Substance Use Disorders Among Utah Women

OVERVIEW
Substance use disorders have reached crisis levels among Utah women.

SPOTLIGHT ON WOMEN IN TREATMENT SUBSTANCE USE DISORDERS AND PREGNANCY

Thousands of women are treated for substance use disorders at public facilities each year.

**Most Common Drug:**
- Methamphetamine
- Heroin

WHAT CAN WE DO?
Various stakeholders can work to reduce substance use disorders in Utah.

Substance use during pregnancy can have serious consequences.

Utah women on Medicaid were given opioid prescriptions twice as much as women nationally.

Utah is highest in the nation for this indicator. 22 deaths per 100,000

HOW DOES UTAH STACK UP?

Demographics
Substance use disorder treatment and overdoses vary according to age and race.

Racial Breakdown of Women in Public Treatment Facilities:

- American Indian/Alaskan Native: Rate per 1000 population
- Black: 28%
- White: 23%
- Asian: 3%
- Pacific Islander: 63%
- Multiracial: 4%

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Utah substance use rankings vary according to drug type.

Newborns and Drugs
7% of newborns in Utah were exposed to one or more substances in 2011.

Utah women on Medicaid were given opioid prescriptions twice as much as women nationally.

Substance use disorders have been linked to a cause of death to previously reported cases in recent years.

WHAT CAN WE DO?
Various stakeholders can work to reduce substance use disorders in Utah.

Public agencies can educate on substance use dangers.

Law enforcement should include rehabilitation support.

Courts can engage mental health and social services.

Healthcare professionals can reduce prescription rates.

Opioids During Pregnancy
77% of Utah women used prescription opioids before or during pregnancy.

23% of Utah newborns were exposed to one or more substances in 2015.

40% of those with substance use disorders are women.

Women can develop addictions more quickly than men.

**Drug Overdose Death Rate in Utah**

18% in Utah, higher than the national average

50,000 Utahns needed treatment but didn’t receive it.

Reasons for Entering Treatment

- Court Mandated
- Self Motivation
- Exclusion of Child & Family Services

Most Common Drug

- Prescription/opioids
- Alcohol
- Meth
- Heroin
- Marijuana

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