

RESOURCES TO HELP PAY RENT, UTILITIES, AND MORE*

- **Emergency rental assistance:** Those unable to pay rent and utilities due to COVID-19 can apply at utah.gov. You'll need income proof, rent agreement, payment history and reduced income.
- **Utah Community Action:** Offers income-eligible individuals rental assistance and landlord-tenant mediation.
Phone: 801-214-3109 or 877-697-7175.
- **Utah's housing authorities:** Provide rental assistance vouchers and public housing options to income-eligible residents.
Phone: 800-955-2232
- **SLC Housing and Neighborhood Development:** Phone: 801-353-7712
- **Home Energy Assistance Target (HEAT) Program:** Helps low-income people in crisis pay their energy bills.
Phone: 866-205-4357.
- **Dominion Energy:** Provides a one-time annual credit to residents who are eligible for the HEAT Program.
- **Utah Legal Services:** A nonprofit that gives free legal help to low-income Utahns for housing matters.
Phone: 801-477-6975.
- **Power bill:** Request bill payment assistance from Rocky Mountain Power by calling 1- 888- 221-7070.
- **Internet bill:** The federal Emergency Broadband Benefit (EBB) helps eligible households pay internet services during COVID. Apply online.
- **Food assistance:** Call 800-453-3663 for help or visit the Utahns Against Hunger website.
- **Medical bills:** Contact Utah Health Policy Project at 801-433-2299 for help signing up for health insurance through Utah Medicaid, CHIP or the healthcare.gov marketplace.
- **Mental health:** National Alliance on Mental Illness (NAMI) Utah offers support groups and education in English and Spanish.
Phone: 801-323-9900.
- **Addiction:** Contact Utah Support Advocates for Recovery Awareness or the Utah Department of Human Services's website to connect with a recovery group.
- **Domestic violence:** Contact the Utah Domestic Violence Coalition, or call 800-897-LINK for free support for victims of domestic violence. If you're in immediate danger, call 911.
- **Improve home energy efficiency** for low-income Utahns.
- **Wasatch Tenants United** addresses reports of abusive landlords.
- **Housing discrimination for all protected classes:** Contact the Disability Law Center, a nonprofit that protects and advocates for the rights of people with disabilities.

*Complied by the Salt Lake Tribune and Deseret News:

"Do you spend more than half your income on rent? Here are resources that can help"

-Salt Lake Tribune by Bethany Rodgers, June 10, 2021

"Can't pay rent? Utah has \$180 million available in rental assistance"

-Deseret News by Katie McKellar June 24, 2021



For an interactive list of resources, visit:

www.usu.edu/uatp/files/resources-to-help-with-paying-rent-utilities-more