NUTRITION, DIETETICS, AND FOOD SCIENCES - DIETETICS

College of Agriculture & Applied Sciences

MAJOR DESCRIPTION

A bachelor of science in nutrition, dietetics, and food sciences focuses on the scientific, economic, and social aspects of food production and consumption. Due to increased public awareness of the impact of food choices on short-term and long-term health, there is a greater demand for professionals in this field.

Dietetics: A registered dietitian nutritionist (RDN) is an expert in food and nutrition and an advocate for healthy eating. Registered dietitian nutritionists are employed in a variety of settings including clinical facilities, food service establishments and community programs. USU offers two programs in dietetics: the Coordinated Program in Dietetics (CPD) and the Didactic Program in Dietetics (DPD). Admission into either program requires a formal application process during spring semester of the sophomore year.

ADMISSION REQUIREMENTS

Transfer students need a minimum GPA of 2.75 to declare the Dietetics major.

HOW TO CUSTOMIZE YOUR OWN CLASS SCHEDULE

1. IDENTIFY WHAT YOU HAVE ALREADY COMPLETED

Gather your ACT/SAT and AP scores, any concurrent enrollment, International Baccalaureate (IB), and transfer credits you have taken or are currently taking.

- Know your ACT/SAT scores so you can determine which prerequisites you have already met. Make sure these scores are all in Banner, and that you know when they were taken.
- See how your AP credits will count at USU by viewing the AP table in the University Catalog.
- See how your IB credits will count at USU by viewing the IB table in the University Catalog.
- See if your transfer or concurrent enrollment credits are equivalent to any courses or requirements at USU by looking at the “Course by Course” page on the transfer page. Make sure your previous courses are on your USU transcript by clicking “View Transcript” in your student records.

If you have already satisfied some recommended first semester courses, and need additional credits, refer to the four-year plans in the University Catalog and move ahead with the next courses in your plan.
2. MAKE FINAL PREPARATIONS BEFORE REGISTRATION

Take any relevant placement tests, if needed.

- Determine where you should start in math. If you think you can place higher, take the math placement exam by going to http://math.usu.edu/undergraduate/math-placement-exam.
- Take the language placement exam by going to lpcs.usu.edu/languages/language-testing/ if you would like to earn credits for previous knowledge, or place into a higher language course.

Call the freshman hotline at 435-797-0283 if you have additional questions as you prepare.

3. LIST WHICH CLASSES YOU WANT TO TAKE

Use the results from steps one and two, along with the recommended courses, to make a list of several classes you would like to take. Be sure to include a few extra courses as back-ups.

FIRST SEMESTER REGISTRATION GUIDE

RECOMMENDED FIRST SEMESTER COURSES

Register for five of the following classes. We recommend you take 15 to 16 credits your first semester. Make sure you register for a math class each semester until you are finished with math/stats.

The dark blue boxes are critical for your first semester, and the light blue boxes should be used to fill in to reach 15 to 16 credits. If more credits are needed, refer to the four-year plan in the University Catalog or take additional breadth courses.

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 1210</td>
<td>4</td>
</tr>
<tr>
<td>ENGL 1010 (CL1)</td>
<td>3</td>
</tr>
<tr>
<td>MATH CLASS</td>
<td>3-5</td>
</tr>
<tr>
<td>USU 1010</td>
<td>2</td>
</tr>
<tr>
<td>NDFS 1030</td>
<td>3</td>
</tr>
<tr>
<td>NDFS 1260</td>
<td>3</td>
</tr>
<tr>
<td>PSY 1010 OR SOC 1010</td>
<td>3</td>
</tr>
<tr>
<td>NDFS 1020 (BLS)</td>
<td>3</td>
</tr>
</tbody>
</table>
YOUR MATH PATH

- Start at the highest math class you can. Prerequisites will have to be met. Consider a math placement exam or refresher if you think you can place higher than your current prerequisites allow.
- The highest math that this major requires is MATH 1050.

PREREQUISITES AND COURSE DESCRIPTIONS

*These classes marked with an asterisk have prerequisites. For course descriptions and prerequisite information, see the University Catalog at catalog.usu.edu and click on “Course Numbers and Descriptions.” If you need a temporary prerequisite override on a class because you have test scores or credits that are not yet in Banner, go to usu.edu/orientation/prereq to request a temporary override, and allow for up to 3-4 business days for the request to be processed. Once processed, the Registrar’s office will reach out to you. Be sure your scores are in Banner by August 1 (January 1 for spring semester) to avoid being dropped from the class.

ENGLISH 1010 (CL1) and ENGLISH 2010 (CL2)

The Communications Literacy 1 requirement (CL1) is typically fulfilled by ENGL 1010. You have already satisfied the CL1 requirement if you have any of the following:

- ACT English Test: Score of 29 or higher
- SAT Critical Reading Test: Score of 640 or higher
- AP English Language Test: Score of 3 or higher
- AP English Literature Test: Score of 3 or higher
- IBO English A1 Test: Higher-level Score of 5 or higher
- Transfer credit that is equivalent to ENGL 1010
If you have already met the CL1 requirement, you should take English 2010 (CL2). (Note: An IBO English A1 test with a score of 5 or higher satisfies both CL1 and CL2.)

**ADVISING FOR FIRST-YEAR STUDENTS IN DIETETICS**

You can find more information about the dietetics degree on the [degree finder website](https://caas.usu.edu/degreefinder) or at the [department website](https://caas.usu.edu/dietetics).

A great resource is the [Pre-Dietetics Handbook](https://caas.usu.edu/pre-diabetes-handbook). It covers the prerequisites for applying to the program(s) and gives a great overview of what to expect as you pursue the Registered Dietician Nutritionist credential.

The Nutrition, Dietetics, and Food Sciences advisor, Debbie Waite, has set aside April 19 and 20 to answer questions for incoming first-year students via phone or email. Call 435-797-3096 or email [Debbie.waite@usu.edu](mailto:Debbie.waite@usu.edu) with questions during these two days. If you wish to have a one-on-one appointment, you can make a phone or in-person appointment at [https://caas.usu.edu/advising/](https://caas.usu.edu/advising/) starting April 21.

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**Debbie Waite**
Academic Advisor
AGRS 418
[Debbie.waite@usu.edu](mailto:Debbie.waite@usu.edu)
435-797-3096

Schedule appointment at:
[https://caas.usu.edu/advising/](https://caas.usu.edu/advising/)