Welcome to Utah State University, Home of the Aggies

We hope the next few years are full of learning and growth for your student, and that you feel welcomed as a member of the Aggie family. As the parent of an Aggie, I have seen firsthand the personal growth that occurs as students participate in the learning, discovery, and engagement available at this world-class university.

Students regularly cite parents among the greatest influences in their lives. We recognize you are a tremendous partner in helping your student reach his or her goals. We thank you for your influence and support as your student experiences both the successes and challenges that will shape his or her experience as a learner.

Whether you are a returning parent, a first-time parent, or alumni, this handbook will provide you with resources and information to help support your student’s transition to college.

While reducing the risk of COVID-19 infection may require USU to modify or cancel some of the events or services listed in this handbook, the university remains committed to supporting student success, health and well-being. To stay up-to-date on the university’s actions during this period of time, please visit usu.edu/parents, subscribe to the Aggie Parent and Family Podcast, and join the Parent Network for regular newsletter communications. You can also visit the university’s COVID-19 response page at usu.edu/covid-19.

Welcome to Utah State and welcome to the Aggie family!

Sincerely,

Noelle E. Cockett
President

DEAR AGGIE PARENT

Letter From The President
USU PARENT & FAMILY MISSION & OUTCOMES

The USU Parent & Family Programs Mission is to serve families through programming designed to equip parents with resources they need to help their student succeed at Utah State University. We do this by providing Parent Orientation, Parent Publications & Podcasts, and Deferment & Leave of Absence Outreach. We provide parents and families with these resources to promote student success and independence at any stage in their student’s academic career at Utah State University.

Parent & Family Outcomes

To empower parents and families to navigate this new part of their student’s life.

To understand the structure and mission of the university.

To assist parents in helping their student to become a learner.

To learn intentional practices and behaviors that parents and families can engage in and not engage in to support their student along their path to becoming an educated person.

To discover the resources that are available for parents to help their student succeed.

To help parents become a part of the Aggie Family.

Parent & Family Big Questions

1. How can a university education translate into success for my student?

• What is an educated person?

• How do general education, the major, and the overall student experience help my student become an educated person?

• How will becoming an educated person help my student flourish personally, civically, and professionally?

2. How can I intentionally engage in ways that will help my student be successful?

• What does an intentional college parent look like?

• How do I best support my student along their path to becoming an educated person? What might interfere?

• How do I know if my student is being successful?

3. How do I take advantage of the resources available to both parents and students?

• What resources are available to parents of college students?

• How do I balance being an involved parent while helping my student develop or maintain their independence?

• How can I support my student as they connect to, participate in, and create communities that contribute to success and belonging?
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WHAT IS FERPA

The Family Educational Rights and Privacy Act (FERPA) is a U.S. federal law that protects the privacy of student educational records. FERPA protects your student’s rights by ensuring we don’t release any information to anyone without their consent; that includes you, as parents. In order for you to have access to this information, your student will need to go to myid.usu.edu, and assign you as a delegate. To find out more about FERPA, visit usu.edu/registrar/ferpa-info.
The USU Alumni Association is located in the Welcome Center.

**WHAT IS AN AGGIE**

**Aggie:** an agricultural school or college; also: a student at such an institution.

“When I ask people where they went to school, they always reply, “I’m an Aggie.” People do not just graduate from USU; it becomes a way of life. I will forever bleed blue!”

– Sian Smith

“Being an Aggie means you are part of something larger than yourself. You are part of the Aggie family, connected to other Aggies around the world. It changes you forever. It becomes who you are. Suddenly ‘I’m an Aggie!’ takes on a whole new meaning.”

– Scott Olson

**SHOW ME THE TRUE-BLOODED AGGIE**

The mission of the Alumni Association is to contribute to the success of Utah State University by providing opportunities for meaningful, lifelong involvement for its alumni, students, and friends.
PARENT ORIENTATION

The college years are a time of transition for young people and their parents. There is no way to move through such an important passage without some feelings of dislocation and loss. But information and insight can help parents negotiate this significant and often neglected phase of their children’s lives.

– Karen Coburn & Madge Treeger
“Letting Go: A Parent’s Guide to Understanding the College Years”

STAY CONNECTED
usu.campusesp.com

Join the Parent Network to receive customized, timely communications about news, deadlines, campus resources, and more.

Subscribe to the Aggie Parent and Family podcast on all major platforms for practical advice about topics ranging from campus safety, academic advising, diversity and inclusion, and the best ways to support your student.

ADVICE FOR AN AGGIE PARENT
usu.edu/parents/tips

SOME BASIC FACTS PARENTS SHOULD KNOW:

• People with bachelor’s degrees earn about $1 million more in additional income over their lifetime than those without.

• Financial difficulties are the number one reason students drop out, according to self-reported data.

• Nationally, less than 60% of students who start toward a 4-year degree complete it within 6 years.

• Students who feel a connection to campus and are engaged with co- and extra-curricular activities are more likely to graduate.

PARENTS SHOULD ENCOURAGE THEIR STUDENT TO DO THE FOLLOWING TO HELP THEM GRADUATE ON TIME:

• Enroll in USU 1010: University Connections.

• Meet with an advisor to create an academic plan.

• Enroll in the right 15 credits each semester (or 30 credits each year).

• Complete the FAFSA each fall, even if they don’t think they are Pell-eligible (most scholarships require a completed FAFSA).

• Go to usu.awardspring.com each January to find and apply for scholarships.

• Get involved with co-and extra-curricular activities (this includes clubs, intramural sports, research with faculty, leadership, etc.).

• Create a 4-year financial plan.

WHAT USU IS DOING TO HELP STUDENTS GRADUATE:

• The University Catalog has suggested 4-year plans for each major (see catalog.usu.edu and select Degree Maps).

• Thrive.usu.edu helps students do more than just survive. This includes a media library full of stories of persistence.

• USU has a variety of resources found in this guidebook. Student fees help pay for these services, so students should use them.

• For more tips on helping your student succeed at every stage in their college career, visit usu.edu/parents/tips.
WHAT IS CONNECTIONS

USU 1010 Connections is a two-credit academic course designed to ease your student's transition to Utah State. It is an optional course, but highly recommended to gain an edge and learn exactly what it takes to be successful at USU.

“My instructor was very effective in helping me transition to Utah State University. She helped us know how to read a class syllabus and encouraged us to stay organized. She gave us a taste of different programs we can become involved in, such as the Honors Program, the Service-Learning Program, and the Study Abroad Program. She helped us know what to expect and what we needed to do to be ready for college.”

~First Year Connections Student

WHAT CAN MY STUDENT EXPECT?

- 2 Credit Academic Course
- Ease into college life at USU
- Discussing habits of mind
- Interactive learning
- Navigating online tools
- Finding classes and resources on campus
- Class of approximately 30 students
- A faculty mentor
- A peer mentor

STUDENT ORIENTATION & TRANSITION SERVICES
usu.edu/sots

STUDENT ORIENTATION & TRANSITION SERVICES (SOTS) usu.edu/sots

Please feel free to contact us if you have any questions about the orientation and transition process.

PARENT & FAMILY WEEKEND
usu.edu/parentsweekend

Football, food, photos, and family. We designate one weekend a year for the whole family to celebrate being an Aggie.

- Aggie Football Game & Other Athletic Events
- Pre-Game BBQ
- Pictures on the "A"
- Library Tour
- Cache Valley Events

THE ULTIMATE PARENT RESOURCE
usu.edu/parents

This website is a great place for parents to find information regarding:

- Orientation
- Academic Calendar
- Advising
- Leave of Absence
- Frequently Asked Questions
- Parent Newsletter
- Online Version of this Handbook
- Slides and Videos of Parent Orientation
- And More...

STUDENT ORIENTATION & TRANSITION SERVICES
Tel: 435-797-0283
orientation@usu.edu

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- 2 Credit Academic Course
- Ease into college life at USU
- Discussing habits of mind
- Interactive learning
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- A faculty mentor
- A peer mentor

Watch 2019 Luminary Event at Utah State University on YouTube

NAVIGATING THE PARENT HANDBOOK

This handbook is designed to be a supplement to the Parent Orientation held before the beginning of the semester. Please use this during and after the orientation in order to stay informed, and as a resource in supporting your student throughout the year.
ACADEMICS

Along with graduation requirements listed in the catalog, all students must complete university studies requirements, which are tracked in each student’s Degree Works profile.

UNIVERSITY STUDIES

GENERAL EDUCATION

Competency Requirements

Breadth Requirements

Integrated Studies Requirement

Communications Literacy I \( CL1 \)

Creative Arts \( BCA \)

Humanities \( BH \)

Life Sciences \( BL \)

Physical Sciences \( BPS \)

Social Sciences \( BSS \)

American Institutions \( BAI \)

DEGREE WORKS

Degree Works is a degree auditing report that can show students their progress toward their degree. It allows them to look at other majors to see how many of the requirements they have fulfilled. It also has a planning tool that can allow students and advisors to plan students’ schedules for future semesters.

Degree Works can be found in the student’s Banner account in myUSU.

GENERAL RESOURCES

GENERAL CATALOG
catalog.usu.edu

Find policies and procedures, as well as program and course information.

DEGREE FINDER
usu.edu/degrees

Degree Finder helps students search through over 159 undergraduate degrees to find the perfect fit.

WHY STUDENTS NEED GENERAL EDUCATION COURSES

Students and parents sometimes question the need for general education classes that appear to have little relevance to a student’s major or career. The data in the table below* demonstrates the remarkable overlap between 21st-century job skills and general education outcomes.

<table>
<thead>
<tr>
<th>GENERAL EDUCATION OUTCOMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Written (78%) and oral communication skills (75%)</td>
</tr>
<tr>
<td>• Critical thinking and analytical reasoning (84%)</td>
</tr>
<tr>
<td>• Ability to work with numbers and stats (55%)</td>
</tr>
<tr>
<td>• Broad knowledge in the liberal arts and sciences (78%)</td>
</tr>
<tr>
<td>• Global issues and knowledge about societies and cultures outside the US (23%)</td>
</tr>
<tr>
<td>• Ethical judgment and decision-making (87%)</td>
</tr>
<tr>
<td>• Information literacy (79%)</td>
</tr>
<tr>
<td>• Civic knowledge, skills essential for contributing to the community and our democratic society (86%)</td>
</tr>
<tr>
<td>• Solving complex problems (70%) and analyzing and problem-solving with people from different backgrounds (73%)</td>
</tr>
<tr>
<td>• Stay current on changing tech/applications to workplace (73%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HIRING MANAGER’S DESIRED SKILLS FROM GRADUATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Written (78%) and oral communication (90%)</td>
</tr>
<tr>
<td>• Critical thinking and analytical reasoning (84%)</td>
</tr>
<tr>
<td>• Ability to work with numbers and stats (55%)</td>
</tr>
<tr>
<td>• Broad knowledge in the liberal arts and sciences (78%)</td>
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</tbody>
</table>

*Sources:
Association of American Colleges & Universities National Key findings of Member Institutions
AAC&U Key Findings from 2015 and 2018 Surveys of Employers
aacu.org/research/2018-future-of-work
FINANCES
usu.edu/registrar/tuition

UNDERGRADUATE COST OF ATTENDANCE

Paying for college can be a source of apprehension for both parents and students. Let us take some of the mystery out of the process by explaining the charges you can expect.

TUITION AND FEES

Each year the university publishes a tuition and fee table outlining charges students pay based on the number of credits they take. These charts show not only tuition, but also student fees each student pays per semester to maintain campus services and resources. Some courses also have additional course fees for things not covered by tuition, such as lab supplies or PE equipment.

<table>
<thead>
<tr>
<th>Credit Hours</th>
<th>Resident Total Fees</th>
<th>Nonresident Total Fees</th>
<th>International Total Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$892.55</td>
<td>$2,141.72</td>
<td>$2,982.83</td>
</tr>
<tr>
<td>2</td>
<td>$1,113.89</td>
<td>$2,502.55</td>
<td>$3,354.22</td>
</tr>
<tr>
<td>3</td>
<td>$1,335.25</td>
<td>$2,863.89</td>
<td>$3,706.57</td>
</tr>
<tr>
<td>4</td>
<td>$1,556.57</td>
<td>$3,225.23</td>
<td>$4,576.10</td>
</tr>
<tr>
<td>5</td>
<td>$1,777.91</td>
<td>$3,586.57</td>
<td>$5,125.54</td>
</tr>
<tr>
<td>6</td>
<td>$1,999.25</td>
<td>$3,947.92</td>
<td>$5,674.91</td>
</tr>
<tr>
<td>7</td>
<td>$2,220.59</td>
<td>$4,309.28</td>
<td>$6,224.28</td>
</tr>
<tr>
<td>8</td>
<td>$2,441.93</td>
<td>$4,670.64</td>
<td>$6,773.64</td>
</tr>
<tr>
<td>9</td>
<td>$2,663.27</td>
<td>$5,031.99</td>
<td>$7,323.01</td>
</tr>
<tr>
<td>10</td>
<td>$2,884.61</td>
<td>$5,393.36</td>
<td>$7,872.38</td>
</tr>
<tr>
<td>11</td>
<td>$3,105.95</td>
<td>$5,754.72</td>
<td>$8,421.75</td>
</tr>
<tr>
<td>12-18</td>
<td>$3,327.29</td>
<td>$6,116.09</td>
<td>$8,969.12</td>
</tr>
<tr>
<td>19</td>
<td>$3,548.63</td>
<td>$6,477.46</td>
<td>$9,517.53</td>
</tr>
</tbody>
</table>

1. In addition to these regular tuition and fees, there will also be differential tuition for certain courses.
2. Students who live out of state are charged special tuition-only rates for online courses.
3. Charges listed above are per semester. Not all fees are mandatory for every student.

TEXTBOOKS AND COURSE MATERIALS

Approx. $200-500/semester (pg. 47)

Save money by shopping around, renting, buying used, or selling books back to the Campus Store at the end of the semester. Course materials purchased at the Campus Store are tax-free.

OTHER EXPENSES

HOUSING AND DINING

On-campus housing includes city utilities, gas, cable TV, internet, and free laundry facilities.

Save money by using the Aggie Express account for regular food purchases around campus.

FINANCIAL AID (FAFSA)

usu.edu/financialaid

Complete a FAFSA as early as possible because some funds are given on a first-come, first-served basis. Financial aid counselors can answer questions about federal aid, and help navigate the often-overwhelming process of paying for college.

PELL GRANTS

Money is given by the government based on need. Does not need to be repaid.

WORK STUDY

Part-time work at the university, award based on financial need. A completed FAFSA is required.

STUDENT LOANS

Low-interest federal loans paid back over 10+ years after leaving school.

SCHOLARSHIPS

scholarships.usu.edu

With a few exceptions, incoming student scholarships have been awarded by the time Aggie Orientation begins. Fall 2020 incoming students were awarded scholarships according to the parameters listed on the admissions page, provided they applied for USU by the deadline. In the future, students can apply for continuing-student scholarships at scholarships.usu.edu. Deadlines vary, but are typically around January or February for the following school year.

Check with your local city offices, financial institutions, and employers to see if they offer scholarships.

STUDENT EMPLOYMENT

Students can find on-campus, off-campus, and work-study jobs through the Aggie Handshake link in the MyUSU portal. We recommend full-time students work no more than 20 hours per week in order to maintain balance.

SAVVY WAYS TO FINANCE COLLEGE

CREDIT LOAD

Because 12-18 credits are the same price, students can save thousands of dollars in tuition and fees by taking 15 credits each semester, rather than 12. Every student is different, but overall, students who take 15 credits have higher GPAs than those who take less.

<table>
<thead>
<tr>
<th>Credits</th>
<th>Resident Per Semester (5 Years)</th>
<th>Nonresident Per Semester (5 Years)</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>$39,297</td>
<td>$114,024</td>
</tr>
<tr>
<td>15</td>
<td>$31,438</td>
<td>$91,219</td>
</tr>
</tbody>
</table>

DIFFERENCE

$7,859 $22,805

FINANCIAL AID OFFICE

TSC 106 435.797.7171 scholarships@usu.edu

FINANCIAL AID OFFICE

TSC 106 435.797.0173 financialaid@usu.edu FAFSA.gov
Campus Recreation provides wellness and healthy lifestyle-oriented programs, events, and services to USU students and employees.

**AGGIE RECREATION CENTER (ARC)**

Our 105,000 square foot, state-of-the-art facility offers plenty of features and gives students a space to recharge the body, and clear the mind.

- 50 foot climbing wall & rappel ledge
- Indoor/outdoor basketball
- Elevated indoor track
- Weight & cardio rooms
- Lighted sand volleyball
- Fitness studios & classes

**FITNESS & WELLNESS**

For students looking to get or stay in shape, join a class: Strength & Conditioning, Core, Cycling, HIIT, Kickboxing, Powersculpt, Yoga, or Zumba.

**CLUB SPORTS**

A competitive outlet for students to test their individual and team skills against club teams from other universities. Sports include baseball, cycling, hockey, lacrosse, racquetball, rodeo, rugby, soccer (M), swimming, ultimate, and volleyball.

**AQUATICS**

A 6-lane, 25-yard lap pool with high and low diving boards, and a 6-lane leisure pool. Classes and lessons, water aerobics, kayaking, and specialized programming like log rolling.

**INTRAMURALS**

Students can enjoy co-ed, male, and female-only competitive sports. Students can join a team or create one. Sports include flag football, soccer, futsal, volleyball, basketball, softball, and tennis.
STUDENT INVOLVEMENT
involvement.usu.edu

USU STUDENT ASSOCIATION (USUSA)

USUSA is an organization made by the students, for the students, because of students. Every student at USU is a member of the association and can actively participate in all activities, committees, clubs, events, and initiatives.

STUDENT GOVERNMENT
• Executive Council
• Academic Senate
• Student Traditions, Activities & Series Board

SCHOLARSHIPS
• Sophomore Scholarship
• Gary Chambers Endowment
• USUSA Student Involvement Leadership

STUDENT MEDIA
• Aggie Radio
• The Utah Statesman

SPIRIT SQUAD
• Cheer Squad
• Mascot-Big Blue
• Aggiette Dance Team

FRATERNITIES & SORORITIES
• Alpha Chi Omega
• Kappa Delta
• Theta Nu Xi Inc.
• Alpha Sigma Phi
• Alpha Tau Omega
• Delta Sigma Phi
• Phi Gamma Delta
• Pi Kappa Alpha
• Psi Sigma Phi Inc.
• Sigma Chi
• Sigma Phi Epsilon

STUDENT CLUBS & ORGANIZATIONS
involvement.usu.edu/clubs

ANNUAL EVENTS
• Weeks of Welcome
• Big Agg Show
• College Weeks
• Day on the Quad
• Homecoming Week
• The HOWL
• Festival of Trees
• Mardi Gras
• Black & White Jazz Night
• Poetry & a Beverage (PoBev)
• Lectures
• Robins Awards
• End of Year Bash
• Traditions Week
• Logan City Limits

OTHER PROGRAMS & SERVICES
• Aggie B.L.U.E. Leadership Conference
• The HURD
• Graduate Student Representation
• Public Relations & Marketing
• Government Relations Council
• President’s Cabinet
• Free Legal Services for Students
• MyVoice

OUTDOOR PROGRAMS (OP)

Located inside the ARC, OP offers all of the gear students need for camping, climbing, winter excursions, or a day on the water.

Our guided trips give a once-in-a-lifetime experience to meet friends, create long-lasting memories, and explore new adventures.

• Raft the Snake River
• Bike & hike at Moab
• Snowshoe in Logan Canyon
• Cross country ski at the Tetons
• Climb the City of Rocks in Idaho
• Canyoneer at Zion National Park
• Kayak at Lake Powell

AGGIE BLUE LEADERSHIP CONFERENCE
involvement.usu.edu

AUGUST 24-25, 2020 USU’s premier student leadership conference targeted toward incoming freshmen. For students interested in leadership and becoming student leaders. Registration is $75 and includes meals, t-shirt and other conference supplies.

CHEER WITH THE HURD
One of the best student sections in the nation.

ALWAYS SOMETHING TO DO
More than 100 student activities and events per year.

JOIN A CLUB
Nearly 100 student-run clubs.

GET FUNDED
$420,000 awarded in scholarships and research funding.

STUDENT INVOLVEMENT & LEADERSHIP OFFICE
TSC 326
435.797.2912
involvement@usu.edu

AGGIE RADIO
The Utah Statesman
Cheer Squad
Mascot-Big Blue
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AGGIE EXPRESS DEBIT PLANS
Aggie Express is a debit account stored on your ID card. Accepted at many locations around campus. Account is automatically debited at the time of each transaction. Funds carry over from semester to semester. 10% discount at certain campus dining facilities. Add money to your Aggie Express account at the following locations:

- USU Card Office or online at usucard.usu.edu
- Aggie Express deposit machines in the TSC (1st floor by Quickstop) and the Library (left inside entrance by the Information Center)
- For Meal Plan Information, see Campus Dining on Pg. 38

THE USU CARD OFFICE ALSO PROVIDES

- Student Charge Accounts
  Charge up to $1000 of books and supplies to your Banner Account (letting your loan, scholarship, or financial aid money cover your expenses).
- U.S. Passport Services
- Ticket Sales
- Aggie Express

STUDENT ID CARD
usucard.usu.edu

A PASSPORT TO CAMPUS
The USU Card is the official ID card of all USU students, faculty and staff. It functions as a library card, meal card, activities card, recreation center card, computer access card, health center card, copy card and more. It also tracks declining balance accounts and meal plans.

STUDENTS VISIT EARLY AND OFTEN TO

EXPLORE educational and career alternatives independently or with a career coach.

OBTAIN career-related work experiences employers look for through great student jobs and/or internships.

TAKE exams and prepare for graduate school in our Testing Services area, and meet with a career coach to develop personal statements and other documents.

SUCCEED in a career by engaging in resume preparation, networking, mock interviews, social media, Career Fairs, and more—all with the support of a Career Coach!

CAREER SERVICES OFFICE
University Inn, 102
435.797.7777
career.services@usu.edu

USU CARD OFFICE
TSC 212
435.797.3852
idphoto@usu.edu

Aggies Are Friends Forever
ACADEMIC SUCCESS PROGRAMS
usu.edu/asp

The learning specialists within the Academic Success Programs (ASP) have developed programs and services to support Utah State students in exploring their intellectual potential and achieving academic success.

SUPPLEMENTAL INSTRUCTION (SI)
usu.edu/asp/supplemental_instruction

SI is an academic assistance program utilizing peer-assisted study sessions for challenging first year and general education classes. Free to students.

USU 1730 STRATEGIES FOR ACADEMIC SUCCESS
usu.edu/asp/classes

USU 1730 is a 3-credit class designed to provide students an opportunity to learn strategies to help them improve their academic experience and performance at USU.

ONLINE PEER MENTORING

Online peer mentoring is a program that provides peer guided course mentoring for 100% online students.

EDUCATIONAL OPPORTUNITY PROGRAM TUTORING (EOP)

EOP tutoring provides limited one-on-one support for students in traditionally under-supported populations. Free to participants.

ACADEMIC SUCCESS PROGRAMS
University Inn 101
435.797.1128
ASP@usu.edu

STUDENT SUPPORT SERVICES

Utilize Student Support Services for greater opportunities to succeed.

Student Support Services is a federally-funded TRIO program for students with academic need who meet at least one or more of the following criteria:

1) low income,
2) first generation college, and/or
3) documented disability.

Wide-ranging academic support includes academic advising, course selection, one-on-one coaching, financial aid information and guidance, tutoring, reading and study skills enrichment, tuition-free classes (USU 1730, USU 1750, Math 0995, Math 1050, Stat 1045), small sections of math & stats limited to 15 students, graduate school application information and assistance, economic literacy information, among others. Participation is selective through an application process.

AGGIE MATH LEARNING CENTER
usu.edu/asp/tutoring

Free math and stats tutoring. Taggart Student Center (TSC) 225 and Junction (Basement).

STUDENT SUPPORT SERVICES
University Inn 103
435.797.3372
ssstrio@usu.edu

The learning specialists within the Academic Success Programs (ASP) have developed programs and services to support Utah State students in exploring their intellectual potential and achieving academic success.

USU HABITS OF MIND COURSES (USU 1020, 1040, 1060, 1070)

Academic Success Programs supports the university effort to provide students with timely, one-credit courses that address specific student learning objectives. These classes include topics such as Planning for College Resilience, Learning for College Success, Reading for College Success, and Success in STEM.

TUTOR ADVERTISER
usu.edu/asp/tutoring/tutoradvertiser

Tutor Advertiser is a web-based service hosted by ASP that allows students to search for a private tutor or list him/herself as a private tutor.

ACADEMIC SUCCESS PROGRAMS
University Inn 101
435.797.1128
ASP@usu.edu

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SUPPLEMENTAL INSTRUCTION (SI)
usu.edu/asp/supplemental_instruction

SI is an academic assistance program utilizing peer-assisted study sessions for challenging first year and general education classes. Free to students.

USU 1730 STRATEGIES FOR ACADEMIC SUCCESS
usu.edu/asp/classes

USU 1730 is a 3-credit class designed to provide students an opportunity to learn strategies to help them improve their academic experience and performance at USU.

ONLINE PEER MENTORING

Online peer mentoring is a program that provides peer guided course mentoring for 100% online students.

EDUCATIONAL OPPORTUNITY PROGRAM TUTORING (EOP)

EOP tutoring provides limited one-on-one support for students in traditionally under-supported populations. Free to participants.

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University Inn 101
435.797.1128
ASP@usu.edu

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The Merrill-Cazier Library is the hub of Utah State University, especially for students. The library is a space where students can collaborate, learn, and explore. We have both individual and group study spaces, a cafe, information experts who love to help, and innovative technology like a virtual reality lab and one-button recording studio.

**INFORMATION COMMONS**
The Information Commons is a large, open access computer lab with a Virtual Reality lab, 3D printers, a one-button recording studio, IT help, and scanners.

**STUDY ROOMS**
library2.usu.edu/study_rooms

The Merrill-Cazier Library has group study rooms exclusively available for USU students to reserve.

**RESEARCH**
library.usu.edu

Students can access over 60,000 online journals, nearly 2 million print books and journals, 7,600,000 e-books, and 480,000 government publications.

**LIBRARY NEWS & EVENTS**
library.usu.edu

Follow us @USULibraries for the latest information.

**BOOK A LIBRARIAN**
library2.usu.edu/librarians

Students can meet one-on-one with a subject-specific librarian to focus their research topics, find and evaluate information, cite sources, and much more.

**RESOURCE CHECK-OUT**
Along with books, your student can check out technology from our circulation desk. Our technology includes:
- Laptops
- Calculators
- iPads
- Headphones

**ONLINE CHAT SERVICE**
library.usu.edu/ask

Librarians are available for immediate assistance to answer research or library related questions through chat Monday through Friday from 9am-5pm.

**COURSE RESERVES**
library.usu.edu/services/course-reserves/students

Course Reserves has select textbooks and course materials on reserve for students to check out for three hours at a time.

**OPEN EDUCATIONAL RESOURCES (OER)**
oer.usu.edu/oer_at_usu

Open Educational Resources (OER) are free or low-cost educational materials that can be used for teaching, learning, research, and more. Learn about courses using OER at oer.usu.edu/oer_at_usu.

**FIRST-YEAR EXPERIENCE LIBRARIAN**
Katie Strand
435.797.2679
katie.strand@usu.edu

“Greetings from the First-Year Experience Librarian! I know how overwhelming the first-year of college can be, so I am here to answer any questions you or your students have about the library. Not only am I passionate about making students aware of library resources, but I also want to build their confidence in navigating them. I am excited to help your students transition to college life.”
UNDERGRADUATE RESEARCH
research.usu.edu/undergradresearch

WHAT IS UNDERGRADUATE RESEARCH? WHY SHOULD I GET INVOLVED?

Undergraduate Research allows your student to passionately explore their curiosity. While getting a degree gives them a foundation of knowledge, research allows them to explore further and ask why and how things work. Research allows your student to ask questions that haven’t been answered yet and find answers for themselves. Through research they can apply their education to solve problems and explore their field in the “real world.”

Maybe your student wants to better understand the quality of life in nursing homes. Maybe they want to explore ways that engineering testing methods can be improved. Maybe they want to explore microbes and their influence on humans and other organisms. There are opportunities to ask questions and conduct research in all fields. There are many things that are still unknown in every field. Research allows your student to explore the unknown.

Research is about being passionate and curious. It is about your student customizing their education to things that fascinate them! Research gives students the skills to think for themselves, critically evaluate information, and use their creativity to explore.

WHAT DO STUDENTS GAIN FROM UNDERGRADUATE RESEARCH?

USU RESEARCH

- Utah State University’s undergraduate research program was established in 1975.
- Our undergraduate research program is the second oldest in the nation following only behind MIT.
- Undergraduate Researchers are more likely to receive prestigious scholarships such as the Goldwater, Rhodes, and Udall.
- Students who are involved with research can earn a transcript designation as “research scholars,” helping them stand out on job or graduate school applications.

COURSES

Encourage your student to talk to people within their major. Other undergraduates in your student’s field may have experience with professors or projects that your student may find interesting; and they may be able to share their personal experience about what their role was in different projects, what they enjoyed, or things that were a struggle.

OTHER PEOPLE

Other people who may be able to direct your student are undergraduate academic advisors and honors advisors. The Undergraduate Research Office is another great resource where your student can find additional resources.

OFFICE HOURS

Monday-Friday: 8:00 am - 5:00 pm
Saturday-Sunday: Closed

CONTACTS

Alexa Sand
Associate Vice President of Research
435.797.8549
alexa.sand@usu.edu

Athena Dupont
Senior Coordinator of Programs
435.797.3762
athena.dupont@usu.edu

Amelia Ashby
Undergraduate Research Student Assistant
435.797.0540
amelia.ashby@usu.edu

OFFICE HOURS

Monday-Friday: 8:00 am - 5:00 pm
Saturday-Sunday: Closed

WHAT TO GET INVOLVED

Students have the opportunity to get involved in research in a variety of ways. They may do an independent project, participate in field research, or work in a lab or art studio. Undergraduates may explore research projects before finding a project that they “click” with, and that’s okay! If they are passionate about their research, their project will be more likely to succeed and they will gain more from it. They can conduct research within their major or outside of their major. Interdisciplinary research is encouraged and supported. We encourage students to explore options and find something that interests them.

ONE GREAT WAY

One great way for your student to get involved is through the classroom. Students may be inspired by a professor who they would like to work with.

Most instructors conduct research and will welcome student’s interest in getting involved. A great way to start is by encouraging your student to ask their instructors, “Do you work with undergraduates on research?”

UNDERGRADUATE RESEARCHERS

College and departmental websites may also list research happening in various fields. Encourage your student look through the faculty profiles in their department, and explore various research projects to see if anything is of interest.

ADVISORS

WEBSITES

UNDERGRADUATE RESEARCHERS

College and departmental websites may also list research happening in various fields. Encourage your student look through the faculty profiles in their department, and explore various research projects to see if anything is of interest.
Many students will need accommodations at some point during their university experience. If your student has used an IEP, 504 plan, or had previous accommodations, the Disability Resource Center (DRC) is one office you’ll want to check out! If your student has not been previously diagnosed, but they are struggling with their academics, the DRC may be able to help.

The Disability Resource Center works to ensure that students with disabilities can fully participate in all university programs, services, and activities. Students who have, or suspect they may have, a physical, mental health, or learning disability that may require accommodations, should contact the DRC as soon as possible.

It is easy to get started. Just fill out an application and schedule an appointment by calling 435-797-2444. During an initial appointment with an Accessibility Consultant, students will discuss their academic goals, their current academic standing, and any educational barriers they are experiencing. Using this information, along with any documentation that may be needed, appropriate accommodations will be established.

Common accommodations include:
- Extended time on tests
- Reduced distraction testing environment
- Note takers or assistive note taking technology
- Audio versions of books
- ASL interpreting
- Transcribers
- Architectural access
- Accessible on-campus housing

DISABILITY RESOURCE CENTER
usu.edu/drc

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Your student’s success is our top priority. We provide fitness facilities, study rooms, computer labs, lounge areas, leisure activities, dining options, and social programs to give your student the absolute best college experience possible.

**BENEFITS OF LIVING ON CAMPUS**

**LOCATION**
Close to classes, activities, and sporting events.

**UTILITIES INCLUDED**
Standard utilities, plus free cable TV, Internet, and even laundry.

**24/7 MAINTENANCE**
Our staff is always available to take care of any upkeep or repairs.

**SAFETY AND SECURITY**
Electronic locks, emergency systems, on-site live-in staff, and assistance from University Police.

**SUPPORTING STUDENT SUCCESS**
Our Residence Life staff will help students navigate difficult feelings of homesickness and uncertainty, assist in resolving any roommate conflicts that may arise, and offer plenty of involvement and leadership opportunities.

**RATES, COST, & IMPORTANT DATES**
Visit usu.edu/housing/rates/ for current housing rates and important dates.

**CAMPUS DINING**
View dining locations on the map on the right. For information on campus Dining Services and meal plans, see page 38.

**STUDENT HOUSING**
1125 N 1000 E
East of Maverik Stadium
800.863.1085
DINING SERVICES
dining.usu.edu

BE OUR GUEST
Professional chefs lead more than 400 student employees in providing healthy and convenient dining options across campus.

For more information on meal plan options, pricing, and purchasing, check out dining.usu.edu.

MEAL PLAN OPTIONS
We know that with students, one size doesn’t fit all. We have meal plans designed for your student’s needs.

BLOCK MEAL PLANS
Purchase 25, 50 or 75 meals that can be used anywhere and never expire.

HOUSING MEAL PLANS
Choose from the “Unlimited Meal Plan” or the “Semester 110 Plan.” Choosing the “Unlimited Meal Plan” gives you unlimited access to our 2 Dining Halls to grab a quick snack or to sit down and enjoy a meal. “The Semester 110 Plan” gives you 110 meals per semester to enjoy in our 2 Dining Halls. Each plan includes $200 in Dining Dollars that you can use throughout campus in our additional 14 locations and at USU Concessions stands.

AGGIE EXPRESS DEBIT PLANS
Pre-paid accounts that give users tax-free meals with 10% off.

VALUE OF A MEAL PLAN

GET INVOLVED
Shopping, planning, cooking, and cleaning up a meal takes time. Let us do the work so your student can focus on being an Aggie.

EAT BALANCED MEALS
Our dining halls and quick-service restaurants offer balanced and nutritious options for every meal, every day.

MEET YOUR FUTURE BEST FRIENDS
There’s no better place to meet and connect with your school family than at the dinner table.

GRAB N’ GO
Never go hungry between classes. With over 16 locations spread across campus, a quick bite has never been closer.

FOOD ALLERGIES
435.797.1701
Talk with our management teams and professional chefs so we can best serve you.

NEED A JOB?
Join the largest team of student employees at USU. Stop by the Dining Booth during Aggie Orientation to set up an interview or apply online at handshake.usu.edu.

DINING & RESIDENTIAL MAP
pg 37

AGGIE EXPRESS DEBIT PLANS
Many students use a combination of housing meal plans, block meal plans, and Aggie Express money to purchase food on campus.

VALUE OF A MEAL PLAN

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The goal of the Student Health and Wellness Center is to diagnose and treat illness, and to educate students, staff, and faculty in the development of skills necessary to enhance their personal wellness and ability to be successful in the Five Areas of Life (Spiritual, Mental/Emotional, Physical, Social, and Financial).

THE HEALTH CENTER PROVIDES

- General Medical Care Clinics
- Specialty Consultants and Referrals
- X-ray and Laboratory Services
- Physical Therapy / Rehabilitation
- Psychiatry
- Dietitian
- Health Education
- ATOD Prevention / Intervention
- Student Health Insurance
- Immunizations
- Physical Exams (Missions, Athletics, etc.)
- Tobacco Cessation Education and Help
- Substance Abuse Prevention / Intervention
- Student Health Insurance
- Immunizations
- Physical Exams (Missions, Athletics, etc.)

HOURS OF OPERATION

M-F 8:30 am - 4:30 pm Health Center Appointments
M-F 2:00 pm - 4:30 pm Laboratory: X-ray
M-F 7:30 am - 5:00 pm Physical Therapy
M-F 8:30 am - 2:00 pm Summer/Vacation Hours

HEALTH & WELLNESS CENTER
850 E 1200 N
North of Maverik Stadium
435.797.1660

USU is required by HIPAA to ensure the privacy and security of all "Protected Health Information" or "PHI" created, received, maintained, stored, or transmitted by or for its Health Care Components and self-insured health plans that are subject to HIPAA.

INSURANCE NOT REQUIRED

Students do not need health insurance to use the student health and wellness center.

HOW TO SUBMIT VACCINES

Proof of immunization against the following conditions may be provided to the university through the secure server at aggiehealth.usu.edu. You will need your A-number, USU password, and date of birth to enter the site.

Access to
Aggie Wellness
COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)
aggiewellness.usu.edu

CAPS provides confidential mental health services to students. By offering students a full range of counseling services in a friendly environment, we strive to help them achieve their personal, relational, and academic goals while at USU.

CAPS SERVICES

- Initial Consultation
- Workshops
- Individual Counseling/Psychotherapy
- Couples Counseling
- Group Counseling
- Psychological and Psycho-educational Assessment
- Outreach and Consultative Services

ELIGIBILITY

Any student, regardless of credits, is eligible for a consultation. Undergraduates must be enrolled in a minimum of nine credits and graduate students must enroll in 6 credits to participate in individual therapy.

COMMITMENT TO DIVERSITY

Our staff is committed to meeting the needs of individuals from diverse backgrounds, including differences of culture, ethnicity, gender identity, religion, ability and sexual orientation.

CONFIDENTIALITY

Student confidentiality is respected in accordance with the guidelines established by the American Psychological Association. Counseling records are NOT part of academic or university records and are available to no one unless a student provides a written consent. However, therapists are required to disclose confidential information when there is a danger to the student or others (including child abuse), or under court order.

CAPS OFFICE

TSC 306
435.797.1012
M-F, 8:00 am - 5:00 pm
CAMPUS SAFETY
usu.edu/campus-life/safety

USU POLICE
The mission of the Utah State University Police Department is to protect life and property and to provide the campus community with a peaceful and safe environment for the furtherance of academic and individual development.

FREE ON-CAMPUS POLICE SERVICES
- Respond to all reported criminal activity on campus
- Enforce traffic laws
- Jump-start (dead car battery)
- Lock-out (keys locked in the car)
- Let-in (access to a room if authorized)
- Personal safety escort (on campus)
- Bicycle registration
- Utah State prescription drug take-back program
- Live-scan fingerprints required for background checks (Fee applies and appointments are necessary)

Services are available 24 hours a day, 7 days a week.

OFFICE OF EQUITY (TITLE IX)
equity.usu.edu
Gender-based discrimination and sexual misconduct (sexual harassment, sexual assault, stalking and relationship violence) violate USU policy. Students concerned about such conduct are encouraged to talk to the Title IX Coordinator to report the conduct.

REPORTING
Students are encouraged to report instances of sexual misconduct or gender-based discrimination to USU’s Title IX Coordinator in Old Main room 161, via phone at 435-797-1266, by mail or online at equity.usu.edu/report. More information about campus resources for preventing, responding to, and reporting sexual misconduct are available at sexualassault.usu.edu.

TITLE IX COORDINATOR
Hilary Renshaw
Old Main, Room 161
435.797.1266
hilary.renshaw@usu.edu

RAPE, AGGRESSION, DEFENSE (R.A.D.) CLASSES
The one-credit R.A.D. self-defense class is offered as PE 1407 each semester and taught by certified instructors from USU Police.

The objective of the R.A.D. program is to train individuals in self-defense with simple-to-learn techniques that people of all ages and abilities can master.

EMERGENCY MANAGEMENT
emergency.usu.edu

CAMPUS ALERTS
Stay informed for events such as:
- Evacuation
- Snowstorm
- Campus emergency
- Crimes on campus

LEARN ABOUT CAMPUS ALERTS
Go to alert.usu.edu
- Scroll down to how to receive alerts for parents and community members.
- Click on the campuses you want to receive alerts for.
- Enter your mobile number to receive alerts.

SOCIAL MEDIA
Follow USU to get campus alerts.
- @USUAggies
- Utah State
- @USUAggieLife

DOWNLOAD THE UTAH STATE SAFE APP

UTAH STATE SAFE APP
Official safety app for USU that connects you directly to Public Safety. The Utah State Safe app provides:
- Friend Walk
- Chat with Public Safety
- Virtual Walk
- Report a Tip
- Support Resources
- USU Alerts

SAFEUT APP
The SafeUT program and app helps youth stay healthy and safe in schools by providing high-quality, confidential counseling services. The app’s key features include:
- Confidential and password-protected services.
- Real-time, two-way communication with SafeUT crisis counselors available 24/7.
- Tips can be submitted with picture and/or video.

SEXUAL ASSAULT PREVENTION
sexualrespect.usu.edu
Utah State University works to educate students about ways to prevent sexual harassment and assault, and to inform students about reporting procedures and available resources.

Sexual assault and harassment, and to inform students about reporting procedures and available resources.

All incoming and transfer students at the Logan, Eastern, and Blending campuses are required to go through an in-person interactive, peer-led training about consent, healthy relationships, sexual violence, and ways to create a safer campus. Incoming and transfer students at Statewide Campuses, as well as incoming and transfer online-only students, are required to complete an online course about the same topics. To learn more about the in-person training and online course, visit prevention.usu.edu.

SEXUAL ASSAULT AND ANTI-VIOLENCE INFORMATION OFFICE (SAAVI)
saavi.usu.edu
SAAVI provides free and confidential advocacy and therapy to primary and secondary survivors of sexual assault, relationship violence, stalking, hazing, and bullying.

USU SAAVI OFFICE
TSC 311
435.797.7273
saavi@usu.edu

UPSTANDING BYSTANDER INTERVENTION TRAININGS
upstanding.usu.edu

USU also offers a bystander intervention training called Upstanding, which is designed to empower students to prevent sexual violence and other harms like bias and discrimination, drug and alcohol misuse, and mental health concerns. To learn more about Upstanding, visit upstanding.usu.edu.

NOTICE OF NON-DISCRIMINATION
In its programs and activities, including in admissions and employment, Utah State University does not discriminate or tolerate discrimination, including harassment, based on race, color, religion, sex, national origin, age, genetic information, sexual orientation, gender identity or expression, disability, status as a protected veteran, or any other status protected by University policy, Title IX, or any other federal, state, or local law. The following individuals have been designated to handle inquiries regarding the application of Title IX and its implementing regulations and/or USU’s non-discrimination policies:

EXECUTIVE DIRECTOR OF THE OFFICE OF EQUITY
Alison Adams-Perlac
alison.adams-perlac@usu.edu
Old Main Room 161
435-797-1266

TITLE IX COORDINATOR
Hilary Renshaw
hilary.renshaw@usu.edu
Old Main Room 161
435-797-1266

For further information regarding non-discrimination, please visit https://equity.usu.edu/ or contact:

U.S. Department of Education Office of Assistant Secretary for Civil Rights
800-421-3481
OCR@ed.gov

U.S. Department of Education Denver Regional Office
303-844-5695
OCR.Denver@ed.gov
CAMPUS STORE
campusstore.usu.edu

Books & Gear
For Days

SOCIAL MEDIA GIVEAWAYS
Don’t miss out on our giveaways and sales!

@USU Campus Store
usucampusstore
USUCS
USU Campus Store

HOURS
M-F 8 am – 5 pm
SAT 11 am – 3 pm
*Closed June & July
SUN Closed

TSC POST OFFICE
distribution.usu.edu

ONLINE STORE
campusstore.usu.edu

- In-store kiosks
- Reserve your books for free online using Textbook Reservation at checkout
- We’ll bag them, you pick them up when you move in

STUDENT CHARGE ACCOUNTS
- Put all expenses – tuition, fees, & textbooks – in one place
- Save money by renting your textbooks

AGGIE GEAR
- Everything Aggie
- Official game-day shirt retailer
- Get a free t-shirt for your birthday (Sign up in-store)
- Blue Sage Ladies Boutique

AGGIE TECH
- Tax-free computers & calculators
- Education pricing on computers for students
- Apple Authorized Campus Store

SUPPLIES
- Office supplies
- Art supplies
- Scantrons

TAX-FREE TEXTBOOKS
Get your personalized book list
aggie.link/USUViewBooklist

USPS & UPS

MAILING SERVICES
HOURS M-F
8 am – 4:15 pm
USPS MAIL PICKUP
M-F 100 pm & 4:15 pm
UPS PACKAGE PICKUP
M-F 3:45 pm

POST OFFICE BOX RENTALS
$30.00 annually.
Rent a PO box for secure storage of mail and packages; and to have a street address for UPS, FedEx, and DHL deliveries. Renting a box provides a single address no matter how many times a student may move or leave for the summer.

CAMPUS STORE
TSC 120
435.797.3950

USU POST OFFICE
TSC Main Floor
435.797.9649

Best UPS shipping rates in the valley
ACADEMIC CALENDAR
usu.edu/calendar/academic

FALL ’20

AUGUST 17 (5:00 PM)
Waitlist e-mail notifications TEMPORARILY discontinued

AUGUST 19 (5:00 PM)
Tuition & Fee Payment Deadline

AUGUST 19 – 20
No registration permitted

AUGUST 21 (10:00 AM)
Waitlist email notifications continue
Registration continues

AUGUST 31
First Day of Classes

AUGUST 31 – SEPTEMBER 4
Time to register from waitlist email notification reduced to 12 hours

SEPTEMBER 4
Last day to add without instructor’s signature

SEPTEMBER 4 (NOON)
Waitlist email notifications discontinued

SEPTEMBER 5 – 21
Instructor’s signature required to add a class

SEPTEMBER 7
Labor Day Holiday (No Classes)

SEPTEMBER 21
Last Day to Add Classes (includes audits)
Last Day to Drop Classes without notation on transcript
Last Day for Tuition & Fee Adjustments for dropped classes

SEPTEMBER 22 – NOVEMBER 1
Individual course withdrawals show as “W” on transcript

SEPTEMBER 22 – DECEMBER 11
Adding of classes not permitted

OCTOBER 16
Fall Break (No Classes)

NOVEMBER 2
Last Day to Withdraw from Classes (“W” on transcript)
Last Day to Change to P/D+D/F Option

NOVEMBER 3 – DECEMBER 18
Withdrawing from Classes Not Permitted

NOVEMBER 25 - 27
Thanksgiving Holiday (No Classes)

DECEMBER 7 – 11
No Test Days

DECEMBER 11
Last Day of Classes

DECEMBER 14 – 18
Final Examinations

DECEMBER 23 (5:00 PM)
Deadline for instructors to submit final grades

To learn more about academic dates or to view the Spring ‘21 calendar visit usu.edu/Registrar.
COVID-19 Statement:
For up-to-date information about Utah State University's response to COVID-19, please go to usu.edu/covid-19.