PARENT HANDBOOK 2019
Dear Aggie Parent

Letter from the President

Welcome to Utah State University, Home of the Aggies

We hope the next few years are full of learning and growth for your student, and that you feel welcomed as a member of the Aggie family. As the parent of an Aggie, I have seen firsthand the personal growth that occurs as students participate in the learning, discovery, and engagement available at this world-class university.

Students regularly cite parents among the greatest influences in their lives. We recognize you are a tremendous partner in helping your student reach his or her goals. We thank you for your influence and support as your student experiences both the successes and challenges that will shape his or her experience as a learner.

Whether you are a returning parent, a first-time parent, or alumni, this handbook will provide you with resources and information to help support your student’s transition to college.

Welcome to Utah State, and welcome to the Aggie family.

Sincerely,

Noelle E. Cockett, President
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WHAT IS FERPA

The Family Educational Rights and Privacy Act (FERPA) is a U.S. federal law that protects the privacy of student educational records. FERPA protects your student’s rights by ensuring we don’t release any information to anyone without their consent; that includes you, as parents. In order for you to have access to this information, your student will need to go to myid.usu.edu, and assign you as a delegate. To find out more about FERPA, visit usu.edu/registrar/ferpa-info.
The USU Alumni Association is located in the new Welcome Center. If you’re on campus, stop by for a free Aggie Ice Cream coupon!

WHAT IS AN AGGIE

Aggie: an agricultural school or college; also: a student at such an institution.

“When I ask people where they went to school, they always reply, “I’m an Aggie.” People do not just graduate from USU; it becomes a way of life. I will forever bleed blue!”

- Sian Smith

“Being an Aggie means you are part of something larger than yourself. You are part of the Aggie family, connected to other Aggies around the world. It changes you forever. It becomes who you are. Suddenly ‘I’m an Aggie!’ takes on a whole new meaning.”

- Scott Olson

SHOW ME THE TRUE-BLOODED AGGIE

The mission of the Alumni Association is to contribute to the success of Utah State University by providing opportunities for meaningful, lifelong involvement for its alumni, students, and friends.

AGGIE ICE CREAM
750 N. 1200 E.
Logan, UT 84322
(See our map pg 23)

MAY – SEPTEMBER
M-F 9 am - 10 pm
SAT 10 am - 10 pm
SUN Closed

OCTOBER – APRIL
M-F 9 am - 9 pm
SAT 10 am - 9 pm
SUN Closed

CALL THE STORE
888.586.2735

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750 N. 1200 E.
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SUN Closed

CALL THE STORE
888.586.2735

USU ALUMNI OFFICE
7500 Old Main Hill
435.797.2055
alumni@usu.edu
The college years are a time of transition for young people and their parents. There is no way to move through such an important passage without some feelings of dislocation and loss. But information and insight can help parents negotiate this significant and often neglected phase of their children’s lives.

– Karen Coburn & Madge Treeger
“Letting Go: A Parent’s Guide to Understanding the College Years”

**SOME BASIC FACTS PARENTS SHOULD KNOW:**

- 2/3 of all jobs will require postsecondary education by 2020.
- People with bachelor’s degrees earn about $1 million more in additional income over their lifetime than those without.
- Financial difficulties are the number one reason students drop out, according to self-reported data.
- Nationally, less than 60% of students who start toward a 4-year degree complete it within 6 years.
- Students who feel a connection to campus and are engaged with co- and extra-curricular activities are more likely to graduate.

**PARENTS SHOULD ENCOURAGE THEIR STUDENT TO DO THE FOLLOWING TO HELP THEM GRADUATE ON TIME:**

- Enroll in USU 1010: University Connections.
- Meet with an advisor to create an academic plan.
- Enroll in the right 15 credits each semester (or 30 credits each year).
- Complete the FAFSA each fall, even if they don’t think they are Pell-eligible (most scholarships require a completed FAFSA).
- Go to usu.awardspring.com each January to find and apply for scholarships.
- Get involved with co-and extra-curricular activities (this includes clubs, intramural sports, research with faculty, leadership, etc.).
- Create a 4-year financial plan.

**WHAT USU IS DOING TO HELP STUDENTS GRADUATE:**

- The University Catalog has suggested 4-year plans for each major (see catalog.usu.edu and select Degree Maps).
- Thrive.usu.edu helps students do more than just survive. This includes a media library full of stories of persistence.
- USU has a variety of resources found in this guidebook. Student fees help pay for these services, so students should use them.
- For more tips on helping your student succeed at every stage in their college career, visit usu.edu/parents/tips.
WHAT IS CONNECTIONS

USU 1010 Connections is a two-credit academic course designed to ease your student’s transition to Utah State. It is an optional course, but highly recommended to gain an edge and learn exactly what it takes to be successful at USU.

“My instructor was very effective in helping me transition to Utah State University. She helped us know how to read a class syllabus and encouraged us to stay organized. She gave us a taste of different programs we can become involved in, such as the Honors Program, the Service-Learning Program, and the Study Abroad Program. She helped us know what to expect and what we needed to do to be ready for college.”

–First Year Connections Student
ACADEMS

Along with graduation requirements listed in the catalog, all students must complete university studies requirements, which are tracked in each student’s Degree Works profile.

GENERAL CATALOG

catalog.usu.edu

Find policies and procedures, as well as program and course information.

DEGREE FINDER

usu.edu/degrees

Degree Finder helps students search through over 159 undergraduate degrees to find the perfect fit.

ACADEMIC RESOURCES

GENERAL EDUCATION OUTCOMES

- Written (99%) and oral communication skills (75%)
- Critical thinking and analytical reasoning (84%)
- Ability to work with numbers and stats (55%)
- Broad knowledge in the liberal arts and sciences (78%)
- Global issues and knowledge about societies and cultures outside the US (23%)
- Ethical judgment and decision-making (87%)
- Information literacy (68%)
- Civic knowledge, skills essential for contributing to the community and our democratic society (87%)
- Solving complex problems (76%) and analyzing and problem-solving with people from different backgrounds (73%)
- Stay current on changing tech/applications to workplace (73%)

EMPLOYERS’ DESIRED SKILLS FROM GRADUATES

- Written (78%) and oral communication (90%)
- Critical thinking and analytical reasoning (84%)
- Ability to work with numbers and stats (55%)
- Broad knowledge in the liberal arts and sciences (78%)
- Global issues and knowledge about societies and cultures outside the US (23%)
- Ethical judgment and decision-making (87%)
- Information literacy (68%)
- Civic knowledge, skills essential for contributing to the community and our democratic society (87%)
- Solving complex problems (76%) and analyzing and problem-solving with people from different backgrounds (73%)
- Stay current on changing tech/applications to workplace (73%)

*FOR SOURCES:


AAC&U Key Findings from 2013 Survey of Employers. aacu.org/sites/default/files/files/LEAP/KeyFindingsfrom2013SurveyofEmployers.pdf

FINANCES
usu.edu/registrar/tuition

UNDERGRADUATE COST OF ATTENDANCE

Paying for college can be a source of apprehension for both parents and students. Let us take some of the mystery out of the process by explaining the charges you can expect.

TUITION AND FEES

Each year the university publishes a tuition and fee table outlining charges students pay based on the number of credits they take. These charts show not only tuition, but also student fees each student pays per semester to maintain campus services and resources. Some courses also have additional course fees for things not covered by tuition, such as lab supplies or PE equipment.

TEXTBOOKS AND COURSE MATERIALS

approx. $200-500/semester (pg. 39)

Save money by shopping around, renting, buying used, or selling books back to the Campus Store at the end of the semester. Course materials purchased at the Campus Store are tax-free.

OTHER EXPENSES

Aggie Express account for laundry facilities.
System or Aggie Blue Bike's bike rental.

SAVVY WAYS TO FINANCE COLLEGE

CREDIT LOAD

Because 12-18 credits are the same price, students can save thousands of dollars in tuition and fees by taking 15 credits each semester, rather than 12. Every student is different, but overall, students who take 15 credits have higher GPAs than those who take less.

<table>
<thead>
<tr>
<th>Credit Load</th>
<th>Resident</th>
<th>Nonresident</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 Credits</td>
<td>$38,295</td>
<td>$10,986</td>
</tr>
<tr>
<td>Per Semester (5 Years)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15 Credits</td>
<td>$30,636</td>
<td>$88,788</td>
</tr>
</tbody>
</table>

DIFFERENCE

$7,659 $22,198

FINANCIAL AID (FAFSA)

usu.edu/financialaid

Complete a FAFSA as early as possible because some funds are given on a first-come, first-served basis. Financial aid counselors can answer questions about federal aid, and help navigate the often-overwhelming process of paying for college.

PELL GRANTS

Money is given by the government based on financial need. Does not need to be repaid.

STUDENT LOANS

Low-interest federal loans paid back over 10+ years after leaving school.

WORK STUDY

Part-time work at the university, award based on financial need. A completed FAFSA is required.

SCHOLARSHIPS

scholarships.usu.edu

With a few exceptions, incoming student scholarships have been awarded by the time Aggie Orientation begins. Fall 2018 incoming students were awarded scholarships according to the parameters listed on the admissions page, provided they applied for USU by the deadline. In the future, students can apply for continuing student scholarships at scholarships.usu.edu. Deadlines vary, but are typically around January or February for the following school year.

Check with your local city offices, financial institutions, and employers to see if they offer scholarships.

STUDENT EMPLOYMENT

Students can find on-campus, off-campus, and work-study jobs through the Aggie Handshake link in the MyUSU portal. We recommend full-time students work no more than 20 hours per week in order to maintain balance.
Campus Recreation provides wellness and healthy lifestyle-oriented programs, events, and services to USU students and employees.

**AGGIE RECREATION CENTER (ARC)**

Our 105,000 square foot, state-of-the-art facility offers plenty of features and gives students a space to escape books, recharge the body, and clear the mind.

- 50 foot climbing wall & rappel ledge
- Indoor/outdoor basketball
- Elevated indoor track
- Weight & cardio rooms
- Lighted sand volleyball
- Fitness studios & classes

**FITNESS & WELLNESS**

For students looking to get or stay in shape, join a class: Strength & Conditioning, Core, Cycling, HIIT, Kickboxing, Powervulc., Yoga, or Zumba.

**CLUB SPORTS**

A competitive outlet for students to test their individual and team skills against club teams from other universities. Sports include baseball, cycling, hockey, lacrosse, racquetball, rodeo, rugby, soccer (M), swimming, ultimate, and volleyball.

**AQUATICS**

A 6-lane, 25-yard lap pool with high and low diving boards, and a 6-lane leisure pool. Classes and lessons, water aerobics, kayaking, and specialized programming like log rolling and flick n' floats.

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STUDENT INVOLVEMENT
ususa.usu.edu

USU STUDENT ASSOCIATION (USUSA)
USUSA is an organization made by the students, for the students, because of students. Every student at USU is a member of the association and can actively participate in all activities, committees, clubs, events, and initiatives.

AGGIE BLUE LEADERSHIP CONFERENCE
ususa.usu.edu
AUGUST 19-20, 2019 USU’s premier student leadership conference targeted toward incoming freshmen. For students interested in leadership and becoming student leaders. Registration is $75 and includes meals, t-shirt and other conference supplies.

OUTDOOR PROGRAMS (OP)
Located inside the ARC. OP offers all of the gear students need for camping, climbing, winter excursions, or a day on the water.

Our guided trips give a once-in-a-lifetime experience to meet friends, create long-lasting memories, and explore new adventures.

• Raft the Snake River
• Bike & hike at Moab
• Snowshoe in Logan Canyon
• Cross country ski at the Tetons
• Climb the City of Rocks in Idaho
• Canyoneer at Zion National Park
• Kayak at Lake Powell

STUDENT INVOLVEMENT & LEADERSHIP OFFICE
TSC 326
435.797.2912
involvement@usu.edu

CHEER WITH THE HURD
One of the best student sections in the nation.

ALWAYS SOMETHING TO DO
More than 100 student activities and events per year.

JOIN A CLUB
Nearly 100 student-run clubs.

GET FUNDED
$420,000 awarded in scholarships and research funding.

STUDENT GOVERNMENT
• Executive Council
• Academic Senate
• Student Traditions, Activities & Arts Board

SCHOLARSHIPS
• Sophomore Scholarship
• Claude J. & Ruth Ann Christensen Student Leadership Scholarship
• Gary Chambers Endowment
• USUSA Student Involvement Leadership

STUDENT MEDIA
• Aggie Radio
• The Utah Statesman

SPIRIT SQUAD
• Cheer Squad
• Mascot-Big Blue
• Aggiette Dance Team

FRATERNITIES & SORORITIES
• Alpha Chi Omega
• Kappa Delta
• Theta Nu Xi
• Alpha Sigma Phi
• Alpha Tau Omega
• Delta Sigma Phi
• Phi Gamma Delta
• Phi Kappa Alpha
• Psi Sigma Phi
• Sigma Chi
• Sigma Phi Epsilon

STUDENT CLUBS & ORGANIZATIONS
usu.edu/clubsandorgs

ANNUAL EVENTS
• Weeks of Welcome
• Big Agg Show
• College Weeks
• Day on the Quad
• Homecoming Week
• The HOWL
• Festival of Trees
• Mardi Gras
• Black & White Jazz Night
• Poetry & a Beverage (PoBev)
• Lectures
• Robins Awards
• End of Year Bash
• Traditions Week
• Logan City Limits

OTHER PROGRAMS & SERVICES
• Aggie B.L.U.E. Leadership Conference
• The HURD
• Graduate Student Representation
• Public Relations & Marketing
• Government Relations Council
• President’s Cabinet
• Legal and Student Advocate
• Services
• myVoice

AGGIE IN THE COMMUNITY
• Aggie B.L.U.E.
• The HURD
• Graduate Student Representation
• Public Relations & Marketing
• Government Relations Council
• President’s Cabinet
• Legal and Student Advocate
• Services
• myVoice

ANCHORAGE STUDENTS
• Aggie B.L.U.E.
• The HURD
• Graduate Student Representation
• Public Relations & Marketing
• Government Relations Council
• President’s Cabinet
• Legal and Student Advocate
• Services
• myVoice

TO THE FUTURE
• Aggie B.L.U.E.
• The HURD
• Graduate Student Representation
• Public Relations & Marketing
• Government Relations Council
• President’s Cabinet
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• Bike & hike at Moab
• Snowshoe in Logan Canyon
• Cross country ski at the Tetons
• Climb the City of Rocks in Idaho
• Canyoneer at Zion National Park
• Kayak at Lake Powell
AGGIE EXPRESS DEBIT PLANS

Aggie Express is a debit account stored on your ID card.

Accepted at many locations around campus.

Account is automatically debited at the time of each transaction.

Funds carry over from semester to semester.

10% discount at certain campus dining facilities.

Add money to your Aggie Express account at the following locations:

- USU Card Office or online at usucard.usu.edu
- Aggie Express deposit machines in the TSC (1st floor by Quickstop) and the Library (left inside entrance by the Information Center)
- For Meal Plan information, see Campus Dining on Pg. 30

THE USU CARD OFFICE ALSO PROVIDES

- Student Charge Accounts
  Charge up to $1000 of books and supplies to your Banner Account (letting your loan, scholarship, or financial aid money cover your expenses).
- U.S. Passport Services
- Ticket Sales
- Aggie Express

STUDENT ID CARD
usucard.usu.edu

A PASSPORT TO CAMPUS

The USU Card is the official ID card of all USU students, faculty and staff.

It functions as a library card, meal card, activities card, recreation center card, computer access card, health center card, copy card and more. It also tracks declining balance accounts and meal plans.

THE USU CARD OFFICE

USU CARD OFFICE
TSC 212
435.797.3852
idphoto@usu.edu

CAREER SERVICES

career-services.usu.edu

STUDENTS VISIT EARLY AND OFTEN TO

EXPLORE educational and career alternatives independently or with a career coach.

OBTAIN career-related work experiences employers look for through great student jobs and/or internships.

TAKE exams and prepare for graduate school in our Testing Services area, and meet with a career coach to develop personal statements and other documents.

SUCCEED in a career by engaging in resume preparation, networking, mock interviews, social media, Career Fairs, and more—all with the support of a Career Coach!

Students can drop in for a quick resume/cover letter edit with a graduate career peer Monday – Friday. For updated hours, visit career-services.usu.edu.
GETTING AROUND

Students do not need a car at USU! Save on parking and contribute to cleaner air by using the many free ways to get around Logan. Many students living in the neighborhoods surrounding campus use the CVTD or Aggie Shuttle to get to campus.

CACHE VALLEY TRANSIT DISTRICT (CVTD)
cvtdbus.org
One of the nation’s only free-fare bus systems transports students from one end of the valley to the other for free. Find routes, schedules, and a bus-tracking phone app at cvtdbus.org.

AGGIE SHUTTLE
aggiebus.com
Free bike rentals for students and staff, plus education and expertise to help tune, repair, and maintain bicycles.

AGGIE BLUE BIKEs
aggiebus.com
Natural gas-powered shuttles run several routes near and around campus. Track the bus at aggiebus.com.

Building Index

USU Public Relations & Marketing.
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Last Updated June 2018
* Other religious facilities directly adjacent to the USU campus:
- Faith and Fellowship Center (1131 East 178 North)
- St. Jerome Catholic Newman Center (1175 North 400 East)
TAGGART STUDENT CENTER (TSC)
Directory

FIRST FLOOR
101.................Computer Lab
102.................Admissions Office
103.................The Quiz Stop
105.................Student Orientation & Transition Services
106.................Financial Aid/Scholarships
118.................USU Student Media (The Utah Statesman & Aggie Radio 92.3 FM)
119.................Facilities
120.................USU Barber Shop
121.................USU Post Office
122-123............Campus Store
124.................Copy Center
141.................The HUB (Food Court)
141.................Moonlight & Music Lounge

SECOND FLOOR
201.................Evan N. Stevens Ballroom
211.................The Marketplace
215.................Walnut Room
221.................Auditorium
224.................Conference Room
224 A.................Math/Stats Tutoring
225 A.................Conference Room
226.................Auditorium
227.................Business Services for Student Affairs
227.................Auditorium
228.................Dining Services, University Catering
229.................Sunburst Lounge (International Lounge)
230.................Registrar’s Office
231.................Cash & Treasury Services
232.................CASA Sexual Assault & Anti-Violence Information Office
235.................Business Services for Student Affairs
236.................Sunburst Lounge (International Lounge)
249.................Business Services for Student Affairs
249 A.................Business Services for Student Affairs

THIRD FLOOR
302.................Exploratory Advising
302 A.................Sustainability Office
304.................University Advising
305.................Academic Success Center
306.................CAPS Counseling & Psychological Services
309.................CWS Center for Women & Gender
310.................CAPS Groups/Workshops/Classrooms
311.................SAASI Sexual Assault & Anti-Violence Information Office
315-317............Access & Diversity Center
320.................Veterans Resource Center
320 A.................Veterans Resource Center
320 E.................Access & Diversity Center Lounge
321-325............USUSA Student Offices
321-325............USUSA Student Offices
326.................USUSA President
326.................Student Involvement & Leadership, Service Learning
325.................USUSA SAA VP
325 A.................USUSA Executive VP
327.................USUSA Administrative Assistant/College Senator’s Office
328.................USUSA Student Events
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328 A.................SNAC Student Nutritional Access Center
329.................USUSA Programming Board
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336 A.................Conference Room
336 B.................USUSA Service Center
337.................USUSA Administrative Assistant/College Senator’s Office
338.................USUSA Student Events
339.................USUSA Programming Board
340.................USUSA Organizations & Diversity VP
341.................USUSA Athletics VP
342.................USUSA Organizations & Diversity VP
343.................USUSA Athletics VP
344.................USUSA Athletics VP
400.................Skyroom Lounge
401.................Skyroom

CAMPUS MAP, GETTING AROUND
ACADEMIC SUCCESS CENTER
usu.edu/asc

The learning specialists within the Academic Success Center (ASC) have developed programs and services to support Utah State students in exploring their intellectual potential and achieving academic success.

SUPPLEMENTAL INSTRUCTION (SI)
usu.edu/asc/supplemental_instruction

SI is an academic assistance program utilizing peer-assisted study sessions. Free to students.

USU 1730 STRATEGIES FOR ACADEMIC SUCCESS
usu.edu/asc/classes

USU 1730 is a 3-credit class designed to provide students an opportunity to learn strategies to help them improve their academic experience and performance at USU.

USU ASC WORKSHOPS
usu.edu/asc/workshops

ASC provides workshops covering a variety of topics when students need them most throughout the year. Free to students.

MATH AND STATISTICS TUTORING CENTER
usu.edu/asc/tutoring

Taggart Student Center (TSC) 225 and Junction (Basement). Free to students.

TUTOR ADVERTISER
https://www01.usu.edu/tutoradvertiser

Tutor Advertiser is a web-based service hosted by ASC that allows students to search for a private tutor or list him/herself as a private tutor.

STUDENT SUPPORT SERVICES
Utilize Student Support Services for greater opportunities to succeed.

Student Support Services is a federally-funded TRIO program for students with academic need who meet at least one or more of the following criteria:

1) low income,
2) first generation college, and/or
3) documented disability.

Wide-ranging academic support includes academic advising, course selection, one-on-one coaching, financial aid information and guidance, tutoring, reading and study skills enrichment, tuition-free classes (USU 1730, USU 1750, Math 0995, Math 1050, Stat 1045), small sections of math & stats limited to 15 students, graduate school application information and assistance, economic literacy information, among others. Participation is selective through an application process.

ACADEMIC SUCCESS CENTER
TSC 305
435.797.1128
ASC@usu.edu

STUDENT SUPPORT SERVICES
University Inn 103
435.797.3372
ASC@usu.edu

Gain a Fresh Perspective
Your student’s success is our top priority. We provide fitness facilities, study rooms, computer labs, lounge areas, leisure activities, dining options, and social programs to give your student the absolute best college experience possible.

**BENEFITS OF LIVING ON CAMPUS**

**LOCATION**
Close to classes, activities, and sporting events.

**UTILITIES INCLUDED**
Standard utilities, plus free cable TV, Internet, and even laundry.

**24/7 MAINTENANCE**

**SAFETY AND SECURITY**
Electronic locks, emergency systems, on-site live-in staff, and assistance from University Police.

**SUPPORTING STUDENT SUCCESS**
Our Residence Life staff will help students navigate difficult feelings of homesickness and uncertainty, assist in resolving any roommate conflicts that may arise, and offer plenty of involvement and leadership opportunities.

**RATES, COST, & IMPORTANT DATES**
Visit usu.edu/housing/rates/ for current housing rates and important dates.

**CAMPUS DINING**
View dining locations on the map on the right. For information on campus Dining Services and meal plans, see page 30.

**FREE BIKE RENTALS**

**AVG. SUMMER TEMPERATURE**
85°F

**AVG. WINTER TEMPERATURE**
34°F

**19,569 STUDENT POPULATION**

**122,753 LOGAN AREA POPULATION**

**FREE TRANSIT ON & OFF CAMPUS**

**STUDENT HOUSING**
1125 N 1000 E
East of Maverik Stadium
800.863.1085
MEAL PLAN OPTIONS

We know that with students, one size doesn’t fit all. We have meal plans designed for your student’s needs.

BLOCK MEAL PLANS
Purchase 25, 50 or 75 meals that can be used anywhere and never expire.

HOUSING MEAL PLANS
Choose from the "Unlimited Meal Plan" or the "Semester 110 Plan." Choosing the "Unlimited Meal Plan" gives you unlimited access to our 2 Dining Halls to grab a quick snack or to sit down and enjoy a meal. "The Semester 110 Plan" gives you 110 meals per semester to enjoy in our 2 Dining Halls. Each plan includes $200 in Dining Dollars that you can use throughout campus in our additional 15 locations.

AGGIE EXPRESS DEBIT PLANS
Pre-paid accounts that give users tax-free meals with 10% off.

VALUE OF A MEAL PLAN

GET INVOLVED
Shopping, planning, cooking, and cleaning up a meal takes time. Let us do the work so your student can focus on being an Aggie.

EAT BALANCED MEALS
Our dining halls and quick service restaurants offer balanced and nutritious options for every meal, every day.

MEET YOUR FUTURE BEST FRIENDS
There’s no better place to meet and connect with your school family than at the dinner table.

GRAB N’ GO
Never go hungry between classes. With over 17 operations spread across campus, a quick bite has never been closer.

FOOD ALLERGIES
435.797.1701
Contact the Dining Services Office to set up an appointment with our nutritionist.

MEAL PLAN OPTIONS

Value of a Meal Plan
Get Involved
Eating Balanced Meals
Meet Your Future Best Friends
Grab N’ Go
Food Allergies

AGGIE EXPRESS DEBIT PLANS

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The goal of the Student Health and Wellness Center is to diagnose and treat illness, and to educate students, staff, and faculty in the development of skills necessary to enhance their personal wellness and ability to be successful in the Five Areas of Life (Spiritual, Mental/Emotional, Physical, Social, and Financial).

THE HEALTH CENTER PROVIDES

- General Medical Care Clinics
- Specialty Consultants and Referrals
- X-ray and Laboratory Services
- Physical Therapy / Rehabilitation
- Psychiatry
- Dietitian
- Health Education
- ATOD Prevention / Intervention
- Student Health Insurance
- Immunizations
- Physical Exams (Missions, Athletics, etc.)
- Tobacco Cessation Education and Help
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- Tobacco Cessation Education and Help
- ATOD Prevention / Intervention
- Student Health Insurance
- Immunizations
- Physical Exams (Missions, Athletics, etc.)
- Tobacco Cessation Education and Help

HOURS OF OPERATION

M-F 8:30 am - 4:30 pm Health Center Appointments
M-F 2:00 pm - 4:30 pm Laboratory: X-ray
M-F 7:30 am - 5:00 pm Physical Therapy
M-F 8:30 am - 2:00 pm Summer/Vacation Hours

USU is required by HIPAA to ensure the privacy and security of all “Protected Health Information” or “PHI” created, received, maintained, stored, or transmitted by or for its Health Care Components and self-insured health plans that are subject to HIPAA.
COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)
aggiewellness.usu.edu

CAPS provides confidential mental health services to students. By offering students a full range of counseling services in a friendly environment, we strive to help them achieve their personal, relational, and academic goals while at USU.

CAPS SERVICES
- Initial Consultation
- Workshops
- Individual Counseling/Psychotherapy
- Couples Counseling
- Group Counseling
- Psychological and Psycho-educational Assessment
- Outreach and Consultative Services

ELEGIBILITY
Any student, regardless of credits, is eligible for a consultation. Undergraduates must be enrolled in a minimum of nine credits and graduate students must enroll in 6 credits to participate in individual therapy.

COMMITMENT TO DIVERSITY
Our staff is committed to meeting the needs of individuals from diverse backgrounds, including differences of culture, ethnicity, gender identity, religion, ability and sexual orientation.

CONFIDENTIALITY
Student confidentiality is respected in accordance with the guidelines established by the American Psychological Association. Counseling records are NOT part of academic or university records and are available to no one unless a student provides a written consent. However, therapists are required to disclose confidential information when there is a danger to the student or others (including child abuse), or under court order.

CAPS OFFICE
TSC 306
435.797.1012
M-F 8:00 am - 5:00 pm
CAMPUS SAFETY
usu.edu/campus-life/safety

USU POLICE
The mission of the Utah State University Police Department is to protect life and property and to provide the campus community with a peaceful and safe environment for the furtherance of academic and individual development.

FREE ON-CAMPUS POLICE SERVICES
- Respond to all reported criminal activity on campus
- Enforce traffic laws
- Jump-start (dead car battery)
- Lock-out (keys locked in your car)
- Let-in (access to a room if authorized)
- Personal safety escort (on campus)
- Bicycle registration
- Weapons storage
- Utah State prescription drug take-back program
- Live-scan fingerprints required for background checks (Fee applies and appointments are necessary)

Services are available 24 hours a day, 7 days a week.

TITLE IX
titleix.usu.edu
Gender-based discrimination and sexual misconduct (sexual harassment, sexual assault, stalking and dating/domestic violence) violate USU policy. Students concerned about such conduct are encouraged to talk to the Title IX Coordinator or report the conduct.

REPORTING
Students are encouraged to report instances of sexual misconduct or gender-based discrimination to USU’s Title IX Coordinator in Old Main room 161, via phone at 435-797-1266 or online at titleix.usu.edu. More information about campus resources for preventing, responding to, and reporting sexual misconduct are available at sexualassault.usu.edu.

TITLE IX COORDINATOR
Hilary Renshaw
Old Main, Room 161
435-797-2566
titleix@usu.edu

EMERGENCY MANAGEMENT
emergency.usu.edu

CODE BLUE: CAMPUS ALERTS
Stay informed for events such as:
- Evacuation
- Snowstorm
- Campus emergency
- Crimes on campus

LEARN ABOUT CAMPUS ALERTS
- Go to alert.usu.edu
- Login with A# and password
- Click on “Banner”
- Select “Update emergency alert”
- Enter up to 5 contact numbers

SOCIAL MEDIA
Follow USU to get campus alerts:
@USUAggies
Utah State
@USUAggieLife

SEXUAL ASSAULT預防
sexualassault.usu.edu

Utah State University works to educate students about ways to prevent sexual misconduct and harassment, and to inform students about reporting procedures and available resources.

All incoming and transfer students are required to go through an online course, Sexual Assault Prevention, to learn about sexual violence and healthy relationships, as well as ways to create a safer campus. To learn more about the course, visit prevention.usu.edu.

SEXUAL ASSAULT AND ANTI-VIOLENCE INFORMATION OFFICE (SAAVI)
saavi@usu.edu
SAAVI provides safe, confidential advocacy, short-term counseling, and information about sexual assault, rape, dating and domestic violence, stalking, hazing, and other interpersonal violence. When students seek services through this office, their information is kept confidential, but non-identifying information about incidents are shared with USU’s Title IX Coordinator to determine areas of concern.

USU SAAVI OFFICE
TSC 311
435-797-7273
usu.edu/saavi

FOR DISCRIMINATION COMPLAINTS
Alison Adams-Perlac
Title IX Office
alison.adams-perlac@usu.edu

UPSTANDING BYSTANDER INTERVENTION TRAININGS
upstanding.usu.edu
USU also offers a bystander intervention training called Upstanding, which is designed to empower students to prevent sexual violence and other harms like bias and discrimination, drug and alcohol misuse, and mental health concerns. To learn more about Upstanding, visit upstanding.usu.edu.

USU NOTICE OF NONDISCRIMINATION
In its programs and activities, Utah State University does not discriminate based on race, color, religion, sex, national origin, age, genetic information, sexual orientation or gender identity/ expression, disability status as a protected veteran, or any other status protected by university policy or local, state, or federal law. The Title IX Coordinator has been designated to handle inquiries regarding non-discrimination policies.
CAMPUS STORE
campusstore.usu.edu

Books & Gear
For Days

SOCIAL MEDIA
GIVEAWAYS
Don’t miss out on our giveaways and sales!
@USU Campus Store
@usucampusstore
#USUCS
USU Campus Store

HOURS
M-F 8 am – 5 pm
SAT 11 am – 3 pm
CLOSED June & July
SUN Closed

TSC POST OFFICE
distribution.usu.edu

USPS & UPS

MAILING SERVICES
HOURS M-F
8 am – 4:15 pm
USPS MAIL PICKUP
M-F 10:00 am & 4:15 pm
UPS PACKAGE PICKUP
M-F 3:45 pm

POST OFFICE BOX RENTALS
$30.00 annually.
Rent a PO box for secure storage of mail and packages; and to have a street address for UPS, FedEx, and DHL deliveries. Renting a box provides a single address no matter how many times a student may move or leave for the summer.

CAMPUS STORE
TSC 121
435.797.3950

USU POST OFFICE
TSC Main Floor
435.797.6449

TAX-FREE TEXTBOOKS
Get your personalized book list
aggie.link/USUViewBooklist

ONLINE STORE
campusstore.usu.edu

☑ In-store kiosks
☑ Reserve your books for free online using Textbook Reservation at checkout
☑ We’ll bag them, you pick them up when you move in

STUDENT CHARGE ACCOUNTS
☑ Put all expenses – tuition, fees, & textbooks – in one place
☑ Save money by renting your textbooks

AGGIE GEAR
☑ Everything Aggie
☑ Official Game-Day shirt retailer
☑ Get a free t-shirt for your birthday (Sign up in-store)
☑ Blue Sage Ladies Boutique

AGGIE TECH
☑ Tax-free computers & calculators
☑ Education pricing on computers for students
☑ Apple Authorized Campus Store

SUPPLIES
☑ Office supplies
☑ Art supplies
☑ Scantrons

Best UPS shipping rates in the valley
**ACADEMIC CALENDAR**
usu.edu/calendar/academic

For a full list of registration dates and deadlines, please view the online registration calendar at catalog.usu.edu.

The Registrar’s Office must strictly adhere to FERPA regulations.

As a parent, in order to contact the Registrar’s Office and request information of any kind on your student, you must be setup as a delegate.

Registration and record related forms can be found at usu.edu/registrar/forms.

**REGISTRAR’S OFFICE**
TSC 246
435.797.1116
registrar@usu.edu

**FALL ’19**

**AUGUST 12 (5:00 PM)**
Waitlist e-mail notifications TEMPORARILY discontinued

**AUGUST 14 – 15**
No registration permitted

**AUGUST 16 (10:00 AM)**
Waitlist email notifications continue

**AUGUST 26**
First Day of Classes

**AUGUST 26-30**
Time to register from waitlist email notification reduced to 12 hours

**AUGUST 30**
Last day to add without instructor’s signature

**AUGUST 30 (NOON)**
Waitlist email notifications discontinued

**SEPTEMBER 2**
Labor Day Holiday (No Classes)

**SEPTEMBER 17 – OCTOBER 28**
Individual course withdrawals show as “W” on transcript

**SEPTEMBER 17 – DECEMBER 13**
Adding of classes not permitted

**SEPTEMBER 29 – DECEMBER 13**
Withdrawing from Classes Not Permitted

**SEPTEMBER 29 – OCTOBER 28**
Indication of alcohol use/disability on transcript

**SEPTEMBER 29 – OCTOBER 28**
Indication of alcohol use/disability on transcript

**OCTOBER 18**
Fall Break (No Classes)

**OCTOBER 28**
Last Day to Withdraw from Classes (“W” on transcript)

**OCTOBER 29 – DECEMBER 13**
Last Day to Change to P/D+D/F Option

**NOVEMBER 27 - 29**
Thanksgiving Holiday (No Classes)

**DECEMBER 10 – 15**
No registration permitted

**DECEMBER 10 (10:00 AM)**
Waitlist email notifications continue

**DECEMBER 13 (10:00 AM)**
Waitlist email notifications continue

**DECEMBER 13 (5:00 PM)**
Deadline for instructors to submit final grades

**SPRING ’20**

**DECEMBER 9 (5:00 PM)**
Waitlist e-mail notifications TEMPORARILY discontinued

**DECEMBER 11 – 12**
No registration permitted

**DECEMBER 13 (10:00 AM)**
Waitlist email notifications continue

**JANUARY 6**
First Day of Classes

**JANUARY 6 – 10**
Time to register from waitlist email notification reduced to 12 hours

**JANUARY 10**
Last day to add without instructor’s signature

**JANUARY 10 (NOON)**
Waitlist email notifications discontinued

**JANUARY 11 – 27**
Deadline for instructors to submit final grades

**JANUARY 20**
Martin Luther King Jr. Holiday (No Classes)

**JANUARY 27 (5:00 PM)**
Last Day to Add Classes (includes audits)

**FEBRUARY 17**
President’s Day Holiday (No Classes)

**FEBRUARY 24 – 28**
Spring Break (No Classes)

**MARCH 18**
Last Day to Withdraw from Classes (“W” on transcript)

**MARCH 18 – APRIL 29**
Adding of classes not permitted

**APRIL 15 – 21**
No Test Days

**APRIL 21**
Last Day of Classes

**APRIL 22**
Interim Day

**MARCH 19 – APRIL 29**
Withdrawing from Classes Not Permitted

**APRIL 23 – 29**
Final Examinations

**APRIL 30 – MAY 1**
Commencement

**MAY 5 (5:00 PM)**
Deadline for instructors to submit final grades