



FIGHT

AGAINST DOMESTIC

VIOLENCE

TM

FADV.ORG / info@fadv.org



*Join
our
community!*



Our mission is to generate resources and awareness for domestic violence survivors through corporate, individual, and community partnerships.



Domestic violence also referred to as intimate partner violence (IPV) is a **pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.**

Domestic violence affects people of any race, age, gender, sexuality, religion, education level, or economic status.



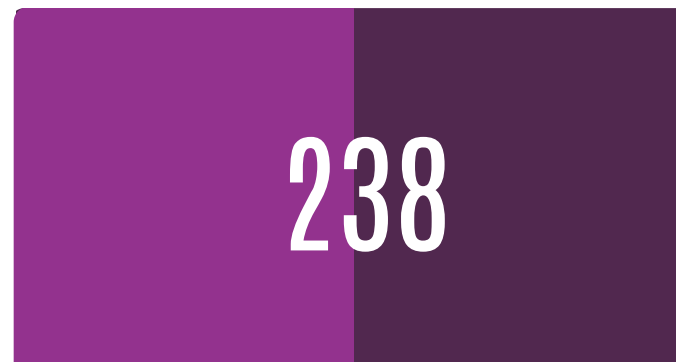
Utah Domestic Violence Statistics



FIGHT
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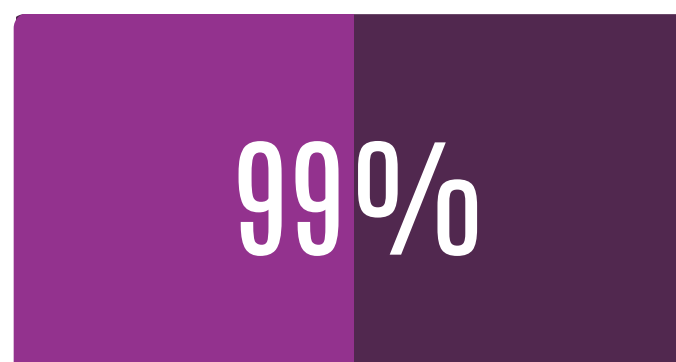
women have been victims of physical violence by an intimate partner in their lifetime



hotline calls received, averaging 10 calls per hour



victims received services from Utah's DV service provider in 24 hours; another 159 requests went UNMET due to a lack of resources

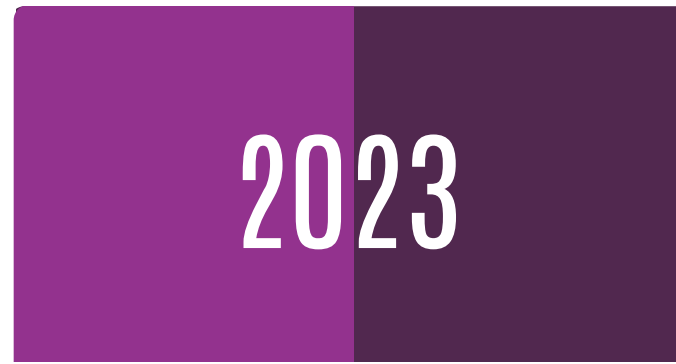


of victims experience financial abuse

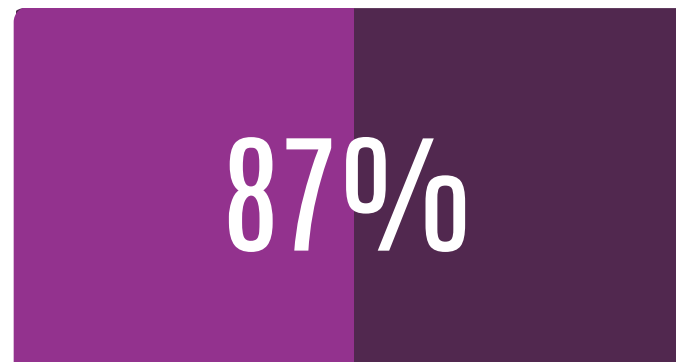


of mothers experiencing homelessness with children have experienced domestic violence

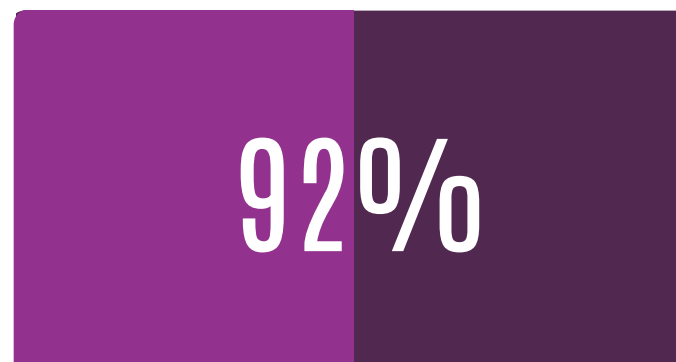
Is DV Really A Problem In Utah?



Utah legislature passed SB 117, requiring all law enforcement agencies to perform Lethality Assessments at domestic violence calls



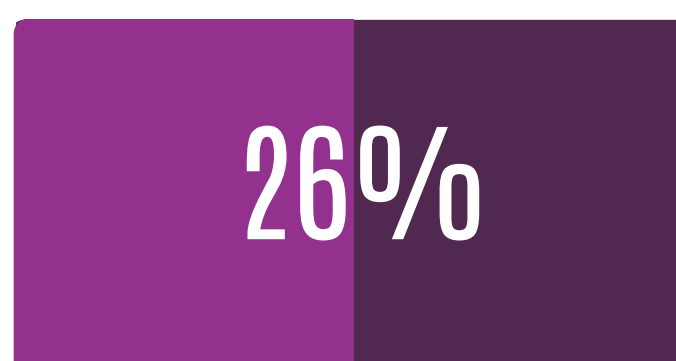
Statewide, Utah service providers have seen an 87% increase in requests for services since the passage of SB 117



Of victims referred to domestic service providers were considered HIGH DANGER



Young women between 16-25 are three times more likely to experience domestic violence compared to other age groups



Number of those surveyed who think domestic violence is a problem in our state - Utah Women & Leadership Project

Abuse can take many forms.

What does it look like?

Emotional Abuse

- Yells at them
- Humiliates them in public/private
- Throws/breaks things in the home
- Isolates them from family

Economic Abuse

- Limits access to money
- Prevents getting/keeping job
- Creates unknown debt
- Keeps partner on an allowance

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Abuse can take many forms.

What does it look like?

Sexual Abuse

- Bullies with accusations of cheating
- Forces partner to have sex
- Controls reproductive decisions
- Uses sex as a tool for coercion/guilt

Coercion & Threats

- Forces them to drop charges
- Threatens physical harm
- Threatens suicide
- Uses mind games to control
- Digital stalking

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Relationships exist on a spectrum.



Healthy

- Honest with each other
- Open communication
- Trust and believe each other
- Financial partners with equal access to accounts/money
- Spend time apart- alone, or with friends.
- Talk openly about sexual choices.

Unhealthy

- Disrespectful behavior toward your partner
- Not communicating
- Spending most of your time with your partner
- Pressuring your partner into activities
- Unequal economically
- Dishonest with your partner

Abusive

- One person makes all the decisions for both.
- Partner makes accusations of cheating.
- Partner isolates the other from family and friends.
- Spend ALL of your time together.
- Partner uses various forms of manipulation and control.

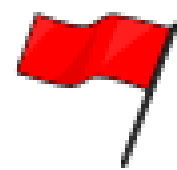
Obstacles to Leaving

On average, it takes 7 attempts before a survivor successfully leaves their abuser

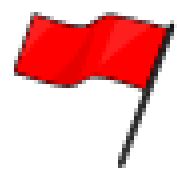
- **Economic:** unable to financially support themselves and children
- **Isolation:** from family, friends & community
- **Children:** fear for their safety, custody concerns
- **Threats:** to friends, family members, children, and suicide
- **Pets:** used to manipulate or control
- **Lack of information:** many victims are unaware of the resources available
- **Immigration status:** fear of deportation without partner's help
- **Trauma bonding:** strong emotional attachment to abuser
- **Shelters are full**

LEAVING A RELATIONSHIP IS THE MOST DANGEROUS TIME FOR A VICTIM

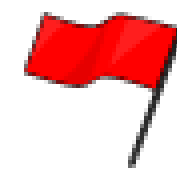
RED FLAGS IN RELATIONSHIPS



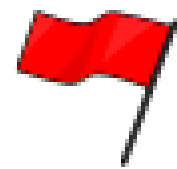
- Checking your phone without your permission



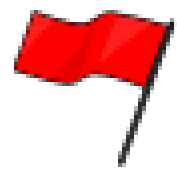
- Calling you mean names



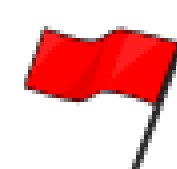
- Physically hurting you in any way



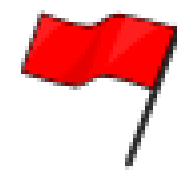
- Demanding to know where you are at all times



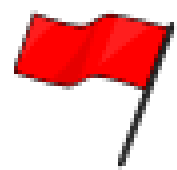
- Get upset when you want to hang out with friends or family



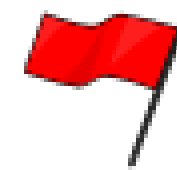
- Telling you what you can and can't eat



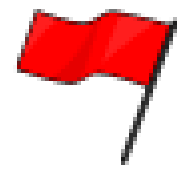
- Constantly putting you down



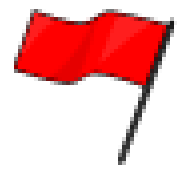
- Telling you what you can and can't wear



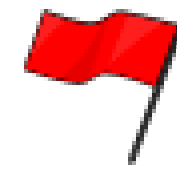
- Extreme jealousy



- Pressuring you to have sex, or do other sexual things that you don't want to do

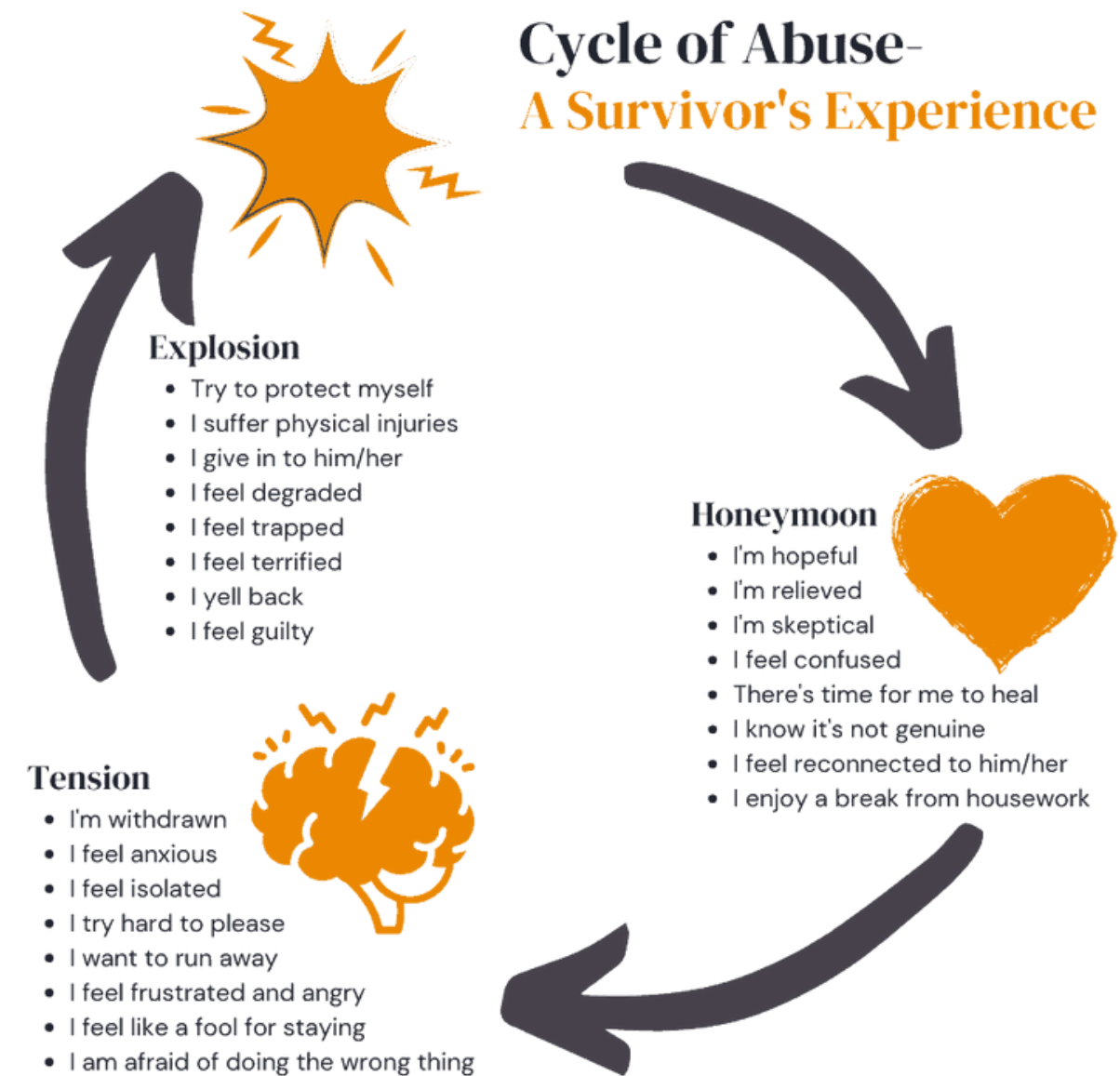
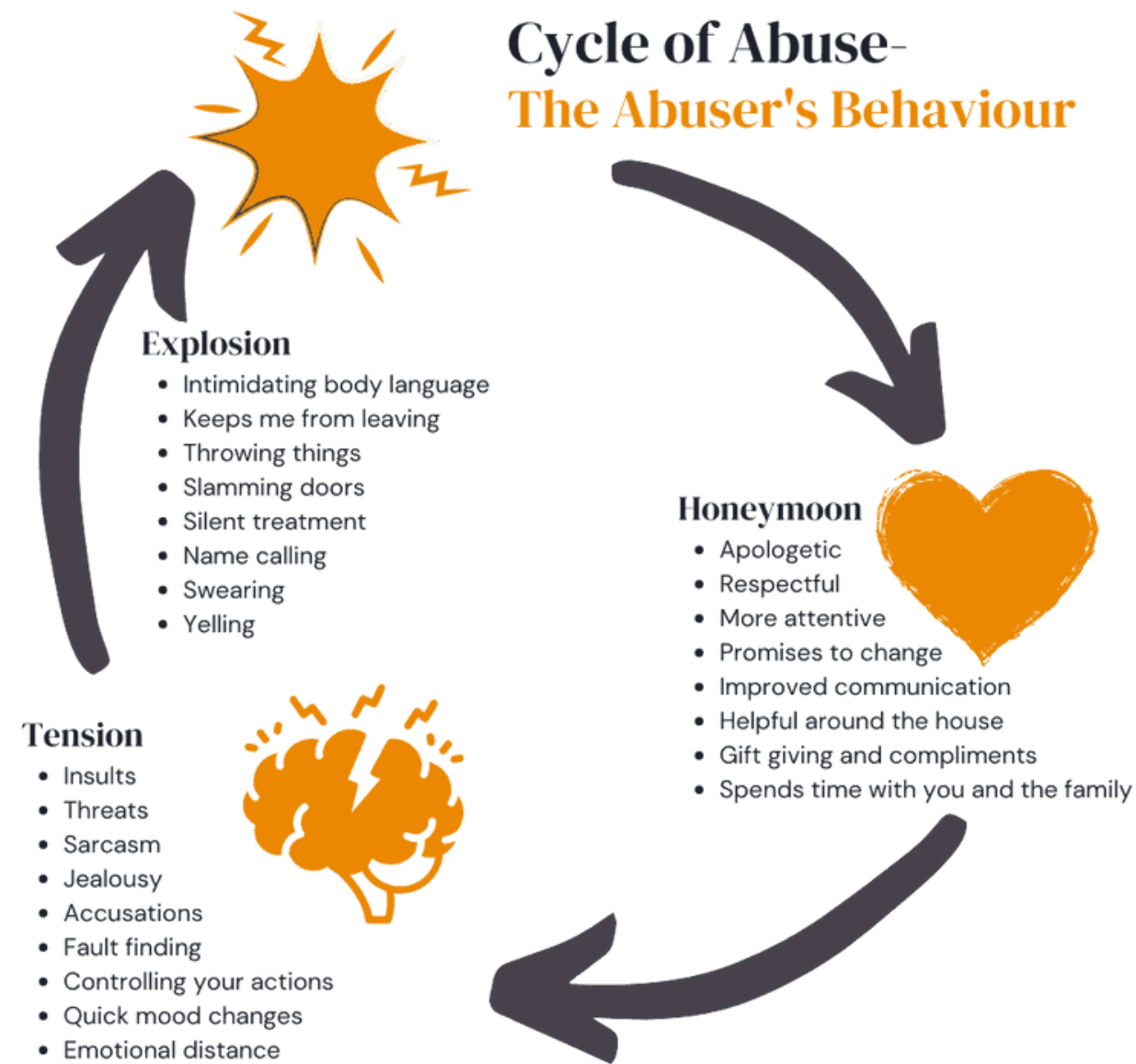


- Rushing the timeline of the relationship



- Showing up uninvited to places where you are

Cycle of Abuse



5 STEPS

TO SUPPORT A FRIEND

1. Listen
2. Validate
3. Ask
4. Educate
5. Plan

Active listening without judgment is itself an act of support

"I'm sorry that happened to you," or "I'm here for you" are validating phrases that give comfort

Instead of pushing someone to action, ask how you can support them in their choices

Know available resources so you can offer options and leave space for someone to make their own decision

Help make a safety plan as a way to minimize harm & risk

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WHAT WE DO:





WHAT WE DO:



HOUSING FIRST

Financial assistance for housing related costs for victims/survivors in Utah. Launched in 2020, FADV has given over \$895,000 in housing support.



Launched August 2021. The Flex Fund program provides survivors with financial help based on their individual needs. FADV has given \$540,000 since its launch.



WHAT WE DO:



CRISIS CASH

Our earliest program, launched in 2017. Crisis Cash provides unrestricted grants to service providers. FADV has given over \$684k to service providers.



FADV's Professional Development program for businesses. Creating awareness and partnerships with the business community is in our mission statement. REACH launched in March, 2021.



WHO WE SERVE:

Domestic violence affects people of any race, age, gender, sexuality, religion, education level, or economic status.

Victims that access services are typically our from our most vulnerable populations.

INCOME

- 60 % employed
- 61% earn less than \$17,400
- 27% earn between \$17,401-\$28,950
- 11% earn between \$28,951-\$46,350

HOUSEHOLD

- 34% single
- 66% have dependents
- 21% 1 dependent
- 22% 2 dependents
- 23% 3+ dependents

GENDER

- 92.7% Female
- 6.5% Male
- .5% Prefer not to say

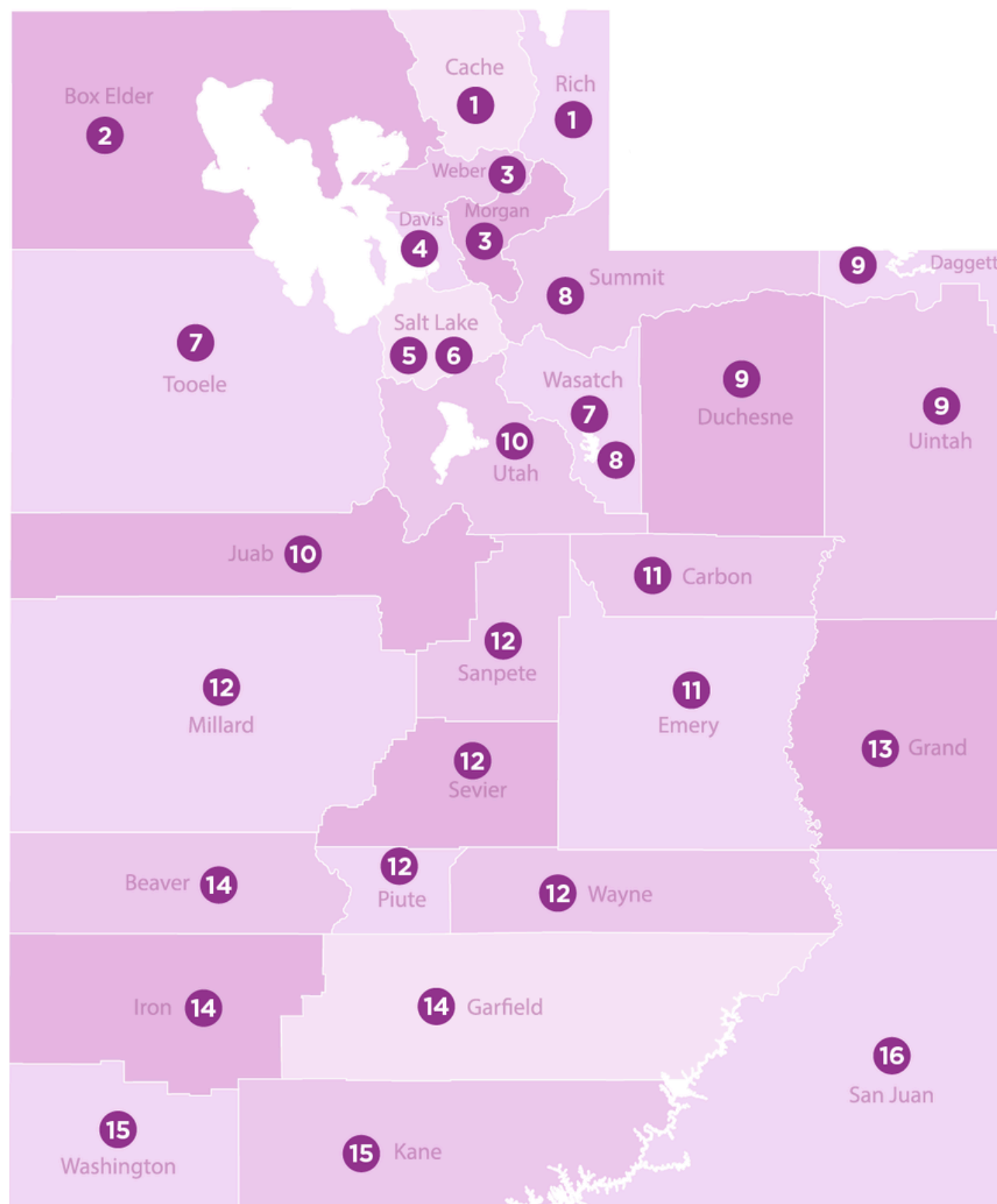


Stories

Housing First Client - rent assistance

"I can't thank FADV enough. These are the things that make it hard to leave abusive relationships. Its one thing to have to fight yourself mentally through this, and another to have to do so financially. I am finally to the point where I am emotionally AND financially unattached to him. The only real stress that threatened to doubt my decision to leave was the fear of not being able to get past this hurdle of paying the rent this month. This truly kept me from spiraling back into my old thinking errors and returning back into the situation I'm escaping from.

Today I can say for the first time that I am free. I have had this day in the works for the past 5 years. The plan to escape safely with my children has finally come true and I am still in shock. I am so full of emotions and so happy and excited."



- 1** **Community Abuse Prevention Services Agency (CAPSA)**
435-753-2500 • Cache and Rich Counties • Logan
- 2** **New Hope Crisis Center**
435-723-5600 • Box Elder County • Brigham City
- 3** **Your Community Connection (YCC)**
801-392-7273 • Weber, Morgan Counties • Ogden
- 4** **Safe Harbor**
801-444-9161 • Davis County • Latyton
- 5** **YWCA Utah**
801-537-8600 • Salt Lake County • Salt Lake City
- 6** **South Valley Services**
801-255-1095 • Salt Lake County • West Jordan
- 7** **Pathways/CRC**
435-231-3557 • Tooele County • Tooele
- 8** **Peace House**
800-647-9161 • Summit and Wasatch Counties • Park City
- 9** **Friends Against Family Violence**
435-781-2264 • Uintah, Duchesne, Daggett Counties • Vernal
- 10** **The Refuge Utah**
801-377-5500 • Utah and Juab Counties • Orem
- 11** **Colleen Quigley Crisis Center**
435-637-6589 • Carbon and Emery Counties • Price
- 11** **New Horizons Crisis Center**
800-343-6302 • Sevier, Piute, Millard, Sanpete, and Wayne Counties • Richfield
- 12** **Seekhaven**
435-259-2229 • Grand County • Moab
- 13** **Canyon Creek Services**
435-233-5732 • Iron, Beaver, and Garfield Counties • Cedar City
- 14** **DOVE Center**
435-628-0458 • Washington and Kane Counties • St. George
- 15** **Gentle Ironhawk**
435-678-0777 • San Juan County • Blanding



Want to Get Involved?

TM

FIND US ONLINE:



facebook.com/fadv.org



IG: @fadv_fightviolence



www.fadv.org

- Become a **recurring donor**.
- Get updates about DV legislation and events from our blog. FADV.org/blog
- Learn more about our team.
- Sign up for our newsletter.

TM

dear UTAH

DOMESTIC VIOLENCE IS A PROBLEM
THAT AFFECTS ALL OF US

Dear Utah is a collective of Utahns dedicated to building awareness around domestic violence by providing a platform where survivors, family members, service providers, healthcare workers, law enforcement, and individuals can share their connections to domestic violence.



 www.dear-utah.com

 [@dear_utah](https://www.instagram.com/dear_utah)





dear UTAH

I'm your fun neighbor. I'm on PTA and other boards with you. My kids play at your home and on teams with your kids. I attend church weekly with you. My husband is very prominent in his career and we have a well-known name. We have a large home, vacation all over, and are highly respected. However, for the past 25 years, our marriage has been filled with abusive episodes both physical and emotional. I have the financial means to leave, but the regular threats of violence against me if I do leave have trauma bonded me to my husband. I have severe PTSD episodes that are mentally painful for me to process. I do my best to control how he acts in front of our 3 children but it is very difficult. Only a few people know our secret and they try to help me through the difficult times of abuse but even they can only do so much. I know that if I try to leave, it will send shock waves through our local community. Labeling him as an abuser will affect our children financially as it could mean employment changes. He has threatened to harm himself if I leave. He has threatened to harm me if I leave. I worry that if I do try to get a protective order, he will sway the judge in convincing them that I am the problem, as he is extremely well-versed in manipulating others for his own gain. Anyway, I just think it is important for people in the SLC LDS community to know that this is a REAL problem and I wish there was a solution that did not have the very real possible outcome of violence. Being abused for so many years has caused me to develop autoimmune diseases, learn ways to excuse his outbursts, and kept me in a permanent state of walking on eggshells. I have difficulty trusting people, and my expectations for compassion and kindness are critically low. I wish there was an exit plan for me to get out of this relationship without risking my very life, but I'm afraid it will come to that eventually. I am grateful I can share my story if only to help another woman feel less alone. I see you. I hear the ache in your voice. I understand the fear you live with. I wish I could make it go away for all of us.

Upcoming Events



Celebrate
Galentine's
WITH FADV ♡

Come make floral arrangements
with @lafleursaltlake and
support FADV! Special thanks
to W Design Collective for
donating the space.

\$50 per arrangement

February 12, 2025 | 6:30p
W Design Collective (w)
2408 Kentucky Ave, Holladay, UT

Swipe for
registration
info!



Galentine's
WITH FADV ♡
\$50 per arrangement

visit
<https://bit.ly/FADVgalentines>
to register



or scan the QR code

Upcoming Events



A
Mothers Day
TO REMEMBER

WHEN A COMMUNITY COMES TOGETHER TO
GIVE SURVIVORS A SPECIAL MOTHER'S DAY.

PRESENTED BY:

 **FIGHT**
AGAINST DOMESTIC
VIOLENCE.

 **Live Your Dream**
FOUNDATION

 **Stella H. Oaks**
FOUNDATION

Join Us Saturday, May 3rd

Upcoming Events

LIGHT
— THE —
FIGHT
AGAINST DOMESTIC VIOLENCE

3rd Annual Gala

Friday, September 12, 2025
EDELWEISS BALLROOM
GOLDENER HIRSCH, PARK CITY



Questions?

FADV.ORG / info@fadv.org

