USU PARENT ORIENTATION

Find a seat and get to know your fellow Aggie Parents!
Counseling and Psychological Services

Dr. David Bush
435-797-1012
david.bush@usu.edu
TSC 306
“Metamorphosis”

Parents Raising Resilient Children
Stages of Development

- Autonomy
  - Self-Reliance
- Competence
- Emotional Intelligence

- Mature Relationships
- Identity
- Purpose
- Integrity
Teaching the 3 C’s

Commitment to Healthy Life
The Big Five

Challenges seen as Opportunities

Control - Sphere of Influence
Locus of Responsibility
“I Wanna Try, Even Though I Could Fail…”
Nate Q. Jensen
435-797-7557
nate.jensen@usu.edu
TSC 105
before today…

- Apply to USU
- Accept Admission
- Complete Modules 1 & 2
- Register for Classes
  (Aggie Orientation (Module 3)
  YOU ARE HERE!)

after today…

- Complete Module 4
  **NOW**
- Tuition & Fees
  **August 16th**
- First day to move in
  **August 19th**
- Connections (USU 1010)
  **August 23-25th**
- Classes Start
  **August 28th**
FERPA
Family Educational Rights and Privacy Act

The Family Educational Rights and Privacy Act of 1974 prohibits Utah State University from releasing certain personally identifiable information from a student’s record to a third party (e.g. parent, spouse, etc.) without the student’s explicit consent.

myid.usu.edu ➔ Delegates ➔ Name and Birthdate
### Major in Health Education and Promotion

**Unmet conditions for this set of requirements:** 72 credits are required. You currently have 35, you still need 37 more credits.

#### Healthcare Education Core Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Code</th>
<th>Course Name</th>
<th>GPA</th>
<th>Credits Needed</th>
<th>Credits Applied</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Anatomy</td>
<td>BIOL 2220</td>
<td>HUMAN PHYSIOLOGY</td>
<td>NA</td>
<td>1 Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Human Physiology/Advanced Physiology</td>
<td>BIOL 2420</td>
<td>FIRST AID</td>
<td>NA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Aid &amp; Emergency Care</td>
<td>HEP 2000</td>
<td>HEALTH &amp; WELLNESS</td>
<td>NA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drugs &amp; Human Behavior</td>
<td>HEP 2500</td>
<td>DRUGS/HUMAN BEHAVIOR</td>
<td>A-</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intro to Community Health</td>
<td>HEP 3600</td>
<td>INTRO COMMUNITY HEALTH (C)</td>
<td>NA</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Emphasis Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Code</th>
<th>Course Name</th>
<th>GPA</th>
<th>Credits Needed</th>
<th>Credits Applied</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race, Culture, Class &amp; Gender Issues</td>
<td>HEP 5620</td>
<td></td>
<td></td>
<td>1 Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Science &amp; Application of Human Nutrition</td>
<td>NFS 1020</td>
<td>SCI/APPL HUMAN NUTR (BS)</td>
<td>A</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Emphasis in Community Health

**Unmet conditions for this set of requirements:** 42 credits are required. You currently have 18, you still need 24 more credits.

#### Required Professional Courses

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Code</th>
<th>Course Name</th>
<th>GPA</th>
<th>Credits Needed</th>
<th>Credits Applied</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Marketing in Health Education</td>
<td>HEP 4100</td>
<td>FOUND COMMUNITY HLTH</td>
<td>A-</td>
<td>1 Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Planning and Evaluation for Health Education</td>
<td>HEP 4200</td>
<td></td>
<td>A-</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Creative Methods of Teaching Health</td>
<td>HEP 4400</td>
<td></td>
<td></td>
<td>1 Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Field Work in Health Education</td>
<td>HEP 4600</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grant Proposal Writing</td>
<td>HEP 5300</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Computer Applications for Instruction</td>
<td>NDFS 5205</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Electives

- Human Nature
- Content and Methods in Education
- Choose one more elective class not already taken.

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Code</th>
<th>Course Name</th>
<th>GPA</th>
<th>Credits Needed</th>
<th>Credits Applied</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 1010</td>
<td></td>
<td>GENERAL PSYCHOLOGY (BSS)</td>
<td>A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HEP 3100</td>
<td></td>
<td>SCHL HLTH PROGRAMS</td>
<td>A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HEP 4039</td>
<td></td>
<td>ABUS/NEGLECT IN FAM</td>
<td>A</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Academic Year

- **2009-2010**
- **GPA:** 3.66
- **Credits Required:** 72
- **Credits Applied:** 35

- **2009-2010**
- **GPA:** 3.53
- **Credits Required:** 42
- **Credits Applied:** 18
ART HISTORY
CAREER COLLEGE OF THE ARTS

HOW TO CUSTOMIZE YOUR OWN
1. IDENTIFY WHAT YOU HAVE ALREADY
   TAKE ADMISSIONS TESTS (IF APPLICABLE)
   SEPARATELY
   2. EVALUATE YOUR RESULTS
   3. MAKE FINAL PREPARATIONS

ADMISSION REQUIREMENTS
Students must earn a 2.0 GPA, a 26 on the ACT, or an SAT score of 1100 (critically read, writes, math). The program also recommends that all students have English 1010 or an equivalent course. Students who plan to major in art history should have English 1010 or an equivalent course. Students who plan to major in art history should have English 1010 or an equivalent course.

FIRST SEMESTER REGISTRATION
ENGLISH 1010 (CLI) and ENGLISH 1010 (CLI)
ART 3110
HST 1101 (GLU)

PRE-REQUISITES AND COURSE DESIGN
Art History 1010 and 1020

YOUR PATH
Start with the highest math class you can place into. You may need to take English 1010 (CLI) and English 1010 (CLI).

ART HISTORY
CCU USU FL

SALLY PETITON
Academic Advisor
435-797-8056
sally.petiton@usu.edu

ART HISTORY
CCU USU FL

ART HISTORY
CCU USU FL
“At those critical junctures, the question is not simply whether to live or die but what kind of life is worth living.”

-Paul Kalanithi, When Breath Becomes Air
90% of students who take 15 credits persist toward graduation
Text Books & Course Materials
https://campusstore.usu.edu/

Parking and Transportation
https://parking.usu.edu/
Pg. 4 - Schedule

On Campus Housing
http://www.usu.edu/housing/

Student Employment (Aggie Handshake)
Student Involvement
Parent Handbook p. 16-17
Campus Recreation

Aquatic Programs

Fitness – Group, Strength & Conditioning, Personal Training

Outdoor – Climbing Wall, Outdoor Leadership, Trips, Rentals

Competitive Sports – Club Sports, Intramurals
Weeks of Welcome

Over a Hundred Clubs
Dennis Kohler
435-797-0120
dennis.kohler@usu.edu
TSC 305
To help your student transition from high school study skills and behaviors to the more rigorous study strategies required for college academic success.
Study Smart Starter Kit

www.usu.edu/asc

Academic Success Model

Academic success requires interaction between essential college study strategies and self-management behaviors. Take Test is the core of our model since success in most classes is significantly influenced by exam performance. Test success requires that you study smart and begin Day One of each class devoting attention, time, and effort to each component of this model.

Read this great article, Underachievement Among College Students, so you can see why the Academic Success model will help you avoid academic difficulties that new college students often experience. Review the Study Smart Starter Kit diagram and articles below.

Study Smart Starter Kit

- Manage Time
- Memory
- Listen Actively
- Take Notes
- Read Text
- Test Preparation
- Day of Test
- Manage Stress
- Take Test
- Analyze Returned Test
Classes: USU 1730

Strategies for Academic Success

- Core study skills for college success
- Cutting-edge, hands-on curriculum
- Small classes (20-30)
- 3 Credits, 7 Weeks; Taught Twice Per Semester
Free Drop-in Math/Stats Tutoring Center

- Math 0995-2280 and Stat 1040-3000
- Taggart Student Center 225A
- Tutors are trained and nationally certified
Supplemental Instruction (SI)

- Free study sessions for Gen Ed Breadth classes
  “What to learn” and “How to learn it”
- SI Leaders trained in learning and study techniques
- Achieved an A or A- in the course
- SI helps your student succeed!

Biol 1010
2.47 = average class grade
2.29 = 0 sessions
3.19 = 6 sessions
Targeted study skills intervention
- Specific class type
- Specific study skill deficit

Freshmen to Graduate students

No Shouting. Just great study and test-taking help!
Study Skills Workshops

- Study Skills Quick-shop Series
- Online Video Workshops
- By Request Outreach Workshops

Psych’d Out! Workshop Series
Join us on Facebook!

Like our page at USU Academic Success Center for updates on workshops and special study tips
What else would you like to know about our services?

Just ASC!
USU CAREER SERVICES

Visit Early & Often to

EXPLORE  Majors & Careers

OBTAIN  Student Employment & Internships

PREPARE  for Grad School & Testing

SUCCEED  in your Career
• Individual career counseling appointments
• Career assessment interpretation
• Guided career research and analysis
• Customized career action plans
• USU1220 (3 credit), Career & Life Planning
• Actively use AGGIE handshake
• Work Study, Complete the FAFSA
• Career Fairs
• On-campus Recruiting
• Internships
  Higher pay
  Less turnover
  More Marketable
  Career Choice
PREPARE FOR GRAD SCHOOL & TESTING

- Research and Select Programs
- Grad School Fair - Fall
- Tests Include:
  - CLEP – AP Courses
  - Entrance Exams – GRE, LSAT, MAT
  - Certification Exams – FE, PRAXIS
• One-on-one coaching appointments
• On-campus interviews
• 8 Career Fairs
• Resumes, letters, and social media prep
• Mock interviews
• Networking with employers and alumni
• Customized career planning
Employer’s Value Skill Development Through:

(Based on a 5-point scale; 5 = extreme influence to employers)

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Average Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Held a leadership position</td>
<td>3.9</td>
</tr>
<tr>
<td>2. Academic Major</td>
<td>3.9</td>
</tr>
<tr>
<td>3. High GPA (3.0 or above)</td>
<td>3.6</td>
</tr>
<tr>
<td>4. Involved in extracurricular activities</td>
<td>3.6</td>
</tr>
<tr>
<td>5. School Attended</td>
<td>2.8</td>
</tr>
<tr>
<td>6. Done volunteer work</td>
<td>2.8</td>
</tr>
<tr>
<td>7. Fluent in a foreign language</td>
<td>2.4</td>
</tr>
<tr>
<td>8. Studied abroad</td>
<td>2.1</td>
</tr>
</tbody>
</table>
Questions?

435.797.7777
career-services.usu.edu
University Inn, Ground Level 102
Kaitlyn Archibald
435-797-3852
idphoto@usu.edu
TSC 212
USU ID Card
Your Passport to Campus
ACCESS TO EVENTS ON CAMPUS
Student Credit Limit Accounts

Students may charge textbooks and other course related materials to their USU ID Card.
NEED A PASSPORT?
APPLY ON CAMPUS

1. COMPLETE DS-11 APPLICATION
   http://www.travel.state.gov

2. SCHEDULE APPOINTMENT:
   TSC 212
   M-F 8AM - 5PM
   (435) 797-3852

3. BRING APPLICATION AND OTHER REQUIRED MATERIALS.

SEE USU CARD OFFICE FOR DETAILS
**Block Meal Plan**

- 25 Meals = $206.25
- 50 Meals = $400.00
- 75 Meals = $581.25

**All-You-Care-To-Eat**
- The Junction
- Aggie Marketplace
- The Skyroom

No Expiration! Anyone can purchase!

---

**AGGIE EXPRESS**

- Acts like a debit or prepaid card
- 10% off at Campus Dining locations
- Use at other campus locations:
  - Campus Store
  - Copy Center
  - Outdoor Recreation Program
  - Etc.
Department of Public Safety

USU Police Department
USU Fire Marshal
USU Emergency Management

Srgt. Jessica Vahsholtz
Emergency 911
Dispatch contact (435)797-1939
www.usu.edu/dps/
The Mission of the USU Department of Public Safety is to protect life and property and to provide the campus with a peaceful and safe environment for the furtherance of academic and individual development."
State Certified Police Officers

Operate 24 hours a day

Currently 11 full-time and 7 part-time police officers

Investigate all criminal activity on campus

Enforce all traffic codes

Excellent working relationship with surrounding agencies
Emergency Services

- Own 911 Dispatch center
  Police/Fire/Ambulance

- 29 Emergency Phones
  on campus

- Response time is about
  one to two minutes
Services to our Community

- 24 Hour Safety Escort
- Jumpstart car batteries
- Unlock car if keys are left inside
- Let-in to room or office, if authorized
- Fingerprint service - $15 fee
- Crime Prevention Programs

In 2016 USU Police responded to 7,245 service calls
Safest City Rankings

2015 – Logan, Ut. #1
2014 – Logan, Ut. #1
2013 – Logan, Ut. #1
2012 – Logan, Ut. #1
2011 – Logan, Ut. #1
2010 – Logan, Ut. #2
2009 – Logan, Ut. #5
2008 – Logan, Ut. #1
2007 – Logan, Ut. #1
What is the most often reported crime on campus?
“Victim called to report that around 3:30pm his cell phone was stolen from his backpack in the USU Library after he left his backpack with his cell phone and wallet at a computer station work desk. The victim stated he only left for a few minutes and came back and his cellular phone was missing”.

“Victim reported that around 1:30 am she went to 7-11. She said that she left her apartment door open as well as her bedroom door open. She reported that she came back around 2:00 am and discovered that her Apple Ipad and Ipod Nano had been stolen from her room”.
Make a record of your property including Make, Model, Serial #
Minor In Possession

- $525 fine
- Mandatory Alcohol Counseling at your expense
- Drivers License suspended until counseling class completed.
- Possibly 2 days in Jail.
Crimes Against Persons

<table>
<thead>
<tr>
<th>Year</th>
<th>Assaults</th>
<th>Aggravated Assaults</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2014</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>2013</td>
<td>6</td>
<td>3</td>
</tr>
</tbody>
</table>
Rape Aggression Defense Classes
Students of Concern

- USU Behavioral Intervention Team (BIT)
- Report concerns to:
  - Police
  - Counseling Center
  - Student Services
  - Housing Officials
  - Advisors
Other Resources

Crime Prevention Programs
Contact Us

- Emergency 911
- Dispatch contact (435)797-1939
- [www.usu.edu/dps/](http://www.usu.edu/dps/)
USU Student Health Services

J. David Malouf, D.O.
Family Physician, Diplomate AOBFP

435-797-1660
john.malouf@usu.edu
9100 Old Main Hill
Student Health & Wellness Center

- What is it?
- Where is it?
- What do we do?
- How much does it cost?
- When should your student go?
- How long does it take to get an appointment?
Where are you?

Hours of Operation:
Page 28 of Parent Handbook
Minor Procedures

- Lacerations
- Mole removals
- Ingrown nails
- Splints/ braces
- Casts
- Allergy shots
- IUDs
- Joint reductions
- Abscesses
- Etc…

Before… After!
Campus Programming and Wellness Education

- WOW (Week of Welcome)
- Relationships Week
- Kick Butts Week
- Health Fairs
- Alcohol Awareness and Alcohol Tobacco & Other Drugs (ATOD) Classes
- Student Athlete Mentors (SAMS)
- Peer Educators/Interns
- Walk a Mile in Her Shoes
Is it expensive?

Most visits have no charges or out of pocket expense

- Prepaid by Student Health Fee
  - $44 in student fees per semester for unlimited use (12-18 credit hours)
  - covers all professional services (except physical therapy)
  - No Health Insurance Required

May incur a charge for “extras”

- Procedures, supplies, meds, X-rays and Labs (at or near cost)
- Patient insurance is billed or patient may pay out of pocket
- Cash, Visa, MC, Banner for out of pocket expenses
USU Student Health Insurance Plan (SHIP)

For weekends, holidays, specialists, rainy days, etc.

- Deductible: $500
- Co-Pays
  - E.R.: $250
  - Off-Campus OV: $30
  - Hospital Admission: $250
  - Out of pocket max: $6000
- Co-Insurance: 80% / 20%
- Medications: $15/$30 co-pay
- ACA compliant: Silver plan equivalent

$2002/yr (2017-2018)
We are out of network with most insurance plans but are working on paneling with multiple plans.

If you have specific questions about whether your insurance plan is in network or out of network, please contact them directly.
When Should My Student Go?

- New Symptoms
  - Fever of 101.5
  - Difficulty Breathing
  - Significant Pain
  - Any (unexpected) Bleeding
  - Diarrhea (1+ day)
  - Nausea/vomiting
  - Difficult Questions

- Help with chronic illness
- “Mom Says So!”
How soon can I get an appointment?

AND THEN I SAID,

"THE DOCTOR WILL BE WITH YOU IN A MINUTE!"
How soon can I get an appointment?

“The average cumulative wait time to see a family physician in all 15 markets was 19.5 days”

“The average appointment wait time to see a family physician ranged from a high of 66 days in Boston to a low of 5 days in Dallas.”

Merritt Hawkins 2014 survey in 15 metro areas
## Top 10 Diagnoses

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depression</td>
<td>1090</td>
</tr>
<tr>
<td>Anxiety</td>
<td>847</td>
</tr>
<tr>
<td>General Physical</td>
<td>783</td>
</tr>
<tr>
<td>ADD</td>
<td>743</td>
</tr>
<tr>
<td>Pharyngitis</td>
<td>639</td>
</tr>
<tr>
<td>Adjustment disorder</td>
<td>477</td>
</tr>
<tr>
<td>GYN/Contraception</td>
<td>475</td>
</tr>
<tr>
<td>Cough</td>
<td>375</td>
</tr>
<tr>
<td>Rhinitis/sinusitis</td>
<td>236</td>
</tr>
<tr>
<td>Fatigue</td>
<td>131</td>
</tr>
</tbody>
</table>

## Top 10 Prescriptions

<table>
<thead>
<tr>
<th>Prescription</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adderall (ADD/ADHD)</td>
<td>804</td>
</tr>
<tr>
<td>Fluoxetine (SSRI)</td>
<td>374</td>
</tr>
<tr>
<td>Sertraline (SSRI)</td>
<td>319</td>
</tr>
<tr>
<td>Ventolin (Asthma)</td>
<td>271</td>
</tr>
<tr>
<td>Junel (contraceptive)</td>
<td>227</td>
</tr>
<tr>
<td>Trazodone (antidepressant)</td>
<td>202</td>
</tr>
<tr>
<td>Flonase (allergy/sinus)</td>
<td>200</td>
</tr>
<tr>
<td>Escitalopram (SSRI)</td>
<td>194</td>
</tr>
<tr>
<td>Penicillin (antibiotic)</td>
<td>190</td>
</tr>
<tr>
<td>Amoxicillin (antibiotic)</td>
<td>189</td>
</tr>
</tbody>
</table>

Reference: USU SHWC Data, Top 40 Diagnoses, 1-1-2016 to 12-31-2016
Why would I ever miss class?
Top 5 Student Stressors

1. Relationships
2. School
3. Finance (53.1% loans)
4. Family
5. Time management

(Illness came in 8th….)
MULTITASKING

THE ART OF DOING TWICE AS MUCH AS YOU SHOULD HALF AS WELL AS YOU COULD.
Where students look for help...

Sources

- Religious Center
- Resident Assistants
- Peer Educators
- Campus Newspaper
- Faculty / Coursework
- Television
- Health Educators
- Magazines
- Leaflets / Pamphlets
- SHS Medical Staff
- Friends
- Internet/Web
- Parents

Believable Sources

- Television
- Friends
- Magazines
- Internet / Web
- Religious Center
- Resident Assistants
- Peer Educators
- Campus Newspaper
- Leaflets / Pamphlets
- Parents
- Faculty / Coursework
- Health Educators
- SHS Medical Staff
<table>
<thead>
<tr>
<th>Required Vaccines</th>
<th>Recommended Vaccines</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required Immunizations</td>
<td>(Not Required)</td>
</tr>
<tr>
<td>❑ TDaP – series and current booster</td>
<td>❑ Hepatitis B – 3 dose series</td>
</tr>
<tr>
<td>❑ MMR – 2 doses</td>
<td>❑ Hepatitis A – 2 dose series</td>
</tr>
<tr>
<td>❑ Polio – 3 doses</td>
<td>❑ Meningitis – 1 dose every 10 years</td>
</tr>
<tr>
<td>❑ Varicella – immunity or record of illness</td>
<td>❑ Influenza – annual vaccination</td>
</tr>
<tr>
<td>❑ TB Skin – Test after foreign travel or residence &gt; 8 wks</td>
<td>❑ HPV – 3 dose series</td>
</tr>
</tbody>
</table>
Vaccines - My Plug

Numerous vaccine preventable diseases

Students must verify that they’ve had vaccines or fill out a waiver request

Vaccines available at SHWC— influenza & tDaP

All other vaccines available at Bear River Health Department

“...I understand that in the event of a disease outbreak the individual may be excluded from classes and activities for the duration of the outbreak, both for his/her own protection and for the protection of others.”
In Summary...

- Dr.’s Office + Health Ed + Urgent Care
- **No** Health Insurance Needed!
- Student’s First Experience without **YOU**
- Student’s Both *Expect* and *Need* Your Input
- Work Together = **Success!**
Questions?

"...and this is Ralph, your anesthesiologist."

"Off hand, I'd say you're suffering from an arrow through your head, but just to play it safe, I'm ordering a bunch of tests."
Please do not send medical information via email as this is not HIPPA compliant.

Please remember that I am unable to discuss your student’s health information with you unless I have a signed release on file or they are under 18 years old.
Heidi Beck Kesler

Director of Student Retention and Completion
heidi.kesler@usu.edu
Retention & Completion Rates

- 22% of Utah adults have a 4-year degree
- 45% of jobs in Utah require a 4-year degree

- Approximately 25% of USU Freshmen will drop out before beginning their 2nd year at USU.
- Approximately 50% will not graduate in 6 years.
Transitions

*Transition: the process of changing from one state or condition to another.*

Students who view their family as strong in communication are more confident in their ability to transition to college successfully.

Students who view their family as highly supportive of them getting a degree are more confident in their ability to transition to college successfully.
What Are the Obstacles?

Discuss at your table what you think some of the obstacles might be for YOUR student and how you will assist them to be resilient and persistent.

Some common obstacles are:

- Finances/Work
- Academic struggles
- Mental/Emotional Health
- Ambivalence/Uncertainty
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Come Back!

Parent & Family Weekend – Oct. 6-7th

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