OVERVIEW
Substance use disorders have reached crisis levels among Utah women.

- 63,000 Utah women engaged in illicit drug use in 2016.
- 40% of those with substance abuse disorders are women.
- Women are more likely to be prescribed opioids.
- Women can develop addictions more quickly than men.

HOW DOES UTAH STACK UP?
Utah substance use rankings vary according to drug type.

**Adults Who Use Illicit Drugs**
- 8% Utah.
- 11% Nation.

Utah has the: 4th lowest rate of illicit drug use.

Drug Overdose Death Rate in Utah: 18th in the nation higher than the national average.

22 deaths per 100,000

DEMOGRAPHICS
Substance use disorder treatment and overdoses vary according to age and race.

Utah women are most likely to:
- Be in treatment: 20-30
- Die from overdose: 40-50

Racial Breakdown of Women in Public Treatment Facilities
- American Indian/Alaskan Native
- Black
- White
- Pacific Islander
- Asian

In 2016, 50,000 Utahns needed treatment—but didn’t receive it.
SPOTLIGHT ON WOMEN IN TREATMENT

Thousands of women are treated for substance use disorders at public facilities each year.

Substance use during pregnancy can have serious consequences.

WHAT CAN WE DO?

Various stakeholders can work to reduce substance use disorders in Utah.

Public agencies can educate on substance use dangers.

Law enforcement should include rehabilitation support.

Health professionals can reduce prescription rates.

Courts can engage mental health and social services.

Most Common Drug: Methamphetamine, Heroin

67% admitted to use of multiple substances.

Newborns and Drugs

7% of newborns in Utah tested positive for one or more substances in 2012.

275% increase in the number of infants diagnosed with neonatal abstinence syndrome (NAS) in Utah.

Opioids During Pregnancy

Utah women on Medicaid were given opioid prescriptions twice as much as women nationally. Utah is highest in the nation for this indicator.

Substance use disorders have been the #1 cause of death in pregnancy-related cases in recent years.

Click here for the full report.

UTAH WOMEN & LEADERSHIP Project

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