In Utah, women are more likely to provide elderly care than men. Often called a “sandwich generation,” these individuals are pulled between two roles: caring for children and aging parents.

59% of caregivers serving the elderly in Utah are women caring for their parents.

Average demographics of caregiver for the elderly in Utah:

- Mother
- Some College
- Married
- Working

In the US, more women than men care for household children on an average day.

One of the most common forms of unpaid work is childcare, which is significant in Utah as the state has the highest fertility rate and largest household size in the nation.

The global estimated monetary value of women’s unpaid care work each year is $10 trillion.
WHAT CAN WE DO IN UTAH?
- Increase access to affordable childcare.
- Encourage policies to legislate affordable solutions.
- Increase social acceptance of men providing care.

WHY WOMEN?
Women worldwide spend a significantly larger portion of their time than men performing critical unpaid care work.

This happens for many reasons:
- Personal Values & Preferences
- Social & Cultural Norms
- Unconscious Bias
- Economic & Employment Considerations

UNPAID HOUSEHOLD WORK
Housework performed on an average day

1 in 2 women

VS

1 in 5 men

Hours spent on unpaid household work per day

<table>
<thead>
<tr>
<th></th>
<th>US</th>
<th>Utah</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>1.78</td>
<td>1.88</td>
</tr>
<tr>
<td>Men</td>
<td>1.34</td>
<td>.94</td>
</tr>
</tbody>
</table>

1 in 2 women vs 1 in 5 men

Click here for the full report.

UTAH WOMEN & LEADERSHIP Project
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