 or higher
- AP English Literature Test: Score of 3 or higher
- CLEP English Composition Test: Score of 50 or higher
- CLEP Freshman College Composition Test: Score of 53 or higher
- IBO English A1 Test: Higher-level Score of 5 or higher
- Transfer credit that is equivalent to ENGL 1010

If you have already met the CL1 requirement, you should take English 2010 (CL2). (Note: An IBO English A1 test with a score of 5 or higher satisfies both CL1 and CL2.)

**When Can You Register?**

Students register according to the number of earned hours on their USU transcript. You can see the number of “EARNED” hours on your transcript by clicking “View Transcript” in your student records. Remember that credits that have not yet been received or applied to your USU transcript DO NOT COUNT toward earned hours until they are officially on your USU transcript (USU cannot override this and give you an earlier registration time, even if you have credits en route to USU).

- Wednesday, November 13 at 8:00 p.m.—students with 50 or more earned hours on their transcript
- Wednesday, November 13 at 9:00 p.m.—students with 40 or more earned hours on their transcript
- Wednesday, November 13 at 10:00 p.m.—students with 30 or more earned hours on their transcript
- Thursday, November 14 at 8:00 p.m.—students with 20 or more earned hours on their transcript
- Thursday, November 14 at 9:00 p.m.—students with 10 or more earned hours on their transcript
- Thursday, November 14 at 10:00 p.m.—students with 0-9 earned hours on their transcript

Again, the system looks at earned hours that are already on the USU transcript when determining when a student can register. This cannot be overridden, even if the student has additional credits that are not yet on their USU transcript.
Advising for First-Year Students in this Major

You can find more information about the Human Movement Science degree on the degree finder website or at the department website. For general registration questions, please call the freshman hotline at (435) 797-0283 from 8:00 am to 5:00 p.m. Monday through Friday, or during special hours November 13 and 14 from 8 a.m. to 11 p.m. You can also email the hotline at orientation@usu.edu.

The Human Movement Science/PE Teaching advisor can answer questions for incoming first-year students via appointment or email. Email khsadvising@usu.edu with questions. If you wish to have a one-on-one appointment, you can make a phone or in-person appointment at http://cehs.usu.edu/advising starting November 18.

Vicky Larsen
Academic Advisor
HPER 122
khsadvising@usu.edu

Schedule appointment at:

http://cehs.usu.edu/advising