

# Health Education Promotion - Health Science

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## Emma Eccles Jones College of Education and Human Services

Location(s): Logan, Beaver, Bicknell, USU Blanding, Brigham City, Castle Dale, Cortez, Delta, Ephraim, Grantsville, Ignacio, Junction, Kanab, Moab, Montezuma Creek, Monticello, Monument Valley, Nephi, Panguitch, Park City, Randolph, Richfield, Roosevelt (Uintah Basin), Salt Lake, Tooele, Tremonton, USU Eastern (Price), Vernal (Uintah Basin), Wendover

## Major Description

The Bachelor of Science degree in Health Education and Promotion prepares professionals to help individuals, groups, and communities to maintain or improve their health status. Students gain a strong foundation in both the biological and social sciences. Students must choose an emphasis in community health or health science.

**Health Science:** This emphasis is for students who plan to pursue a form of advanced medical training and for students who are interested in working in a health or medical setting but are still exploring career options in those fields. In addition to a core of courses focused on health and wellness, this program gives students maximum flexibility to tailor their coursework to meet their specific career goals.

## Admission Requirements

**Freshmen:** New freshmen admitted to USU in good standing qualify for admission as health education and promotion majors.

## How to Customize Your Own Class Schedule

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## ACT/SAT Scores, AP, IBO, and Concurrent Enrollment/Transfer Credits

Gather your ACT/SAT and advanced placement (AP) scores, any concurrent enrollment, International Baccalaureate (IB), and transfer credits you have taken or are currently taking.

- Know your ACT/SAT scores so you can determine which prerequisites you have already met (particularly for math). Make sure these scores are **all in Banner** by clicking "Test Scores" in your student records, and double check when you took the test (math scores are only good as prereqs if taken after August 1, 2021).
- See how your AP credits will count at USU by [viewing the AP table](#) in the University Catalog. You can see if USU has received your AP scores by [viewing your transcript](#) by clicking on "View Transcript" in your student records
- See how your IBO credits will count at USU by [viewing the IBO table](#) in the University Catalog.
- See if your transfer or concurrent enrollment credits are equivalent to any courses or requirements at USU by looking at the "Course by Course" page on the [transfer page](#). Make sure your previous courses are on your [USU transcript](#) by clicking "View Transcript" in your student records.
- Go to the [Finding Your Scores/Courses](#) webpage if you need help getting current scores or credits transferred to USU.

If you have already satisfied some recommended first-semester courses listed on this guide, you may need additional credits to complete your schedule. Refer to the [four-year plans](#) in the University Catalog, register for the next courses listed in your plan, and then verify your course selections with your advisor after the date listed in the advising section below.

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## Placement Tests

### Math Placement

Every incoming student has access to the ALEKS math system for free. ALEKS is the software you will use to place into a math class, and brush up on math skills you lack. You can take up to five proctored exams for placement purposes, and you can work through customized learning modules for up to six months so you can place higher in math, or learn some basic skills so your math class isn't as difficult once you get into it.

Go to [ALEKS](#) and take a proctored math exam to determine when you can place in math. After that, feel free to study in ALEKS before the semester begins, and take additional placement exams if you think you can place higher. This website has information about how to take a proctored exam in Logan, throughout Utah, and at an out-of-state location.

Note: some students with math ACT/SAT scores, AP scores, or college-credit math grades earned after August 1, 2021 are able to automatically register for a math class because they meet the pre-requisite for the course. If you think you can automatically qualify to register for a math class, click on a specific math class in the math path below to see the pre-requisite scores needed for that class.

### Language Placement

If you have foreign language skills, take the [language placement exam](#) if you would like to earn inexpensive elective credits for previous knowledge, or place into a higher language course.

Call the freshman hotline at [\(435\) 797-0283](tel:435-797-0283) if you have additional questions as you prepare.

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## Class Schedule

Use the results from steps one and two, along with the recommended courses below, to make a list of several classes you would like to take. Be sure to include a few extra courses as back-ups.

## Recommended First Semester Courses

Register for five of the following classes, which have been recommended by your academic advisor. We recommend you take 15 to 16 credits your first semester. Make sure you register for a math class each semester until you are finished with math/stats.

Critical First Semester Courses are the classes you need to take during your first semester at USU. Additional Classes should be used to fill in to reach 15 to 16 credits. If more credits are needed, refer to the [four-year plan](#) in the University Catalog or take additional breadth courses.

### Critical First Semester Courses

**Do everything you can to get into these classes.** If a class is full, add yourself to a waitlist. If the class doesn't have a waitlist option, check back frequently to look for openings. You'll be surprised how quickly waitlists turn over, and remember you can add yourself to multiple waitlists for the same course. (Don't forget to check your [USU email](#) daily so you see any waitlist notifications before they expire.)

[ENGL 1010 \(3 credits, CL1\)](#)

*(or [ENGL 2010\\*](#) (CL2) if you already have ENGL 1010 credit)*

[NDFS 1020 \(BLS\)](#)

3 credits

MATH CLASS  
3-5 credits (QL)

(See Math Path below)

[BIOL 1010](#)

3 credits

[HEP 2500](#)

2 credits

### Additional Courses

Fill in the rest of your schedule with these classes as needed until you have 15-18 credits.

[USU 1010 \(2 credits\)](#)

## University Connections

### Breadth Humanities

(See catalog to view all options)

### BREADTH CREATIVE ARTS

(click link to view all options)

### BREADTH AMER. INSTITUTIONS

(click link to view all options)

## Your Math Path

- The following math path has been recommended by the advisor for this major. Start at the highest math class you can. Click on the course below to see the catalog description, along with prerequisites needed to register for the course. All math prerequisites expire after one year, so **your prerequisite will only be valid to get you into another math class if it was earned after August 1, 2023**
- If you don't have a current prerequisite needed to get into a course, or if you aren't sure where to start in math, take a proctored [ALEKS exam](#) (see math placement section above). This applies to nearly all students who have been on leave for an extended period of time, i.e. missionaries or students on military leave.
- The highest math that this major requires depends on the students future goals. Every student is required to take at least one statistics course, but MATH 1050 may be required as well. If your goal is to simply get your Bachelor's degree, STAT 1045 or 1040 will suffice. However, if you plan to go on to graduate school you will likely also need MATH 1050. Please consult with your advisor for more information."

## Prerequisites and Course Descriptions

The classes marked with an asterisk(\*) have prerequisites. For course descriptions and prerequisite information, click on the the course in this guide or see the [University Catalog](#) and click on "Course Numbers and Descriptions."

If you have met a class prerequisite via AP or IBO scores or college credits, but have not yet transferred them to USU, you can [request a temporary prerequisite override](#). Only do this if you have already met the prerequisite and are certain you can get your test scores/credits to USU

and into Banner well before **August 1, 2024** . This is the day that your temporary override will expire and your class will be dropped unless you meet the prerequisite in Banner. After you submit a temporary override request, allow for up to 3-4 business days for the request to be processed. Once processed, the Registrar's office will reach out to you via email.

**Math prerequisites typically only last 1 year, math prerequisites the 2021 semester are valid if they were earned after August 1, 2023.**

## English 1010 (CL1) and English 2010 (CL2) or English 2020 (CL2)

The Communications Literacy 1 requirement (CL1) is typically fulfilled by ENGL 1010. You have already satisfied the CL1 requirement if you have any of the following:

- ACT English Test: Score of 29 or higher
- RSAT Reading Test (if taken after March 2016): Score of 34 or higher
- SAT Critical Reading Test (if taken before March 2016): Score of 640 or higher
- AP English Language Test: Score of 3 or higher (for CL1 only)
- CLEP College Composition Test: Score of 50 or higher (for CL1 only)
- IBO English A: Language & Literature Test: Higher-level Score of 5 or higher (for CL1 only)

If you have already met the CL1 requirement, you should take English 2010 (CL2) or English 2020 (CL2).

## When You Can Register

Registration opened for all students on April 11, 2024 and is an ongoing process. Incoming students can begin registering for classes as soon as they complete the second orientation module. For specific dates on when registration will close, [check the USU Catalog](#).

## Waitlist Information

If the class you want to register is full, and it uses the waitlisting feature, you will see an option to join the waitlist. If the course has an opening, an email is sent to the student first in the waitlist line. That student is given 24 hours to add the class online. Once the first week of classes starts, the time a waitlist student has to add a class is shortened to 12 hours. You can view your position in the waitlist through your student schedule in Banner.

## Advising for First-Year Students in this Major

You can find more information about the degree on the [degree finder website](#) or at the [department website](#).

Degree Works is a useful software that helps students see the degree requirements. A [student tutorial](#) is available to help you use Degree Works tool.

After you have utilized the instructions listed in this guide and completed Module 2 of the New Student Orientation, it is highly recommended that you schedule an appointment with your Statewide advisor by going to [www.usu.edu/advisors](http://www.usu.edu/advisors) and selecting your advisor by location and program.

The Health Education and Promotion Health Science Emphasis advisor, Melanie Stein, can answer questions for incoming first-year students via appointment or email. Email [khsadvising@usu.edu](mailto:khsadvising@usu.edu) with questions. If you wish to have a one-on-one appointment, you can make a phone or in-person appointment at <http://cehs.usu.edu/advising> starting April 15.

In addition to your academic advisor students at one of the statewide campuses are also assigned a success coordinator, who will be a central point of contact for any questions or concerns you have. They can help you understand campus resources as well as help you with localized tutoring or campus events, the financial aid office, our wellness psychologists, or finding your academic advisor. If your success coordinator doesn't know the answer, they will help connect you to an expert at USU to resolve your question or issue. Visit a [campus site](#) to find your success coordinator.